

Race Date  
July 28, 2019

2019 Race the Region - PR 5K  
Age Group Results

5K Run

Female Open Winners

						-----Total-----		
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Kaytlin Gilbert	Lisle IL	511	25	11	17:59.5	18:01.2	5:48/M

Male Open Winners

						-----Total-----		
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Ben Salinas	Highland IN	535	18	1	16:01.5	16:01.5	5:10/M

Female Masters Winners

						-----Total-----		
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Elaine Hendricks	Valparaiso IN	1925	62	50	23:04.7	23:06.8	7:27/M

Male Masters Winners

						-----Total-----		
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Paul Danger	Valparaiso IN	514	48	6	17:18.4	17:19.8	5:35/M

Race Date  
July 28, 2019

2019 Race the Region - PR 5K  
Age Group Results

5K Run

Male 10 and Under

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Samuel Geiger	Valparaiso IN	2026	9	53	23:12.1	23:14.8	7:29/M
2	Ethan Bowen	Valparaiso IN	2219	9	165	32:15.5	32:25.7	10:24/M
3	Luke Danford	Hebron IN	2617	9	192	35:08.7	35:42.2	11:20/M
4	Lucas Cooper	Valparaiso IN	2079	6	195	35:32.4	35:45.9	11:28/M
5	Owen Thomas	Valparaiso IN	540	7	227	41:27.8	41:40.2	13:23/M

Female 11 to 12

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Lucca Okeley	Valparaiso IN	1911	12	49	22:47.7	22:51.5	7:21/M
2	Reagan Cole	Hebron IN	2213	12	148	30:21.8	30:26.3	9:48/M
3	Lilly Culbreth	Demotte IN	584	11	149	30:25.8	30:36.3	9:49/M
4	Clara Strzechowski	Valparaiso IN	2045	11	214	39:47.9	40:19.1	12:50/M

Male 11 to 12

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Zane Biernat	Crown Point IN	509	12	51	23:09.9	23:11.8	7:28/M
2	Douglas Thomas	Valparaiso IN	541	11	81	25:52.5	25:54.8	8:21/M

Female 13 to 14

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Kylie Cole	Hebron IN	2214	14	130	28:42.8	28:46.8	9:16/M
2	Murial Strzechowski	Valparaiso IN	2043	13	173	33:02.5	33:33.5	10:40/M
3	Richelle Robinson	Merrillville IN	612	14	241	45:42.1	46:24.7	14:45/M

Male 13 to 14

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Evan O'connor	Chesterton IN	554	14	37	21:09.9	21:11.2	6:50/M
2	Gavin Adams	Valparaiso IN	574	14	125	28:29.8	28:47.4	9:12/M
3	Kale Rausch	Valparaiso IN	568	13	175	33:34.0	33:44.2	10:50/M
4	Derek Feick	Valparaiso IN	559	14	183	34:26.1	34:30.9	11:07/M

Female 15 to 19

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Kyra Flesvig	Hebron IN	2612	15	33	20:52.4	20:55.2	6:44/M
2	Daniella Nino	Chicago IL	533	19	46	22:36.1	22:37.4	7:17/M
3	Amelia Strzechowski	Valparaiso IN	2608	16	66	24:47.3	24:50.9	8:00/M
4	Abigail Parkerson	Chesterton IN	589	18	108	27:10.9	27:20.1	8:46/M
5	Charlie Skube	Chesterton IN	622	17	206	38:08.7	38:18.2	12:18/M

Male 15 to 19

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Nathan O'Connor	Chesterton IN	553	18	7	17:30.4	17:30.4	5:39/M
2	Joshua Dennington	Chesterton IN	515	16	10	17:42.4	17:42.9	5:43/M
3	Konnor Wauro	Crown Point IN	2610	16	13	18:28.5	18:28.5	5:58/M
4	Zachary Jeffries	Hebron IN	2611	17	16	18:58.6	19:00.5	6:07/M
5	Noah Weaver	Hebron IN	560	16	19	19:31.1	19:32.2	6:18/M

