

2019 Short Run on a Long Day 5K

Race Date

June 19, 19

Overall Finish List**5K Run**

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|---------------------|-------------|---------------|-------------|-----------------|-------------|-------------|
| 1 | David Hansen | | 2253 | M | 1: Open | 17:06.5 | 5:31/M |
| 2 | Jake West | | 2513 | M | 1: 20-24 | 18:00.3 | 5:49/M |
| 3 | Stacy Lutnie | | 9673 | M | 1: 25-29 | 18:08.3 | 5:51/M |
| 4 | stephen stolzenbach | | 2466 | M | 1: 35-39 | 18:54.1 | 6:06/M |
| 5 | MYLES WEDIC | | 2508 | M | 1: 1-14 | 19:22.6 | 6:15/M |
| 6 | Mike Yohasz | | 2524 | M | 1: 55-59 | 19:50.6 | 6:24/M |
| 7 | Britney Kravish | | 2300 | F | 1: Open | 19:53.6 | 6:25/M |
| 8 | Maura Hanrahan | | 2250 | F | 1: 1-14 | 19:57.1 | 6:26/M |
| 9 | Sean Hanrahan | | 2252 | M | 2: 1-14 | 19:59.5 | 6:27/M |
| 10 | Evan White | | 9658 | M | 3: 1-14 | 20:16.1 | 6:32/M |
| 11 | Paul Mitoraj | | 2348 | M | 1: 45-49 | 20:24.7 | 6:35/M |
| 12 | Jacob Lexow | | 6204 | M | 1: 15-19 | 20:28.7 | 6:36/M |
| 13 | John Rafter | | 2405 | M | 2: 35-39 | 20:37.5 | 6:39/M |
| 14 | Brian O'Donnell | | 2381 | M | 1: 40-44 | 20:43.3 | 6:41/M |
| 15 | Zachary Casper | | 2148 | M | 2: 15-19 | 20:48.8 | 6:43/M |
| 16 | Melissa Williams | | 2518 | F | 1: 40-44 | 20:51.9 | 6:44/M |
| 17 | Brian Hagemaster | | 2243 | M | 3: 35-39 | 20:53.7 | 6:44/M |
| 18 | Justin Lohrens | | 2318 | M | 4: 35-39 | 20:54.9 | 6:45/M |
| 19 | Rich Matula | | 2333 | M | 1: 50-54 | 20:56.8 | 6:45/M |
| 20 | Christopher Gale | | 2221 | M | 2: 45-49 | 21:12.3 | 6:50/M |
| 21 | Lily Molloy | | 2353 | F | 2: 1-14 | 21:13.9 | 6:51/M |
| 22 | Nia Harrington | | 2562 | F | 3: 1-14 | 21:14.8 | 6:51/M |
| 23 | Sierra Scanlan | | 2429 | F | 1: 20-24 | 21:19.5 | 6:53/M |
| 24 | Kyle Kirchner | | 2567 | M | 1: 30-34 | 21:23.2 | 6:54/M |
| 25 | Chris Hedges | | 2260 | M | 2: 55-59 | 21:31.7 | 6:57/M |
| 26 | Jamie Parks | | 2389 | M | 3: 55-59 | 21:39.3 | 6:59/M |
| 27 | John Rose | | 2419 | M | 5: 35-39 | 21:39.7 | 6:59/M |
| 28 | Thodoris Tsitofwtos | | 2489 | M | 2: 25-29 | 21:40.2 | 6:59/M |
| 29 | Brian Tatroe | | 2479 | M | 1: 60-64 | 21:46.8 | 7:02/M |
| 30 | Butch Aleck | | 2102 | M | 2: 30-34 | 21:48.5 | 7:02/M |
| 31 | Daniel Doyle | | 2191 | M | 3: 45-49 | 21:59.3 | 7:06/M |
| 32 | Billy Miller | | 2347 | M | 3: 25-29 | 22:08.3 | 7:08/M |
| 33 | Steven Sierra | | 2444 | M | 2: 40-44 | 22:08.9 | 7:09/M |
| 34 | Kate Berka | | 2121 | F | 1: 30-34 | 22:11.9 | 7:10/M |
| 35 | Matthew Chay | | 2157 | M | 3: 15-19 | 22:13.3 | 7:10/M |
| 36 | John Belcik | | 2119 | M | 2: 60-64 | 22:14.8 | 7:11/M |
| 37 | Jose Montes | | 2357 | M | 2: 50-54 | 22:15.2 | 7:11/M |
| 38 | Jacob Dorn | | 2188 | M | 4: 25-29 | 22:15.8 | 7:11/M |
| 39 | Margaret Marron | | 2329 | F | 1: 50-54 | 22:16.3 | 7:11/M |
| 40 | Candace Raddatz | | 2402 | F | 1: 35-39 | 22:21.3 | 7:13/M |
| 41 | Brendan Mulheran | | 2566 | M | 3: 30-34 | 22:22.5 | 7:13/M |
| 42 | Tom Jondan | | 2559 | M | 6: 35-39 | 22:25.8 | 7:14/M |
| 43 | Chris Roth | | 2420 | M | 3: 40-44 | 22:27.2 | 7:15/M |
| 44 | Victor Antomez | | 2548 | M | 4: 1-14 | 22:29.5 | 7:15/M |
| 45 | Kelly Lynn | | 2321 | F | 2: 35-39 | 22:29.7 | 7:15/M |
| 46 | Brian Hanrahan | | 2251 | M | 4: 40-44 | 22:39.9 | 7:19/M |
| 47 | Lauren Spengler | | 2458 | F | 1: 15-19 | 22:47.8 | 7:21/M |

