

Race Date  
June 17, 2016

# 2016 Spring Lake Heritage Festival 5K

## Overall Finish List

### 5K Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Andrew Hylan	Nunica MI	6565	16	M	1 Top Fin	17:15.8	5:34/M
2	William Hewitt	Grand Haven MI	6560	25	M	2 Top Fin	17:50.1	5:45/M
3	Benjamin Hylan	Nunica MI	6566	16	M	3 Top Fin	18:11.9	5:52/M
4	Justin Pippel		6800	21	M	1 20-24	18:17.8	5:54/M
5	Aaron Zuelke	Nunica MI	6646	40	M	1 Top Fin	18:36.6	6:00/M
6	Matt Frymire	Grand haven MI	6547	33	M	1 30-34	18:44.3	6:03/M
7	Richard Stevens		6653	36	M	1 35-39	19:08.6	6:10/M
8	Keith Shoemaker	Zeeland MI	6622	39	M	2 35-39	19:35.3	6:19/M
9	John Pauley	Grand Rapids MI	6602	31	M	2 30-34	19:39.3	6:20/M
10	Kyle Messerschmidt	MUSKEGON MI	6569	16	M	1 15-19	20:03.4	6:28/M
11	Bobby Chapman	Spring Lake MI	6530	25	M	1 25-29	20:29.8	6:36/M
12	Mario Kyriakides		6661	32	M	3 30-34	21:03.5	6:47/M
13	Bryan Harries	LEXINGTON SC	6555	49	M	1 45-49	21:18.5	6:52/M
14	Maria Kuiper	Zeeland MI	6575	19	F	1 Top Fin	21:21.1	6:53/M
15	Matthew Jones	MUSKEGON MI	6572	15	M	2 15-19	21:52.9	7:03/M
16	John Adams	MUSKEGON MI	6501	55	M	1 Top Fin	22:03.6	7:07/M
17	Nathan Peterson	Spring Lake MI	6604	17	M	3 15-19	22:07.5	7:08/M
18	Derek VanMeurs		6652	46	M	2 45-49	22:07.6	7:08/M
19	Jessica Sevarns	Spring Lake MI	6619	21	F	2 Top Fin	22:20.8	7:12/M
20	Amanda Montambo		6798	31	F	3 Top Fin	22:21.9	7:13/M
21	Jason Boyink	Spring Lake MI	6522	47	M	3 45-49	22:28.9	7:15/M
22	Shelly Mattson	Grand Haven MI	6587	53	F	1 Top Fin	22:32.8	7:16/M
23	Lauren L'Huillier		6797	30	F	1 30-34	22:35.3	7:17/M
24	Dominic Flores		6670	21	M	2 20-24	23:01.1	7:25/M
25	Andie Young	Grand Haven MI	6642	19	F	1 15-19	23:11.9	7:29/M
26	Kevin Collins	Grand Haven MI	6532	31	M	4 30-34	23:14.9	7:30/M
27	Donald West		6664	39	M	3 35-39	23:16.6	7:30/M
28	Greg Wagner		6666	34	M	5 30-34	23:18.8	7:31/M
29	Barry Rice		6801	35	M	4 35-39	23:24.9	7:33/M
30	Dennis Clark		6794	52	M	1 50-54	23:29.4	7:35/M
31	Tim Ashley	Spring Lake MI	6505	59	M	1 55-59	23:39.1	7:38/M
32	Jennifer Butcher		6654	38	F	1 35-39	23:39.3	7:38/M
33	Bruce Terbeek		6659	64	M	1 60-64	23:49.9	7:41/M
34	Jason Sundell	Nunica MI	6625	35	M	5 35-39	23:57.8	7:44/M
35	Aaron Baxter	Coopersville MI	6508	46	M	4 45-49	24:14.9	7:49/M
36	Dale Mosher	Anderson SC	6596	63	M	2 60-64	24:32.1	7:55/M
37	Tom Woznicki		6806	59	M	2 55-59	24:34.4	7:55/M
38	Ainsley Workman	Grand Rapids MI	6638	12	F	1 10-14	24:37.4	7:56/M
39	Greg Workman	Grand Rapids MI	6639	37	M	6 35-39	24:37.7	7:56/M
40	Sandy Boven	Spring lake MI	6517	42	F	1 40-44	24:41.9	7:58/M
41	Katie Boven	Spring lake MI	6518	24	M	3 20-24	24:45.5	7:59/M
42	Zachary Diephouse	Grand Haven MI	6540	21	M	4 20-24	24:52.6	8:01/M
43	Anthony Lang	Zeeland MI	6580	43	M	1 40-44	25:16.7	8:09/M
44	Natalie Sawyer	spring lake MI	6617	14	F	2 10-14	25:42.6	8:17/M
45	Sara Paffhausen	Spring Lake MI	6599	30	F	2 30-34	25:49.4	8:20/M
46	Justin Johnson		6796	35	M	7 35-39	25:53.1	8:21/M
47	Mark Slagle		6802	37	M	8 35-39	25:55.7	8:22/M