Race Date  
July 28, 2019

2019 Race the Region - PR 5K  
Age Group Results

5K Run

Male 15 to 19

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
6	Mason Bills	Hebron IN	4967	15	20	19:37.0	19:39.2	6:20/M
7	Zachary Jarvis	Valparaiso IN	2208	15	21	19:43.0	19:45.3	6:22/M
8	Steven Jarvis	Valparaiso IN	2209	15	23	20:03.5	20:07.1	6:28/M
9	Julian Chavez	Valparaiso IN	2039	15	28	20:25.7	20:32.6	6:35/M
10	Jorge Dominguez	Crown Point IN	2609	15	29	20:26.3	20:30.9	6:36/M
11	Nathan Keel	Valparaiso IN	611	16	36	21:07.6	21:16.1	6:49/M
12	Grant Giacomini	Hebron IN	2601	19	139	29:42.6	29:53.7	9:35/M

Female 20 to 24

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Kellyn Vale	Crown Point IN	503	22	30	20:27.9	20:28.9	6:36/M
2	Gigi Jarratt	Valparaiso IN	591	22	32	20:40.9	20:45.7	6:40/M
3	Delilah Delgado	East Chicago IN	556	20	41	21:54.9	21:56.2	7:04/M
4	Amanda Erickson	Valparaiso IN	628	24	95	26:25.8	26:47.3	8:32/M
5	Keara Wisek	Portage IN	572	20	112	27:33.7	27:35.1	8:53/M
6	Arianna Canales	Chicago IL	595	20	113	27:36.1	27:37.8	8:54/M
7	Megan Ault	Dyer IN	537	23	147	30:16.7	30:40.4	9:46/M
8	Morgan Skube	Chesterton IN	621	21	207	38:08.9	38:18.4	12:18/M

Male 20 to 24

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Cristian Zendejas	Highland IN	600	20	5	17:18.1	17:18.1	5:35/M
2	Jordan Giacomini	Hebron IN	2606	21	97	26:27.4	26:40.2	8:32/M

Female 25 to 29

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Amy Maclejewski	Hammond IN	513	29	38	21:12.3	21:13.2	6:50/M
2	Stephanie Burkholder	Goshen IN	550	28	42	21:56.5	21:57.2	7:05/M
3	Gianna Gomez-Mayo	Valparaiso IN	4960	26	55	23:22.2	23:25.0	7:32/M
4	Maria Stamer	Valparaiso IN	2087	25	60	23:50.5	24:26.2	7:41/M
5	Annette Frank	Valparaiso IN	2203	26	162	32:08.7	32:20.2	10:22/M
6	Molly Vass	Valparaiso IN	1924	29	168	32:34.8	32:55.4	10:31/M
7	Cassidee Jacobsen	Valparaiso IN	601	29	182	34:20.2	34:39.6	11:05/M
8	Annie Blanchard	Valparaiso IN	888	29	200	36:03.5	36:33.2	11:38/M
9	Emily-Rose Cook	Crown Point IN	530	26	252	52:03.4	52:45.1	16:48/M

Male 25 to 29

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Mitchell Gilbert	Lisle IL	510	27	2	16:23.6	16:26.1	5:17/M
2	Fernando Piña	Hammond IN	508	26	8	17:37.1	17:37.6	5:41/M
3	Aaron Cook	Crown Point IN	529	27	15	18:38.8	18:39.7	6:01/M
4	Michael Wagner	Crown Point IN	555	28	26	20:17.9	20:25.6	6:33/M
5	Timothy Creech	Hobart IN	646	29	47	22:42.3	22:45.2	7:19/M
6	James Riedstra	Portage IN	2032	28	67	24:53.1	25:15.8	8:02/M
7	Justin Denton	Dyer IN	528	28	88	26:06.3	26:30.8	8:25/M

Female 30 to 34

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Lindsey Sellers	Valparaiso IN	2218	34	59	23:44.1	23:49.6	7:39/M
2	Tessa Troutman	Valparaiso IN	2613	34	72	25:22.2	25:28.7	8:11/M
3	Tracy Scott	Chesterton IN	2205	34	84	25:58.8	26:07.2	8:23/M