2019 Short Run on a Long Day 5K

Race Date

June 19, 19

Overall Finish List**5K Run**

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|----------------------|-------------|---------------|-------------|-----------------|-------------|-------------|
| 48 | Ray Piksrys | | 2397 | M | 3: 60-64 | 22:48.9 | 7:22/M |
| 49 | Charlie Napiwocki | | 6981 | M | 4: 45-49 | 22:50.5 | 7:22/M |
| 50 | Logan Gilbertsen | | 2229 | M | 4: 30-34 | 22:52.5 | 7:23/M |
| 51 | Daniel Barr | | 2111 | M | 1: 65-69 | 22:53.5 | 7:23/M |
| 52 | Jerome Nelligan | | 2377 | M | 3: 50-54 | 22:54.9 | 7:24/M |
| 53 | Kimberly Zehnder | | 2530 | F | 2: 40-44 | 22:56.4 | 7:24/M |
| 54 | Max Lognion | | 2316 | M | 5: 30-34 | 22:57.8 | 7:24/M |
| 55 | Brian Matton | | 2332 | M | 4: 15-19 | 22:58.1 | 7:25/M |
| 56 | Heidi Knispel | | 2289 | F | 2: 15-19 | 22:58.2 | 7:25/M |
| 57 | Tove Doyle | | 6998 | M | 4: 50-54 | 23:13.2 | 7:29/M |
| 58 | Nicholas Ferracult | | 2207 | M | 2: 20-24 | 23:23.6 | 7:33/M |
| 59 | Ava Conway | | 2165 | F | 4: 1-14 | 23:25.7 | 7:33/M |
| 60 | Rudy Cvetkovich | | 2174 | M | 5: 50-54 | 23:33.3 | 7:36/M |
| 61 | Ryan Raddatz | | 2403 | M | 5: 40-44 | 23:33.5 | 7:36/M |
| 62 | David Maher | | 9631 | M | 5: 45-49 | 23:39.8 | 7:38/M |
| 63 | Neil Somerfield | | 2457 | M | 5: 1-14 | 23:41.8 | 7:39/M |
| 64 | Katherine Somerfield | | 2456 | F | 1: 45-49 | 23:41.9 | 7:39/M |
| 65 | April Syrek | | 2477 | F | 3: 40-44 | 23:45.6 | 7:40/M |
| 66 | Sean Schuster | | 2433 | M | 4: 55-59 | 23:47.5 | 7:41/M |
| 67 | Wendy Jay | | 2276 | F | 4: 40-44 | 23:50.2 | 7:41/M |
| 68 | Irma Montes | | 2356 | F | 2: 45-49 | 23:56.6 | 7:43/M |
| 69 | Kevin Paredes | | 2387 | M | 6: 1-14 | 24:03.4 | 7:46/M |
| 70 | Jack Gibertini | | 2228 | M | 1: 0-0 | 24:27.6 | 7:53/M |
| 71 | Kylie LaMonto | | 2303 | F | 5: 1-14 | 24:31.5 | 7:55/M |
| 72 | Natalie LaMonto | | 2305 | F | 3: 15-19 | 24:31.7 | 7:55/M |
| 73 | ezio tessari | | 2483 | M | 4: 60-64 | 24:35.1 | 7:56/M |
| 74 | John Ekdale | | 2205 | M | 6: 40-44 | 24:36.5 | 7:56/M |
| 75 | Stephanie LaMonto | | 2304 | F | 6: 1-14 | 24:41.4 | 7:58/M |
| 76 | Beverly Bollman | | 2130 | F | 3: 45-49 | 24:48.7 | 8:00/M |
| 77 | Diane Gallagher | | 2222 | F | 1: 60-64 | 24:54.2 | 8:02/M |
| 78 | Lisa Olszewski | | 2382 | F | 3: 35-39 | 24:54.4 | 8:02/M |
| 79 | betsy shipman | | 2438 | F | 4: 45-49 | 24:59.5 | 8:04/M |
| 80 | Louis Truffa | | 2575 | M | 5: 60-64 | 25:02.7 | 8:05/M |
| 81 | Anne Smith | | 2450 | F | 2: 50-54 | 25:08.4 | 8:07/M |
| 82 | Carter Bohash | | 2128 | M | 7: 1-14 | 25:11.4 | 8:08/M |
| 83 | Joe Wernen | | 2571 | M | 6: 60-64 | 25:14.6 | 8:09/M |
| 84 | Angela Freeman | | 2220 | F | 5: 40-44 | 25:20.5 | 8:11/M |
| 85 | Jennifer Johnson | | 2278 | F | 4: 35-39 | 25:24.8 | 8:12/M |
| 86 | Jason Johnson | | 2280 | M | 7: 40-44 | 25:25.6 | 8:12/M |
| 87 | Jodi Haefner | | 2241 | F | 5: 45-49 | 25:26.6 | 8:12/M |
| 88 | Michelle Pawela | | 2390 | F | 2: 30-34 | 25:27.5 | 8:13/M |
| 89 | Ian Johnson | | 2279 | M | 7: 35-39 | 25:30.5 | 8:14/M |
| 90 | Chris Schumann | | 2432 | M | 6: 30-34 | 25:34.5 | 8:15/M |
| 91 | Mary Regan | | 2549 | F | 5: 35-39 | 25:35.5 | 8:15/M |
| 92 | Kyle Arnold | | 2108 | M | 8: 1-14 | 25:37.8 | 8:16/M |
| 93 | Jaime Gelfo | | 2224 | F | 6: 40-44 | 25:48.5 | 8:20/M |
| 94 | Nicole Povalish | | 2398 | F | 7: 40-44 | 25:49.5 | 8:20/M |

