

Race Date
August 05, 2023

2023 Lake Max Triathlon
Age Group Results
Sprint Triathlon

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	5	Amanda Hoffer	96	35	1	8:25.3		0:36.0	1	30:01.3	23.0	0:27.7	1	24:53.9	8:02	1:04:24.4

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Will Kindrick	216	30	1	5:44.1		0:25.1	1	28:48.2	24.0	0:39.4	1	22:46.6	7:21	58:23.5

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	46	Lindsay Wheeler	200	43	1	12:18.6		1:00.1	1	37:29.4	18.4	0:41.6	1	25:31.9	8:14	1:17:01.8

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	7	Bill Frounfelter	79	43	1	9:30.1		0:34.2	1	30:29.8	22.6	0:33.3	1	24:38.8	7:57	1:05:46.2

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Sprint Triathlon

Female 12 to 14

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	57	Amber Johnson	105	14	1	8:29.5		1:37.9	1	44:10.3	15.6	0:24.9	1	23:35.6	7:37	1:18:18.4
2	164	Emily Reichert	160	12	2	10:10.3		1:38.0	2	51:56.5	13.3	0:39.5	2	41:59.8	13:33	1:46:24.2

Male 12 to 14

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	38	Aaron Pieters	147	14	3	9:13.2		2:01.4	1	39:44.9	17.4	0:20.7	1	23:16.4	7:30	1:14:36.8
2	72	Benjamin Reeb	157	13	4	9:52.9		3:17.2	2	39:57.1	17.3	2:07.3	2	25:02.5	8:05	1:20:17.2
3	121	Hank Calhoun	41	13	1	7:22.3		2:34.3	3	44:48.9	15.4	0:29.7	3	33:16.5	10:44	1:28:31.8
4	173	Andrew Chen	47	14	2	7:31.3		3:24.1	4	55:29.8	12.4	0:22.1	4	44:48.4	14:27	1:51:35.8

Female 15 to 19

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	34	Anna Wheele	199	18	2	7:33.6		1:16.8	1	37:37.1	18.3	0:40.2	2	26:47.6	8:39	1:13:55.5
2	63	Emily Heim	94	19	1	7:26.7		1:20.1	2	40:10.7	17.2	0:22.5	3	29:45.7	9:36	1:19:05.8
3	88	Sophie Bakker	21	17	3	10:47.3		2:38.0	3	42:09.4	16.4	0:35.9	1	26:38.0	8:35	1:22:48.8

Male 15 to 19

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>

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Male 15 to 19

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Greyson Lemmons	119	19	2	9:21.1		3:22.2	1	34:08.7	20.2	0:19.4	1	22:34.6	7:17	1:09:46.2
2	51	Alexander Crockett	54	16	3	10:25.5		1:45.7	2	37:11.3	18.6	1:46.0	2	26:29.2	8:33	1:17:37.9
3	77	Tommy Jones	108	19	4	14:02.5		1:05.2	3	37:48.3	18.3	0:29.4	3	27:48.8	8:58	1:21:14.4
4	120	Nathaniel Reininga	161	18	1	7:54.6		2:41.5	4	42:28.9	16.2	1:32.4	4	33:35.7	10:50	1:28:13.3

Female 20 to 24

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	85	Madison Smith	177	22	2	11:53.8		0:46.7	1	39:10.3	17.6	0:18.6	1	30:17.3	9:46	1:22:26.9
2	158	Grace Frank	76	21	1	10:13.9		4:59.7	2	47:47.9	14.4	0:36.5	2	38:25.0	12:24	1:42:03.3

