

Race Date
June 28, 2014

2014 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	11	Carol Gephart	87	58	1	28:05.9	18:43	0:57.3	1	1:09:44.2	21.3	0:52.5	1	47:20.5	7:38	2:27:00.4

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Charley Massey	157	33	1	26:30.7	17:40	0:55.9	1	1:03:52.0	23.3	0:35.9	1	37:42.4	6:05	2:09:36.9

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	28	Corinne Strumberger	218	47	1	31:55.2	21:17	1:15.1	1	1:15:26.5	19.7	0:44.5	1	51:22.9	8:17	2:40:44.2

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	2	Gary Greib	96	49	1	29:20.2	19:33	0:44.2	1	1:05:34.0	22.7	0:30.4	1	38:55.9	6:17	2:15:04.7

Race Date
June 28, 2014

2014 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 1 to 16

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	37	Scott Bridges	38	15	1	43:28.3	28:59	1:31.9	1	1:15:06.5	19.8	0:51.5	1	50:00.3	8:04	2:50:58.5

Male 17 to 19

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	18	Christopher Baker	16	18	1	27:53.9	18:35	1:58.3	1	1:12:42.7	20.5	1:55.9	1	52:00.0	8:23	2:36:30.8

Male 20 to 24

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	16	Adam Baker	17	23	1	29:07.9	19:25	1:37.0	1	1:09:41.5	21.4	1:10.2	1	50:21.8	8:07	2:31:58.4
2	38	Ian Heinicke	110	21	2	32:25.4	21:37	1:10.2	2	1:15:59.4	19.6	0:47.6	2	1:00:47.1	9:48	2:51:09.7
3	88	Alan Sulpizio	220	21	3	35:11.3	23:27	2:23.3	3	1:29:10.3	16.7	1:46.6	3	1:33:37.0	15:06	3:42:08.5

Female 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	32	Cara Burris`	43	28	1	32:44.1	21:49	1:22.2	1	1:18:05.6	19.1	0:59.2	2	54:47.1	8:50	2:47:58.2
2	49	Michelle Lustig	148	29	2	38:51.0	25:54	2:53.9	2	1:21:33.1	18.2	1:51.5	1	51:44.2	8:21	2:56:53.7
3	78	Caitlin Slezak	210	29	3	40:43.9	27:09	1:53.2	3	1:27:11.5	17.1	1:27.0	4	1:14:30.6	12:01	3:25:46.2
4	87	joslyn winkler	246	29	4	44:27.5	29:38	3:37.5	4	1:39:47.9	14.9	1:58.9	3	1:12:02.6	11:37	3:41:54.4

Race Date
June 28, 2014

2014 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Jesse Aukeman	11	29	2	32:15.7	21:30	1:03.5	1	1:07:16.0	22.1	0:40.2	1	38:08.4	6:09	2:19:23.8
2	17	Darren DeGrout	261	27	4	33:01.6	22:01	1:08.2	4	1:14:08.7	20.1	1:00.6	2	43:28.2	7:01	2:32:47.3
3	21	Justin Hopkins	117	26	5	34:23.4	22:55	1:34.9	3	1:13:29.0	20.2	1:30.4	5	47:19.3	7:38	2:38:17.0
4	24	Tomas Kazokas	129	27	7	41:33.7	27:42	1:31.3	2	1:10:50.8	21.0		4	45:10.9	7:17	2:39:06.7
5	26	Greg Vosters	236	27	3	32:55.9	21:57	1:12.4	6	1:20:19.5	18.5	0:54.2	3	44:28.5	7:10	2:39:50.5
6	61	Jeffrey Tabone	222	29	1	32:11.6	21:27	1:46.6	5	1:19:19.5	18.8	1:02.7	7	1:11:57.8	11:36	3:06:18.2
7	62	David Werner	241	27	8	42:13.1	28:09	2:17.5	7	1:26:06.0	17.3	2:04.4	6	53:53.0	8:41	3:06:34.0
8	86	Austin Allen	6	26	6	39:38.3	26:25	1:37.3	8	1:39:07.0	15.0	0:35.3	8	1:15:45.9	12:13	3:36:43.8

