

Race Date  
May 19, 2013

Regional Run 5K  
Age Group Results

Female 1 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madison McCall	Cedar Lake	10	4838	51	44:07.1	14:14/M
2	Chayse Arehart		9	4861	52	44:07.4	14:14/M

Male 1 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Owen Harris	St. John	9	4824	13	28:32.9	9:12/M
2	Asher Tomaszewski	Schererville	9	4853	39	38:45.5	12:30/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Paige Tomaszewski	Hebron	16	4852	38	38:44.7	12:30/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Casey Martin		18	4862	4	22:32.1	7:16/M
2	Goefrey Westerland	Portage	17	4855	5	23:40.9	7:38/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marcus Alfonsi	Munster	22	4802	8	26:01.5	8:24/M
2	Zachary Igartua	East Chicago	23	4830	36	37:45.9	12:11/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cassandra Nolen	Chicago	28	4842	10	26:53.1	8:40/M
2	Ramirez Roseanna		28	4864	26	33:15.2	10:44/M
3	Lisa Campbell	Schererville	26	4807	31	35:48.7	11:33/M
4	Jacki Deloian	Cedar Lake	25	4812	32	35:48.8	11:33/M
5	Amber Favia	crown point	26	4817	42	41:32.8	13:24/M
6	Megan Grezovski	Crown Point	26	4823	43	41:34.8	13:25/M

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1	Justin Sikes	Hammond	28	4850	18	29:30.5	9:31/M
2	Greg Gier	Munster	26	4820	24	32:18.8	10:25/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicole Gier	Munster	30	4821	17	29:21.5	9:28/M
2	Jessie Amodei	Chesterton	32	4803	45	42:07.5	13:35/M
3	Rhonda Crowley	Valparaiso	32	4811	46	42:17.4	13:38/M
4	SHANDRA EVANS	VALPARAISO	34	4815	47	42:17.7	13:38/M
5	Sara Corpus		30	4866	63	1:00:43.5	19:35/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erin Smith	Gary	36	4851	14	28:52.3	9:19/M
2	Tammi Frailich	Crown Point	35	4819	15	29:03.2	9:22/M
3	Jerilynn Kalwasinski	Dyer	35	4833	35	37:19.7	12:02/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jason Stagz		36	4860	20	29:39.7	9:34/M
2	Jack Kalwasinski	Dyer	39	4832	30	35:46.5	11:32/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Patti Wargo	Whiting	42	4854	11	27:35.5	8:54/M
2	Patti Harris	St. John	40	4825	12	28:32.9	9:12/M
3	Sharon Pluskis	Dyer	43	4845	34	36:28.8	11:46/M
4	Kerry Martin		44	4863	50	43:57.2	14:11/M
5	Nicole Mika	East Chicago	42	4840	58	57:11.6	18:27/M
6	Anissa Rivers	Crown Point	43	4847	62	1:00:38.2	19:34/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Arehart	St. John	48	4805	9	26:48.7	8:39/M

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Female 45 to 49

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2	Sylvia Lafitte	Crown Point	45	4837	16	29:08.6	9:24/M
3	Emily Doehring	Griffith	46	4813	48	42:45.7	13:47/M
4	Angela Comsa	Schererville	45	4810	55	46:13.9	14:55/M
5	Alicia Comsa	Schererville	46	4809	56	46:14.7	14:55/M
6	Tina Phillips	Hobart	49	4844	59	1:00:17.6	19:27/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Patrick Kroehler	Michigan City	47	4834	2	22:15.7	7:11/M
2	Dan Mika	East Chicago	48	4839	27	34:59.7	11:17/M
3	Martin Quinn	Dyer	49	4846	33	36:26.7	11:45/M
4	Rubin Rodriguez	East Chicago	46	4848	37	38:21.7	12:22/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Angelia Erb	Hammond	51	4814	7	25:05.9	8:05/M
2	Olga Felton	Valparaiso	53	4818	25	32:28.7	10:28/M
3	Nora Alfonsi		54	4867	41	40:21.6	13:01/M
4	diane hudak	lowell	54	4828	44	41:52.9	13:30/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Arehart	St. John	53	4804	22	30:25.2	9:49/M
2	Mark Gonsiorowski	Hammond	51	4822	29	35:16.2	11:23/M
3	Jeff Mize	Cedar Lake	50	4841	54	45:12.5	14:35/M
4	Stephen Faulkner	Hobart	53	4816	60	1:00:18.2	19:27/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sue Hibbert	Porter	57	4827	19	29:31.7	9:31/M
2	Norma Jean Juel	Merrillville	56	4831	49	43:48.9	14:08/M
3	Denise Ladowicz	Crown Point	58	4835	53	44:48.9	14:27/M
4	Christina Falardeau		57	4858	57	46:14.7	14:55/M

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Male 55 to 59

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1	Bob Turek		55	4865	1	22:01.7	7:06/M
2	joe hudak	lowell	58	4829	3	22:18.7	7:12/M
3	Ed Alfonsi	Munster	55	4801	6	24:25.5	7:53/M
4	John Breslin	Highland	58	4806	21	30:24.4	9:48/M
5	Craig Juel		59	4859	28	35:14.1	11:22/M

Female 60 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bette Ann Wurst		61	4857	40	39:56.7	12:53/M
2	Amelia Zagrocki	Merrillville	60	4856	61	1:00:20.2	19:28/M

Male 60 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stan Ladowicz	Crown Point	61	4836	23	31:34.2	10:11/M