

Race Date
July 01, 2023

2023 Valparaiso 4th of July Blast 5K Run

Overall Finish List

5K Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Nova	Valparaiso IN	7768	18	M	1: Open	17:51.9	5:48/M
2	Chad Passarelli	Valparaiso IN	8122	34	M	1: 30-34	19:53.2	6:25/M
3	Vaidehi Patel	Valparaiso IN	3791	19	F	1: Open	20:40.2	6:41/M
4	Rob Veenstra	Fort Wayne IN	6082	28	M	1: 25-29	20:44.5	6:43/M
5	Isaac Parrish	Valparaiso IN	8522	17	M	1: 15-19	20:50.2	6:44/M
6	Arianna Kovachevich	Fairfax VA	7779	33	F	1: 30-34	20:55.4	6:45/M
7	Owen Heeren	Valparaiso IN	6000	16	M	2: 15-19	20:56.4	6:46/M
8	Lucas O'Rourke	Osceola IN	8542	14	M	1: 1-14	21:06.2	6:49/M
9	David Wilcoxson	Washington IL	7765	43	M	1: Masters	21:07.6	6:49/M
10	Aidan Clifford	Valparaiso IN	6049	19	M	3: 15-19	21:20.9	6:55/M
11	Michael Bowser	Crown Point IN	3799	39	M	1: 35-39	21:26.3	6:55/M
12	Mark Connors	Valparaiso IN	8136	51	M	1: 50-54	22:17.0	7:48/M
13	Caitlin Soukup	Valparaiso IN	6074	32	F	2: 30-34	22:17.5	7:14/M
14	Sean Curtis	Valparaiso IN	7770	27	M	2: 25-29	22:17.9	7:16/M
15	Gabriel Bach	Valparaisovalparaiso	8502	17	M	4: 15-19	22:22.0	7:16/M
16	Madeline Scheri	Valparaiso IN	3795	28	F	1: 25-29	22:22.0	7:20/M
17	Paul Taylor	Yukon OK	8506	36	M	2: 35-39	22:25.0	7:15/M
18	Titus Parrish	Valparaiso IN	8523	15	M	5: 15-19	22:29.5	7:16/M
19	Alex Thomas	Valparaiso IN	8127	24	M	1: 20-24	22:33.0	7:18/M
20	Dean Lanter	Valparaiso IN	8138	49	M	1: 45-49	23:08.9	7:31/M
21	Danny Keating	Elmhurst IL	8538	19	M	6: 15-19	23:12.1	7:33/M
22	Charlie O'grady	Glen Ellyn IL	8534	18	M	7: 15-19	23:13.4	7:33/M
23	Justin Williams	Valparaiso IN	7766	46	M	2: 45-49	23:45.5	7:42/M
24	Andrew Timm	Apo AE	7788	39	M	3: 35-39	23:46.9	7:41/M
25	Salvador Ayala	Hammond IN	8501	20	M	2: 20-24	23:47.7	7:41/M
26	Dakota Stacy	Valparaiso IN	8519	18	M	8: 15-19	23:49.8	7:46/M
27	Jason Mohlke	La Crosse IN	8504	34	M	2: 30-34	23:52.1	7:48/M
28	Joshua Pavich	Valparaiso IN	6070	35	M	4: 35-39	24:08.2	8:02/M
29	Unknown Partic. 1044		1044		M	1: 0-0	24:25.9	8:03/M
30	Jordan Stanfill	Valparaiso IN	6064	36	M	5: 35-39	24:27.0	8:03/M
31	Ryan Williams	Valparaiso IN	8137	44	M	1: 40-44	24:32.3	8:07/M
32	David Moore	Ogden Dunes IN	8518	62	M	1: 60-64	24:39.1	7:58/M
33	Kathy Chandler	Portage IN	3786	45	F	1: Masters	24:52.6	8:02/M
34	Alexandra Bell	Valparaiso IN	8515	36	F	1: 35-39	25:04.3	8:08/M
35	David Rodriguez	Chesterton IN	8539	32	M	3: 30-34	25:05.5	8:06/M
36	Tom Courtney	Portage IN	8525	56	M	1: 55-59	25:06.6	8:08/M
37	Arvil Howe	South Bend IN	8541	71	M	1: 70-99	25:12.2	8:09/M
38	Courtney Bell	Valparaiso IN	8544	26	F	2: 25-29	25:18.3	8:14/M
39	Jesse Harper	Valparaiso IN	7794	53	M	2: 50-54	25:25.6	8:16/M
40	Louis Martin	Zionsville IN	8549	11	M	2: 1-14	25:26.0	8:18/M
41	Kevin Horst	Crown Point IN	8112	37	M	6: 35-39	25:30.7	8:16/M
42	Tony Martin	Zionsville IN	8547	41	M	2: 40-44	25:30.8	8:20/M
43	Jack O'Grady	Charlotte NC	8533	23	M	3: 20-24	25:31.4	8:18/M
44	Adam Cooper	Chesterton IN	8119	29	M	3: 25-29	25:38.1	8:50/M
45	Charlotte Marzielli	Crown Point IN	8114	22	F	1: 20-24	25:38.6	8:18/M
46	Trevor Leonhardt	Valparaiso IN	8118	28	M	4: 25-29	25:38.7	8:21/M
47	Todd Meloy	Valparaisovalparaiso	7764	50	M	3: 50-54	25:45.7	8:24/M

