

2023 Clark Run for Enrichment 5K

Age Group Results

Race Date
October 21, 23

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lindsay Borden		39	1907	4	22:25.1	7:14/M
2	Mia Stephen		41	1994	6	24:17.5	7:50/M
3	Natalie Brodeur	Miami	12	2221	7	24:34.6	7:56/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rob Michalak		48	1962	1	19:18.8	6:14/M
2	Graham Polando		40	1973	2	19:47.7	6:23/M
3	Christopher Papai		53	1967	3	20:10.1	6:30/M

2023 Clark Run for Enrichment 5K

Age Group Results

5K Run

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alexa Morel	Alumni	14	2226	11	25:24.6	8:12/M
2	Emerson Haeffel	Iroquois	13	1934	12	25:44.8	8:18/M
3	Sylvia Johnson	Miami	13	1942	23	27:38.5	8:55/M
4	Reagan Thompson	Iroquois	12	2235	25	27:52.1	8:59/M
5	Kalpana Oka-Smith	Miami	13	1965	26	27:52.7	9:00/M
6	Ava Grove	Iroquois	11	2223	29	28:54.9	9:20/M
7	Naisha Chawla	Miami	11	1918	30	28:55.6	9:20/M
8	Chiara Castruccio	Miami	9	1916	31	28:57.7	9:21/M
9	Lily Carter	Miami	10	1915	37	30:10.2	9:44/M
10	Maya Leal		12	1944	38	30:20.6	9:47/M
11	Yochi Yu	Iroquois	12	2008	44	31:33.3	10:11/M
12	Miriam Jackson	Iroquois	12	2236	50	33:43.9	10:53/M
13	Madeline Wagman	Iroquois	11	2004	51	33:50.3	10:55/M
14	Rayna Sugana Datta	Miami	10	1923	53	34:50.9	11:15/M
15	Dylan Hanig	Miami	7	2231	59	36:10.5	11:40/M
16	Cecilia Pflum	Iroquois	9	2227	61	36:46.2	11:52/M
17	Noa Todd Cohen	Miami	10	1998	62	36:52.1	11:54/M
18	Rose Haeffel	Iroquois	7	1936	66	38:19.1	12:22/M
19	Cassidy Riesenber	Miami	9	1980	68	38:21.3	12:22/M
20	Lucy Macaluso		6	1948	69	38:23.1	12:23/M
21	Isabel Borden		8	1906	72	38:30.4	12:25/M
22	Claire Emmons	Miami	10	1925	73	39:04.8	12:36/M
23	Addison Hershberger	Miami	11	1937	75	39:23.7	12:43/M
24	Ebbe Powers	Iroquois	10	1975	78	42:51.7	13:50/M
25	Zoey Zook	Miami	10	2009	79	42:52.2	13:50/M
26	Grace Macaluso		8	1946	84	43:59.7	14:12/M

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jack Carter	Miami	12	1914	8	24:54.7	8:02/M
2	Blake Michael	Miami	12	1958	9	24:56.3	8:03/M
3	Quinn Christophersen	Miami	12	1920	10	25:16.6	8:09/M
4	Griffin Hanig	Miami	10	2228	18	26:28.3	8:32/M
5	Matthew Macaluso		13	1949	20	27:25.9	8:51/M
6	Nicolas Brodeur	Miami	9	2222	36	29:38.6	9:34/M
7	James Bullock	Iroquois	10	1912	42	31:14.0	10:05/M
8	Leonardo Lu	Iroquois	11	1945	45	31:45.5	10:15/M
9	Max Pocock	Iroquois	10	1971	54	35:01.5	11:18/M
10	Adrian Rios	Miami	9	1981	56	35:12.8	11:22/M
11	Vincent Milovich	Iroquois	9	1964	58	35:15.8	11:23/M

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12	Waylon Powers	Iroquois	12	1976	67	38:20.4	12:22/M
13	Matthew Mahoney	Iroquois	9	1953	80	42:52.6	13:50/M
14	Michael Macaluso		10	1951	83	43:29.7	14:02/M
15	Ellison Bremyer		8	1910	86	45:30.5	14:41/M
16	Morrie Lotter		9	2233	87	45:37.1	14:43/M
17	Zaid Skaik		5	1990	90	50:40.3	16:21/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eleanor Bullock	Alumni	15	2234	16	26:16.4	8:29/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Angela Talley		29	1995	89	46:05.6	14:52/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Magdalena Villegas		39	2001	22	27:32.4	8:53/M
2	Martha Leal		30	1943	34	29:26.0	9:30/M
3	Alyssa Rios	Miami	31	1982	63	37:30.7	12:06/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Howard Tuthill		38	1999	24	27:46.3	8:58/M
2	Steve Lotter		38	2232	39	30:27.1	9:49/M
3	Isaac Rios	Miami	33	1983	64	37:31.7	12:06/M
4	Peter Goldstein		32	1933	88	46:05.1	14:52/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Perkins		49	1968	14	25:46.7	8:19/M
2	Erin Hanig	Alumni	43	2230	19	26:31.5	8:33/M
3	Nichole McDowell		44	1956	40	31:07.7	10:02/M

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Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Kati Macaluso		40	1947	43	31:24.5	10:08/M
5	Andrea Bullock		48	1911	46	31:48.9	10:16/M
6	Sara Thompson		41	1996	57	35:14.0	11:22/M
7	Megan Shepherd		41	1988	76	39:24.9	12:43/M
8	Nicole McNeil		44	1957	82	43:29.1	14:02/M
9	Leah Weaver		41	2007	91	50:41.4	16:21/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Sieradzki	Alumni	41	1989	5	24:09.9	7:48/M
2	Michael Macaluso		41	1950	13	25:45.8	8:19/M
3	Jake Wagman	Iroquois	44	2002	15	26:12.1	8:27/M
4	Maxine Brodeur		44	2220	17	26:24.7	8:31/M
5	Jason Milovich	Iroquois	49	1963	21	27:29.6	8:52/M
6	Jason Carr		42	1913	27	28:12.4	9:06/M
7	Stefano Castruccio		41	1917	32	29:02.1	9:22/M
8	Nitesh Chawla		48	1919	35	29:30.9	9:31/M
9	Aaron Bremyer		49	1909	49	33:41.1	10:52/M
10	Andy Pocock	Iroquois	41	1969	55	35:10.8	11:21/M
11	Justin Hanig		41	2229	60	36:12.1	11:41/M
12	Cain Todd		47	1997	70	38:23.7	12:23/M
13	Gerald Haeffel		48	1935	71	38:25.4	12:24/M
14	Nick Emmons		43	1926	74	39:05.8	12:37/M
15	Grant Shepherd		43	1987	77	39:24.9	12:43/M
16	Greg Mahoney	Iroquois	40	1952	81	42:55.4	13:51/M
17	Sam Roule		49	1986	85	44:34.0	14:23/M
18	Nick Borden		44	1908	92	53:52.5	17:23/M
19	Moe Staik		42	2237	93	59:24.1	19:10/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alison Rice		50	2225	28	28:27.3	9:11/M
2	Tracey Opaczewski		52	1966	41	31:08.5	10:03/M
3	Julie Addis		57	2224	47	33:05.0	10:40/M
4	Anne Bax		55	1905	65	37:36.1	12:08/M

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5K Run

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Louis Poulos		59	1974	33	29:03.6	9:22/M
2	Troy Warner		51	2006	48	33:40.4	10:52/M

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>Category</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Mcbrayer		71	1954	52	34:38.8	11:11/M