## 2019 Race the Region - PR 5K

Age Group Results

## 5K Run

Race Date  
July 28, 2019

## Female 30 to 34

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
4	Samantha Oaf	Hobart IN	614	32	86	26:01.0	26:09.4	8:24/M
5	Melissa Leib	Valparaiso IN	2120	32	107	27:10.2	27:43.4	8:46/M
6	Emily Sheahen Feller	Chesterton IN	1922	34	144	29:58.3	30:08.7	9:40/M
7	Tasheena Cunningham-Rimmer	Valparaiso IN	2030	34	169	32:36.4	33:10.9	10:31/M
8	Alicia Cooper	Valparaiso IN	2078	31	197	35:38.2	35:52.9	11:30/M
9	Lisa Martinez	Hammond IN	630	30	202	36:48.4	36:48.4	11:52/M
10	Melissa Barkow	Chesterton IN	561	31	211	39:08.8	39:24.4	12:38/M
11	Jennifer Ransom	Valparaiso IN	2204	33	213	39:25.5	39:51.7	12:43/M
12	Laura Thomas	Valparaiso IN	542	33	228	41:28.0	41:38.9	13:23/M
13	Sarah Denton	Highland IN	527	33	234	42:42.2	43:18.6	13:47/M
14	Tiffany Rudziewicz	Valparaiso IN	2035	33	246	47:47.6	48:18.2	15:25/M

## Male 30 to 34

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Brian Bowman	Portage IN	590	31	3	16:51.6	16:52.2	5:26/M
2	Michael Loewe	Chesterton IN	2123	33	12	18:17.5	30:24.7	5:54/M
3	Adam Stout	Valparaiso IN	613	32	39	21:34.6	21:42.8	6:58/M
4	Vince Nygra	Portage IN	2086	33	40	21:40.9	21:47.7	7:00/M
5	Bradley Briggs	Valparaiso IN	2084	33	44	22:19.4	22:24.9	7:12/M
6	Jon Nannenga	Kouts IN	592	34	77	25:42.5	26:02.1	8:18/M
7	Kevin Scott	Chesterton IN	2206	32	85	25:59.0	26:07.2	8:23/M
8	Brandon Denton	Highland IN	639	33	114	27:41.7	28:29.7	8:56/M
9	Ryan Gish	Valparaiso IN	2124	32	119	28:06.8	28:34.6	9:04/M

## Female 35 to 39

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Lisa Nelson	Rolling Prairie IN	2217	39	103	26:40.4	26:49.2	8:36/M
2	Megan Jerz	Wheatfield IN	543	39	118	28:04.7	28:21.7	9:03/M
3	Megan Torres	Valparaiso IN	2082	39	124	28:29.0	28:47.6	9:11/M
4	Lindsay Moseley		521	38	133	29:00.2	29:11.3	9:21/M
5	Rachel Bornstein	Portage IN	532	37	138	29:41.7	30:02.3	9:35/M
6	Allison Seely	Chesterton IN	650	36	143	29:51.9	30:08.2	9:38/M
7	Sarah Olivarez	Valparaiso IN	634	38	152	30:56.5	31:14.2	9:59/M
8	Dana Huwig	Chesterton IN	637	38	155	31:02.5	31:06.8	10:01/M
9	Mindy Capaldi	Valparaiso IN	2090	35	159	31:25.8	31:53.4	10:08/M
10	Audrey White	Dyer IN	588	38	170	32:37.0	32:56.5	10:31/M
11	Suzanna Kidder	Valparaiso IN	539	36	171	32:47.1	33:07.0	10:35/M
12	Kasandra Mooney	Valparaiso IN	2027	36	176	33:36.1	34:02.9	10:50/M
13	Tiffany Green	Portage IN	4923	37	184	34:27.1	35:07.7	11:07/M
14	Maja Bosnjak	Griffith IN	624	38	190	35:01.1	35:39.4	11:18/M
15	Jaclyn Barkow	Valparaiso IN	618	36	199	35:59.1	36:16.8	11:37/M
16	Kristen Zakutansky	Crown Point IN	2224	36	219	40:01.6	40:16.8	12:55/M
17	Carole Schreiber	Hobart IN	507	35	221	40:23.8	41:05.7	13:02/M
18	Janelle Bowen	Valparaiso IN	2221	37	224	40:46.4	41:07.8	13:09/M
19	Illiana Iglesias	Valparaiso IN	583	37	231	42:31.4	42:59.8	13:43/M
20	Arlenea Nelson	Merrillville IN	615	39	235	43:27.5	44:10.2	14:01/M
21	Jessica Willfond	Portage IN	519	39	236	43:35.3	43:59.6	14:04/M
22	Melissa Goodall	Merrillville IN	576	38	237	43:54.1	44:29.9	14:10/M

