

Race Date
August 01, 21

2021 Race the Region - PR 5K
Age Group Results

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Burkholder	Goshen IN	30	3398	23	20:32.3	6:38/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hudson Hall	Valparaiso IN	19	7390	1	15:10.6	4:54/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Turner	Valparaiso IN	43	2757	73	26:05.2	8:25/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chad Lawless	Kouts IN	44	4399	10	17:58.9	5:48/M

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Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anna Muhleman	Valparaiso IN	9	2771	71	25:45.6	8:19/M
2	Brooklyn Burns	Wanatah IN	10	4430	106	28:59.2	9:21/M
3	Ella Micka	Valparaiso IN	10	2719	123	31:12.6	10:04/M
4	Ocean Torres	Chesterton IN	5	7463	153	37:37.9	12:08/M
5	Layla Muhleman	Valparaiso IN	7	2772	155	38:18.4	12:21/M
6	Kendal Dean	Highland IN	10	2776	181	53:52.2	17:23/M

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Colston Seydel	Valparaiso IN	9	2746	29	21:49.9	7:03/M
2	Porter Wilks	Valparaiso IN	8	4440	30	21:58.3	7:05/M
3	Levi Kidder	Valparaiso IN	10	2714	120	30:18.9	9:47/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madden Hartz	Valparaiso IN	12	4436	86	27:20.2	8:49/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lauren Kroft	Chesterton IN	13	2742	66	25:29.5	8:13/M
2	Sophia Chavez	Valparaiso IN	14	2783	116	29:55.3	9:39/M
3	Corinne Klosinski	La Porte IN	13	4378	158	39:01.1	12:35/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jaden Elgin	Defiance MO	13	7379	12	18:32.4	5:59/M
2	Ryan Sandberg	Lowell IN	13	2707	13	18:37.3	6:00/M
3	Seth Weaver	Hebron IN	14	7467	26	21:12.0	6:50/M
4	Ryan Postelnik	Chesterton IN	13	4423	65	25:28.2	8:13/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sidney Elijah	Hebron IN	16	4405	44	23:19.2	7:31/M

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Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Sarah Conroy	Valparaiso IN	16	4381	78	26:37.2	8:35/M
3	Gwen Weaver	Hebron IN	17	7469	90	27:39.2	8:55/M
4	Anika Anderson	Valparaiso IN	15	2718	124	31:13.6	10:04/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Keagan Morgan	Crete IL	19	3399	6	16:32.6	5:20/M
2	Tyler Hachey	Valparaiso IN	18	2762	7	16:53.9	5:27/M
3	Steven Jarvis	Valparaiso IN	17	2756	8	17:25.5	5:37/M
4	Cole Dolson	Chesterton IN	17	4406	9	17:47.0	5:44/M
5	Noah Weaver	Hebron IN	18	7466	11	18:22.3	5:56/M
6	Zachary Jarvis	Valparaiso IN	17	2755	14	18:52.5	6:05/M
7	Michael Brickner	Valparaiso IN	18	2761	15	19:06.9	6:10/M
8	Christian Dahn	Cedar Lake IN	16	4404	17	19:15.8	6:13/M
9	Ethan Kroft	Chesterton IN	17	2741	39	22:50.3	7:22/M
10	Nathan Keel	Valparaiso IN	18	2720	46	23:24.9	7:33/M
11	Christian Kim	Valparaiso IN	16	4392	77	26:37.2	8:35/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lauren Spengler	Frankfort IL	21	7350	50	23:39.8	7:38/M
2	Heather Burton	Wanatah IN	24	7465	58	24:40.7	7:58/M
3	Abigail Parkerson	Porter IN	20	4421	59	24:44.2	7:59/M
4	Renee Martin	Valparaiso IN	23	2728	102	28:45.9	9:17/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan O'Connor	Chesterton IN	20	7376	4	15:18.1	4:56/M
2	Zulio Rosas	Michigan City IN	24	4424	20	20:11.8	6:31/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madeline Lechner	Valparaiso IN	29	4433	61	25:04.0	8:05/M
2	Sophia Pollalis	Highland IN	29	4441	97	28:23.0	9:09/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Lily Segally	Hobart IN	27	4397	98	28:25.2	9:10/M
4	Alicia Perez	Portage IN	26	4382	114	29:51.0	9:38/M
5	Jamie Major	Portage IN	25	4442	147	36:48.0	11:52/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Weissensel	Lyons IL	27	4400	3	15:17.2	4:56/M
2	Kacper Wiszowaty	Park Ridge IL	26	7448	16	19:08.9	6:11/M
3	Zach Duprey	Valparaiso IN	27	2777	76	26:36.2	8:35/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Maclejewski	Hammond IN	31	7449	32	22:11.3	7:09/M
2	Jackie Hood	Valparaiso IN	34	2688	38	22:48.2	7:21/M
3	Jennifer Pero	Chesterton IN	30	2760	57	24:19.6	7:51/M
4	Laura Fennell	Valparaiso IN	33	2690	62	25:06.7	8:06/M
5	Kristine Clark	Valparaiso IN	34	7472	68	25:38.6	8:16/M
6	Laura Myers	Wheatfield IN	31	7370	83	27:05.7	8:44/M
7	Meghan Slivka	Chesterton IN	33	2689	94	27:52.3	8:59/M
8	Lisa Martinez	Hammond IN	32	7380	101	28:38.3	9:14/M
9	Jennifer Sandberg	Lowell IN	32	2708	130	33:17.1	10:44/M
10	Wittlee Engel	La Crosse IN	32	4438	157	38:36.6	12:27/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Goodman	Longmont CO	32	4407	2	15:11.0	4:54/M
2	Juan Ceja	Lake Station IN	32	7395	48	23:32.3	7:36/M
3	Asael Lopez-Vazquez	Michigan City IN	32	7474	51	23:49.0	7:41/M
4	Gregory Warrell	Highland IN	34	4431	60	24:46.2	7:59/M
5	Andrew Gross	Dyer IN	33	7381	81	26:58.1	8:42/M
6	Alex Triantafillo	Hammond IN	31	4411	165	42:29.2	13:42/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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5K Run

