

Race Date
August 24, 19

2019 Running the Shores 5K
Age Group Results

10K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Denise Bradley	Kokomo IN	44	6622	2	43:45.3	7:03/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dustyn Shrock	Kokomo IN	35	6767	1	41:07.9	6:38/M

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Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madion Prifogle	Kokomo IN	19	6751	38	1:13:56.3	11:56/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karly Lucas		23	5839	4	46:05.9	7:26/M
2	Summer McClure	Galveston IN	22	6725	37	1:13:55.7	11:55/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Heather Bott	Kokomo IN	29	6621	26	57:01.2	9:12/M
2	Sinikka Rohrer	Indianapolis IN	25	6761	29	57:52.6	9:20/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ross Rexing	Greentown IN	29	6755	6	47:45.3	7:42/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Diana Jones		35	7339	15	52:55.2	8:32/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gerald Miller	Kokomo IN	35	6731	3	45:14.9	7:18/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erin Knight	Kokomo IN	41	6709	12	51:04.6	8:14/M
2	Michelle Ludlow	Gas City IN	41	6717	17	53:01.3	8:33/M
3	Carol Sheridan	Kokomo IN	44	6766	27	57:01.4	9:12/M

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Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jason Hayes	Lebanon IN	44	6684	23	55:52.6	9:01/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cheryl Parrott	Kokomo IN	46	6747	8	48:16.4	7:47/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Kruschke		48	7341	13	51:21.9	8:17/M
2	Doug Aldridge	Kokomo IN	45	6603	31	1:02:46.4	10:07/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michelle Larson	Greentown IN	51	6711	16	52:58.6	8:33/M
2	Dana Culp	Greentown IN	50	6647	21	54:57.2	8:52/M
3	Laura Bain-Selbo	Kokomo IN	54	6612	33	1:06:35.2	10:44/M
4	Cindy McClure	Kokomo IN	54	6724	36	1:13:55.5	11:55/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cary Harnett	Indianapolis IN	52	6681	9	49:34.2	8:00/M
2	John Myers	Burlington IN	54	6737	25	56:53.3	9:11/M
3	Paul Wyman		51	7330	32	1:03:07.3	10:11/M
4	Eric Bain-Selbo	Kokomo IN	54	6611	34	1:06:36.2	10:45/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rosellen Connolly	Kokomo IN	56	6643	28	57:04.9	9:12/M

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Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Keith Gladfelter	Kokomo IN	56	6672	7	47:51.9	7:43/M
2	Bruce Golde		56	7326	14	52:23.8	8:27/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carol Aders		61	7337	18	53:16.6	8:36/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Don Andrews		60	6097	5	46:07.3	7:26/M
2	Jeff Cardwell	Kokomo IN	61	6638	10	50:45.3	8:11/M
3	Phil Rozzi	Logansport IN	60	6762	20	53:31.7	8:38/M
4	Max Elmore	Kokomo IN	64	6662	22	55:21.8	8:56/M
5	Keith McAndrews	Logansport IN	63	6722	24	56:06.7	9:03/M
6	Ronald Metz		61	7336	30	1:00:18.2	9:44/M
7	Greg Kline	West Lafayette IN	61	6708	39	1:23:47.2	13:31/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ronnie Greene	Kokomo IN	69	6676	11	51:02.4	8:14/M
2	John Cotner	Kokomo IN	68	6644	19	53:26.3	8:37/M

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Hughes	Kokomo IN	73	6696	35	1:10:36.7	11:23/M