Male 20 to 24

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	Rob Hageboeck	90	24	1	7:40.2		1:06.6	1	29:45.4	23.2	1:02.6	4	28:13.0	9:06	1:07:47.9
2	15	Andreas Lehmann	118	24	4	11:35.5		0:58.0	2	31:08.8	22.2	1:02.2	1	24:21.4	7:51	1:09:06.1
3	55	Francisco Septien Quintana	173	20	2	8:45.1		1:19.1	4	38:31.9	17.9	0:43.4	6	28:54.7	9:20	1:18:14.4
4	71	Ryan Schurr	170	22	3	9:47.2		0:58.4	3	35:32.6	19.4	0:45.3	7	33:08.5	10:41	1:20:12.3
5	95	Micah Adams	14	21	6	12:23.3		1:36.9	6	42:22.8	16.3	0:49.2	3	26:23.1	8:31	1:23:35.5
6	104	Bryce Malan	127	23	7	13:39.7		2:57.0	5	39:41.0	17.4	0:32.3	5	28:30.3	9:12	1:25:20.5
7	114	Ethan Tillema	188	22	8	14:26.1		1:36.5	7	44:18.0	15.6	0:50.8	2	26:21.3	8:30	1:27:32.9
8	149	Trevor Devine	64	20	5	12:14.8		2:43.8	8	46:29.1	14.8	0:43.2	8	35:03.1	11:18	1:37:14.2

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Age Group Results

Sprint Triathlon

Female 25 to 29

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	50	Maeve Daly Kline	59	28	1	9:39.2		3:00.1	1	36:20.7	19.0	0:27.9	3	27:53.7	9:00	1:17:21.8
2	53	Lauren Germino	85	27	2	9:41.3		2:14.8	5	40:46.7	16.9	0:22.4	1	24:53.8	8:02	1:17:59.2
3	54	Aisha Lehmann	117	26	5	11:46.7		0:51.8	2	37:26.5	18.4	0:53.3	2	27:12.8	8:47	1:18:11.3
4	139	Leah Tuttle	192	27	4	10:03.4		2:51.2	3	40:19.9	17.1	2:32.0	4	38:06.7	12:18	1:33:53.4
5	140	Andrea Tuttle	191	25	3	10:02.9		2:51.0	4	40:21.2	17.1	2:31.0	5	38:07.9	12:18	1:33:54.2

Male 25 to 29

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	2	Bryce Devine	63	25	1	9:07.9		0:47.6	1	28:47.6	24.0	0:36.8	3	22:34.0	7:17	1:01:54.1
2	12	Kyle Nurse	143	29	10	11:38.2		2:03.7	2	32:05.7	21.5	0:26.3	2	21:40.7	7:00	1:07:54.8
3	19	Neil O'Brien	144	25	2	10:02.4		1:52.7	6	35:49.5	19.3	0:55.2	1	21:20.3	6:53	1:10:00.3
4	32	Jacob Davidson	60	28	3	10:28.4		1:31.4	5	35:42.6	19.3	0:42.2	4	25:18.2	8:10	1:13:42.9
5	36	Nate Spangle	178	26	4	10:31.2		2:11.5	4	35:13.9	19.6	1:11.7	5	25:22.4	8:11	1:14:30.7
6	68	Matthew Moe	137	27	5	10:34.5		1:58.8	3	34:48.6	19.8	2:06.6	9	30:25.2	9:49	1:19:53.9
7	83	Nick Harker	92	26	11	11:56.2		2:27.9	9	40:20.6	17.1	0:32.7	6	26:43.8	8:37	1:22:01.4
8	97	Maxwell Nikolai	142	26	6	10:40.7		2:44.8	10	42:47.3	16.1	0:28.1	7	27:12.6	8:47	1:23:53.8
9	117	Andrew Huff	101	29	7	10:58.7		1:41.7	7	36:46.3	18.8	1:05.2	11	37:26.3	12:05	1:27:58.4
10	127	Brendan Walsh	197	27	13	12:29.2		2:20.0	11	45:37.1	15.1	0:32.1	8	30:06.6	9:43	1:31:05.2
11	132	Braxton Moore	138	29	9	11:15.2		1:56.7	8	40:15.3	17.1	0:57.9	12	37:26.3	12:05	1:31:51.6
12	165	Josh Bolen	28	29	14	18:22.7		1:05.6	12	50:36.9	13.6	1:10.4	10	35:15.5	11:22	1:46:31.2
13	172	Phillip Stephenson	180	27	8	11:08.5		2:36.6	13	56:04.7	12.3	0:59.4	13	39:31.9	12:45	1:50:21.3