2019 Short Run on a Long Day 5K

Race Date

June 19, 19

Overall Finish List**5K Run**

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|--------------------|-------------|---------------|-------------|-----------------|-------------|-------------|
| 95 | Kristin Swiech | | 2476 | F | 3: 30-34 | 25:53.8 | 8:21/M |
| 96 | Brandon Dravish | | 2193 | M | 5: 25-29 | 26:02.4 | 8:24/M |
| 97 | Donald Fitzgerald | | 2214 | M | 5: 55-59 | 26:05.4 | 8:25/M |
| 98 | Andrew Cimonetti | | 2568 | M | 8: 35-39 | 26:08.4 | 8:26/M |
| 99 | Katie Cimonetti | | 2160 | F | 4: 30-34 | 26:09.2 | 8:26/M |
| 100 | Amanda Bostjancic | | 2131 | F | 6: 35-39 | 26:14.5 | 8:28/M |
| 101 | Tommy Leyden | | 2312 | M | 9: 1-14 | 26:21.8 | 8:30/M |
| 102 | Benjamin Clark | | 2162 | M | 6: 25-29 | 26:25.2 | 8:31/M |
| 103 | Joseph DeMarco | | 2183 | M | 6: 45-49 | 26:27.3 | 8:32/M |
| 104 | Robert Phelan | | 2396 | M | 9: 35-39 | 26:30.7 | 8:33/M |
| 105 | LYNDA KENNY | | 2285 | F | 3: 50-54 | 26:33.3 | 8:34/M |
| 106 | Kyle Johnson | | 2281 | M | 7: 25-29 | 26:35.4 | 8:35/M |
| 107 | Daniel Moses | | 2363 | M | 10: 1-14 | 26:40.7 | 8:36/M |
| 108 | Kristen Moses | | 2361 | F | 7: 35-39 | 26:41.3 | 8:37/M |
| 109 | Logan Lahey | | 9672 | M | 11: 1-14 | 26:45.4 | 8:38/M |
| 110 | Patty Rickman | | 2409 | F | 6: 45-49 | 26:50.2 | 8:39/M |
| 111 | Tyler Deboer | | 2178 | M | 3: 20-24 | 26:51.1 | 8:40/M |
| 112 | William Fage | | 2558 | M | 7: 30-34 | 26:52.2 | 8:40/M |
| 113 | Willaim Faber | | 2206 | M | 2: 65-69 | 26:56.9 | 8:42/M |
| 114 | Roy Mize | | 2349 | M | 6: 50-54 | 26:59.5 | 8:42/M |
| 115 | Paul Bourgeois | | 2132 | M | 8: 40-44 | 27:01.2 | 8:43/M |
| 116 | Mark Wojciechowski | | 2521 | M | 10: 35-39 | 27:02.6 | 8:43/M |
| 117 | Riley Glester | | 2572 | M | 8: 30-34 | 27:02.7 | 8:43/M |
| 118 | Karin Wagner | | 2503 | F | 8: 40-44 | 27:04.6 | 8:44/M |
| 119 | Ashley Hausmann | | 2257 | F | 5: 30-34 | 27:11.7 | 8:46/M |
| 120 | Matt Halicki | | 2245 | M | 11: 35-39 | 27:14.4 | 8:47/M |
| 121 | Shari Cassidy | | 2149 | F | 1: 55-59 | 27:16.6 | 8:48/M |
| 122 | Douglas Moses | | 2362 | M | 12: 35-39 | 27:17.2 | 8:48/M |
| 123 | Gina Halvorson | | 2246 | F | 8: 35-39 | 27:17.6 | 8:48/M |
| 124 | Jennifer Brachman | | 2134 | F | 9: 35-39 | 27:17.7 | 8:48/M |
| 125 | Deanna Rivas | | 2412 | F | 10: 35-39 | 27:17.7 | 8:48/M |
| 126 | Maureen Yuhasz | | 2526 | F | 2: 55-59 | 27:22.5 | 8:50/M |
| 127 | Julie Mescher | | 2342 | F | 11: 35-39 | 27:22.7 | 8:50/M |
| 128 | Richard West | | 2514 | M | 7: 50-54 | 27:25.5 | 8:51/M |
| 129 | Patricia Pajac | | 2386 | F | 6: 30-34 | 27:32.7 | 8:53/M |
| 130 | Kyle Clemens | | 2163 | M | 8: 25-29 | 27:33.2 | 8:53/M |
| 131 | Kent Munro | | 2368 | M | 8: 50-54 | 27:36.1 | 8:54/M |
| 132 | Miranda Kosek | | 2298 | F | 4: 15-19 | 27:40.5 | 8:56/M |
| 133 | AShley Wang-Warren | | 2505 | F | 12: 35-39 | 27:41.2 | 8:56/M |
| 134 | Ed Row | | 2421 | M | 6: 55-59 | 27:42.4 | 8:56/M |
| 135 | Carie Ludvik | | 2320 | F | 9: 40-44 | 27:43.6 | 8:57/M |
| 136 | Kara Dorn | | 2187 | F | 1: 25-29 | 27:44.4 | 8:57/M |
| 137 | Kristyn Stang | | 2460 | F | 10: 40-44 | 27:45.2 | 8:57/M |
| 138 | Eileen Lewalski | | 2309 | F | 4: 50-54 | 27:56.7 | 9:01/M |
| 139 | Janet Lepore | | 2306 | F | 13: 35-39 | 28:00.5 | 9:02/M |
| 140 | Brittney Bolhuis | | 2129 | F | 7: 30-34 | 28:00.7 | 9:02/M |
| 141 | Max Zerial | | 2531 | M | 12: 1-14 | 28:04.5 | 9:03/M |

