

2023 Lake Max Triathlon

Race Date
August 05, 2023

Overall Results

| Duathlon | | | | | | | | | | | Female | | | |
|--------------|---------------------|---------------|------------|-------------|-------------|---------------|------------|-------------|-------------|---------------|------------|-------------|-------------|--------------|
| <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Tran 1</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Tran 2</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Total</u> |
| 1 | Brooke` Campbell | 304 | 1 | 7:22.5 | 7:23 | 0:35.2 | 3 | 39:20.6 | 17.5 | 0:22.0 | 1 | 29:25.2 | 9:29 | 1:17:05.6 |
| 2 | Dawn Vamos | 327 | 3 | 8:48.6 | 8:49 | 0:40.5 | 2 | 39:13.9 | 17.6 | 1:02.0 | 2 | 34:41.0 | 11:11 | 1:24:26.1 |
| 3 | Taylor Lewandowski | 314 | 2 | 8:22.7 | 8:23 | 0:57.8 | 4 | 42:48.7 | 16.1 | 0:33.0 | 3 | 34:51.7 | 11:15 | 1:27:34.1 |
| 4 | Sue Brown Nickerson | 33 | 5 | 9:24.9 | 9:25 | 1:37.2 | 1 | 38:57.9 | 17.7 | 1:08.5 | 5 | 36:32.8 | 11:47 | 1:27:41.4 |
| 5 | Jennifer Tillema | 326 | 4 | 8:52.1 | 8:52 | 1:10.8 | 6 | 46:30.5 | 14.8 | 1:03.4 | 4 | 35:26.9 | 11:26 | 1:33:03.9 |
| 6 | Kayleah Maddock | 316 | 6 | 10:05.1 | 10:05 | 1:56.5 | 7 | 51:40.9 | 13.4 | 1:16.5 | 6 | 40:52.9 | 13:11 | 1:45:52.1 |
| 7 | Karen Fritts | 306 | 7 | 13:09.9 | 13:10 | 1:55.1 | 5 | 44:41.5 | 15.4 | 1:07.1 | 7 | 51:11.6 | 16:31 | 1:52:05.4 |

| <u>Place</u> | <u>Name</u> | <u>Bib No</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Tran 1</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Tran 2</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Total</u> |
|--------------|--------------------|---------------|------------|-------------|-------------|---------------|------------|-------------|-------------|---------------|------------|-------------|-------------|--------------|
| 1 | Steven Worth | 330 | 3 | 5:38.3 | 5:38 | 0:19.3 | 1 | 28:49.0 | 23.9 | 0:15.8 | 2 | 21:54.6 | 7:04 | 56:57.3 |
| 2 | Jack Standfast | 321 | 1 | 5:19.1 | 5:19 | 0:32.0 | 2 | 30:18.9 | 22.8 | 0:24.5 | 3 | 23:29.4 | 7:35 | 1:00:04.2 |
| 3 | Mark Witmer | 329 | 4 | 6:06.1 | 6:06 | 0:35.7 | 3 | 30:49.6 | 22.4 | 0:37.2 | 4 | 24:53.8 | 8:02 | 1:03:02.6 |
| 4 | Harrison Korkos | 313 | 2 | 5:29.2 | 5:29 | 0:46.6 | 9 | 36:34.8 | 18.9 | 0:17.2 | 1 | 21:49.6 | 7:02 | 1:04:57.5 |
| 5 | Michael Squires | 320 | 8 | 6:59.1 | 6:59 | 0:29.0 | 10 | 36:46.7 | 18.8 | 0:19.9 | 6 | 26:21.4 | 8:30 | 1:10:56.3 |
| 6 | Gabe Hissong | 308 | 6 | 6:44.8 | 6:45 | 1:03.9 | 7 | 36:02.7 | 19.1 | 1:01.0 | 10 | 28:01.0 | 9:02 | 1:12:53.4 |
| 7 | Steven Palmer | 317 | 14 | 7:37.1 | 7:37 | 1:58.5 | 4 | 34:58.0 | 19.7 | 1:43.3 | 7 | 27:20.0 | 8:49 | 1:13:37.2 |
| 8 | Ryan Pierce | 318 | 9 | 7:00.4 | 7:00 | 1:25.9 | 5 | 35:29.4 | 19.4 | 2:17.5 | 8 | 27:30.7 | 8:52 | 1:13:44.1 |
| 9 | Declan Squires | 319 | 7 | 6:57.7 | 6:58 | 0:34.1 | 12 | 37:10.9 | 18.6 | 0:27.5 | 13 | 28:55.9 | 9:20 | 1:14:06.4 |
| 10 | Daniel Lindemulder | 315 | 12 | 7:06.8 | 7:07 | 0:49.9 | 6 | 35:55.7 | 19.2 | 1:05.8 | 15 | 29:12.2 | 9:25 | 1:14:10.7 |
| 11 | Erik Buth | 303 | 10 | 7:01.9 | 7:02 | 1:23.8 | 8 | 36:21.7 | 19.0 | 1:25.6 | 12 | 28:49.5 | 9:18 | 1:15:02.8 |
| 12 | Todd Bailey | 301 | 13 | 7:07.7 | 7:08 | 0:43.2 | 13 | 38:38.4 | 17.9 | 0:34.5 | 11 | 28:33.8 | 9:13 | 1:15:37.7 |
| 13 | Ed Wellman | 328 | 11 | 7:02.1 | 7:02 | 0:32.6 | 15 | 40:17.8 | 17.1 | 0:25.0 | 9 | 27:31.6 | 8:53 | 1:15:49.3 |
| 14 | Matthew Homrich | 98 | 5 | 6:35.7 | 6:36 | 0:24.5 | 18 | 43:57.3 | 15.7 | 0:20.5 | 5 | 25:10.2 | 8:07 | 1:16:28.3 |
| 15 | Maxwell Swan | 324 | 16 | 8:11.4 | 8:11 | 1:25.1 | 14 | 38:41.1 | 17.8 | 1:05.1 | 14 | 29:09.1 | 9:24 | 1:18:31.9 |
| 16 | Charles Hurley | 310 | 18 | 8:53.9 | 8:54 | 1:40.2 | 11 | 37:03.3 | 18.6 | 1:26.9 | 17 | 32:56.3 | 10:38 | 1:22:00.8 |
| 17 | Doug Keller | 311 | 17 | 8:24.7 | 8:25 | 0:26.6 | 16 | 40:31.4 | 17.0 | 0:45.6 | 16 | 32:51.1 | 10:36 | 1:22:59.6 |
| 18 | Caleb Crockett | 305 | 15 | 8:07.4 | 8:07 | 1:05.8 | 20 | 48:29.8 | 14.2 | 1:19.3 | 18 | 37:18.7 | 12:02 | 1:36:21.3 |
| 19 | Chris Kimes | 312 | 19 | 9:49.9 | 9:50 | 0:52.8 | 21 | 48:57.5 | 14.1 | 0:52.4 | 19 | 37:58.2 | 12:15 | 1:38:30.9 |
| 20 | Van Hissong | 309 | 21 | 10:29.1 | 10:29 | 1:37.1 | 17 | 43:10.1 | 16.0 | 0:59.3 | 20 | 44:38.6 | 14:24 | 1:40:54.5 |
| 21 | Jim Thompson | 325 | 20 | 10:02.8 | 10:03 | 2:03.6 | 19 | 46:36.1 | 14.8 | 2:17.8 | 21 | 51:20.4 | 16:34 | 1:52:20.9 |