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2023 Lake Max Triathlon

Age Group Results

Sprint Triathlon

Female 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	40	Christina Lucas	123	34	1	9:58.4		1:04.5	1	37:16.0	18.5	0:59.3	1	26:28.2	8:32	1:15:46.6
2	91	Kylie Larson	116	30	2	10:28.2		0:49.6	3	38:26.6	17.9	0:21.4	3	33:03.8	10:40	1:23:09.8
3	112	Jessica Halliar	91	34	5	12:23.4		1:16.4	2	38:12.8	18.1	1:19.7	4	34:08.1	11:01	1:27:20.6
4	133	Niki Woodworth	204	30	3	11:17.8		1:21.0	4	44:10.3	15.6	0:35.9	5	34:30.2	11:08	1:31:55.4
5	136	Jenna Workman	207	34	4	12:14.4		2:14.1	5	46:28.9	14.8	0:43.8	2	31:09.0	10:03	1:32:50.3

Male 30 to 34

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Derek Vander Molen	194	34	3	8:01.4		0:56.9	5	33:08.7	20.8	0:28.9	1	20:38.9	6:40	1:03:15.1
2	4	Ryan Colligan	51	31	5	9:25.9		0:23.6	1	30:30.4	22.6	0:26.0	2	23:22.3	7:32	1:04:08.2
3	6	Dan Farrell	75	33	2	7:26.7		1:02.5	2	31:42.5	21.8	0:37.5	4	24:34.3	7:56	1:05:23.7
4	18	Alec Lamothe	115	32	1	7:18.7		2:11.1	3	32:06.3	21.5	0:51.4	9	27:27.9	8:52	1:09:55.6
5	24	Joe Campbell	42	33	8	10:00.5		1:10.3	4	32:36.3	21.2	0:53.2	7	26:29.8	8:33	1:11:10.2
6	27	Charles Dreessen	70	30	7	9:55.7		2:03.7	7	34:09.1	20.2	0:22.2	6	25:26.4	8:12	1:11:57.2
7	35	Tyler Lucas	124	34	9	10:31.6		1:24.6	6	33:23.7	20.7	0:56.9	10	27:48.2	8:58	1:14:05.1
8	37	Jonathan Freymiller	77	33	12	12:16.4		1:57.4	10	35:50.0	19.3	0:32.9	3	23:54.5	7:43	1:14:31.4
9	41	Connor Bartek	22	32	6	9:29.4		1:10.5	12	36:40.5	18.8	0:27.3	11	28:19.7	9:08	1:16:07.6
10	44	Shawn Aitken	15	34	4	8:53.1		1:19.3	9	34:53.6	19.8	1:05.5	13	30:27.7	9:50	1:16:39.4
11	76	Sam Issermoyer	103	33	10	11:43.7		1:29.7	8	34:48.4	19.8	1:06.7	14	31:37.7	10:12	1:20:46.4
12	80	Ian Wooten	206	33	13	12:28.4		2:00.4	13	37:44.4	18.3	0:37.8	12	28:44.3	9:16	1:21:35.6
13	81	Tj Wilson	203	34	15	14:06.6		1:54.6	14	37:49.5	18.2	1:10.0	8	26:36.5	8:35	1:21:37.4
14	102	William Hockema	95	34	14	13:28.1		1:34.1	11	36:12.1	19.1	0:55.5	15	32:53.7	10:37	1:25:03.6
15	107	Joshua Brenneman	32	30	11	11:50.8		1:59.3	15	46:38.0	14.8	0:20.2	5	24:48.2	8:00	1:25:36.6