## Male 35 to 39

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Daniel Ruge	Fort Myers FL	571	36	4	17:12.3	17:14.2	5:33/M
2	Brian Culbreth	Demotte IN	585	37	17	19:13.4	19:18.1	6:12/M
3	Phil Guerre	Portage IN	2210	36	18	19:19.5	19:20.5	6:14/M
4	Micah Bornstein	Portage IN	531	38	65	24:45.0	25:04.8	7:59/M
5	Christopher Barkow	Valparaiso IN	616	37	70	25:07.7	25:23.6	8:06/M
6	Joel Vause	Munster IN	564	37	74	25:29.6	25:53.2	8:13/M
7	Evan Kroft		579	39	156	31:11.5	31:35.4	10:04/M
8	Taylor Host		580	38	157	31:14.5	31:38.5	10:05/M
9	Cameron Bowen	Valparaiso IN	2220	39	161	32:01.4	32:24.4	10:20/M
10	Sanjin Bosnjak	Griffith IN	625	38	191	35:02.1	35:39.4	11:18/M

## 2019 Race the Region - PR 5K

Race Date

July 28, 2019

## Age Group Results

5K Run

## Male 35 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
11	Adam Schreiber	Hobart IN	506	39	222	40:27.5	41:06.2	13:03/M
12	Boyd Hurtado	Lowell IN	1909	36	242	45:50.2	46:25.9	14:47/M

## Female 40 to 44

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Tara Kleefisch	Kouts IN	4968	42	71	25:15.0	25:18.7	8:09/M
2	Erin Goffette	Portage IN	563	44	80	25:51.5	26:03.9	8:21/M
3	Rachel Wilson	Hebron IN	4908	42	96	26:26.0	26:46.9	8:32/M
4	Keely Bell-Yekel	Munster IN	504	40	102	26:38.1	26:52.6	8:36/M
5	Brenda Chavez	Valparaiso IN	2040	42	104	26:47.0	27:05.7	8:38/M
6	Carrie Miller	Valparaiso IN	2036	42	115	27:41.8	28:15.4	8:56/M
7	Nancy Packovski	Crown Point IN	577	42	122	28:10.8	28:19.7	9:05/M
8	Bridget Moseley	Crown Point IN	520	41	134	29:00.5	29:11.9	9:21/M
9	Karen Turner	Valparaiso IN	2031	41	137	29:18.5	29:57.1	9:27/M
10	Jenifer Colville	Chesterton IN	2042	41	142	29:51.0	30:12.3	9:38/M
11	Denise Weber	Benton Harbor MI	582	44	174	33:15.1	33:40.6	10:44/M
12	Misti Howell	Valparaiso IN	644	40	179	34:03.6	34:36.3	10:59/M
13	Jessica Cramer	Michigan City IN	617	41	180	34:08.0	34:41.7	11:01/M
14	Kimberly Jackson	Valparaiso IN	2122	40	186	34:28.6	34:50.3	11:07/M
15	Georgia Rebapis	Elmwood Park IL	2028	42	204	37:38.5	38:02.4	12:09/M
16	Aundrea Hoffman	Chesterton IN	2083	42	212	39:22.1	39:54.4	12:42/M
17	Sheryl Adinolfi	Stevensville MI	597	43	216	39:48.8	40:07.6	12:51/M
18	Laura Zak	Rensselaer IN	633	41	223	40:33.7	41:06.4	13:05/M
19	Arlondria Borgelt	Valparaiso IN	626	44	225	40:51.2	41:07.4	13:11/M
20	Christine Wadkins	Portage IN	518	42	233	42:32.7	42:58.4	13:43/M
21	Pamela Ross	Crown Point IN	1910	43	238	44:18.4	44:55.7	14:18/M
22	Jessica Bell	Chesterton IN	2121	40	244	47:15.5	47:36.9	15:15/M
23	Liz Rochon	Valparaiso IN	623	41	245	47:46.6	48:17.9	15:25/M
24	Lisa Boettger	Crown Point IN	549	41	248	49:27.7	49:39.6	15:57/M
25	Kelly Schroeder	Lowell IN	2047	41	250	51:39.6	52:09.5	16:40/M