2019 Short Run on a Long Day 5K

Race Date

June 19, 19

Overall Finish List**5K Run**

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|----------------------|-------------|---------------|-------------|-----------------|-------------|-------------|
| 142 | Jennifer Siears | | 2443 | F | 14: 35-39 | 28:09.2 | 9:05/M |
| 143 | Vivienne Stapleton | | 2461 | F | 5: 50-54 | 28:15.5 | 9:07/M |
| 144 | Jonathan Skopek | | 2447 | M | 13: 1-14 | 28:17.5 | 9:08/M |
| 145 | Theresa Steurer | | 2464 | F | 6: 50-54 | 28:19.7 | 9:08/M |
| 146 | Katie Adair | | 2101 | F | 15: 35-39 | 28:21.8 | 9:09/M |
| 147 | Allyson Fernandes | | 2563 | F | 7: 45-49 | 28:23.3 | 9:09/M |
| 148 | Mary Skopek | | 2446 | F | 11: 40-44 | 28:26.4 | 9:10/M |
| 149 | CJ Strejc | | 2468 | M | 14: 1-14 | 28:27.2 | 9:11/M |
| 150 | Elise Briese | | 2135 | F | 7: 1-14 | 28:28.5 | 9:11/M |
| 151 | Toni Mohorek | | 2352 | F | 12: 40-44 | 28:28.7 | 9:11/M |
| 152 | Doug Molski | | 2354 | M | 7: 55-59 | 28:28.8 | 9:11/M |
| 153 | Meagan Weis | | 2511 | F | 13: 40-44 | 28:30.1 | 9:12/M |
| 154 | Quinlan Leyden | | 2313 | M | 15: 1-14 | 28:32.5 | 9:12/M |
| 155 | Lisa Conway | | 2164 | F | 8: 45-49 | 28:37.4 | 9:14/M |
| 156 | Eric Sawatski | | 6983 | M | 13: 35-39 | 28:38.4 | 9:14/M |
| 157 | Sophia Reyes | | 2407 | F | 5: 15-19 | 28:40.2 | 9:15/M |
| 158 | Brooke Miller | | 2345 | F | 2: 25-29 | 28:43.5 | 9:16/M |
| 159 | Joanna Malek | | 2325 | F | 8: 30-34 | 28:45.2 | 9:17/M |
| 160 | Samantha Peterocelli | | 2393 | F | 6: 15-19 | 28:49.2 | 9:18/M |
| 161 | Brian Peterocelli | | 2392 | M | 7: 45-49 | 28:49.9 | 9:18/M |
| 162 | Jennifer Edwards | | 2203 | F | 14: 40-44 | 28:50.1 | 9:18/M |
| 163 | Sonya Levoy | | 2307 | F | 7: 50-54 | 28:56.5 | 9:20/M |
| 164 | Abby Giovanazzi | | 2231 | F | 3: 25-29 | 28:57.7 | 9:21/M |
| 165 | Cara Anderson | | 2105 | F | 4: 25-29 | 28:57.7 | 9:21/M |
| 166 | Kelli Merlo | | 2341 | F | 9: 30-34 | 28:58.7 | 9:21/M |
| 167 | Kristin Murphy | | 2370 | F | 16: 35-39 | 29:02.1 | 9:22/M |
| 168 | David Rigoni | | 9648 | M | 9: 40-44 | 29:03.5 | 9:22/M |
| 169 | Nicole Hosack | | 2269 | F | 15: 40-44 | 29:12.9 | 9:25/M |
| 170 | Tara Hanrahan | | 2249 | F | 16: 40-44 | 29:15.5 | 9:26/M |
| 171 | Philip Levoy | | 2308 | M | 8: 45-49 | 29:20.7 | 9:28/M |
| 172 | Michelle Zakula | | 2527 | F | 5: 25-29 | 29:35.5 | 9:33/M |
| 173 | Katie Kozar | | 2569 | F | 10: 30-34 | 29:36.1 | 9:33/M |
| 174 | Mary Roche | | 2413 | F | 2: 60-64 | 29:41.2 | 9:35/M |
| 175 | John Villasenor | | 2497 | M | 8: 55-59 | 29:42.2 | 9:35/M |
| 176 | Denise Moss | | 2364 | F | 8: 50-54 | 29:42.4 | 9:35/M |
| 177 | Michelle Marinello | | 2328 | F | 17: 35-39 | 29:47.2 | 9:37/M |
| 178 | Kevin Modrich | | 2351 | M | 9: 50-54 | 29:47.9 | 9:37/M |
| 179 | Judy Fishbaugh | | 2210 | F | 3: 55-59 | 29:48.5 | 9:37/M |
| 180 | Calvin Jordan | | 2282 | M | 9: 55-59 | 29:48.5 | 9:37/M |
| 181 | Jacqueline Major | | 2322 | F | 18: 35-39 | 29:49.2 | 9:37/M |
| 182 | Nick Thielman | | 6992 | M | 14: 35-39 | 29:53.7 | 9:39/M |
| 183 | Jack Chasteen | | 2153 | M | 4: 20-24 | 29:57.2 | 9:40/M |
| 184 | Allison Lewis | | 2310 | F | 6: 25-29 | 30:03.7 | 9:42/M |
| 185 | Teodora Beloreshka | | 2120 | F | 17: 40-44 | 30:09.3 | 9:44/M |
| 186 | Therese McCady | | 9630 | F | 19: 35-39 | 30:15.5 | 9:46/M |
| 187 | Michael Sterr | | 2463 | M | 9: 45-49 | 30:29.2 | 9:50/M |
| 188 | Cynthia Ortiz | | 2384 | F | 20: 35-39 | 30:29.5 | 9:50/M |

