

2016 Trinity Triumph 5K

Age Group Results

5K Run

Race Date
June 23, 2016

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kate Mathews	New Lenox IL	18	6973	5	21:19.7	6:53/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Juan Sanchez	New Lenox IL	19	7138	1	18:56.7	6:06/M

2016 Trinity Triumph 5K

Age Group Results

5K Run

Female 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bella Berta	Joliet IL	9	6679	29	25:58.7	8:23/M
2	Mia Forystek		7	7238	83	33:40.2	10:52/M
3	Emmerson Kotara		7	7229	84	33:41.4	10:52/M
4	charlese Stempiak		7	7215	135	46:04.3	14:52/M
5	Annelese Stempiak		5	7216	136	46:05.3	14:52/M
6	Kaeleigh Russell	Homewood IL	5	6997	162	53:24.8	17:14/M
7	Makayla Jewitt		7	7240	178	57:17.3	18:29/M
8	Bree Schauer	New Lenox IL	9	7142	179	58:06.4	18:45/M
9	Lailah Hassan	Joliet IL	6	6936	190	1:01:39.6	19:53/M

Male 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle Miller		9	7237	47	27:58.3	9:01/M
2	Jackson Mensik		9	7248	98	35:40.8	11:30/M
3	Jackson Kotara		9	7228	125	43:15.2	13:57/M
4	Reese Mensik		7	7249	132	45:42.5	14:45/M
5	Clayton Perkins		9	7213	171	56:53.3	18:21/M
6	Derek Jewitt	Lisle IL	9	6954	177	57:14.2	18:28/M

Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lexy Sams	New Lenox IL	13	7137	7	21:53.7	7:04/M
2	Josephine Bober	Lockport IL	13	6681	14	23:18.9	7:31/M
3	Genevieve Bangert		11	7184	24	25:13.6	8:08/M
4	Gillian Bangert		10	7183	30	26:09.7	8:26/M
5	Isabella Hurtado	Lockport IL	10	6948	72	32:00.3	10:19/M
6	Annie Yelnick	New Lenox IL	13	7175	79	33:11.8	10:42/M
7	Christina Hurtado	Lockport IL	10	6947	113	39:15.7	12:40/M
8	Gabriella Wood	Joliet IL	13	7167	152	51:45.6	16:42/M
9	Makenzie Russell	Homewood IL	10	6999	163	53:44.5	17:20/M

Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sean Doser	New Lenox IL	13	6697	6	21:22.3	6:54/M
2	Sam Yelnick	New Lenox IL	11	7174	9	22:22.4	7:13/M
3	Anthony Pasquini	Frankfort IL	12	7200	108	38:10.5	12:19/M

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Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Kamryn Wilkerson	Frankfort IL	11	7194	109	38:37.5	12:27/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jenna Mathews	New Lenox IL	18	6972	40	26:57.5	8:42/M
2	Sara Vari	Orland Park IL	17	7155	70	31:51.4	10:16/M
3	Therese Pokorney	New Lenox IL	17	6988	80	33:13.3	10:43/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Simon Egner	New Lenox IL	19	6919	52	29:07.3	9:24/M
2	Tyler Donaldson	Frankfort IL	15	7195	82	33:39.7	10:51/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hannah Radostits	Frankfort IL	28	6992	33	26:13.9	8:27/M
2	Amy Ishii	Joliet IL	28	6951	35	26:23.6	8:31/M
3	Jenna Pronger	Westmont IL	29	6991	49	28:20.9	9:08/M
4	Christa Belseth	Chicago Ridge IL	26	6678	55	29:57.8	9:40/M
5	Maria Hirsch		23	7188	67	31:15.5	10:05/M
6	Kelsey DePorto	Suffolk VA	24	7198	68	31:21.2	10:07/M
7	Megan Lake		23	7223	69	31:25.2	10:08/M
8	Marisa Castaneda	New Lenox IL	26	6687	104	37:11.3	12:00/M
9	Brittney Luzbetak	Wilmington IL	27	6969	106	37:46.7	12:11/M
10	Ashley Nieders		29	7203	110	38:51.7	12:32/M
11	Michelle Jasmer	Braidwood IL	25	6952	124	42:31.8	13:43/M
12	Jessi Egner	Lemont IL	25	6922	140	47:38.6	15:22/M
13	Shanta Oehlke	Shorewood IL	23	6985	143	50:17.3	16:13/M
14	Amber Bottens	Wilmington IL	24	6683	148	51:36.7	16:39/M
15	Aly Bratcher	Plainfield IL	21	6925	164	54:28.1	17:34/M
16	Stacey Dillon		20	7219	165	54:29.5	17:35/M
17	Melissa Woodall		24	7226	172	56:59.2	18:23/M
18	Sarah Gans	Custer Park IL	24	7197	174	57:01.1	18:24/M
19	Rachel Woodall		24	7225	175	57:01.6	18:24/M
20	Cindy Thur		27	7189	184	58:53.8	19:00/M
21	Sarah Limberger	Wheaton IL	25	6966	191	1:02:33.2	20:11/M