## Male 40 to 44

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Chad Lawless	Kouts IN	525	42	9	17:42.4	17:43.5	5:43/M
2	Andrew Elderkin		2077	40	34	21:02.6	21:04.9	6:47/M
3	Joseph Trathen	Valparaiso IN	632	42	54	23:19.9	23:26.4	7:32/M
4	Mike Holtz	Wanatah IN	534	41	57	23:40.0	24:03.3	7:38/M
5	Thomas Drake	Benton Harbor MI	581	42	89	26:07.4	26:32.5	8:26/M
6	Andy Chavez	Valparaiso IN	2041	43	91	26:17.0	26:35.9	8:29/M
7	Keith Borgelt	Valparaiso IN	627	44	99	26:31.2	26:47.6	8:33/M
8	Matthew Sellers	Valparaiso IN	1923	43	111	27:29.8	27:38.4	8:52/M
9	Nathan Wiseman	Chesterton IN	2094	44	121	28:09.2	28:32.9	9:05/M
10	David Danford	Hebron IN	2616	44	193	35:09.9	35:43.2	11:21/M

## Female 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Andrea Maslanka	Valparaiso IN	4964	45	73	25:25.5	25:30.2	8:12/M
2	Francie Bean	Valparaiso IN	2029	47	78	25:45.5	25:57.8	8:19/M
3	Angie Vicari	Chesterton IN	635	46	90	26:16.3	26:36.2	8:29/M
4	Becky Kreiger	Kouts IN	886	46	98	26:27.8	26:44.3	8:32/M
5	Michele Zurisk	Cedar Lake IN	593	48	126	28:30.8	28:46.2	9:12/M
6	Hope Gonzalez	Portage IN	2211	48	150	30:31.2	31:02.5	9:51/M
7	Sandy Thomas	Kouts IN	619	49	154	30:58.0	31:01.9	9:59/M
8	Shu-Ting Chiu	Valparaiso IN	1920	48	164	32:13.5	32:49.2	10:24/M
9	Annette Etchison	La Porte IN	1921	49	178	33:57.5	34:09.8	10:57/M
10	Nicole Parkerson	Chesterton IN	562	48	196	35:33.1	35:43.9	11:28/M
11	Jennifer Freeman	Lowell IN	2604	48	210	39:02.2	39:16.5	12:36/M
12	Teresa Weiler	Valparaiso IN	2092	49	218	39:53.3	40:34.6	12:52/M
13	Amy Dolbeare	La Porte IN	642	46	239	44:56.0	45:33.5	14:30/M
14	Dawn Bitters	Lowell IN	2614	46	253	52:10.6	52:45.2	16:50/M

Race Date  
July 28, 2019

2019 Race the Region - PR 5K  
Age Group Results

5K Run

Male 45 to 49

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Nate Shaffer	Valparaiso IN	545	46	14	18:29.4	18:29.4	5:58/M
2	John Bryant	Valparaiso IN	643	46	27	20:25.6	20:27.3	6:35/M
3	Joel Andrade	Valparaiso IN	526	49	43	21:57.3	22:00.5	7:05/M
4	Chuck Vamos	Valparaiso IN	645	47	48	22:43.5	22:48.7	7:20/M
5	Mark Connors	Valparaiso IN	2038	47	52	23:10.7	23:15.7	7:29/M
6	Johnny Stimley	Michigan City IN	641	49	68	24:56.5	25:02.9	8:03/M
7	Larry Strzechowski	Valparaiso IN	2044	47	94	26:23.1	26:54.9	8:31/M
8	Matt Dowd	Granger IN	566	49	117	27:51.1	28:24.4	8:59/M
9	Theodore Pigott	Valparaiso IN	2080	49	163	32:12.8	32:48.5	10:23/M
10	Aaron Mikell	Chicago IL	4924	47	185	34:27.5	35:07.7	11:07/M
11	Jerome Weiler	Valparaiso IN	2091	49	189	34:59.1	35:40.8	11:17/M
12	Martin Freeman	Lowell IN	2602	49	209	39:02.0	39:16.5	12:35/M
13	Jim Schroeder	Lowell IN	2046	49	251	51:40.1	52:09.9	16:40/M