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2023 Lake Max Triathlon

Age Group Results

Sprint Triathlon

Female 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	8	Sarah Caudill	45	36	1	7:54.4		0:53.9	1	33:15.4	20.7	1:07.8	1	22:38.1	7:18	1:05:49.8
2	67	Ashley Golen	86	38	4	9:55.4		1:50.4	2	34:58.9	19.7	2:14.8	4	30:41.7	9:54	1:19:41.4
3	79	Tracy Bucher	38	38	2	8:39.2		2:12.8	3	38:17.6	18.0	0:51.9	5	31:25.3	10:08	1:21:27.1
4	101	Allison Crockett	55	39	6	11:49.9		1:12.7	5	40:15.0	17.1	0:44.8	3	30:35.7	9:52	1:24:38.3
5	118	Megan Irwin	102	36	3	9:04.4		1:31.4	10	46:14.7	14.9	1:28.1	2	29:50.5	9:38	1:28:09.3
6	123	Alyssa Roca Miller	163	37	8	13:29.8		2:03.3	6	40:15.3	17.1	1:01.3	8	32:30.7	10:29	1:29:20.5
7	131	Lindsay Barts	23	37	7	11:57.6		3:04.7	8	43:42.4	15.8	0:25.4	6	32:24.1	10:27	1:31:34.4
8	146	Spardha Sharma	174	39	10	14:56.3		1:07.5	7	42:59.4	16.1	1:10.8	9	35:29.2	11:27	1:35:43.3
9	147	Lindsey Risner	162	35	11	15:22.1		2:21.3	9	45:08.0	15.3	0:57.5	7	32:28.4	10:29	1:36:17.5
10	166	Katie Zobrist	213	39	5	11:27.6		3:24.4	4	39:43.8	17.4	1:41.5	11	50:17.8	16:13	1:46:35.3
11	175	Ashley Stokes	181	37	9	14:11.9		3:06.3	11	54:46.9	12.6	0:41.8	10	39:54.4	12:52	1:52:41.5

Male 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	21	Christopher Carr	43	36	2	9:24.5		0:25.2	1	30:56.9	22.3	0:43.6	5	28:50.6	9:18	1:10:20.9
2	28	Sam Woodworth	205	36	4	9:47.6		1:06.3	4	33:57.7	20.3	0:19.1	3	26:58.5	8:42	1:12:09.5
3	30	Matt Zora	214	38	3	9:31.9		1:37.5	3	33:49.4	20.4	0:56.7	2	26:32.8	8:34	1:12:28.4
4	42	Adam Thada	187	39	8	10:55.7		2:44.8	6	35:56.5	19.2	0:40.3	1	26:00.1	8:23	1:16:17.7
5	45	Geoff Dillon	67	39	10	11:00.7		1:13.2	7	36:24.3	19.0	0:18.1	4	28:01.7	9:03	1:16:58.2
6	64	Lance Losinski	122	39	11	11:05.9		1:21.8	2	33:45.5	20.4	1:26.4	9	31:33.8	10:11	1:19:13.6
7	66	Jason Kulak	114	39	6	10:18.4		1:37.7	8	36:39.3	18.8	1:18.3	6	29:39.4	9:34	1:19:33.4
8	70	Justin Reeder	159	38	1	8:21.9		1:08.3	5	35:44.4	19.3	1:28.6	11	33:17.0	10:44	1:20:00.4
9	82	Jason Rodriguez	164	39	9	10:59.9		1:38.9	9	37:15.3	18.5	0:57.1	7	30:49.6	9:57	1:21:41.1
10	105	Chad Liersch	120	39	7	10:34.9		2:12.9	12	39:27.4	17.5	1:15.2	10	32:01.0	10:20	1:25:31.6

