

# 2015 Silver Lake Duathlon

## Overall Results

Race Date  
May 17, 2015

### Open

Place	Name	Bib	Age	Run 1		T-1		Bike		T-2		Run 2		Total Time			
				Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Rate	Rnk		Time	Pace	
1	Chris Kunst	326	37	4	21:39.6	7:13	4	0:27.2	1	30:31.3	23.6	3	0:24.4	4	22:27.6	7:29	1:15:30.1
2	Daniel Goodman	320	18	1	18:50.4	6:17	1	0:19.1	14	38:23.9	18.8	1	0:13.4	1	19:05.2	6:22	1:16:52.0
3	Scott Flanagan	314	38	3	21:34.2	7:11	7	0:33.0	4	34:28.4	20.9	4	0:27.0	2	22:10.3	7:23	1:19:12.9
4	Janelle Renschler	375	39	8	22:19.2	7:26	6	0:30.8	2	33:39.8	21.4	6	0:31.3	9	24:16.6	8:05	1:21:17.7
5	Kimberly Gialdini	317	46	9	22:22.1	7:27	19	0:53.8	3	34:16.9	21.0	28	0:50.7	6	23:43.9	7:54	1:22:07.4
6	Graham Polando	338	32	5	21:51.4	7:17	41	1:20.2	8	36:25.6	19.8	27	0:50.0	3	22:11.3	7:24	1:22:38.5
7	Lorenzo Favela Jr.	311	38	6	22:10.4	7:23	8	0:39.9	9	36:42.4	19.6	11	0:36.4	5	23:41.8	7:54	1:23:50.9
8	Simon Meska	334	25	7	22:12.7	7:24	12	0:46.3	6	35:52.2	20.1	5	0:30.5	13	25:03.2	8:21	1:24:24.9
9	Kristopher Moody	335	47	12	23:00.1	7:40	2	0:24.6	5	34:55.6	20.6	2	0:18.1	16	26:10.3	8:43	1:24:48.7
10	Bill Dickinson	309	38	15	23:54.8	7:58	5	0:27.2	12	37:15.8	19.3	12	0:36.8	10	24:17.9	8:06	1:26:32.5
11	Bob Hammond	321	57	17	24:16.1	8:05	33	1:07.7	7	36:21.3	19.8	24	0:46.6	11	24:18.7	8:06	1:26:50.4
12	Brian Wawok	346	33	16	24:13.6	8:04	20	0:54.6	10	37:12.7	19.4	14	0:38.8	12	24:22.6	8:07	1:27:22.3
13	Sean Quinn	339	38	10	22:27.7	7:29	15	0:49.5	19	39:57.2	18.0	34	1:02.5	8	24:09.1	8:03	1:28:26.0
14	Nicholas Goetz	319	59	14	23:50.1	7:57	16	0:51.4	15	38:25.4	18.7	8	0:34.6	19	26:33.8	8:51	1:30:15.3
15	Robert Alt	301	47	13	23:45.6	7:55	10	0:43.4	18	39:12.5	18.4	23	0:45.5	20	27:00.2	9:00	1:31:27.2
16	Kara Seffernick	344	16	11	22:50.6	7:37	34	1:12.9	24	41:59.2	17.1	7	0:32.0	18	26:19.1	8:46	1:32:53.8
17	Kevin Morgan	379	47	19	25:10.8	8:23	46	1:30.6	13	37:34.0	19.2	49	1:29.6	22	27:50.9	9:17	1:33:35.9
18	Ron Bendiks	378	61	25	26:40.2	8:53	24	1:00.2	11	37:13.4	19.3	33	1:01.9	23	28:07.3	9:22	1:34:03.0
19	Jim Hamstra	322	35	18	25:05.4	8:22	47	1:34.2	22	41:16.2	17.4	39	1:14.2	14	25:10.9	8:23	1:34:20.9
20	Jeff Fine	312	39	24	26:22.9	8:47	44	1:28.9	20	40:00.2	18.0	37	1:09.8	15	25:25.0	8:28	1:34:26.8
21	Dennis Lamie	329	49	21	25:12.9	8:24	23	0:58.2	23	41:38.5	17.3	32	1:00.3	17	26:18.8	8:46	1:35:08.7
22	Jennifer Kwiecinski	380	38	26	26:55.3	8:58	31	1:04.4	17	39:06.3	18.4	47	1:28.2	21	27:30.3	9:10	1:36:04.5
23	Kirk Martin	381	50	20	25:11.7	8:24	18	0:53.1	16	39:05.3	18.4	25	0:48.5	32	30:08.4	10:03	1:36:07.0
24	Jack Jones	325	16	2	20:53.9	6:58	39	1:17.8	43	51:09.1	14.1	26	0:48.6	7	24:03.6	8:01	1:38:13.0
25	Melissa Kunst	327	39	28	27:19.6	9:06	32	1:07.0	28	43:55.5	16.4	30	0:58.4	25	28:28.2	9:29	1:41:48.7
26	Michelle Beastall	303	39	31	27:55.1	9:18	25	1:01.0	26	43:03.2	16.7	36	1:08.0	28	29:27.6	9:49	1:42:34.9
27	Elissa Martin	332	26	29	27:36.6	9:12	14	0:48.3	29	44:09.1	16.3	19	0:43.3	30	29:32.7	9:51	1:42:50.0
28	Matthew Whitlock	347	39	36	29:03.6	9:41	50	2:48.2	21	40:17.4	17.9	50	2:12.5	26	29:02.2	9:41	1:43:23.9
29	Bob Rutherford	342	54	32	28:11.5	9:24	29	1:04.2	32	45:50.4	15.7	22	0:44.1	27	29:05.7	9:42	1:44:55.9
30	Danielle Gainer	316	31	30	27:53.6	9:18	35	1:14.8	25	42:42.0	16.9	42	1:18.3	40	34:22.9	11:27	1:47:31.6
31	Michele LeClercq	330	48	34	28:55.6	9:38	45	1:30.3	31	45:13.2	15.9	29	0:56.5	34	32:13.7	10:44	1:48:49.3
32	Colin Flanagan	313	14	23	25:41.5	8:34	13	0:46.8	46	52:10.2	13.8	9	0:35.0	31	29:54.2	9:58	1:49:07.7
33	Todd DeVries	308	43	37	29:07.8	9:42	48	1:35.7	27	43:22.6	16.6	43	1:25.3	38	33:40.0	11:13	1:49:11.4