Female 50 to 54

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Kerri McKay	Valparaiso IN	2605	52	87	26:01.9	26:22.4	8:24/M
2	Amy Smith	Dyer IN	620	50	129	28:40.0	28:53.6	9:15/M
3	Mary Manfredo	Valparaiso IN	587	53	131	28:49.7	29:10.2	9:18/M
4	Amy Dowd	Granger IN	567	50	153	30:57.2	31:30.4	9:59/M
5	Kathy Childress	Hobart IN	2223	51	166	32:19.5	32:35.4	10:26/M
6	Dawn Waters	Portage IN	1908	52	181	34:09.8	34:20.7	11:01/M
7	Bridget Barnhill	Highland IN	505	52	203	37:22.8	37:41.2	12:04/M

Male 50 to 54

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Mark Wright	Westville IN	558	52	24	20:10.9	20:11.6	6:31/M
2	Skip Woldt	Valparaiso IN	2085	51	31	20:36.4	20:38.7	6:39/M
3	Ken Borowski	Saint John IN	517	52	45	22:23.5	22:29.4	7:13/M
4	Patrick Cosgrove	Valparaiso IN	2215	51	56	23:36.4	23:44.2	7:37/M
5	Greg Wilder	Tinley Park IL	638	54	61	23:52.1	23:58.8	7:42/M
6	Jeff Loewe	Dyer IN	4931	54	63	24:26.0	24:34.8	7:53/M
7	Scott Sears	Valparaiso IN	1919	51	64	24:37.4	24:38.3	7:57/M
8	Tim Kulesa	Portage IN	565	52	110	27:22.5	27:26.7	8:50/M
9	John Zurisk	Cedar Lake IN	594	51	120	28:08.6	28:24.2	9:05/M
10	Brent Jeffries	Hebron IN	2212	50	127	28:32.6	28:42.2	9:12/M
11	Charles Adinolfi	Stevensville MI	598	53	215	39:48.7	40:06.2	12:51/M

Female 55 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Laura Golembieski	Thornton CO	547	57	69	25:04.8	25:10.3	8:05/M
2	Amy Benda	Valparaiso IN	2125	59	106	27:03.8	27:12.2	8:44/M
3	Ellen Rathburn	South Bend IN	578	55	132	28:50.3	29:00.2	9:18/M
4	Aimee Jarmula	Valparaiso IN	516	59	140	29:44.9	29:59.4	9:36/M
5	Glenna Kropp	Kouts IN	4910	58	145	30:02.8	30:12.7	9:42/M
6	Elizabeth Frances	Valparaiso IN	2093	59	151	30:38.6	30:55.9	9:53/M
7	Laura Derrow	Lowell IN	2615	58	172	32:55.0	33:29.4	10:37/M
8	Tina Strimbu	Valparaiso IN	2222	57	188	34:40.9	34:47.8	11:11/M
9	Teresa Chester	Valparaiso IN	887	56	243	46:40.1	47:08.8	15:03/M

Male 55 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Harry Baginski	Crown Point IN	502	57	22	19:55.3	19:58.7	6:26/M
2	Peyton Grizzard	Valparaiso IN	557	55	25	20:16.1	20:16.8	6:32/M
3	Jim Golembieski	Thornton CO	546	58	58	23:41.0	23:45.9	7:38/M
4	David Long	Osceola IN	522	55	76	25:39.8	25:45.7	8:17/M