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Age Group Results

Sprint Triathlon

Male 35 to 39

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
11	113	Joel Kerns	109	36	13	13:09.4		1:50.9	11	38:14.6	18.0	0:36.2	12	33:32.9	10:49	1:27:24.3
12	115	Reese Miller	135	38	12	12:49.2		1:35.1	10	37:59.8	18.2	0:37.2	13	34:37.3	11:10	1:27:38.8
13	116	Alex Dickerson	65	39	5	10:16.7		2:09.1	13	42:58.9	16.1	1:16.1	8	31:15.0	10:05	1:27:55.8
14	168	Dustin Bucher	37	36	15	15:12.1		2:21.5	14	46:18.6	14.9	0:53.9	15	42:27.7	13:42	1:47:13.9
15	177	Benjamin Stephenson	179	36	14	13:55.7		4:11.2	15	58:47.9	11.7	1:46.5	14	34:52.4	11:15	1:53:33.9

Female 40 to 44

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	61	Mary Vollbrecht	195	40	5	11:39.3		1:18.7	1	36:32.8	18.9	0:53.8	1	28:36.3	9:14	1:19:01.1
2	75	Megan Carr	44	42	4	10:37.1		0:34.0	3	38:57.8	17.7	0:39.1	2	29:41.0	9:35	1:20:29.2
3	93	Daniela Readi	155	42	1	8:20.6		1:13.4	6	42:56.6	16.1	0:45.1	3	30:01.1	9:41	1:23:17.1
4	94	Bethany Jones	107	41	2	9:52.5		2:10.0	2	38:33.6	17.9	1:16.8	4	31:41.3	10:13	1:23:34.5
5	106	Carrie Kietzman	112	41	3	10:27.3		0:51.5	4	39:24.4	17.5	0:18.9	6	34:32.6	11:09	1:25:34.9
6	154	Erin Pretzer	152	44	6	13:41.3		2:30.4	5	42:54.5	16.1	1:05.3	8	40:01.7	12:55	1:40:13.4
7	155	Katrina Ramey	153	43	8	18:17.5		2:56.1	7	44:45.0	15.4	1:13.4	5	33:09.3	10:42	1:40:21.4
8	156	Polly Mangerson	129	40	7	16:02.6		2:54.3	8	45:13.7	15.3	1:59.1	7	34:35.8	11:10	1:40:45.6

Male 40 to 44

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	13	Brian Culbreth	57	42	8	11:59.3		1:10.8	1	31:23.7	22.0	1:04.2	1	22:22.6	7:13	1:08:00.8
2	16	Joshua Cook	52	41	2	9:36.2		1:32.5	3	33:41.6	20.5	1:08.6	2	23:24.0	7:33	1:09:23.2

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2023 Lake Max Triathlon

Age Group Results

Sprint Triathlon

Male 40 to 44

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
3	20	Brandon Liggett	121	43	5	10:34.4		0:44.4	2	31:42.6	21.8	1:00.3	3	26:06.5	8:25	1:10:08.4
4	59	Peter Rokosz	165	42	1	7:35.7		0:53.5	5	35:50.4	19.3	0:35.5	10	33:54.7	10:56	1:18:49.9
5	65	Aaron Rausch	154	44	3	9:36.9		1:07.9	10	41:36.2	16.6	0:35.7	4	26:20.8	8:30	1:19:17.7
6	74	Jordan Bender	26	43	7	11:40.3		1:16.2	4	33:52.2	20.4	1:13.5	8	32:25.7	10:28	1:20:28.1
7	99	Christopher Shorosh	175	40	6	11:28.9		2:15.9	7	39:34.5	17.4	0:28.9	5	30:21.9	9:48	1:24:10.3
8	100	Benjamin Crockett	56	44	10	15:05.4		1:10.2	6	36:38.0	18.8	0:58.6	6	30:39.2	9:53	1:24:31.5
9	103	Brian Oleary	145	42	4	10:32.4		1:21.9	8	40:20.4	17.1	0:35.4	9	32:28.9	10:29	1:25:19.3
10	144	Ben Bucher	36	42	11	19:05.6		2:19.2	9	41:18.4	16.7	0:38.8	7	32:01.4	10:20	1:35:23.7
11	152	Jacob Mangerson	128	42	9	12:38.9		2:30.2	11	45:41.5	15.1	0:29.1	11	37:50.3	12:12	1:39:10.2