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48	Tim Rose		6662	70	M	1 70-74	25:58.8	8:23/M
49	Benjamin Gapczynski	Nunica MI	6548	38	M	9 35-39	25:59.8	8:23/M
50	Brenda Penland	Grand Haven MI	6603	50	F	1 Top Fin	26:01.1	8:24/M
51	Phil Magnan	Spring Lake MI	6583	62	M	3 60-64	26:07.8	8:25/M
52	Dean Bettendorf		6791	42	M	2 40-44	26:10.5	8:26/M
53	Evan Drumm	Spring Lake MI	6541	20	M	5 20-24	26:23.7	8:31/M
54	Tim Kval	Spring Lake MI	6578	48	M	5 45-49	26:26.3	8:32/M
55	Marc Benigni	MUSKEGON MI	6512	48	M	6 45-49	26:30.4	8:33/M
56	joseph hibler	spring lake MI	6561	58	M	3 55-59	26:33.5	8:34/M
57	Celeste Hibler		6795	26	F	1 25-29	26:33.8	8:34/M
58	Nicole Collins	Grand Haven MI	6533	29	F	2 25-29	26:33.8	8:34/M
59	Sara Jacobs	Grand Haven MI	6567	20	F	1 20-24	26:41.3	8:36/M
60	Dan Smith		6803	24	M	6 20-24	27:09.3	8:45/M
61	Jennifer Hardman		6647	48	F	1 45-49	27:11.8	8:46/M
62	Sarah Orleskie		6651	26	F	3 25-29	27:18.6	8:48/M
63	Steve Goodman	GRAND HAVEN MI	6550	57	M	4 55-59	27:19.9	8:49/M
64	Sheila Goodman	GRAND HAVEN MI	6551	54	F	1 50-54	27:23.5	8:50/M
65	Eliana Mendez	Grand Haven MI	6592	30	F	3 30-34	27:23.5	8:50/M
66	Pete Young		6807	50	M	2 50-54	27:25.7	8:51/M
67	David Epplett	SPRING LAKE MI	6544	59	M	5 55-59	27:28.8	8:52/M
68	Jill Dewitt	SPRING LAKE MI	6538	44	F	2 40-44	27:39.2	8:55/M
69	Joanna Shoemaker	Zeeland MI	6621	43	F	3 40-44	27:46.7	8:57/M
70	Emily Blahnik	Spring Lake MI	6515	21	F	2 20-24	27:46.9	8:57/M
71	Erik Rasmussen		6672	48	M	7 45-49	27:49.6	8:58/M
72	Terri Majeski	Grand Haven MI	6584	47	F	2 45-49	27:51.6	8:59/M
73	Issac Rasmussen		6671	9	M	1 1-9	27:52.8	8:59/M
74	Steve Bandyk	49525 MI	6507	48	M	8 45-49	27:56.2	9:01/M
75	Kimm Mayer	Portage MI	6588	49	F	3 45-49	27:57.2	9:01/M
76	Michael Verstraete	Muskegon MI	6629	39	M	10 35-39	28:05.4	9:04/M
77	Brad Bayes	Spring Lake MI	6510	40	M	3 40-44	28:10.9	9:05/M
78	Marco Gonzalez		6665	33	M	6 30-34	28:10.9	9:05/M
79	Caleb Slager		6658	11	M	1 10-14	28:11.3	9:05/M
80	Savanna Bayes	Spring lake MI	6509	12	F	3 10-14	28:12.3	9:06/M
81	Thomas Zoppa	SPRING LAKE MI	6644	62	M	4 60-64	28:15.9	9:07/M
82	Christine Slater		6657	40	F	4 40-44	28:20.8	9:08/M
83	Gene bettendorf	whitehall MI	6514	45	M	9 45-49	28:23.1	9:09/M
84	Gerrit Lyyski	Spring Lake MI	6581	11	M	2 10-14	28:33.2	9:13/M
85	Jessica Rogalski	Nunica MI	6616	36	F	2 35-39	28:48.2	9:17/M
86	Jennifer Bytwerk	Spring Lake MI	6523	39	F	3 35-39	28:49.4	9:18/M
87	Samuel Sipe	Spring Lake MI	6623	11	M	3 10-14	28:50.8	9:18/M
88	Carol Mosher	Anderson SC	6595	62	F	1 60-64	28:56.1	9:20/M
89	Mark Herman	Spring Lake MI	6559	60	M	5 60-64	28:56.4	9:20/M
90	Jodie Kurburski	Grand Haven MI	6576	50	F	2 50-54	29:03.9	9:22/M
91	Ronald Thompson	Grand Haven MI	6626	50	M	3 50-54	29:12.6	9:25/M
92	Levi Minnerick		6668	9	M	2 1-9	29:24.2	9:29/M
93	Ann Haaksma	spring lake MI	6553	38	F	4 35-39	29:25.9	9:29/M
94	Andrew Blahnik	Spring Lake MI	6516	45	M	10 45-49	29:26.1	9:30/M