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Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
22	Sandy Bravo		27	7190	192	1:02:34.8	20:11/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Greg Pronger	Westmont IL	28	6990	10	22:25.5	7:14/M
2	Tyler Welch	New Lenox IL	24	7161	25	25:27.2	8:13/M
3	Philip Santay	Valparaiso IN	26	7139	31	26:11.2	8:27/M
4	Ryan Janovic		21	7233	32	26:11.2	8:27/M
5	Connor Welch	New Lenox IL	20	7162	58	30:13.3	9:45/M
6	Larry Smith		26	7193	117	39:53.3	12:52/M
7	Charles Egner	Lemont IL	24	6918	139	47:37.6	15:22/M
8	Joel Belseth	Chicago Ridge IL	29	6677	155	51:52.5	16:44/M
9	Aaron Huth	Braidwood IL	28	6949	183	58:52.8	18:59/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Coral Berta	Joliet IL	38	6680	13	22:58.9	7:25/M
2	Rebecca Maslowski	Joliet IL	38	6971	20	24:36.3	7:56/M
3	Amie Hoffman	Cullom IL	33	6944	22	25:06.5	8:06/M
4	Erin Cech		39	7207	27	25:42.6	8:17/M
5	Gina Alberico		39	7209	54	29:37.8	9:33/M
6	Mary Kate Burns	Plainfield IL	32	6685	57	30:12.2	9:45/M
7	Becky Savage	Mokena IL	32	7140	64	31:10.8	10:03/M
8	Kristin Kotara		38	7230	85	33:43.2	10:53/M
9	Brianne Mooney	Matteson IL	39	7196	91	34:43.8	11:12/M
10	Lindsey Ehlers	Manhattan IL	32	6923	95	35:28.8	11:26/M
11	Amy Loyd	New Lenox IL	38	6968	99	36:05.6	11:38/M
12	Rachel McGowan	Manhattan IL	31	6976	100	36:32.5	11:47/M
13	Sherri Kirk	New Lenox IL	34	6959	103	36:46.9	11:52/M
14	Ingrid Howard	New Lenox IL	36	6946	122	40:20.1	13:01/M
15	Carrie Forystek		37	7242	126	43:16.7	13:57/M
16	Mary Brija	Joliet IL	30	6684	128	43:58.5	14:11/M
17	Katie Stempniak	Frankfort IL	34	7151	134	46:03.9	14:51/M
18	Jane Ranney	Lockport IL	37	6995	147	51:36.3	16:39/M
19	Shannon Camfield	New Lenox IL	34	6686	149	51:37.7	16:39/M
20	Amee Bohrer	Joliet IL	35	6682	169	55:21.8	17:51/M
21	Jennifer Younker	Peotone IL	39	7177	170	56:07.0	18:06/M
22	Erica Perkins	Essex IL	31	6987	173	56:59.2	18:23/M

