

# 10th Annual PNC Panther Pounce

## Age Group Results

### 5K

Race Date  
November 09, 2013

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hailey Schuck		14	7588	4	20:41.5	6:40/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carlos Martinez		13	7939	1	19:28.9	6:17/M

#### Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deanna Albano		49	5791	35	30:32.2	9:51/M

#### Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian McGue		48	8058	5	20:53.1	6:44/M

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#### Female 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cheyenne Stock		8	6380	22	26:25.4	8:31/M

#### Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carson Kekelik		10	6350	26	26:46.0	8:38/M
2	Megan Bucko		9	6127	38	31:12.0	10:04/M

#### Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Koby Scruggs		10	6371	8	22:59.9	7:25/M
2	Seth Anderson		10	6279	16	25:42.2	8:17/M
3	Jacob Chapman		10	7598	24	26:33.0	8:34/M
4	Caden Walsworth		10	6389	45	32:30.2	10:29/M

#### Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Allie Smith		11	6376	17	25:47.3	8:19/M
2	Elizabeth Reyes		11	7582	28	27:45.5	8:57/M
3	Emily Walsworth		12	6390	49	33:57.1	10:57/M

#### Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Evan Cavanaugh		12	6289	6	21:19.3	6:53/M
2	Dylan Draves		11	6294	11	23:50.7	7:41/M
3	Jacob Maldonado		11	7596	15	25:22.7	8:11/M
4	Isaac Anderson		12	6280	18	25:59.5	8:23/M
5	Connor Jones		12	5971	29	28:06.1	9:04/M
6	Jonathon Ambler		12	7920	60	43:17.8	13:58/M

#### Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Taesa Stock		13	6381	23	26:25.7	8:31/M
2	Jasmine Reyes		13	7581	31	28:09.2	9:05/M

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## Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Alexis Nikolovski		13	6362	40	31:35.1	10:11/M

## Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carl Frey		13	6299	2	19:39.1	6:20/M
2	Codee Bird		14	6284	7	22:31.5	7:16/M
3	Nate Kekelik		13	6351	25	26:43.2	8:37/M

## Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carly Kohout		15	5969	14	25:17.6	8:09/M

## Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ceara Floyd		19	7408	30	28:08.7	9:05/M
2	Abbey Scowden		19	6370	39	31:13.7	10:04/M
3	Leslie London		20	7579	51	34:05.4	11:00/M
4	Amy Scott		20	8454	52	34:07.4	11:00/M
5	Leah Fenner		19	6400	58	40:23.1	13:02/M
6	Grace Houser		20	6349	59	40:47.8	13:09/M
7	Krystin Stahoviak		20	6397	63	45:52.8	14:48/M

## Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Justin Miller		21	6357	3	20:39.9	6:40/M
2	Joseph Guncheon		21	6344	37	30:43.5	9:55/M
3	Bryan West		19	7983	44	32:24.2	10:27/M

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessica Thomas		34	6384	34	30:04.1	9:42/M
2	Jessica Dickinson		34	7550	41	31:38.6	10:12/M
3	Angie Bernotus		31	6283	50	33:57.9	10:57/M

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## Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Russ Capellari Jr.		31	6288	12	23:54.7	7:43/M

## Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Leo Pard		39	7593	20	26:11.4	8:27/M

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Penny Ambler		40	6278	61	43:18.8	13:58/M
2	Jill Stahoviak		40	6378	64	53:24.4	17:14/M

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Phil Scruggs		40	6373	10	23:43.9	7:39/M
2	Jason Golec		40	6399	13	25:05.1	8:05/M

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Vinson		45	6386	48	33:49.0	10:55/M
2	Christina Miller		46	6356	55	36:19.5	11:43/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Raymond Pietrzak		49	7943	9	23:35.4	7:36/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sue Brown-Nickerson		53	7583	47	33:16.8	10:44/M
2	Barbara Spitler		54	6394	62	44:12.8	14:15/M

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#### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Walter Starrick		53	6379	32	28:16.9	9:07/M

#### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob Turek		56	6385	19	26:01.5	8:24/M
2	Bill Hanson		56	8032	21	26:21.7	8:30/M
3	Steve Sharp		59	7882	36	30:38.5	9:53/M

#### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julia Quigley		60	6365	65	53:32.8	17:16/M

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Sulkowski		61	7585	46	32:38.7	10:32/M
2	Charles Lansdowne		62	6355	53	34:08.2	11:01/M

#### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Norm Eikman		68	6297	42	31:41.3	10:13/M
2	Jack Kashak		66	7993	57	39:05.0	12:36/M

#### Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Paul Pearson		70	6363	27	27:41.5	8:56/M
2	Malcom McGrawn		72	7595	33	29:44.7	9:35/M
3	James Kaminski		73	7508	43	31:49.7	10:16/M
4	Willis Worick		74	7597	54	36:08.5	11:39/M
5	Dave Ferency		70	6298	56	37:18.5	12:02/M

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1	Nicole Negowetti		32	6361	14	44:33.8	7:11/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Josh Max		31	5986	1	34:27.6	5:33/M

#### Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Heather Henderlong		43	7970	15	44:53.8	7:14/M

#### Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Kindelan		51	6685	5	37:46.0	6:05/M

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#### Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hannah Kohout		18	6354	54	1:00:17.6	9:43/M

#### Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Travis Conley		18	7592	2	35:10.5	5:40/M
2	Devin Clark		18	8095	3	37:11.6	6:00/M
3	Andrew Schultheis		18	7594	9	41:22.8	6:40/M

#### Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ariel Langley		22	5711	17	47:13.8	7:37/M
2	Andrea Violanti		19	6387	22	48:36.8	7:50/M
3	Ashley Elcock		24	7861	34	54:12.6	8:45/M
4	Randi Hickman		19	6347	36	54:35.8	8:48/M
5	Aly Brown		23	6285	37	55:03.5	8:53/M

#### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Angela Morron		29	8039	28	51:52.5	8:22/M

#### Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Jones		27	7987	38	56:28.7	9:06/M

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Blue		30	7808	24	49:04.8	7:55/M
2	Cynthia Zdanczyk		33	6393	40	56:48.3	9:10/M
3	Nicole Grier		30	7806	41	57:07.1	9:13/M
4	Marie Fessler		31	7505	49	59:24.3	9:35/M
5	Mary Moreno		32	7834	56	1:00:49.7	9:49/M
6	Milagro Gonzalez		34	6343	58	1:03:54.9	10:18/M
7	Jamie Sechrist		32	6374	69	1:24:19.8	13:36/M

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## Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sam Langley		34	5752	10	41:34.8	6:42/M
2	Brandon Hillman		31	7589	13	44:27.8	7:10/M
3	Eric Pradelski		30	6364	33	53:57.1	8:42/M

## Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Borman		35	6686	4	37:24.5	6:02/M
2	David Bernard		38	7587	8	39:39.8	6:24/M
3	Daniel Maxin		38	8479	12	42:48.8	6:54/M
4	Chris Swistek		38	7942	29	52:15.6	8:26/M
5	Bill Dickinson		36	7551	35	54:32.1	8:48/M
6	Tom Little		39	8044	42	57:12.9	9:14/M

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Spoor		43	7800	26	49:49.8	8:02/M
2	Tammy Bucko		43	6286	44	57:58.9	9:21/M
3	Robin Rock		44	6366	63	1:06:20.3	10:42/M

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cliff Malings		43	7875	70	1:25:59.9	13:52/M

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Maria Stock		46	6382	59	1:04:15.6	10:22/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Leo Frey		46	6300	7	38:40.0	6:14/M
2	Jeff Walsworth		45	6391	11	41:49.8	6:45/M
3	Robert Alt		45	6398	18	47:17.8	7:38/M
4	Jose Garza		46	7552	21	48:26.8	7:49/M



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#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Tom Kekelik		48	6353	25	49:07.8	7:55/M
6	Paul Moryl		49	6360	32	53:28.3	8:37/M
7	Percy Pompey		49	6126	39	56:45.4	9:09/M
8	Jeff Wright		46	8043	51	59:50.1	9:39/M
9	David Chary		46	6290	64	1:11:42.7	11:34/M

#### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Miller		54	6359	46	58:38.1	9:27/M
2	Michele Hale		50	6345	53	1:00:14.9	9:43/M
3	Beth Carl		51	6395	68	1:23:42.7	13:30/M

#### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Wort		52	6392	16	45:33.8	7:21/M
2	Steven Violanti		50	6388	23	48:52.8	7:53/M
3	Norm Williams		51	7973	27	50:50.7	8:12/M
4	Daniel Eaves		54	6295	30	53:00.1	8:33/M
5	Tim Scheerer		53	6369	47	58:50.8	9:29/M

#### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Zemansky		55	7590	43	57:38.2	9:18/M
2	Joanne Baitup		57	6281	52	1:00:00.3	9:41/M
3	Debbie Shaffer		55	6375	57	1:03:49.4	10:18/M
4	Felicia Schuster		56	7909	61	1:05:56.0	10:38/M
5	Linda Ruschak		55	6368	72	2:01:48.8	19:39/M

#### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rick Fenno		56	7591	6	37:56.6	6:07/M
2	Ron Bendiks		59	7988	20	48:22.8	7:48/M
3	Michael Grochowski		59	7960	50	59:30.7	9:36/M
4	Dan Schuster		58	7916	62	1:06:03.3	10:39/M

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#### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Patrice Lawson		60	7549	60	1:05:24.5	10:33/M
2	Polly Theising		63	6383	65	1:15:02.8	12:06/M

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	George Nietert		60	8113	19	48:01.8	7:45/M
2	John Kosmatka		63	7962	31	53:03.0	8:33/M
3	Jose Lopez		60	7580	66	1:15:18.7	12:09/M

#### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dick Canterbury		66	6287	45	58:02.0	9:22/M
2	Tom Hutmacher		65	7586	48	59:16.4	9:34/M
3	Clarence Melion		68	6396	67	1:17:05.6	12:26/M

#### Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Edwards		72	6296	55	1:00:22.3	9:44/M
2	Bob Hooper		71	6348	71	1:46:51.8	17:14/M