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95	Barb Gibbons	Allendale MI	6549	55	F	1 55-59	29:30.1	9:31/M
96	Makayla Boyink	Spring Lake MI	6520	19	F	2 15-19	29:44.1	9:35/M
97	Bob Cowles	Muskegon MI	6534	34	M	7 30-34	29:53.6	9:38/M
98	Rashel Workman	Grand Rapids MI	6640	37	F	5 35-39	30:02.9	9:41/M
99	Ron Kurburski	Grand Haven MI	6577	57	M	6 55-59	30:04.4	9:42/M
100	Reese Workman	Grand Rapids MI	6637	10	F	4 10-14	30:04.4	9:42/M
101	Erin Japenga		6663	46	F	4 45-49	30:18.6	9:46/M
102	Rosemary Orleskie		6650	31	F	4 30-34	30:21.4	9:47/M
103	Robin Payne		6655	59	F	2 55-59	30:24.6	9:48/M
104	Jon Albert	Spring Lake MI	6502	45	M	11 45-49	30:33.6	9:51/M
105	Kirby Chittenden	Spring Lake MI	6531	63	M	6 60-64	30:35.7	9:52/M
106	Lynsey Zona	Spring Lake MI	6643	34	F	5 30-34	30:37.3	9:53/M
107	Tammy Walker	Grand Haven MI	6635	57	F	3 55-59	30:44.8	9:55/M
108	Christy Prins	Spring Lake MI	6609	45	F	5 45-49	30:56.2	9:59/M
109	Ann LaCroix	Spring Lake MI	6579	54	F	3 50-54	31:23.9	10:07/M
110	Carol Reens		6649	53	F	4 50-54	31:38.6	10:12/M
111	David Hudson	Fruitport MI	6563	53	M	4 50-54	31:39.3	10:13/M
112	Laura Pastotnik	Spring Lake MI	6600	27	F	4 25-29	31:47.5	10:15/M
113	Mark Verstaete		6648	61	M	7 60-64	31:50.5	10:16/M
114	Michelle Minnerick		6667	42	F	5 40-44	32:00.7	10:19/M
115	Hannah Jones	MUSKEGON MI	6573	18	F	3 15-19	32:11.5	10:23/M
116	Matt Jones	MUSKEGON MI	6570	42	M	4 40-44	32:11.5	10:23/M
117	Julie Ferguson	spring lake MI	6546	50	F	5 50-54	32:12.6	10:23/M
118	Angela Herder	Muskegon MI	6558	40	F	6 40-44	32:15.1	10:24/M
119	Ivy DeWitt	Spring Lake MI	6539	30	F	6 30-34	32:27.5	10:28/M
120	Eme Helms	Holland MI	6556	36	F	6 35-39	32:31.4	10:29/M
121	Kristin March	Nunica MI	6585	46	F	6 45-49	32:35.1	10:31/M
122	Cece Caruso	Spring Lake MI	6525	44	F	7 40-44	32:44.3	10:34/M
123	Matt Pastotnik	Spring Lake MI	6601	30	M	8 30-34	32:51.4	10:36/M
124	Christopher Reuwer	Grand haven MI	6613	29	M	2 25-29	32:51.8	10:36/M
125	Jessie Riley	ALLENDALE MI	6614	29	F	5 25-29	33:34.6	10:50/M
126	Dawn Clark		6793	48	F	7 45-49	33:42.5	10:52/M
127	Samantha Dalman	Spring Lake MI	6537	24	F	3 20-24	33:58.3	10:57/M
128	Kate Fisher		6660	23	F	4 20-24	34:03.3	10:59/M
129	Gail Harries	LEXINGTON MI	6554	49	F	8 45-49	34:03.4	10:59/M
130	Eileen Ashley	Spring Lake MI	6504	58	F	4 55-59	34:27.5	11:07/M
131	Linda Benjamin	Wyoming MI	6513	57	F	5 55-59	34:40.5	11:11/M
132	John Karafa	Grand Haven MI	6574	60	M	8 60-64	34:54.1	11:15/M
133	Stacey McManus	SPRING LAKE MI	6591	34	F	7 30-34	34:58.1	11:17/M
134	Mary Piper	Grand haven MI	6605	47	F	9 45-49	35:07.6	11:20/M
135	Danielle Martin	Spring Lake MI	6586	27	F	6 25-29	35:09.5	11:20/M
136	Hannah Metzger	Fremont MI	6594	16	F	4 15-19	35:22.6	11:25/M
137	Mary Wolters		6805	27	F	7 25-29	35:30.3	11:27/M
138	Amanda Phillips		6799	26	F	8 25-29	35:33.8	11:28/M
139	Katlyn Johnson	Holland MI	6568	33	F	8 30-34	35:34.4	11:28/M
140	Sabrina Zoppa	SPRING LAKE MI	6645	59	F	6 55-59	35:51.6	11:34/M
141	Elizabeth Lyyski	Spring Lake MI	6582	50	F	6 50-54	35:58.3	11:36/M