Race Date
July 01, 2023

2023 Valparaiso 4th of July Blast 5K Run

Overall Finish List

5K Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Veronica Edens	Chesterton IN	8132	40	F	1: 40-44	25:48.9	8:21/M
49	Matt Phelps	Valparaiso IN	3792	25	M	5: 25-29	25:53.0	8:25/M
50	Christy Pavich	Valparaiso IN	6069	36	F	2: 35-39	25:59.0	8:38/M
51	Kyle Hodge	La Porte IN	3781	29	M	6: 25-29	26:02.4	8:31/M
52	Adoree Bowgren	Valparaiso IN	6073	25	F	3: 25-29	26:08.2	8:30/M
53	Nick Bolda	Lake Village IN	7777	34	M	4: 30-34	26:08.9	8:38/M
54	Chris Zart	Valparaiso IN	7796	25	M	7: 25-29	26:28.8	8:41/M
55	Michael Rogers	Valparaiso IN	8513	45	M	3: 45-49	26:30.3	8:36/M
56	Teagan Sandvick	Morris IL	8551	21	F	2: 20-24	26:49.1	8:46/M
57	Tawny Passarelli	Valparaiso IN	8123	33	F	3: 30-34	26:53.5	8:47/M
58	Grace Adams	Elkhart IN	8508	19	F	1: 15-19	27:08.9	8:50/M
59	Rachel Kline	Mishawaka IN	8510	26	F	4: 25-29	27:10.2	8:50/M
60	Anna Muhleman	Valparaiso IN	7786	11	F	1: 1-14	27:22.2	8:51/M
61	Steve McIntyre	Hobart IN	8110	55	M	2: 55-59	27:28.2	8:53/M
62	Nicholas Martin	Zionsville IN	8550	9	M	3: 1-14	27:47.1	9:04/M
63	Jay Bolda	Lowell IN	7781	56	M	3: 55-59	27:50.8	9:11/M
64	Emily Bolda	Lake Village IN	7778	30	F	4: 30-34	27:51.1	9:11/M
65	Kelly Martin	Zionsville IN	8548	41	F	2: 40-44	27:51.3	9:05/M
66	Leigh McCormack	Valparaiso IN	7780	41	F	3: 40-44	28:03.5	9:08/M
67	John Runion	Valparaiso IN	8511	47	M	4: 45-49	28:14.5	9:11/M
68	Karen Turner	Valparaiso IN	6095	45	F	1: 45-49	28:16.9	9:09/M
69	Lori Horst	Crown Point IN	8111	36	F	3: 35-39	28:20.4	9:11/M
70	Andrew Flodder	Valparaiso IN	7792	10	M	4: 1-14	28:21.1	9:11/M