2019 Short Run on a Long Day 5K

Race Date

June 19, 19

Overall Finish List**5K Run**

| Overall | Name | City | Bib No | Gend | AG Place | Time | Pace |
|----------------|-------------------------|-------------|---------------|-------------|-----------------|-------------|-------------|
| 189 | Brian Feehery | | 6362 | M | 10: 45-49 | 30:29.7 | 9:50/M |
| 190 | Stephanie Hasan | | 2256 | F | 11: 30-34 | 30:30.9 | 9:51/M |
| 191 | Scott May | | 2335 | M | 15: 35-39 | 30:45.1 | 9:55/M |
| 192 | aubrey shipman | | 2440 | F | 8: 1-14 | 30:59.5 | 10:00/M |
| 193 | carly shipman | | 2439 | F | 7: 15-19 | 30:59.5 | 10:00/M |
| 194 | Heather Giordano | | 2230 | F | 7: 25-29 | 31:04.9 | 10:02/M |
| 195 | Lindsay Quigley | | 2401 | F | 12: 30-34 | 31:07.2 | 10:02/M |
| 196 | Maureen Montgomery | | 2358 | F | 9: 50-54 | 31:07.2 | 10:02/M |
| 197 | Dan Bullock | | 2138 | M | 3: 65-69 | 31:20.9 | 10:07/M |
| 198 | denise perez-johnson | | 2391 | F | 21: 35-39 | 31:24.7 | 10:08/M |
| 199 | Bobbi Almodovar | | 2103 | F | 18: 40-44 | 31:30.5 | 10:10/M |
| 200 | Piper Mullaney | | 2366 | F | 8: 15-19 | 31:32.9 | 10:11/M |
| 201 | Michael Ziesmer | | 2533 | M | 10: 40-44 | 31:35.5 | 10:11/M |
| 202 | Laura Doyle | | 2190 | F | 10: 50-54 | 31:35.8 | 10:12/M |
| 203 | Harrison Smith | | 2455 | M | 16: 1-14 | 31:41.2 | 10:13/M |
| 204 | Rachel Smith | | 2454 | M | 11: 45-49 | 31:41.6 | 10:13/M |
| 205 | Mariza Mazur | | 2336 | F | 19: 40-44 | 31:49.5 | 10:16/M |
| 206 | Nicole Kohlbacher | | 2290 | F | 13: 30-34 | 31:51.7 | 10:17/M |
| 207 | Stephanie VanWitzenburg | | 2492 | F | 9: 15-19 | 31:53.2 | 10:17/M |
| 208 | Bill Gray | | 2238 | M | 4: 65-69 | 31:55.2 | 10:18/M |
| 209 | Lucas Minks | | 2541 | M | 17: 1-14 | 31:56.7 | 10:18/M |
| 210 | Robert Villarreal | | 2496 | M | 5: 20-24 | 32:06.1 | 10:21/M |
| 211 | Nathan Evans | | 2543 | M | 9: 30-34 | 32:08.8 | 10:22/M |
| 212 | Paul Strand | | 2467 | M | 5: 65-69 | 32:14.5 | 10:24/M |
| 213 | Andrew Costin | | 2166 | M | 7: 60-64 | 32:15.1 | 10:24/M |
| 214 | Molly Smith | | 2451 | F | 9: 1-14 | 32:16.4 | 10:25/M |
| 215 | Tyler Smith | | 2453 | M | 12: 45-49 | 32:16.4 | 10:25/M |
| 216 | Josette Clark | | 2161 | F | 20: 40-44 | 32:17.7 | 10:25/M |
| 217 | Katherine Udstuen | | 2490 | F | 22: 35-39 | 32:18.5 | 10:25/M |
| 218 | Jana Hagemaster | | 2242 | F | 23: 35-39 | 32:19.1 | 10:26/M |
| 219 | samantha goryl | | 2236 | F | 24: 35-39 | 32:20.4 | 10:26/M |
| 220 | Tara Halicki | | 2244 | F | 14: 30-34 | 32:20.8 | 10:26/M |
| 221 | Michael Ruiz | | 2423 | M | 16: 35-39 | 32:21.1 | 10:26/M |
| 222 | Becky Murry | | 2372 | F | 4: 55-59 | 32:23.4 | 10:27/M |
| 223 | Diana Vinihakis | | 2498 | F | 2: 20-24 | 32:24.7 | 10:27/M |
| 224 | Brandon Drees | | 2196 | M | 18: 1-14 | 32:26.5 | 10:28/M |
| 225 | Madison Dziedzic | | 2201 | F | 10: 1-14 | 32:27.1 | 10:28/M |
| 226 | Tracey Dralle | | 2192 | F | 25: 35-39 | 32:27.7 | 10:28/M |
| 227 | Julie Kurzweil | | 2302 | F | 26: 35-39 | 32:30.9 | 10:29/M |
| 228 | Todd Bullington | | 6968 | M | 13: 45-49 | 32:31.1 | 10:29/M |
| 229 | Ny Videna | | 2565 | F | 27: 35-39 | 32:38.3 | 10:32/M |
| 230 | Kara Noble | | 2378 | F | 28: 35-39 | 32:39.5 | 10:32/M |
| 231 | Chris Jarchow | | 2275 | M | 10: 30-34 | 32:41.2 | 10:33/M |
| 232 | Wendy Chasteen | | 2152 | F | 9: 45-49 | 32:48.5 | 10:35/M |
| 233 | Ginger Jager | | 2273 | F | 21: 40-44 | 32:51.6 | 10:36/M |
| 234 | Michelle Ziesmer | | 2532 | F | 29: 35-39 | 32:55.2 | 10:37/M |
| 235 | Megan Svetkovich | | 2473 | F | 30: 35-39 | 32:55.7 | 10:37/M |