Female 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	73	Sara Bruner	35	46	1	10:12.9		1:09.1	1	37:37.1	18.3	1:22.0	3	30:03.0	9:42	1:20:24.3
2	109	Emily Calhoun	40	46	3	11:16.8		2:26.3	5	43:03.5	16.0	1:04.5	1	28:30.2	9:12	1:26:21.5
3	122	Kim Davis	61	46	6	14:34.7		2:49.0	3	40:17.9	17.1	1:53.9	2	29:21.0	9:28	1:28:56.7
4	130	Bridget Reeb	158	45	2	10:49.3		2:37.2	6	44:13.9	15.6	0:51.1	4	32:59.0	10:38	1:31:30.7
5	143	Miranda Jackovich	104	46	5	14:21.2		1:53.8	2	37:44.7	18.3	1:07.5	6	39:33.4	12:46	1:34:40.7
6	145	Laura Wilson	202	46	4	13:34.3		1:25.7	4	42:26.3	16.3	1:20.2	5	36:53.5	11:54	1:35:40.2

Male 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time

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2023 Lake Max Triathlon

Age Group Results

Sprint Triathlon

Male 45 to 49

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	33	Tim Senovic	172	47	1	8:28.4		0:39.3	2	34:13.9	20.2	1:00.7	2	29:26.4	9:30	1:13:48.9
2	48	Gregory Greenawalt	87	47	3	9:49.4		1:09.4	3	35:52.2	19.2	0:59.1	1	29:19.9	9:28	1:17:10.2
3	56	Bryan George	84	47	2	9:25.3		1:11.2	1	34:01.0	20.3	1:05.3	5	32:34.5	10:30	1:18:17.5
4	90	Keith Wilson	201	47	5	11:46.9		1:44.9	4	35:53.9	19.2	2:10.4	3	31:26.8	10:09	1:23:03.2
5	124	Nathan Bakker	20	45	4	11:28.3		2:33.9	6	41:54.8	16.5	0:31.7	6	33:14.2	10:43	1:29:43.1
6	135	Carlos Amador	17	45	7	15:37.4		3:26.0	5	38:12.9	18.1	3:01.4	4	31:52.9	10:17	1:32:10.8
7	150	Umberto Devany	62	46	6	12:11.7		3:28.4	7	43:10.8	16.0	2:38.3	7	36:23.7	11:44	1:37:53.1

Female 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	47	Samantha Sutherland	183	50	1	11:16.2		0:31.0	1	35:41.9	19.3	1:08.2	1	28:27.2	9:11	1:17:04.7
2	84	Carey Dilts	68	51	2	12:19.2		1:01.0	3	38:10.4	18.1	0:42.9	2	30:13.0	9:45	1:22:26.7
3	87	Sarah Trumbull	190	51	3	12:25.7		1:38.7	2	37:03.3	18.6	1:11.8	3	30:19.6	9:47	1:22:39.2
4	178	Mary Gumz	89	51	4	16:09.8		1:57.4	4	52:05.3	13.2	0:34.2	4	47:13.8	15:14	1:58:00.8

Male 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	14	Robby Kissling	113	50	3	9:25.4		0:57.8	1	30:49.6	22.4	0:43.2	2	26:19.7	8:30	1:08:15.9
2	23	Douglas Satorius	166	52	1	7:57.1		0:50.6	3	33:30.8	20.6	0:50.5	6	27:58.6	9:01	1:11:07.7
3	31	Paul Mitoraj	136	52	9	11:28.8		1:37.2	2	33:08.4	20.8	1:22.3	1	25:29.3	8:13	1:13:06.1
4	39	Alan Jones	106	53	4	9:37.8		1:14.6	5	35:06.7	19.7	1:42.5	3	26:55.8	8:41	1:14:37.5