71	Dave Jensen	Kouts IN	3794	41	M	3: 40-44	28:35.8	9:29/M
72	Lois Leonhardt	Merrillville IN	8536	31	F	5: 30-34	28:39.0	9:25/M
73	Bert Davidson	Valparaiso IN	6087	49	M	5: 45-49	28:40.6	9:18/M
74	William Calder	Valparaiso IN	6048	48	M	6: 45-49	28:44.3	9:17/M
75	Andrea Duenas	Valparaiso IN	6080	48	F	2: 45-49	29:01.9	9:25/M
76	Erika Johns	Valparaiso IN	6067	31	F	6: 30-34	29:17.7	9:35/M
77	Kyle Johns	Chesterton IN	6068	58	M	4: 55-59	29:18.8	9:35/M
78	Ashley Hines	Valparaiso IN	8116	28	F	5: 25-29	29:21.0	9:38/M
79	Paul Hines	Valparaiso IN	8117	56	M	5: 55-59	29:21.4	9:38/M
80	Nancy Packovski	Crown Point IN	7784	46	F	3: 45-49	29:37.2	9:35/M
81	Becky Fitzgerald	Valparaiso IN	8129	32	F	7: 30-34	29:37.5	9:46/M
82	Suzanne Winski	Crown Point IN	3798	37	F	4: 35-39	29:54.4	9:45/M
83	Karlie Lemmons	Valparaiso IN	3784	21	F	3: 20-24	29:57.4	9:46/M
84	Amanda Calvert	Valparaiso IN	8128	32	F	8: 30-34	30:09.2	9:46/M
85	Emilie Hunt	Valparaiso IN	6062	40	F	4: 40-44	30:25.8	9:54/M
86	Alexis Grund	Valparaiso IN	6078	21	F	4: 20-24	30:28.3	9:53/M
87	Evian Chambers	Michigan City IN	8545	25	M	8: 25-29	30:31.0	9:54/M
88	Nicholas Wardell	Valparaiso IN	6075	44	M	4: 40-44	30:39.5	9:56/M
89	Nancy Grant	Elkhart IN	8507	51	F	1: 50-54	30:44.4	9:59/M
90	Elizabeth Connors	Wanatah IN	8133	39	F	5: 35-39	30:57.0	10:07/M
91	Tina Strimbu	Valparaiso IN	7783	61	F	1: 60-64	31:00.2	10:02/M
92	Mike Herlitz	Valparaiso IN	8503	43	M	5: 40-44	31:05.8	10:09/M
93	Taha Kamran	Valparaiso IN	8130	23	M	4: 20-24	31:05.8	10:58/M
94	Nicholas Gayda	Valparaiso IN	8131	23	M	5: 20-24	31:12.4	10:59/M