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142	Samantha Sipe	Spring Lake MI	6624	36	F	7 35-39	36:06.3	11:39/M
143	Katie Mcelhane	spring lake MI	6589	23	F	5 20-24	36:07.1	11:39/M
144	Branden Hannah		6669	13	M	4 10-14	36:22.3	11:44/M
145	Jim Smith		6804	54	M	5 50-54	38:36.6	12:27/M
146	Mary Erickson	Ferrysburg MI	6545	73	F	1 70-74	38:53.8	12:33/M
147	Traci Jones	MUSKEGON MI	6571	42	F	8 40-44	39:13.1	12:39/M
148	Rose Dunlap	Spring Lake MI	6542	46	F	10 45-49	39:17.4	12:40/M
149	Zach Herder	Muskegon MI	6557	17	M	4 15-19	39:23.9	12:42/M
150	Timothy Rettinhouse	Grand Haven MI	6611	27	M	3 25-29	41:06.1	13:15/M
151	Mary Anderson	Grand Haven MI	6503	61	F	2 60-64	41:07.1	13:16/M
152	Kimberly McLaughlin	49456 MI	6590	31	F	9 30-34	41:40.1	13:26/M
153	Jessi Reuwer	Grand haven MI	6612	26	F	9 25-29	41:44.9	13:28/M
154	Karyn Houser	Fremont MI	6562	46	F	11 45-49	42:37.2	13:45/M
155	Pam Obrien	Grand haven MI	6597	47	F	12 45-49	42:48.7	13:48/M
156	Judy Wagenmaker	Norton Shores MI	6630	64	F	3 60-64	43:44.4	14:06/M
157	Matthew Tucker	Spring Lake MI	6627	15	M	5 15-19	44:49.3	14:27/M
158	Heidi Tucker	Spring Lake MI	6628	41	F	9 40-44	44:51.9	14:28/M
159	Alayna Metzger	Fremont MI	6593	10	F	5 10-14	45:46.9	14:46/M
160	Judy Ball	Spring Lake MI	6506	66	F	1 65-69	46:13.1	14:55/M
161	Kaitlin Boyink	Spring Lake MI	6521	45	F	13 45-49	48:29.4	15:38/M
162	Sara Pokorski	Grand Haven MI	6608	40	F	10 40-44	48:39.1	15:42/M
163	Carter Pokorski	Grand Haven MI	6606	10	M	5 10-14	48:44.6	15:43/M
164	Jesse Bruce		6792	40	M	5 40-44	49:31.7	15:58/M
165	Taylor Pokorski		6656	9	F	1 1- 9	51:55.6	16:45/M
166	Timothy Pokorski	Grand Haven MI	6607	41	M	6 40-44	51:59.6	16:46/M
167	Pat Yonker	Spring Lake MI	6641	62	F	4 60-64	52:47.6	17:02/M
168	Nancy Crane	spring lake MI	6536	55	F	7 55-59	52:51.3	17:03/M
169	James Crane	spring lake MI	6535	60	M	9 60-64	52:52.3	17:03/M
170	Vicki Weerstra	Spring Lake MI	6636	51	F	7 50-54	52:52.6	17:03/M