2019 Short Run on a Long Day 5K

Race Date

June 19, 19

Overall Finish List**5K Run**

| Overall | Name | City | Bib No | Gend | AG Place | Time | Pace |
|----------------|-----------------------|-------------|---------------|-------------|-----------------|-------------|-------------|
| 236 | Christie Dziedzic | | 2200 | F | 10: 45-49 | 32:59.7 | 10:39/M |
| 237 | Jessica Schumann | | 2431 | F | 15: 30-34 | 33:02.2 | 10:39/M |
| 238 | Daryl Dahlberg | | 2175 | M | 6: 65-69 | 33:13.5 | 10:43/M |
| 239 | Diane Earls | | 2202 | F | 11: 45-49 | 33:13.7 | 10:43/M |
| 240 | Mark Yenser | | 2523 | M | 8: 60-64 | 33:15.4 | 10:44/M |
| 241 | Theresa Bullington | | 6874 | F | 11: 50-54 | 33:18.4 | 10:45/M |
| 242 | Justin Kozar | | 2570 | M | 11: 30-34 | 33:18.6 | 10:45/M |
| 243 | Shannon Mullaney | | 2365 | F | 22: 40-44 | 33:24.3 | 10:47/M |
| 244 | Karyn Tejan | | 2481 | F | 23: 40-44 | 33:25.5 | 10:47/M |
| 245 | Carissa Jay | | 2277 | F | 8: 25-29 | 33:26.1 | 10:47/M |
| 246 | Margaret Slavik | | 2448 | F | 5: 55-59 | 33:30.1 | 10:48/M |
| 247 | Scott Mohorek | | 2546 | M | 11: 40-44 | 33:34.2 | 10:50/M |
| 248 | Nathan Mohorek | | 2547 | M | 19: 1-14 | 33:34.3 | 10:50/M |
| 249 | JoAnna Zapata | | 2528 | F | 9: 25-29 | 33:35.7 | 10:50/M |
| 250 | Jason Deno | | 2555 | M | 14: 45-49 | 33:40.2 | 10:52/M |
| 251 | Clara Leyden | | 2314 | F | 11: 1-14 | 33:43.6 | 10:53/M |
| 252 | Rebecca Merichko | | 2340 | F | 31: 35-39 | 33:44.4 | 10:53/M |
| 253 | Lyla Lahey | | 9607 | F | 12: 1-14 | 33:45.4 | 10:53/M |
| 254 | Kevin Lahey | | 6866 | M | 12: 40-44 | 33:45.8 | 10:54/M |
| 255 | Thomas Leyden | | 2311 | M | 13: 40-44 | 33:46.6 | 10:54/M |
| 256 | Brynn Bailey | | 2556 | F | 13: 1-14 | 33:47.5 | 10:54/M |
| 257 | Maria Hull | | 2272 | F | 24: 40-44 | 33:57.4 | 10:57/M |
| 258 | Anita Murphy | | 2371 | F | 12: 50-54 | 34:00.5 | 10:58/M |
| 259 | Jorge Arroyo | | 2109 | M | 15: 45-49 | 34:01.1 | 10:58/M |
| 260 | MaryBeth Dorsey | | 2189 | F | 13: 50-54 | 34:03.4 | 10:59/M |
| 261 | Brianna Hanley | | 2247 | F | 10: 25-29 | 34:08.5 | 11:01/M |
| 262 | Jillian Wojciechowski | | 2520 | F | 32: 35-39 | 34:09.8 | 11:01/M |
| 263 | Katie Krol | | 2301 | F | 16: 30-34 | 34:12.7 | 11:02/M |
| 264 | Kathy Preston | | 2399 | F | 33: 35-39 | 34:13.2 | 11:02/M |
| 265 | Maggie Widlak | | 2517 | F | 34: 35-39 | 34:13.2 | 11:02/M |
| 266 | Randy Szymanek | | 2478 | M | 16: 45-49 | 34:14.7 | 11:03/M |
| 267 | Violeta Mercado | | 2339 | M | 10: 50-54 | 34:16.1 | 11:03/M |
| 268 | Paige JoAnne DePaola | | 2186 | F | 11: 25-29 | 34:37.4 | 11:10/M |
| 269 | Madeline Rumbaugh | | 2424 | F | 14: 1-14 | 34:38.6 | 11:11/M |
| 270 | Kevin Rumbaugh | | 2425 | M | 17: 35-39 | 34:39.4 | 11:11/M |
| 271 | Jessica Petrow | | 2394 | F | 35: 35-39 | 34:40.4 | 11:11/M |
| 272 | Ryan Petrow | | 2395 | M | 14: 40-44 | 34:40.4 | 11:11/M |
| 273 | Missy Chadan | | 2564 | F | 12: 45-49 | 34:40.9 | 11:11/M |
| 274 | Virginia Munro | | 2367 | F | 6: 55-59 | 34:43.7 | 11:12/M |
| 275 | Stacie Lahey | | 9604 | F | 25: 40-44 | 34:51.2 | 11:15/M |
| 276 | Amy Kens | | 2286 | F | 36: 35-39 | 34:55.4 | 11:16/M |
| 277 | Gregory young | | 2525 | M | 17: 45-49 | 34:57.1 | 11:17/M |
| 278 | Maura Rigoni | | 9643 | F | 37: 35-39 | 34:59.6 | 11:17/M |
| 279 | Dayna Smith | | 2544 | F | 12: 25-29 | 34:59.8 | 11:17/M |
| 280 | Peta Smih | | 2545 | M | 10: 55-59 | 34:59.9 | 11:17/M |
| 281 | Jen Kelly | | 2284 | F | 26: 40-44 | 35:11.4 | 11:21/M |
| 282 | Caitlin Davis | | 2177 | F | 13: 25-29 | 35:14.8 | 11:22/M |