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kimberley Burns	Wanatah IN	38	4429	55	24:14.6	7:49/M
2	Jaclyn Barkow	Valparaiso IN	38	4415	75	26:10.7	8:27/M
3	Jessica Austin	La Porte IN	36	7413	95	28:08.7	9:05/M
4	Cinthia Perez	Valparaiso IN	38	7326	113	29:49.5	9:37/M
5	Suzanna L Kidder	Valparaiso IN	38	2715	129	32:28.2	10:28/M
6	Jen Kimmel	Valparaiso IN	36	2768	141	35:15.5	11:22/M
7	Megan Flores	Crown Point IN	35	4391	143	35:28.4	11:27/M
8	Vanessa Rodriguez	Crown Point IN	38	4384	144	36:07.9	11:39/M
9	Eileen Torres	Chesterton IN	37	7462	152	37:36.8	12:08/M
10	Tabitha MacKey	Gary IN	38	2703	167	45:06.5	14:33/M
11	Jennifer Ransom	Valparaiso IN	35	2709	178	51:04.9	16:29/M
12	Jessica Dean	Highland IN	39	2775	179	53:48.2	17:21/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steven Bugarin	Hammond IN	35	4389	5	16:10.5	5:13/M
2	Tim Gross	Demotte IN	37	7369	18	19:27.3	6:17/M
3	Adam White	Valparaiso IN	36	2773	28	21:31.0	6:56/M
4	Alvarez Flores	Crown Point IN	39	4380	41	23:03.8	7:26/M
5	Christopher Barkow	Valparaiso IN	39	4418	45	23:20.0	7:32/M
6	Matt Swavey	Valparaiso IN	36	7473	69	25:39.1	8:17/M
7	Francisco López	Michigan City IN	37	4377	100	28:38.1	9:14/M
8	Will Torres	Chesterton IN	37	7464	151	37:36.7	12:08/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Suzanne Gesse	Rolling Prairie IN	41	4416	74	26:09.3	8:26/M
2	Michelle Draschil	Crown Point IN	42	7450	85	27:09.1	8:46/M
3	Amy Hartz	Valparaiso IN	41	4434	87	27:29.9	8:52/M
4	Brenda Chavez	Valparaiso IN	44	2782	91	27:40.7	8:56/M
5	Keely Bell	Munster IN	42	4414	93	27:51.2	8:59/M
6	Jessica Muhleman	Valparaiso IN	42	2770	105	28:49.6	9:18/M
7	Molly Mooney	Valparaiso IN	41	2706	137	34:35.4	11:10/M
8	Misti Howell	Valparaiso IN	42	4443	156	38:21.4	12:22/M
9	Nancy Packovski	Crown Point IN	44	4426	173	46:27.4	14:59/M
10	Melissa Goodall	Saint John IN	40	4387	176	47:29.3	15:19/M

