

Race Date  
May 22, 2016

# 2016 Silver Lake Duathlon

## Overall Results

### Open

Place	Name	Bib	Age	Run		Tran 1		Bike		Tran 2		Run		Total Time			
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk		Time	Pace	
1	Daniel Goodman	162	19	1	18:07.4	6:02	27	0:55.0	6	35:21.8	20.4	30	0:55.9	1	18:57.3	6:19	1:14:17.4
2	Chris Kunst	165	38	6	21:24.6	7:08	1	0:22.8	1	30:38.5	23.5	29	0:53.7	4	22:25.7	7:28	1:15:45.3
3	Adam Stueber	182	26	2	19:11.6	6:24	11	0:39.7	14	37:01.6	19.5	13	0:36.6	2	19:57.0	6:39	1:17:26.5
4	Jason Sutherland	183	41	4	21:19.6	7:06	18	0:46.8	3	32:40.2	22.0	12	0:36.6	6	22:44.4	7:35	1:18:07.6
5	Guy Petruzzelli	172	43	3	20:08.0	6:43	4	0:27.7	5	34:52.3	20.7	4	0:29.9	3	22:21.7	7:27	1:18:19.6
6	Nicholas Fenton	159	30	5	21:20.2	7:07	7	0:33.6	8	35:32.6	20.3	25	0:49.6	7	23:25.4	7:48	1:21:41.4
7	Mark Frick	160	52	9	22:37.0	7:32	6	0:33.0	2	32:28.0	22.2	18	0:40.7	14	26:04.0	8:41	1:22:22.7
8	Graham Polando	173	33	7	21:28.0	7:09	22	0:51.0	20	37:42.7	19.1	21	0:43.5	5	22:26.6	7:29	1:23:11.8
9	JARED SCHAAF	179	38	8	21:48.7	7:16	21	0:48.6	10	36:10.8	19.9	33	0:59.1	8	23:28.9	7:49	1:23:16.1
10	Samantha Sutherland	184	43	11	22:45.2	7:35	17	0:46.3	9	36:10.7	19.9	10	0:36.3	9	23:54.8	7:58	1:24:13.3
11	Timothy O'Donnell	207	59	10	22:37.5	7:32	24	0:52.3	11	36:20.3	19.8	19	0:41.0	10	24:11.3	8:04	1:24:42.4
12	Robert Earl	156	56	12	22:56.9	7:39	3	0:25.8	19	37:41.2	19.1	2	0:26.8	11	24:13.6	8:04	1:25:44.3
13	Kristopher Moody	169	48	16	24:43.2	8:14	2	0:23.7	7	35:26.1	20.3	1	0:18.6	18	27:12.7	9:04	1:28:04.3
14	Bob Hammond	163	58	18	24:56.6	8:19	14	0:45.1	13	36:46.5	19.6	15	0:39.0	12	25:16.6	8:25	1:28:23.8
15	Jonathan Howes	217	42	13	24:01.2	8:00	16	0:45.6	12	36:39.6	19.6	7	0:32.6	17	27:07.6	9:02	1:29:06.6
16	William Dickinson	154	39	15	24:22.2	8:07	9	0:37.9	16	37:23.5	19.3	16	0:39.4	15	26:10.5	8:43	1:29:13.5
17	Kristina Reid	175	29	14	24:14.3	8:05	23	0:51.9	21	37:53.1	19.0	14	0:37.6	13	25:40.8	8:33	1:29:17.7
18	Nicole Rossmann	177	47	20	25:14.3	8:25	10	0:38.8	15	37:14.1	19.3	6	0:32.2	16	26:34.4	8:51	1:30:13.8
19	Dan Moon	206	69	19	25:07.7	8:22	8	0:33.8	17	37:24.4	19.3	3	0:28.4	19	27:21.8	9:07	1:30:56.1
20	Ken Hyde	164	66	25	26:41.6	8:54	32	0:59.8	4	34:43.5	20.7	24	0:47.2	22	28:05.9	9:22	1:31:18.0
21	Kirk Martin	220	51	17	24:56.0	8:19	30	0:56.9	18	37:33.2	19.2	37	1:09.1	32	31:18.1	10:26	1:35:53.3
22	Matt Whitlock	187	40	28	27:07.3	9:02	46	2:13.7	22	39:12.2	18.4	46	2:09.9	24	28:28.6	9:29	1:39:11.7
23	Don Ransome	174	66	32	28:45.7	9:35	13	0:44.8	24	40:38.8	17.7	17	0:40.0	25	28:39.0	9:33	1:39:28.3
24	Renee Howes	218	40	23	26:07.4	8:42	35	1:02.9	33	45:18.4	15.9	28	0:53.3	21	27:58.7	9:19	1:41:20.7
25	Elissa Martin	219	27	24	26:27.5	8:49	34	1:01.4	32	45:07.1	16.0	31	0:57.9	20	27:55.0	9:18	1:41:28.9
26	Dustin Erwin	157	35	29	27:30.1	9:10	44	1:43.2	27	41:56.1	17.2	38	1:14.6	27	29:15.3	9:45	1:41:39.3
27	Erin Erwin	158	34	30	27:30.3	9:10	43	1:42.6	26	41:55.3	17.2	39	1:15.3	28	29:15.9	9:45	1:41:39.4
28	Andy Boyd	152	52	34	29:03.5	9:41	19	0:47.6	28	42:21.8	17.0	5	0:30.4	29	29:43.4	9:54	1:42:26.7
29	Jared Goolsby	225	16	22	26:01.7	8:40	15	0:45.3	34	46:04.9	15.6	27	0:49.9	37	35:24.6	11:48	1:49:06.4
30	John Rowan	178	49	39	29:58.2	9:59	47	2:37.7	25	40:51.2	17.6	47	2:32.7	34	34:30.3	11:30	1:50:30.1
31	Amanda Wierenga	188	37	41	32:06.3	10:42	12	0:41.2	30	42:48.2	16.8	8	0:33.5	38	35:25.1	11:48	1:51:34.3
32	Todd Bailey	151	48	36	29:27.3	9:49	26	0:54.5	35	46:33.2	15.5	20	0:43.2	33	33:57.5	11:19	1:51:35.7
33	Susan Schroeder	214	56	31	27:44.3	9:15	37	1:12.1	42	55:09.9	13.1	35	1:02.0	23	28:23.4	9:28	1:53:31.7