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5K Run

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
23	Bonnie Hassan	Joliet IL	39	6937	189	1:01:37.7	19:53/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Greg Harrison		33	7232	2	20:01.7	6:27/M
2	Robert Peplowski		32	7212	8	22:12.3	7:10/M
3	Davis Jaspers		31	7222	16	23:23.9	7:33/M
4	Rich Murry		35	7220	23	25:11.5	8:07/M
5	Michael Mecozzi	New Lenox IL	35	6979	37	26:36.1	8:35/M
6	Paul McGowan	Manhattan IL	34	6975	101	36:33.6	11:47/M
7	Michael Kirk	New Lenox IL	32	6958	102	36:46.3	11:52/M
8	Ryan Nieders		31	7204	111	38:53.1	12:33/M
9	Patrick Murphy		33	7214	150	51:39.4	16:40/M
10	Jim Ranney	Lockport IL	38	6994	159	52:17.4	16:52/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessica O'Connor		44	7205	11	22:26.2	7:14/M
2	Marne Bailey		40	7244	41	27:15.7	8:47/M
3	Dawn Winters	New Lenox IL	42	7165	44	27:29.5	8:52/M
4	Jodi Fritz	New Lenox IL	45	6929	51	28:37.3	9:14/M
5	Aimee Daramus		40	7206	65	31:14.4	10:05/M
6	Holly Devos		41	7211	73	32:28.9	10:28/M
7	Danielle O'Connell	Joliet IL	44	6983	89	34:33.2	11:09/M
8	Sue Smith		40	7202	92	34:44.7	11:12/M
9	Kristin Burda		40	7210	94	34:54.3	11:15/M
10	Natalie Forberg	New Lenox IL	48	6927	97	35:38.2	11:30/M
11	Annette Dorch	New Lenox IL	46	6696	115	39:30.7	12:45/M
12	Lynda Balaja	Manhattan IL	49	6674	116	39:32.7	12:45/M
13	Juli Dragisic	Joliet IL	46	6698	120	40:10.1	12:57/M
14	Lori Mensik		40	7247	151	51:44.5	16:41/M
15	Lisa Dillon	Minooka IL	49	6694	166	54:32.7	17:35/M
16	Jill Affrunti	Rockdale IL	43	6673	167	55:03.2	17:45/M
17	Jennifer Goodwin-Rutzen	Manhattan IL	40	6930	176	57:03.5	18:24/M
18	Candace Schauer	New Lenox IL	47	7143	182	58:41.3	18:56/M

2016 Trinity Triumph 5K

Age Group Results

5K Run

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tom Bellos	Rockdale IL	49	6676	3	20:20.5	6:34/M
2	Larry Seymour	New Lenox IL	45	7144	19	24:04.9	7:46/M
3	Mike Lowry		40	7218	21	24:56.8	8:03/M
4	Russ Cech		40	7208	34	26:20.1	8:30/M
5	Charles Egner	New Lenox IL	48	6920	43	27:21.1	8:49/M
6	Harold James Clark	Villa Park IL	45	6689	93	34:45.3	11:13/M
7	Mario Solamo		49	7231	107	37:54.8	12:14/M
8	Greg Ladalski	New Lenox IL	44	6965	112	39:03.5	12:36/M
9	Johnny Riley		40	7191	118	39:56.8	12:53/M
10	Scott Homley		40	7246	130	44:30.5	14:21/M
11	Quinn Oehlke	Shorewood IL	45	6984	144	50:36.6	16:19/M
12	Michael Jewitt	Lisle IL	44	6955	180	58:35.1	18:54/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Farrell	New Lenox IL	50	6926	28	25:52.3	8:21/M
2	Vera Erickson	Shorewood IL	51	6924	46	27:52.7	8:59/M
3	Debbie Ramey	Manteno IL	51	6993	61	30:25.3	9:49/M
4	Yoonhoo Yoon	New Lenox IL	56	7176	62	31:06.8	10:02/M
5	Patti Brank		52	7201	63	31:10.1	10:03/M
6	Janis Runyan	New Lenox IL	59	6996	66	31:15.4	10:05/M
7	Cindy Papesh	Crest Hill IL	58	6986	74	32:48.2	10:35/M
8	Eileen Keating	Tinley Park IL	59	6957	76	33:07.5	10:41/M
9	Laura Barry	Plainfield IL	50	6675	77	33:08.1	10:41/M
10	Jody Reddell		52	7234	86	33:45.5	10:53/M
11	Rheta Murdaugh	Shorewood IL	53	6981	87	34:06.8	11:00/M
12	Susan Murphy	Manhattan IL	53	6982	88	34:09.4	11:01/M
13	Noel Drain	Frankfort IL	51	6699	96	35:37.4	11:29/M
14	Gina Chidsey	Shorewood IL	56	6688	114	39:28.5	12:44/M
15	Sheryl Caudle		58	7185	119	40:09.7	12:57/M
16	Johnna Franklin	Frankfort IL	52	6928	123	41:27.4	13:22/M
17	Bonnie Maciejewski	Plainfield IL	50	6970	127	43:36.8	14:04/M
18	Sue Vari	Orland Park IL	50	7157	133	45:46.2	14:46/M
19	Lu Ann Hatfield	New Lenox IL	52	6938	137	46:27.6	14:59/M
20	Kay Smith	Channahon IL	53	7147	138	46:50.6	15:06/M
21	Bess Egelske	Leesburg IN	57	6917	141	49:43.9	16:02/M
22	Nancy Wood	Joliet IL	51	7168	153	51:47.2	16:42/M
23	Valerie Woodkirk	New Lenox IL	51	7169	154	51:52.5	16:44/M
24	Ranette Travnik	New Lenox IL	55	7153	156	51:58.4	16:46/M
25	Suzette Kozar	New Lenox IL	59	6964	157	52:07.8	16:49/M