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5K Run

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Drew Elderkin	Valparaiso IN	42	2366	34	22:33.0	7:16/M
2	Brian Kidder	Valparaiso IN	41	2716	40	23:00.6	7:25/M
3	Steve Packovski	Valparaiso IN	40	2752	42	23:11.0	7:29/M
4	Evan Kroft	Chesterton IN	41	2743	43	23:12.3	7:29/M
5	Tim Murphey	Michigan City IN	43	2780	54	24:05.6	7:46/M
6	Paul Kroenke	Chesterton IN	40	4385	70	25:41.7	8:17/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Becky Kreiger	Kouts IN	48	2704	84	27:06.7	8:45/M
2	Allison Kroft	Chesterton IN	47	2740	103	28:46.2	9:17/M
3	Amy Dolbeare	La Porte IN	48	4417	107	29:01.7	9:22/M
4	Dena Cockrum	Lake Station IN	47	4383	108	29:05.3	9:23/M
5	Lindy Garzella	Portage IN	46	2705	142	35:21.9	11:25/M
6	Shareen Rador	Valparaiso IN	48	2764	146	36:17.7	11:43/M
7	Andrea Eggleston	Plymouth IN	48	2369	163	41:34.7	13:25/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bibiano Rosas	Michigan City IN	48	4420	19	20:10.8	6:31/M
2	John Bryant	Valparaiso IN	48	7331	21	20:17.0	6:33/M
3	Mark Connors	Valparaiso IN	49	2729	33	22:19.2	7:12/M
4	Todd Brown	Knox IN	47	2367	49	23:33.5	7:36/M
5	Randall Hall	Valparaiso IN	48	7375	56	24:19.1	7:51/M
6	Andy Chavez	Valparaiso IN	45	2781	115	29:54.2	9:39/M
7	Nathan Wiseman	Valparaiso IN	46	2681	117	30:11.2	9:44/M
8	Scott Hartz	Valparaiso IN	45	4435	125	31:33.0	10:11/M
9	Alberto Perez	Valparaiso IN	49	7327	148	36:53.2	11:54/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Colleen Minch	Valparaiso IN	54	2763	92	27:41.7	8:56/M
2	Michele Zurisk	Cedar Lake IN	50	2759	104	28:47.5	9:17/M
3	Lisa Baljak	Rensselaer IN	53	4393	119	30:16.5	9:46/M
4	Heather Gaylord	Valparaiso IN	51	2754	136	34:32.4	11:09/M
5	Dawn Campbell	Chesterton IN	54	4437	145	36:10.0	11:40/M

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5K Run

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Bridget Barnhill	Highland IN	54	4412	150	37:19.6	12:02/M
7	Teresa Weiler	Valparaiso IN	51	2711	161	40:57.9	13:13/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Todd Bailey	Argos IN	53	2365	25	20:45.2	6:42/M
2	Jason Freitag		51	2730	27	21:19.7	6:53/M
3	Tom Courtney	Portage IN	54	2686	35	22:35.8	7:17/M
4	Ken Borowski	Saint John IN	54	2364	36	22:39.0	7:18/M
5	Skip Woldt	Valparaiso IN	53	2765	37	22:47.8	7:21/M
6	Jeremy Pape	Valparaiso IN	51	4388	64	25:19.2	8:10/M
7	John Zurisk	Cedar Lake IN	53	2758	89	27:37.0	8:55/M
8	Matthew Hill	Valparaiso IN	51	2682	109	29:14.7	9:26/M
9	Dean Bricker	Hobart IN	50	2778	112	29:27.3	9:30/M
10	Bob Scheub	Valparaiso IN	54	2713	133	34:07.4	11:00/M
11	Jerome Weiler	Valparaiso IN	51	2710	159	39:22.0	12:42/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tracy Healy	Valparaiso IN	55	2687	79	26:45.2	8:38/M
2	Monica Conrad	Westville IN	57	4427	88	27:34.2	8:54/M
3	Julie Young	Valparaiso IN	57	7470	110	29:16.5	9:27/M
4	Marianne Groth	St. Joseph MI	58	4398	128	32:27.2	10:28/M
5	Stacey Walsh	Chesterton IN	58	4394	135	34:23.0	11:05/M
6	Kate Hitchcock	Valparaiso IN	59	4403	139	35:00.8	11:18/M
7	Tina Strimbu	Valparaiso IN	59	2685	174	46:28.3	14:59/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peyton Grizzard	Valparaiso IN	57	2751	22	20:25.5	6:35/M
2	James Komperda	Park Ridge IL	57	3400	31	22:02.2	7:07/M
3	Jeff Peterson	Grant Park IL	57	7471	52	23:59.0	7:44/M
4	Lenny Randazzo	Park Ridge IL	57	4386	80	26:48.4	8:39/M
5	Steven Weber	Valparaiso IN	56	2712	126	31:36.1	10:12/M
6	Michael Lechman	Zionsville IN	56	4396	162	41:30.0	13:23/M

