

Race Date
October 06, 2019

AFIA Rice Run 5K
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melinda Gruber	South Haven MI	49	3764	9	30:27.3	9:49/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	William Hyde	Berrien Springs MI	21	3774	1	22:58.9	7:24/M

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Female 26 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kristin Ferrer	Somerville NJ	20	2032	10	30:48.7	9:57/M
2	Grace Bell	Bonsall CA	21	3834	13	33:11.8	10:42/M
3	Aya Pagunsan	Midlothian VA	19	5454	16	36:08.2	11:39/M
4	Brianna Croughan	Berrien Springs MI	20	2021	18	39:00.2	12:35/M
5	Megan Napod	Redlands CA	19	8978	19	39:01.0	12:34/M
6	Amanda Cho	Berrien Springs MI	20	2022	20	39:15.9	12:40/M
7	Gelline Balmes	Eau Claire MI	26	8982	24	45:56.2	14:50/M
8	Jan Tamayo	Mcallen TX	19	3876	26	51:02.7	16:27/M

Male 26 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brent Laporre	Glen Allen VA	19	3898	6	29:06.0	9:23/M
2	Jem Curameng	Berrien Springs MI	19	5440	7	30:13.1	9:44/M
3	Marcos Burgos	Berrien Springs MI	20	3897	11	30:49.6	9:57/M
4	Winter Smith	Berrien Center MI	23	3899	12	31:19.1	10:06/M
5	Cameron Sahly	Berrien Springs MI	20	8891	17	37:04.4	11:57/M

Male 27 to 35

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rodney Balmes	Eau Claire MI	29	8979	3	24:09.0	7:47/M
2	Derek Jager	Elkhart IN	29	3794	4	24:42.4	7:58/M

Female 36 to 43

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aimee Regoso	Berrien Springs MI	39	3736	15	35:42.8	11:32/M
2	Lori Imasiku	Berrien Springs MI	38	2223	29	57:16.9	21:45/M

Male 36 to 43

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ben Regoso	Berrien Springs MI	43	8870	14	34:36.5	11:10/M
2	Dahn Imasiku	Berrien Springs MI	36	2239	30	57:18.6	21:46/M

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Female 44 to 51

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Arnie Lou Baker	Berrien Springs MI	46	5469	22	40:54.3	13:12/M
2	Dorothy Magesa	Berrien Springs	44	8989	27	53:23.9	17:13/M

Male 44 to 51

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Scottie Baker	Berrien Springs MI	46	8898	21	40:53.9	13:12/M

Female 52 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Nichols	South Haven MI	53	3773	25	46:52.8	15:08/M
2	Sozina Katuli	Berrien Springs	63	8991	28	53:30.7	17:15/M

Male 52 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Craig Miller	Elkhart IN	57	8894	2	23:16.2	7:30/M
2	Brent Nichols	South Haven MI	53	8698	5	27:01.6	8:43/M
3	Clark Gruber	South Haven MI	56	8874	8	30:26.9	9:49/M
4	Richard Moore	Berrien Center MI	55	5468	23	44:50.4	14:28/M