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Age Group Results

5K Run

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
26	Nancy Dye	New Lenox IL	58	6700	161	53:03.1	17:07/M
27	Kathy Hilton	New Lenox IL	58	6943	186	59:13.7	19:06/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kurt Wysock		50	7236	4	20:49.9	6:43/M
2	Robert Dippold	Orland Park IL	57	6695	12	22:30.2	7:15/M
3	Tim Crnkovic	Joliet IL	54	6690	15	23:21.1	7:32/M
4	Carl Indovina	New Lenox IL	50	6950	18	23:53.3	7:42/M
5	Jim Travnik	New Lenox IL	56	7152	26	25:38.5	8:16/M
6	James Hertz	Frankfort IL	59	6940	39	26:51.7	8:40/M
7	Dennis Hallissey	Frankfort IL	57	6935	42	27:18.7	8:48/M
8	James Ted Winter	New Lenox IL	53	7164	45	27:36.2	8:54/M
9	Tony Vari	Orland Park IL	52	7154	48	28:08.7	9:05/M
10	Joseph Welch	New Lenox IL	54	7160	50	28:22.1	9:09/M
11	Dave Smith	New Lenox IL	53	7146	56	30:04.9	9:42/M
12	Calvin Jordan	New Lenox IL	56	6956	59	30:13.4	9:45/M
13	Dan Riordan	Tinley Park IL	58	7199	71	31:55.6	10:18/M
14	Keith Skopick		59	7221	75	32:55.9	10:37/M
15	Bob Luzbetak		51	7217	105	37:43.9	12:10/M
16	John Kozar	New Lenox IL	51	6963	158	52:07.8	16:49/M
17	Sue Smith	New Lenox IL	53	7148	160	52:59.9	17:05/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cathy Hickey	Mokena IL	61	6941	60	30:22.1	9:48/M
2	Donna DeRobertis	Joliet IL	64	6693	129	43:59.7	14:11/M
3	Carol Currier-Frighetto	Manhattan IL	67	6691	142	50:15.2	16:13/M
4	Susan Mecozzi	Frankfort IL	62	6980	145	51:11.8	16:31/M
5	Marguerite McDermed	Mokena IL	61	6974	185	59:11.9	19:05/M
6	PAULA HALLBERG	Evergreen Park IL	64	6934	188	1:00:54.6	19:39/M

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Warren		60	7235	17	23:49.9	7:41/M
2	John Steinmetz		64	7241	36	26:27.5	8:32/M

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Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Dan Tonelli		60	7224	38	26:42.3	8:37/M
4	Doc Mahoney		66	7227	53	29:23.1	9:29/M
5	Bill McIntire		60	7239	78	33:10.1	10:42/M
6	David Jaspers	Joliet IL	63	6953	81	33:21.3	10:45/M
7	Dale Johnson		63	7243	121	40:10.4	12:57/M
8	John Hanley		61	7245	131	44:42.7	14:25/M
9	Michael Mecozzi	Frankfort IL	63	6978	146	51:12.1	16:31/M
10	DENNIS HALLBERG	Evergreen Park IL	65	6933	187	1:00:51.4	19:38/M

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lue Hickman	Joliet IL	70	6942	168	55:03.2	17:45/M

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chuck Aron	Chicago IL	70	7178	90	34:38.5	11:10/M
2	John Prebstle	New Lenox IL	71	6989	181	58:40.3	18:55/M