Race Date  
May 17, 2015

# 2015 Silver Lake Duathlon

## Overall Results

### Open

<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Run 1</u>			<u>T-1</u>			<u>Bike</u>			<u>T-2</u>			<u>Run 2</u>			<u>Total Time</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	
34	Andrew Boyd	305	51	42	31:29.2	10:30	17	0:51.7	30	45:03.7	16.0	10	0:35.5	33	32:12.0	10:44	1:50:12.1		
35	Adam Marimen	377	15	38	29:53.2	9:58	42	1:20.3	40	49:26.4	14.6	17	0:41.4	29	29:30.9	9:50	1:50:52.2		
36	Michael Sutter	373	44	22	25:14.2	8:25	3	0:24.7	50	56:45.3	12.7	18	0:41.9	24	28:27.0	9:29	1:51:33.1		
37	Jennifer Mendez	333	36	27	27:03.7	9:01	37	1:17.3	41	49:44.5	14.5	46	1:27.8	41	34:37.1	11:32	1:54:10.4		
38	Kenneth Fulkerson	315	35	33	28:27.8	9:29	21	0:54.8	45	51:40.3	13.9	16	0:41.1	37	33:29.7	11:10	1:55:13.7		
39	Scott Lower	331	57	39	30:25.2	10:08	22	0:55.5	42	50:19.7	14.3	13	0:38.4	35	32:55.5	10:58	1:55:14.3		
40	Karine DeKock	307	36	35	28:59.5	9:40	36	1:15.4	47	52:42.6	13.7	31	1:00.1	36	33:05.8	11:02	1:57:03.4		
41	Adam Merimen	376	44	40	30:45.2	10:15	9	0:41.1	38	49:13.8	14.6	15	0:41.0	45	36:08.4	12:03	1:57:29.5		
42	Jessica Dickinson	310	36	45	32:46.3	10:55	26	1:02.4	34	46:35.0	15.5	35	1:03.3	44	36:04.9	12:01	1:57:31.9		
43	Lauren Bryan	306	35	44	32:35.7	10:52	43	1:20.9	36	48:36.3	14.8	45	1:27.2	43	35:16.2	11:45	1:59:16.3		
44	John Jones	324	48	48	34:43.9	11:34	28	1:04.0	33	46:09.9	15.6	40	1:16.7	46	36:51.0	12:17	2:00:05.5		
45	Casey Phelan	336	34	41	30:48.7	10:16	30	1:04.3	44	51:33.3	14.0	21	0:43.8	47	36:55.5	12:18	2:01:05.6		
46	Lawrence Giannetti	318	58	47	33:34.7	11:11	27	1:02.7	35	47:59.2	15.0	44	1:26.6	49	39:04.6	13:01	2:03:07.8		
47	ginger schander	343	51	46	33:33.6	11:11	11	0:44.6	48	54:36.3	13.2	20	0:43.4	39	34:17.3	11:26	2:03:55.2		
48	Wendy Pickering	337	43	49	36:33.8	12:11	38	1:17.3	37	48:37.2	14.8	38	1:13.4	48	37:03.8	12:21	2:04:45.5		
49	teri stockstill	345	56	43	31:45.8	10:35	40	1:18.8	49	55:20.7	13.0	48	1:29.2	42	34:56.5	11:39	2:04:51.0		
50	Amy Ladd	328	34	50	39:38.3	13:13	49	1:37.1	39	49:22.2	14.6	41	1:17.1	50	44:58.4	14:59	2:16:53.1		

# 2015 Silver Lake Duathlon

Race Date  
May 17, 2015

## Overall Results

### Female Relay

<u>Place</u>	<u>Name</u>	<u>Run 1</u>		<u>T-1</u>		<u>Bike</u>		<u>T-2</u>		<u>Run 2</u>		<u>Total</u> <u>Time</u>					
		<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>		<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	
1	Kiley Flanagan	371	12	1	30:17.4	10:06	1	0:28.6	1	46:08.9	15.6	1	0:26.6	1	31:49.1	10:36	1:49:10.6

# 2015 Silver Lake Duathlon

Race Date  
May 17, 2015

## Overall Results

### Co-ed Relay

<u>Place</u>	<u>Name</u>	<u>Run 1</u>				<u>T-1</u>		<u>Bike</u>			<u>T-2</u>		<u>Run 2</u>			<u>Total Time</u>	
		<u>Bib</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>		
1	Dale Goodman	372	53	1	30:23.9	10:08	1	0:31.6	1	48:09.9	15.0	1	0:26.7	1	29:19.4	9:46	1:48:51.5