2019 Short Run on a Long Day 5K

Race Date

June 19, 19

Overall Finish List**5K Run**

| Overall | Name | City | Bib No | Gend | AG Place | Time | Pace |
|----------------|---------------------|-------------|---------------|-------------|-----------------|-------------|-------------|
| 283 | Craig Martinus | | 2330 | M | 18: 45-49 | 35:29.4 | 11:27/M |
| 284 | Robert Riggs | | 2410 | M | 11: 55-59 | 35:29.4 | 11:27/M |
| 285 | Addison Cumbee | | 2171 | F | 10: 15-19 | 35:44.7 | 11:32/M |
| 286 | Lola Ponaelicek | | 2560 | F | 15: 1-14 | 35:45.8 | 11:32/M |
| 287 | Lynne Lovell | | 9669 | F | 13: 45-49 | 35:51.7 | 11:34/M |
| 288 | Sara Miller | | 2346 | F | 14: 25-29 | 35:59.5 | 11:37/M |
| 289 | Sophie Follenweider | | 2219 | F | 14: 50-54 | 36:01.4 | 11:37/M |
| 290 | Jen Ziltz | | 2534 | F | 14: 45-49 | 36:02.3 | 11:38/M |
| 291 | Tina Holba | | 2267 | F | 38: 35-39 | 36:04.1 | 11:38/M |
| 292 | Lexi Sweany | | 6865 | F | 16: 1-14 | 36:04.7 | 11:38/M |
| 293 | Landen Holba | | 2268 | M | 20: 1-14 | 36:05.5 | 11:39/M |
| 294 | Catherine Gardner | | 2223 | F | 17: 1-14 | 36:06.4 | 11:39/M |
| 295 | George Svetkovich | | 2474 | M | 19: 45-49 | 36:22.4 | 11:44/M |
| 296 | Ethan Minks | | 2542 | M | 21: 1-14 | 36:24.2 | 11:45/M |
| 297 | Amy Dykstra | | 2199 | F | 27: 40-44 | 36:31.4 | 11:47/M |
| 298 | Sheila McInerney | | 2337 | F | 15: 45-49 | 36:32.9 | 11:47/M |
| 299 | Anne Wazny | | 2507 | F | 39: 35-39 | 36:33.5 | 11:48/M |
| 300 | Teresa Flynn | | 2218 | F | 15: 50-54 | 36:36.6 | 11:49/M |
| 301 | Dennis Buxbaum | | 2143 | M | 12: 55-59 | 36:40.4 | 11:50/M |
| 302 | April Veerman | | 2493 | F | 7: 55-59 | 36:48.4 | 11:52/M |
| 303 | Katie Quesnel | | 2400 | F | 40: 35-39 | 36:49.7 | 11:53/M |
| 304 | Kayleen Parker | | 2388 | F | 17: 30-34 | 36:51.7 | 11:53/M |
| 305 | Danielle Linn | | 2315 | F | 18: 30-34 | 36:51.7 | 11:53/M |
| 306 | Julie Finn | | 2208 | F | 41: 35-39 | 37:00.1 | 11:56/M |
| 307 | Carolyn Rozdzynski | | 2422 | F | 42: 35-39 | 37:00.1 | 11:56/M |
| 308 | Melissa Vlachos | | 2502 | F | 43: 35-39 | 37:01.3 | 11:57/M |
| 309 | Abby Jarchow | | 2274 | F | 19: 30-34 | 37:04.2 | 11:57/M |
| 310 | Amanda Oti | | 2573 | F | 20: 30-34 | 37:05.4 | 11:58/M |
| 311 | Lindsey Neville | | 2574 | F | 21: 30-34 | 37:05.6 | 11:58/M |
| 312 | Megan Sutter | | 2471 | F | 44: 35-39 | 37:06.4 | 11:58/M |
| 313 | Nicki Gloude | | 2232 | F | 22: 30-34 | 37:06.6 | 11:58/M |
| 314 | Raymond Catania | | 2150 | M | 13: 55-59 | 37:20.2 | 12:03/M |
| 315 | Tiffany Siunnola | | 9670 | F | 45: 35-39 | 37:33.2 | 12:07/M |
| 316 | Kelly May | | 2334 | F | 23: 30-34 | 37:33.7 | 12:07/M |
| 317 | Abel Sida | | 2442 | M | 6: 20-24 | 37:44.6 | 12:11/M |
| 318 | Brisa Sida | | 2441 | F | 18: 1-14 | 37:44.6 | 12:11/M |
| 319 | Dan Drees | | 2194 | M | 20: 45-49 | 37:46.2 | 12:11/M |
| 320 | Austin Drees | | 2195 | M | 22: 1-14 | 37:46.4 | 12:11/M |
| 321 | Tammy Belavich | | 2117 | F | 16: 45-49 | 37:57.5 | 12:15/M |
| 322 | Aimee Feehery | | 6361 | F | 17: 45-49 | 38:21.9 | 12:23/M |
| 323 | Ana Camerano | | 2145 | F | 28: 40-44 | 38:32.7 | 12:26/M |
| 324 | Laura McQuarters | | 2338 | F | 16: 50-54 | 38:38.8 | 12:28/M |
| 325 | Daniel O'Connor | | 2380 | M | 7: 65-69 | 38:45.4 | 12:30/M |
| 326 | Judy Belcik | | 2118 | F | 8: 55-59 | 38:48.3 | 12:31/M |
| 327 | Jayden Holba | | 6972 | M | 23: 1-14 | 39:14.1 | 12:39/M |
| 328 | Tomm Newton | | 2538 | M | 1: 70-99 | 39:21.6 | 12:42/M |
| 329 | Desiree Chay | | 2154 | F | 18: 45-49 | 39:29.7 | 12:44/M |