Female 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	40	Carrie VanDerZee	232	32	1	28:32.7	19:01	3:15.1	3	1:25:26.0	17.4	1:02.4	1	53:24.2	8:37	2:51:40.4
2	48	Cate Neidlinger	174	32	2	32:07.2	21:25	1:54.8	2	1:21:44.4	18.2	1:30.3	2	57:56.6	9:21	2:55:13.3
3	64	Beth Rigoni	193	31	4	36:01.0	24:01	1:43.9	1	1:20:29.5	18.5	0:50.4	5	1:09:40.6	11:14	3:08:45.4
4	73	Sarah Hansen	107	33	5	43:44.8	29:09	2:28.8	4	1:27:08.5	17.1	1:24.9	4	1:06:17.3	10:41	3:21:04.3
5	77	Amy Getman	89	32	3	33:01.3	22:01	1:54.7	6	1:38:38.0	15.1	1:05.2	6	1:10:29.2	11:22	3:25:08.4
6	81	Ailese Scott	205	32	6	2:28:05.0	98:43		5	1:34:56.7	15.7		3	1:01:19.1	9:53	3:27:52.6

Male 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Christopher Gregory	95	34	2	26:27.1	17:38	1:01.0	4	1:13:52.3	20.1	0:32.1	1	36:30.2	5:53	2:18:22.7

Race Date
June 28, 2014

2014 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
2	8	Carl Pottheff	256	30	3	26:35.1	17:43	1:04.8	1	1:07:25.3	22.1	0:52.3	2	46:11.7	7:27	2:22:09.2
3	12	Ross Geurink	90	32	1	26:21.5	17:34	0:36.8	2	1:08:47.9	21.6	0:25.5	5	51:39.5	8:20	2:27:51.2
4	19	Gavin Ferlic	78	33	7	36:20.3	24:13	1:05.2	3	1:12:11.8	20.6	1:06.0	3	46:36.4	7:31	2:37:19.7
5	30	Stuart Naylor	172	33	4	31:16.6	20:51	0:57.9	6	1:19:10.8	18.8		6	52:26.8	8:27	2:43:52.1
6	34	Matt MacLeod	150	31	6	34:02.3	22:41	2:37.0	8	1:19:28.9	18.7	1:28.1	4	50:52.8	8:12	2:48:29.1
7	36	Andy Van Dis	231	34	5	32:51.5	21:54	1:12.7	7	1:19:17.4	18.8	0:56.7	7	55:26.2	8:56	2:49:44.5
8	41	Zach Novak	176	32	8	37:02.7	24:41	1:26.0	5	1:14:42.0	19.9	1:08.3	8	57:35.5	9:17	2:51:54.5
9	59	Brandon Hoggard	116	34	9	38:40.9	25:47	2:14.6	9	1:20:38.2	18.5	1:01.5	9	1:01:37.8	9:56	3:04:13.0

Female 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	43	Amy Curry	57	39	2	31:07.7	20:45	2:08.3	2	1:23:55.1	17.7	1:50.4	1	54:14.6	8:45	2:53:16.1
2	44	Jessaca Spybrook	212	37	1	30:46.5	20:31	1:10.4	3	1:24:42.1	17.6	1:15.4	3	55:41.8	8:59	2:53:36.2
3	57	Toni Daniels	60	36	3	33:54.1	22:36	1:17.6	5	1:25:41.2	17.4	1:30.3	4	1:00:25.7	9:45	3:02:48.9
4	68	Cristi DeDoes	65	37	8	46:58.8	31:19	1:45.3	6	1:27:41.8	17.0	1:17.5	2	54:18.5	8:45	3:12:01.9
5	70	Nikki Gates	85	39	5	38:56.2	25:57	1:30.5	1	1:23:08.7	17.9	0:56.2	7	1:12:09.4	11:38	3:16:41.0
6	72	Nicole Craig	56	36	4	33:58.1	22:39	1:20.0	4	1:24:51.4	17.5	1:18.0	9	1:19:08.8	12:46	3:20:36.3
7	75	Jennifer Weber	240	36	7	45:58.4	30:39	3:29.9	7	1:28:26.2	16.8	1:42.8	5	1:02:02.6	10:00	3:21:39.9
8	80	Gina Schiming	199	35	6	42:46.0	28:31	2:01.0	8	1:30:18.1	16.5	1:37.2	6	1:09:53.6	11:16	3:26:35.9
9	89	Melanie Hall	102	35	9	49:38.5	33:05	1:40.4	9	1:39:35.7	14.9	1:40.6	8	1:18:07.8	12:36	3:50:43.0