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### Overall Results

#### Open

Place	Name	Bib	Age	Run		Tran 1		Bike			Tran 2		Run		Total Time		
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time		Pace	Rnk
34	Julie Young	209	53	37	29:44.2	9:55	39	1:15.8	31	44:52.2	16.0	43	1:36.3	42	37:38.5	12:33	1:55:07.0
35	Derek Taylor	185	32	42	33:23.6	11:08	5	0:29.7	23	40:23.0	17.8	11	0:36.5	47	41:28.9	13:49	1:56:21.7
36	Eric Schroeder	215	58	44	35:14.7	11:45	29	0:55.9	29	42:35.8	16.9	40	1:18.2	41	37:25.6	12:28	1:57:30.2
37	Deb Lang	208	60	38	29:53.0	9:58	41	1:31.3	36	49:16.3	14.6	42	1:32.0	40	36:20.9	12:07	1:58:33.5
38	Jaclyn Barkon	213	33	33	28:55.2	9:38	45	1:47.3	44	57:37.8	12.5	41	1:23.6	26	29:15.2	9:45	1:58:59.1
39	Gracie Lowe	167	13	21	25:31.7	8:30	36	1:05.4	45	58:42.6	12.3	9	0:35.0	36	34:50.9	11:37	2:00:45.6
40	Kris Lowe	166	41	35	29:14.7	9:45	31	0:59.6	38	54:04.6	13.3	45	1:44.9	35	34:45.6	11:35	2:00:49.4
41	sam campbell	153	26	40	30:24.7	10:08	20	0:48.2	43	55:36.6	12.9	34	1:00.0	39	36:00.7	12:00	2:03:50.2
42	Ann Vogel	186	48	46	35:27.8	11:49	25	0:54.0	39	54:47.9	13.1	36	1:05.5	43	40:08.4	13:23	2:12:23.6
43	Ginger Schander	180	52	47	35:32.5	11:51	28	0:55.0	41	54:58.8	13.1	26	0:49.6	44	40:08.9	13:23	2:12:24.8
44	Lorilea Mitchell	168	35	45	35:26.2	11:49	42	1:35.8	37	52:57.3	13.6	44	1:39.9	45	41:05.3	13:42	2:12:44.5
45	Dalia Goodman	161	55	43	34:45.9	11:35	40	1:21.2	40	54:57.2	13.1	32	0:58.6	46	41:07.8	13:42	2:13:10.7
46	Zander Oehlman	170	9	26	26:46.4	8:55	33	1:00.4	47	1:15:40.6	9.52	23	0:47.0	30	30:10.2	10:03	2:14:24.6
47	Dustin Oehlman	171	32	27	26:46.9	8:55	38	1:12.3	46	1:15:30.5	9.54	22	0:44.6	31	30:13.5	10:04	2:14:27.8

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### Overall Results

#### Co-ed Relay

<u>Place</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Run</u>		<u>Tran 1</u>		<u>Bike</u>		<u>Tran 2</u>		<u>Run</u>		<u>Total</u>			
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>		<u>Time</u>	<u>Pace</u>	<u>Rnk</u>
1	Adam Kronk	221	36	2	25:28.7	8:29	2	0:25.0	2	34:33.0	20.8	4	0:53.3	3	34:00.0	11:20	1:35:20.0
2	CHS Marauders	190	54	3	28:17.5	9:26	3	0:27.6	3	42:45.5	16.8	3	0:28.6	1	26:17.1	8:46	1:38:16.3
3	Riskit for Biskit	189	44	4	29:46.9	9:55	4	0:31.4	4	1:02:54.0	11.4	2	0:19.7	2	32:34.9	10:51	2:06:06.9
DQ	Douglas Bolda	212	57	1	22:25.9	7:28	1	0:22.8	1	30:21.5	23.7	1	0:16.2	DQ	23:12.3	7:44	1:16:38.7