Race Date
July 01, 2023

2023 Valparaiso 4th of July Blast 5K Run

Overall Finish List

5K Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
95	Abigail Proteau	Portage IN	8530	46	F	4: 45-49	31:29.4	10:12/M
96	Matthew Hill	Valparaiso IN	6060	53	M	4: 50-54	31:35.9	10:20/M
97	Lindsay Kline	Mishawaka IN	8509	24	F	5: 20-24	31:45.4	10:19/M
98	Brittney Schmidt	Valparaiso IN	8126	38	F	6: 35-39	31:48.4	10:17/M
99	Analís Medellín	Kouts IN	6084	13	F	2: 1-14	32:02.3	10:23/M
100	Julian Collazo	Kouts IN	6083	28	M	9: 25-29	32:04.5	10:23/M
101	Rick Price	Valparaiso IN	3774	67	M	1: 65-69	32:06.6	10:31/M
102	April Hardesty	Valparaiso IN	7769	65	F	1: 65-69	32:28.7	10:34/M
103	Hannah Trueblood	Valparaiso IN	8532	28	F	6: 25-29	32:32.8	10:33/M
104	David Martínez	Valparaiso IN	6091	63	M	2: 60-64	32:45.1	10:38/M
105	Mike Kane	Valparaiso IN	7797	38	M	7: 35-39	33:12.1	10:50/M
106	Cynthia Rodríguez	Lake Station IN	8524	30	F	9: 30-34	33:20.5	10:46/M
107	April Robbins	Valparaiso IN	6090	28	F	7: 25-29	34:09.0	11:07/M
108	Kelly Oliver	Valparaiso IN	7798	44	F	5: 40-44	34:21.2	12:42/M
109	Leah Osorio	Chesterton IN	6089	36	F	7: 35-39	34:25.9	11:13/M
110	Jill Hunt	Valparaiso IN	6053	64	F	2: 60-64	34:36.9	11:16/M
111	Amanda Szura	Elkhart IN	8517	30	F	10: 30-34	34:39.9	11:14/M
112	Jen Kohler	Union Mills IN	6056	34	F	11: 30-34	34:54.4	12:26/M
113	Kelly Wenzel	La Porte IN	6059	35	F	8: 35-39	34:54.9	12:26/M
114	Elise Kohler	Union Mills IN	6057	7	F	3: 1-14	34:55.1	12:26/M
115	Mila Wenzel	La Porte IN	6058	8	F	4: 1-14	34:55.2	12:26/M
116	Anyssa Hernández	Demotte IN	6086	30	F	12: 30-34	35:05.9	11:25/M
117	Stephanie Hernández	Hebron IN	6085	32	F	13: 30-34	35:06.9	11:25/M
118	Charlotte Higgins	Demotte IN	6088	34	F	14: 30-34	35:09.6	11:26/M
119	Andrea Kilgore	Valparaiso IN	3793	28	F	8: 25-29	35:14.2	11:27/M
120	Taylor Homans	Hebron IN	6093	30	F	15: 30-34	35:39.4	11:35/M
121	Hannah Cunningham	Valparaiso IN	3785	21	F	6: 20-24	35:48.1	11:39/M
122	Denise Feece	Plymouth IN	8540	49	F	5: 45-49	36:07.6	11:44/M
123	Alicia McClean	Valparaiso IN	6054	66	F	2: 65-69	36:34.0	12:47/M
124	Michael Burns	Knox IN	6051	47	M	7: 45-49	36:42.6	11:58/M
125	Lauren Lanter	Valparaiso IN	8139	13	F	5: 1-14	37:11.4	12:04/M
126	Olivia Rivera	Westville IN	7795	24	F	7: 20-24	37:22.2	12:07/M
127	Marie Laudeman	Lakeville IN	8537	37	F	9: 35-39	37:28.6	12:11/M
128	Chris Wilson	Lowell IN	8516	44	M	6: 40-44	37:31.6	12:14/M
129	Melanie Venturelli	Cedar Lake IN	8543	31	F	16: 30-34	37:33.0	12:14/M
130	Jennifer Kimmel	Valparaiso IN	6094	38	F	10: 35-39	37:41.8	14:05/M
131	Jennifer Wardell	Valparaiso IN	6076	49	F	6: 45-49	38:07.8	12:21/M
132	Marvin Fourte	Chicago IL	8529	29	M	10: 25-29	38:13.4	12:21/M
133	Govan Walker	Valparaiso IN	6079	21	M	6: 20-24	39:12.0	12:42/M
134	Michelle Carns-Baciauskas	Chesterton IN	3783	38	F	11: 35-39	39:38.3	12:55/M
135	Amie Carns	Valparaiso IN	3782	41	F	6: 40-44	39:40.6	12:55/M
136	Dominique Marzielli	Crown Point IN	8115	63	F	3: 60-64	40:03.9	12:58/M
137	Greta Goins	La Porte IN	3790	38	F	12: 35-39	40:27.7	13:14/M
138	Tracie Naillieux	Valparaiso IN	3800	44	F	7: 40-44	40:29.1	13:14/M
139	David James	Valparaiso IN	6050	68	M	2: 65-69	40:32.1	13:10/M
140	Angeline Paul	Valparaiso IN	8121	60	F	4: 60-64	40:39.7	13:16/M
141	Stephen Paul	Valparaiso IN	8120	63	M	3: 60-64	40:39.8	13:16/M