Race Date
June 28, 2014

2014 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	13	Neil Cowan	55	37	1	26:11.3	17:27	1:40.5	1	1:11:10.1	20.9	1:21.0	2	49:57.9	8:03	2:30:20.8
2	27	Michael Daniels	61	36	2	34:40.8	23:07	1:03.8	2	1:11:23.0	20.8	0:58.2	3	52:18.9	8:26	2:40:24.7
3	35	Richard Hansen	108	35	3	34:54.5	23:16	2:37.6	3	1:21:29.1	18.3	0:31.4	1	49:19.0	7:57	2:48:51.6
4	74	Robby Robertson	194	38	4	41:51.6	27:54	2:35.6	4	1:22:01.1	18.1	1:43.9	4	1:13:09.3	11:48	3:21:21.5

Female 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	71	Stacy Caudill	47	40	3	53:56.4	35:57	1:22.7	1	1:22:51.2	18.0	0:40.3	1	1:01:04.2	9:51	3:19:54.8
2	79	patty reddy	190	44	1	37:48.4	25:12	2:31.7	3	1:34:48.5	15.7	1:34.3	3	1:09:52.9	11:16	3:26:35.8
3	82	Katie Bridges	37	42	2	50:14.3	33:29	1:24.6	2	1:31:13.3	16.3	1:06.3	2	1:04:21.4	10:23	3:28:19.9

Male 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	10	Matt Albin	5	43	1	26:52.4	17:55	1:05.2	1	1:13:21.0	20.3	0:45.1	1	44:42.7	7:13	2:26:46.4
2	20	Kevin Bridges	39	43	2	34:48.4	23:12	0:43.3	2	1:13:29.8	20.2	1:24.4	2	47:13.5	7:37	2:37:39.4
3	47	Gil Fernandez	262	43	4	43:05.4	28:43	2:26.1	3	1:17:02.9	19.3	1:51.6	3	50:40.0	8:10	2:55:06.0
4	66	Scott Schaper	198	43	3	38:26.9	25:37	1:06.0	4	1:27:58.2	16.9	0:36.2	4	1:01:33.9	9:56	3:09:41.2

Race Date
June 28, 2014

2014 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Female 45 to 49

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	45	Colleen Valkema	229	48	1	38:49.6	25:53	1:28.7	2	1:20:07.5	18.6	0:56.5	1	52:57.4	8:32	2:54:19.7
2	53	Marianne Baker	15	47	2	39:18.6	26:12	1:49.0	1	1:17:05.6	19.3	1:13.8	2	58:34.7	9:27	2:58:01.7
3	90	Karen Christensen	48	47	3	41:25.4	27:37	1:24.0	3	1:40:15.3	14.8	2:00.9	3	1:28:00.4	14:12	3:53:06.0

Male 45 to 49

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	14	Patrick Farrell	75	49	1	28:33.8	19:02	1:27.5	4	1:15:02.2	19.8	1:06.4	1	44:19.7	7:09	2:30:29.6
2	15	Rick Bicknell	25	48	2	33:33.6	22:22	1:22.7	2	1:08:48.2	21.6	1:15.6	2	45:51.9	7:24	2:30:52.0
3	29	Nick Yetter	251	47	6	40:46.6	27:11	1:47.9	1	1:06:33.8	22.4	0:52.7	6	52:17.7	8:26	2:42:18.7
4	33	Andrew Baker	18	49	5	38:03.1	25:22	1:35.7	5	1:15:05.4	19.8	1:33.3	5	51:53.6	8:22	2:48:11.1
5	39	Darrin Costello	54	45	7	46:03.2	30:42	2:17.2	3	1:11:57.0	20.7	1:06.1	3	50:10.9	8:05	2:51:34.4
6	42	Rob Longstreet	146	45	3	37:30.8	25:00	2:10.1	8	1:17:33.6	19.2	1:19.7	7	54:13.0	8:45	2:52:47.2
7	54	Mehdi Rexha	192	46	4	37:35.0	25:03	5:19.2	6	1:15:12.7	19.8	4:05.9	8	58:10.3	9:23	3:00:23.1
8	60	Kris Krohn	138	47	9	51:42.3	34:28	3:34.8	7	1:17:30.8	19.2	1:33.8	4	51:52.3	8:22	3:06:14.0
9	85	Ken Mohney	166	45	8	49:14.4	32:49	3:18.5	9	1:33:20.6	15.9	2:24.3	9	1:06:39.0	10:45	3:34:56.8

