

2019 Lake Max Triathlon

Race Date
August 10, 2019

Overall Results

Duathlon

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	Mark Witmer	443	1:M Men	1	6:27.0	6:27	0:43.5	1	29:01.6	23.8	0:39.8	2	20:03.6	6:28	56:55.5
2	Joseph Hubbs	266	2:M Men	2	6:32.3	6:32	0:44.2	2	30:21.1	22.7	0:30.2	4	21:31.6	6:57	59:39.4
3	Paul Mitoraj	331	3:M Men	3	6:41.2	6:41	1:02.1	4	34:50.5	19.8	0:51.8	1	20:02.9	6:28	1:03:28.5
4	Nathan Duttlinger	214	4:M Men	11	7:35.2	7:35	0:56.1	3	34:35.9	19.9	0:46.7	9	23:26.9	7:34	1:07:20.8
5	Kristine Warnes	427	1:F Women	6	7:23.1	7:23	0:45.5	10	37:50.8	18.2	0:35.7	5	21:53.8	7:04	1:08:28.9
6	Ed Wellman	431	5:M Men	4	7:04.5	7:05	1:06.5	13	38:49.5	17.8	0:39.4	3	21:14.0	6:51	1:08:53.9
7	Dave Bolakowski	167	6:M Men	5	7:19.9	7:20	1:09.3	6	36:28.2	18.9	1:08.7	10	24:04.8	7:46	1:10:10.9
8	David Lawrence	307	7:M Men	7	7:27.8	7:28	0:32.1	9	37:40.0	18.3	0:28.4	13	25:04.8	8:05	1:11:13.1
9	Steve King	283	8:M Men	9	7:31.7	7:32	1:43.3	5	36:10.6	19.1	1:40.0	14	25:31.4	8:14	1:12:37.0
10	Sarah Smith	393	2:F Women	12	7:42.8	7:43	1:14.3	15	40:23.6	17.1	1:50.0	7	23:00.7	7:25	1:14:11.4
11	Thomas Smith	394	9:M Men	13	7:43.4	7:43	1:13.8	14	40:21.9	17.1	1:51.5	8	23:01.0	7:25	1:14:11.6
12	Chris Hetzel	459	10:M Men	8	7:30.4	7:30	2:21.7	11	38:11.1	18.1	1:19.8	12	25:03.8	8:05	1:14:26.8
13	Rachel Ricketts	368	3:F Women	10	7:33.3	7:33	2:30.5	18	41:39.5	16.6	1:24.7	6	22:46.7	7:21	1:15:54.7
14	Jessica McFarland	324	4:F Women	14	7:59.6	8:00	0:39.9	19	41:41.9	16.5	0:50.2	11	24:53.8	8:02	1:16:05.4
15	Chris Ricketts	367	11:M Men	15	8:38.4	8:38	1:13.2	8	37:15.0	18.5	1:13.7	19	28:07.1	9:04	1:16:27.4
16	Dawn Vamos	417	5:F Women	16	8:46.9	8:47	1:07.8	16	41:18.7	16.7	0:39.5	18	27:33.7	8:53	1:19:26.6
17	Bob Lyon	312	12:M Men	17	8:47.2	8:47	1:21.2	17	41:37.1	16.6	0:49.1	16	26:57.9	8:42	1:19:32.5
18	Pilar Jarrin	271	6:F Women	21	9:22.7	9:23	0:47.4	23	44:38.6	15.5	0:40.9	15	26:08.3	8:26	1:21:37.9
19	Dan Gumz	248	13:M Men	18	8:49.7	8:50	1:00.8	21	43:14.1	16.0	1:45.7	17	27:22.3	8:50	1:22:12.6
20	Brian Aschenbrenner	156	14:M Men	24	10:14.9	10:15	2:18.0	7	37:07.2	18.6	2:24.8	24	31:38.4	10:12	1:23:43.3
21	Milton Smit	389	15:M Men	25	10:47.2	10:47	1:10.1	20	42:01.0	16.4	1:16.5	22	31:20.2	10:07	1:26:35.0
22	Lindsey Traub	413	7:F Women	22	9:30.0	9:30	1:01.9	25	47:07.0	14.6	1:15.1	21	29:54.0	9:39	1:28:48.0
23	Jenny Franek	226	8:F Women	23	9:30.1	9:30	1:03.3	24	47:04.6	14.7	1:16.9	20	29:53.8	9:39	1:28:48.7
24	Mary Gumz	249	9:F Women	20	9:15.5	9:16	1:06.7	26	47:40.2	14.5	0:48.0	23	31:25.0	10:08	1:30:15.4
25	Daniel Lavin	306	16:M Men	27	11:13.6	11:14	2:03.9	22	43:23.5	15.9	1:42.8	26	34:51.5	11:15	1:33:15.3
26	Bob Neal	343	17:M Men	28	12:21.8	12:22	1:57.1	12	38:48.7	17.8	2:15.0	28	38:18.5	12:21	1:33:41.1
27	Justin Murphy	340	18:M Men	19	9:02.7	9:03	1:11.5	27	49:16.1	14.0	1:01.3	27	36:41.7	11:50	1:37:13.3
28	Shelly Pickrell	353	10:F Women	26	11:04.0	11:04	3:35.8	28	56:22.7	12.2	1:47.1	25	34:48.3	11:14	1:47:37.9