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Age Group Results

5K Run

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lydia Sandoval	Chesterton IN	63	4410	82	27:00.3	8:43/M
2	Elizabeth Frances	Valparaiso IN	61	7468	118	30:14.4	9:45/M
3	Linnea Flesher	Merrillville IN	61	2701	121	30:37.5	9:53/M
4	April Hardesty	Valparaiso IN	63	4428	127	31:56.3	10:18/M
5	Margaret Sikora-Black	Valparaiso IN	61	7459	131	33:24.9	10:47/M
6	Laura Derrow	Lowell IN	60	4401	134	34:07.8	11:01/M
7	Debbie Librandi	Valparaiso IN	62	2753	138	34:55.9	11:16/M
8	Karen Gay	Valparaiso IN	61	7367	149	37:09.6	11:59/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ruben Falcon	Goshen IN	61	3397	24	20:38.0	6:39/M
2	Mike Stiles	Porter IN	62	4379	47	23:28.6	7:34/M
3	Ruben Sanchez	Lake Station IN	63	4413	53	23:59.5	7:44/M
4	Mark Flesher	Merrillville IN	63	2702	96	28:19.0	9:08/M
5	Curtis Smith	Valparaiso IN	60	2683	122	30:42.6	9:54/M
6	Scott Cummings	Hobart IN	64	2680	169	46:03.5	14:51/M
7	Peter Klaeser	Chesterton IN	64	4408	177	49:51.3	16:05/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Hilbrich	Chesterton IN	67	2726	111	29:24.0	9:29/M
2	Ruth Bonacci-Klaeser	Chesterton IN	66	4409	132	34:06.7	11:00/M
3	Joyce Einikis	Valparaiso IN	65	2766	160	39:42.5	12:49/M
4	Linda Levenson	Hobart IN	67	2767	166	44:16.5	14:17/M
5	Hollye Blossom	Hobart IN	65	4390	172	46:21.3	14:57/M
6	Nancy Ross	Highland IN	66	2774	175	46:47.8	15:06/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Irwin	Valparaiso IN	65	7460	63	25:12.5	8:08/M
2	Bruce Metz	Cedar Lake IN	66	4432	72	25:54.0	8:21/M
3	Doug Wiese	Westville IN	67	2769	170	46:14.1	14:55/M

Race Date
August 01, 21

2021 Race the Region - PR 5K
Age Group Results

5K Run

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Polly Theising	Valparaiso IN	71	2717	140	35:02.4	11:18/M
2	Linda Perry	Demotte IN	74	4395	154	37:58.0	12:15/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Arvil Howe	South Bend IN	70	4425	67	25:33.2	8:15/M
2	Tom Hutmacher	Portage IN	73	7352	99	28:31.2	9:12/M
3	Jack Kashak	Chesterton IN	73	7351	168	45:47.1	14:46/M

Male 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jerome Ezell	Valparaiso IN	75	4439	164	42:04.9	13:34/M
2	David Ralston	Hammond IN	76	4402	171	46:19.3	14:57/M
3	David Hinshaw	Hammond IN	76	7461	180	53:48.9	17:22/M