Race Date
July 01, 2023

2023 Valparaiso 4th of July Blast 5K Run

Overall Finish List

5K Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
142	Lise Oliver	Valparaiso IN	7800	44	F	8: 40-44	40:54.4	14:49/M
143	Alicia Cooper	Valparaiso IN	3780	35	F	13: 35-39	41:25.6	13:25/M
144	Annette Frank	Valparaiso IN	3778	30	F	17: 30-34	41:27.0	13:25/M
145	Ella Oliver	Valparaiso IN	7799	16	F	2: 15-19	41:28.8	15:00/M
146	Stacey Sak	Valparaiso IN	6092	44	F	9: 40-44	42:33.6	13:52/M
147	Unknown Partic. 1777		1777		M	2: 0-0	42:48.8	13:50/M
148	Ava Smrzlick	Valparaiso IN	3789	17	F	3: 15-19	42:49.0	13:52/M
149	Bianca Huerta	Chicago IL	8528	31	F	18: 30-34	42:49.3	13:50/M
150	Daisy Aburto Martinez	Valparaiso IN	7767	67	F	3: 65-69	43:37.5	14:10/M
151	Stephanie Andjelich	Crown Point IN	8113	37	F	14: 35-39	44:04.2	14:15/M
152	Kevin Horst	Crown Point IN	8546	37	M	8: 35-39	44:05.4	14:15/M
153	Aubrey Witt	Kouts IN	3788	13	F	6: 1-14	44:12.1	14:19/M
154	Brittany Rodriguez	Chesterton IN	8526	30	F	19: 30-34	44:37.2	14:25/M
155	Esabella Rodriguez	Chesterton IN	8527	12	F	7: 1-14	44:49.4	14:28/M
156	Kathy Jankowski	Kouts IN	3787	62	F	5: 60-64	45:24.6	14:43/M
157	Benjamin Teeter	Portage IN	8531	14	M	5: 1-14	47:03.1	15:14/M
158	Tim Braunbeck	Valparaiso IN	8521	56	M	6: 55-59	47:11.3	15:13/M
159	Lizbel Cajigas	North Chesterfield VA	8520	50	F	2: 50-54	47:12.8	15:14/M
160	Loretta Frank	Valparaiso IN	3776	58	F	1: 55-59	47:14.3	15:19/M
161	Kim Szelinski	Valparaiso IN	3779	56	F	2: 55-59	47:31.3	15:24/M
162	John Claussen	Wanatah IN	6061	53	M	5: 50-54	49:33.5	16:07/M
163	Robert Neal	Valparaiso IN	6055	74	M	2: 70-99	50:02.6	17:57/M
164	Doug Wiese	Westville IN	6077	69	M	3: 65-69	50:26.1	16:22/M
165	Andrea Frank	Valparaiso IN	3777	28	F	9: 25-29	51:02.1	16:31/M
166	Valerie Donahue	Valparaiso IN	7775	9	F	8: 1-14	51:56.3	17:16/M
167	Chrystal Donahue	Valparaiso IN	7772	40	F	10: 40-44	52:10.2	17:21/M
168	Jenny Gump	Valparaiso IN	3797	56	F	3: 55-59	52:24.3	17:07/M
169	Don Evans	Valparaiso IN	3796	52	M	6: 50-54	54:31.3	17:45/M
170	Dede Stewart	Valparaiso IN	6052	71	F	1: 70-99	55:40.4	18:06/M
171	Sue Bolda	Lowell IN	7782	55	F	4: 55-59	57:19.3	18:45/M
172	Charles Faenza	Valparaiso IN	7787	58	M	7: 55-59	58:06.0	18:52/M
173	Devon Stokes	Valparaiso IN	7789	45	F	7: 45-49	59:34.0	19:20/M
174	Carla Brink	Valparaiso IN	6097	53	F	3: 50-54	1:01:47.7	20:05/M
175	Hannah Majka	Valparaiso IN	6098	22	F	8: 20-24	1:01:48.6	20:05/M
176	Sydney Majka	Valparaiso IN	6099	24	F	9: 20-24	1:01:55.2	20:08/M
177	Steve Burke	Valparaiso IN	6100	58	M	8: 55-59	1:01:58.2	20:09/M
178	Rachael Veenstra	Fort Wayne IN	6081	28	F	10: 25-29	1:01:58.5	20:09/M
179	Kyle Burke	Fort Wayne IN	6096	25	M	11: 25-29	1:01:59.5	20:09/M
180	Brittany Teeter	Churubusco IN	8535	22	F	10: 20-24	1:02:40.5	20:24/M
181	Ron Donahue	Valparaiso IN	7771	41	M	7: 40-44	1:07:03.6	22:11/M
182	Audrey Donahue	Valparaiso IN	7774	12	F	9: 1-14	1:07:04.6	22:11/M
183	Lori Staack	Valparaiso IN	7776	60	F	6: 60-64	1:07:06.7	22:12/M
184	Conner Donahue	Valparaiso IN	7773	14	M	6: 1-14	1:07:11.3	22:11/M