Female 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	51	DeAnn Auton	12	52	1	41:36.3	27:44	1:16.1	1	1:15:01.0	19.8	1:23.1	1	58:04.7	9:22	2:57:21.2

Race Date
June 28, 2014

2014 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	3	Adriano Rosa	195	50	3	27:48.5	18:32	0:38.7	2	1:04:18.6	23.1	0:31.3	1	45:04.1	7:16	2:18:21.2
2	7	Glen Kellam	132	54	2	27:21.6	18:14	1:12.4	1	1:04:15.5	23.2	1:01.5	3	46:23.9	7:29	2:20:14.9
3	9	john battista	21	52	1	24:54.4	16:36	1:22.1	3	1:08:39.4	21.7	1:24.3	2	45:51.1	7:24	2:22:11.3
4	23	Rob Grainger	93	51	5	28:20.9	18:53	2:09.2	5	1:11:50.4	20.7	0:58.1	5	55:16.4	8:55	2:38:35.0
5	25	Jeff Bielak	26	53	7	30:42.0	20:28	1:40.0	4	1:11:46.0	20.7	0:23.0	4	54:46.1	8:50	2:39:17.1
6	31	Don Payerle	184	50	8	33:32.6	22:21	2:05.2	6	1:13:51.0	20.1	0:48.2	8	57:20.2	9:15	2:47:37.2
7	46	Mortimer Ames	9	53	6	29:23.1	19:35	2:52.6	9	1:24:02.7	17.7	2:45.5	6	55:45.4	9:00	2:54:49.3
8	50	Tim Clore	51	54	4	27:52.6	18:35	1:37.3	7	1:18:37.0	18.9	0:48.5	9	1:08:17.9	11:01	2:57:13.3
9	55	William Gust	97	50	10	37:18.9	24:52	2:16.2	10	1:25:04.7	17.5	1:04.7	7	56:41.1	9:09	3:02:25.6
10	69	Bolton Uckele	228	52	9	35:13.9	23:29	3:02.1	8	1:21:49.0	18.2	2:06.7	10	1:11:46.6	11:35	3:13:58.3

Female 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	52	Kathleen Spillane	211	58	1	39:31.2	26:21	1:26.6	1	1:18:03.1	19.1	1:29.6	1	57:26.9	9:16	2:57:57.4
2	65	Diane Ebaugh	70	59	2	39:39.4	26:26	2:01.6	2	1:24:14.1	17.7	2:01.7	2	1:01:01.9	9:50	3:08:58.7

Male 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	6	Eric Olsen	181	56	1	26:27.4	17:38	1:26.2	1	1:09:08.8	21.5	0:55.6	1	42:00.5	6:46	2:19:58.5
2	63	Mark Reed	191	57	3	38:42.9	25:48	2:28.7	2	1:22:21.1	18.1	1:35.4	2	1:03:11.1	10:11	3:08:19.2
3	76	Chris O'Leary	180	59	2	38:12.5	25:28	3:16.4	3	1:29:56.1	16.5	1:39.9	3	1:09:31.3	11:13	3:22:36.2

Race Date
June 28, 2014

2014 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
4	84	Ralph Putnam	188	59	4	40:07.9	26:45	2:35.0	4	1:33:49.4	15.9	1:30.0	4	1:12:35.9	11:42	3:30:38.2

Male 60 to 64

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	james henderson	111	60	1	32:21.9	21:34	1:27.3	1	1:14:20.3	20.0	1:03.8	1	49:20.6	7:57	2:38:33.9
2	56	Rick Sedlak	206	61	2	38:07.0	25:25	3:23.9	3	1:23:29.5	17.8	1:21.0	2	56:23.9	9:06	3:02:45.3
3	67	Bill Bradley	33	62	3	38:28.3	25:39	1:23.7	2	1:21:13.6	18.3	1:01.8	3	1:08:51.1	11:06	3:10:58.5
4	83	Mark O'Donnell	179	62	4	40:11.7	26:47	2:44.8	4	1:33:34.8	15.9	2:25.6	4	1:11:10.3	11:29	3:30:07.2

Male 70 and over

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	58	Earl Gaball	83	72	1	40:26.1	26:57	1:20.8	1	1:19:00.5	18.8	1:20.7	1	1:01:09.1	9:52	3:03:17.2