2019 Short Run on a Long Day 5K

Race Date

June 19, 19

Overall Finish List**5K Run**

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|--------------------|-------------|---------------|-------------|-----------------|-------------|-------------|
| 330 | Brenda Whittler | | 2515 | F | 17: 50-54 | 39:36.2 | 12:47/M |
| 331 | Kevin Kohler | | 2294 | M | 24: 1-14 | 39:36.4 | 12:47/M |
| 332 | Madison Kohler | | 2293 | F | 19: 1-14 | 39:36.6 | 12:47/M |
| 333 | Cassidy Smith | | 2449 | F | 24: 30-34 | 39:50.4 | 12:51/M |
| 334 | Steven Kois | | 2295 | M | 18: 35-39 | 39:52.7 | 12:52/M |
| 335 | Teresa Cunningham | | 2172 | F | 19: 45-49 | 40:13.2 | 12:58/M |
| 336 | Eileen Zito | | 2535 | F | 1: 65-69 | 40:15.2 | 12:59/M |
| 337 | Leah Delejewski | | 2180 | F | 20: 1-14 | 40:31.1 | 13:04/M |
| 338 | Carole Delejewski | | 2179 | F | 46: 35-39 | 40:44.5 | 13:09/M |
| 339 | Julie Simpson | | 2445 | F | 29: 40-44 | 41:07.6 | 13:16/M |
| 340 | Susan Flaherty | | 6859 | F | 20: 45-49 | 41:10.7 | 13:17/M |
| 341 | Beverlee Dallmann | | 2176 | F | 3: 60-64 | 41:29.4 | 13:23/M |
| 342 | Sarah Bohash | | 2126 | F | 30: 40-44 | 41:50.6 | 13:30/M |
| 343 | Tom Hanson | | 2254 | M | 11: 50-54 | 42:02.7 | 13:34/M |
| 344 | Bridget Moran | | 2360 | F | 9: 55-59 | 42:06.4 | 13:35/M |
| 345 | Nicole Harris | | 2255 | F | 25: 30-34 | 42:11.9 | 13:37/M |
| 346 | james Major | | 2323 | M | 19: 35-39 | 42:21.8 | 13:40/M |
| 347 | Maria Sterr | | 2462 | F | 11: 15-19 | 42:40.1 | 13:46/M |
| 348 | Kristina Verduyn | | 2494 | F | 15: 25-29 | 42:48.9 | 13:49/M |
| 349 | Lisa Chikerotis | | 2159 | F | 47: 35-39 | 44:08.8 | 14:14/M |
| 350 | Kristy Milazzo | | 2344 | F | 48: 35-39 | 44:09.1 | 14:15/M |
| 351 | Tina Kohler | | 2292 | F | 21: 45-49 | 44:45.1 | 14:26/M |
| 352 | Jeffrey Huish | | 2271 | M | 14: 55-59 | 45:36.1 | 14:43/M |
| 353 | Mike Schwaller | | 2434 | M | 12: 50-54 | 45:56.6 | 14:49/M |
| 354 | Kathy Lucas | | 2319 | F | 4: 60-64 | 46:24.8 | 14:58/M |
| 355 | T Neville | | 2561 | M | 9: 60-64 | 46:48.9 | 15:06/M |
| 356 | Mark Klyczek | | 2288 | M | 15: 55-59 | 46:58.6 | 15:09/M |
| 357 | Dan Komer | | 2297 | M | 15: 40-44 | 47:32.1 | 15:20/M |
| 358 | Darcy Welsh | | 2512 | F | 2: 65-69 | 47:36.4 | 15:21/M |
| 359 | Elizabeth Walsh | | 2504 | F | 49: 35-39 | 48:37.9 | 15:41/M |
| 360 | Patti Vandenberg | | 2539 | F | 18: 50-54 | 49:06.6 | 15:51/M |
| 361 | Brianne Vandenberg | | 2540 | F | 16: 25-29 | 49:06.6 | 15:51/M |
| 362 | Carol Hausmann | | 2258 | F | 5: 60-64 | 49:24.3 | 15:56/M |
| 363 | Mary Hufnagl | | 2270 | F | 3: 65-69 | 49:30.4 | 15:58/M |
| 364 | Laurie Cerle | | 2151 | F | 19: 50-54 | 49:35.4 | 16:00/M |
| 365 | Valerie Swanson | | 2475 | F | 22: 45-49 | 49:35.4 | 16:00/M |
| 366 | Kim Flannigan | | 2217 | F | 31: 40-44 | 49:39.4 | 16:01/M |
| 367 | Beth Wicklander | | 2516 | F | 50: 35-39 | 49:39.8 | 16:01/M |
| 368 | cassandra Reid | | 2406 | F | 26: 30-34 | 49:40.2 | 16:01/M |
| 369 | Megan Klozik | | 2287 | F | 32: 40-44 | 49:41.1 | 16:02/M |
| 370 | Peyton Komer | | 2296 | F | 21: 1-14 | 51:24.5 | 16:35/M |
| 371 | Eli Way | | 2506 | M | 9: 25-29 | 51:24.6 | 16:35/M |
| 372 | Jenni Gibertini | | 2227 | F | 23: 45-49 | 51:35.3 | 16:38/M |
| 373 | Amanda Taylor | | 2480 | F | 33: 40-44 | 51:35.7 | 16:39/M |
| 374 | Carrie Rock | | 2414 | F | 6: 60-64 | 51:38.8 | 16:40/M |
| 375 | Erich Montoya | | 2359 | M | 7: 20-24 | 51:41.5 | 16:41/M |
| 376 | Ken Shah | | 2437 | M | 2: 70-99 | 51:48.8 | 16:43/M |

2019 Short Run on a Long Day 5K

Race Date

June 19, 19

Overall Finish List**5K Run**

| <u>Overall</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|--------------------|-------------|---------------|-------------|-----------------|-------------|-------------|
| 377 | Minaxi Shah | | 2436 | F | 4: 65-69 | 51:52.9 | 16:44/M |
| 378 | Rita Lahey | | 2557 | F | 5: 65-69 | 52:00.8 | 16:47/M |
| 379 | Ron Wojcik | | 2522 | M | 3: 70-99 | 52:49.1 | 17:02/M |
| 380 | Nicole Mathias | | 2331 | F | 27: 30-34 | 53:07.5 | 17:08/M |
| 381 | Amy Boyer | | 2133 | F | 28: 30-34 | 53:08.3 | 17:08/M |
| 382 | Litsa Vinihakis | | 2499 | F | 10: 55-59 | 53:51.7 | 17:22/M |
| 383 | Sokrates Vinihakis | | 2500 | M | 10: 60-64 | 53:52.2 | 17:23/M |
| 384 | Christine Staadt | | 2459 | F | 29: 30-34 | 54:03.9 | 17:26/M |
| 385 | Brittany Vickers | | 2495 | F | 30: 30-34 | 54:04.1 | 17:26/M |
| 386 | Martha Montes | | 2355 | F | 3: 20-24 | 54:04.1 | 17:27/M |
| 387 | Karen Sullivan | | 2470 | F | 34: 40-44 | 54:06.5 | 17:27/M |
| 388 | Sharyn Murphy | | 2369 | F | 7: 60-64 | 54:08.1 | 17:28/M |
| 389 | Kristy Keipes | | 2283 | F | 35: 40-44 | 54:10.8 | 17:29/M |
| 390 | Aubrey Toosley | | 2488 | F | 4: 20-24 | 54:26.2 | 17:34/M |
| 391 | Rebecca Cumbee | | 2170 | F | 36: 40-44 | 54:27.2 | 17:34/M |
| 392 | Carleen Coulter | | 2167 | F | 20: 50-54 | 54:47.9 | 17:41/M |
| 393 | Ken Coulter | | 2168 | M | 21: 45-49 | 54:48.2 | 17:41/M |
| 394 | Phil Grandison | | 2237 | M | 8: 20-24 | 55:17.2 | 17:50/M |
| 395 | Amber Willingham | | 2519 | F | 17: 25-29 | 55:17.8 | 17:50/M |
| 396 | Jacob Chay | | 2158 | M | 25: 1-14 | 56:12.9 | 18:08/M |
| 397 | Meghan Chay | | 2155 | F | 22: 1-14 | 56:15.3 | 18:09/M |
| 398 | Phyllis Stuenkel | | 2469 | F | 8: 60-64 | 56:42.8 | 18:18/M |
| 399 | Angela Burman | | 2142 | F | 11: 55-59 | 57:52.7 | 18:40/M |
| 400 | Christine Carey | | 2146 | F | 1: 70-99 | 1:12:39.4 | 23:26/M |
| 401 | Jean Beck | | 2116 | F | 2: 70-99 | 1:12:39.4 | 23:26/M |
| 402 | Dalia Vakselis | | 2491 | F | 3: 70-99 | 1:12:44.2 | 23:28/M |