Race Date  
July 28, 2019

# 2019 Race the Region - PR 5K

## Age Group Results

5K Run

### Male 55 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
5	Lenny Randazzo	Park Ridge IL	629	55	83	25:58.4	26:13.7	8:23/M
6	Jeff Peterson	Grant Park IL	570	55	101	26:38.0	26:51.7	8:36/M
7	Julian Baldizon	South Bend IN	631	57	105	26:52.0	27:03.3	8:40/M
8	Brad Nusbaum	Valparaiso IN	2088	59	128	28:32.6	29:04.3	9:12/M
9	Adam Hill	Portage IN	2201	55	198	35:55.7	36:24.3	11:35/M
10	Tom Fela	Chesterton IN	2207	57	232	42:32.6	42:58.1	13:43/M

### Female 60 to 64

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Joanne Baitup	Valparaiso IN	544	62	100	26:31.4	26:37.3	8:33/M
2	Agnes Nusbaum	Valparaiso IN	2089	61	141	29:45.5	30:19.1	9:36/M
3	Julia Cassell	San Pierre IN	548	61	201	36:28.6	36:52.6	11:46/M
4	Joyce Einikis	Valparaiso IN	2081	63	208	38:30.5	38:52.3	12:25/M
5	Debbie Lueken	Schererville IN	2048	60	226	41:12.1	41:39.6	13:17/M

### Male 60 to 64

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Brian Chorba	Valparaiso IN	538	63	35	21:03.2	21:06.8	6:47/M
2	Rick Turner	Valparaiso IN	649	61	62	24:12.3	24:20.6	7:48/M
3	Thomas Kornelik	Crown Point IN	648	62	75	25:30.7	25:32.9	8:14/M
4	Eric Diamond	South Bend IN	523	60	123	28:19.8	29:06.8	9:08/M

### Female 65 to 69

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Kathy Hilbrich	Chesterton IN	2037	65	136	29:16.7	29:24.5	9:27/M
2	Janet Rotz	Dyer IN	501	65	158	31:19.7	31:27.1	10:06/M
3	Polly Theising	Valparaiso IN	596	69	194	35:12.5	35:35.2	11:21/M
4	Carol Magill	Chesterton IN	640	68	220	40:19.2	40:44.5	13:00/M
5	Linda Levenson	Hobart IN	2076	65	240	45:08.5	45:30.8	14:34/M
6	Pam Hill	Portage IN	2202	65	249	50:12.7	50:47.3	16:12/M

### Male 65 to 69

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Steve Sharp	Valparaiso IN	647	65	79	25:50.6	26:05.3	8:20/M
2	Dennis Dodds	Valparaiso IN	2033	65	93	26:18.7	26:31.7	8:29/M
3	Michael Grochowski	Valparaiso IN	636	65	109	27:17.7	27:34.3	8:48/M
4	Mitch Harris	Valparaiso IN	4909	65	116	27:43.8	28:05.4	8:57/M
5	Ron Bendiks	Valparaiso IN	573	65	135	29:14.5	29:30.2	9:26/M
6	Steve Conley	Michigan City IN	2607	67	146	30:08.5	30:17.2	9:43/M
7	Doug Wiese	Westville IN	2225	65	230	42:16.7	42:37.2	13:38/M

### Female 70 to 74

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Jean Jannasch	Valparaiso IN	536	72	82	25:53.7	25:57.9	8:21/M
2	Jean Tolchinsky	Crete IL	599	73	160	31:53.7	32:12.7	10:17/M
3	Diane Dumonte-Slater	Valparaiso IN	1726	70	177	33:57.0	34:10.4	10:57/M
4	Linda Perry	Demotte IN	551	72	187	34:35.5	35:01.1	11:10/M
5	Nancy Dietrich	North Judson IN	2034	71	229	42:08.0	42:41.9	13:35/M

Race Date  
July 28, 2019

2019 Race the Region - PR 5K  
Age Group Results

5K Run

Male 70 to 74

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Tom Hutmacher	Portage IN	524	71	92	26:17.3	26:31.9	8:29/M
2	Dennis Rotz	Dyer IN	569	71	167	32:25.1	32:34.7	10:27/M
3	Jack Kashak	Chesterton IN	575	71	205	38:04.4	38:34.2	12:17/M
4	David J Ralston	Hammond IN	586	74	217	39:50.7	40:20.4	12:51/M
5	David Hinshaw	Hammond IN	512	74	247	48:07.8	48:37.6	15:32/M