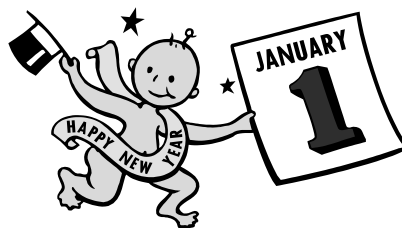


Resolution Run 5K



New Year's Day 2013



Tuesday, January 1st —10:00AM
109 Union St. Valparaiso, IN



Registration and Awards will be hosted at the Athletics and Recreation Center (the ARC) on the Campus of Valparaiso University
Advanced packet pick up will be available at the Extra Mile Fitness Co on Dec. 31st from 10AM—5PM.

Race Day packet pick up begins at 8:30 AM

Winter Running Hats guaranteed to runners registered before Dec. 24th

Awards presented to the Top overall male and female finishers, top male and female masters, and top three finishers in each age group:

14 & under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-75; 75-79; 80+

Computerized Timing provided by T&H Timing. Split times at every mile and water stations on the course.

No dogs, strollers, bicycles, in-line skates, scooters, or wheeled vehicles allowed on the course.

Event proceeds benefit Housing Opportunities

Entry Fees:

Register on-line at www.thtiming.com until 4PM December 31st for only \$18

Mail in registration fee is \$20. All mail in registrations must be post marked before Dec. 27, 2012

Name: _____ Age Race Day: _____ Gender _____

Address _____ City: _____ State _____, Zip _____

Phone: _____ E-Mail: _____

Mail-in Race Entry Fee \$20

Make checks payable to: T&H Timing. and send to:
652 Wood Stream Xing, Valparaiso, Indiana 46385

*Online registration is available at www.thtiming.com for only \$18!

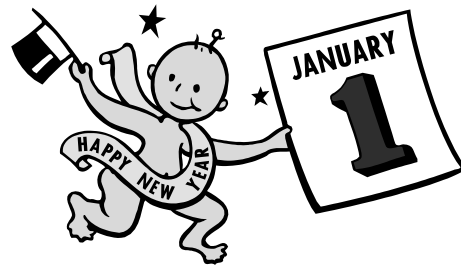
In signing this form, I assume all responsibility and agree to waive any responsibility for injury or loss for the race organizers, sponsors, volunteers, or any other entity associated with this event. I verify that I am physically fit and have trained sufficiently for this event.

Signature: _____

Date: _____

(signature of parent if under 18 years old)

Resolution Run 5K



Course Map