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Age Group Results

Sprint Triathlon

Male 50 to 54

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
5	43	Robert Pieters	148	52	5	10:24.7		1:41.3	7	36:44.7	18.8	0:25.9	4	27:11.0	8:46	1:16:27.7
6	49	Charles Vamos	193	52	7	11:00.3		1:43.3	6	36:06.5	19.1	1:04.0	5	27:16.1	8:48	1:17:10.5
7	69	T.r. Mahaffey	126	52	6	10:27.9		1:30.9	4	34:49.9	19.8	0:39.6	7	32:26.6	10:28	1:19:55.1
8	108	Sam Fry	80	51	10	12:17.1		1:43.2	8	37:51.8	18.2	1:32.8	9	32:55.4	10:37	1:26:20.6
9	126	David Cavanagh	46	51	8	11:16.6		2:46.2	10	41:54.7	16.5	2:06.6	8	32:29.5	10:29	1:30:33.8
10	129	Theodore Pigott	149	53	2	9:02.1		1:51.7	9	41:09.3	16.8	2:55.5	10	36:23.1	11:44	1:31:21.9
11	157	Daniel Gumz	88	52	12	15:58.1		1:29.1	11	44:13.0	15.6	1:14.8	11	38:19.5	12:22	1:41:14.8
12	171	Andy Garza	83	52	11	13:03.9		2:36.7	12	44:20.9	15.6	2:30.1	12	46:46.5	15:05	1:49:18.2

Female 55 to 59

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	119	Robby Dragomer	69	55	5	13:16.4		0:59.7	1	38:27.0	17.9	1:23.8	1	34:05.2	11:00	1:28:12.4
2	142	Katherine Cousins	53	57	2	11:01.3		2:28.4	2	39:13.4	17.6	1:31.1	3	40:18.8	13:00	1:34:33.2
3	151	Michelle Sunny	182	57	6	14:15.3		1:34.2	3	42:27.2	16.3	2:12.6	2	37:33.3	12:07	1:38:02.9
4	159	Kathleen Daly Kline	58	57	1	10:16.8		1:44.0	4	44:54.7	15.4	1:49.0	4	43:18.7	13:58	1:42:03.3
5	169	Christine Gaines	82	57	4	13:06.2		2:47.3	7	47:41.8	14.5	1:00.0	5	43:52.2	14:09	1:48:27.6
6	174	Susan Freymiller	78	58	3	12:47.8		1:46.7	6	47:26.5	14.5	0:48.5	7	48:53.5	15:46	1:51:43.2
7	176	Kate Nikolai	141	57	7	14:28.5		4:09.8	5	45:48.5	15.1	1:23.2	6	47:03.1	15:11	1:52:53.3
8	186	Kelly Schlebecker	168	56	8	21:52.5		5:01.2	8	55:43.1	12.4	1:11.5	8	1:03:37.9	20:32	2:27:26.4

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2023 Lake Max Triathlon

Age Group Results

Sprint Triathlon

Male 55 to 59

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	9	Brian Bear	24	55	5	10:12.8		0:32.3	1	30:00.7	23.0	0:35.1	1	24:34.8	7:56	1:05:55.9
2	10	Bob Recinto	156	56	2	8:59.7		0:43.9	2	30:47.8	22.4	0:46.4	2	24:46.2	7:59	1:06:04.2
3	26	Ken Borowski	30	56	4	9:13.7		1:12.7	3	32:39.2	21.1	0:58.0	3	27:36.5	8:54	1:11:40.1
4	29	David Kerr	110	57	1	7:48.9		1:08.9	4	34:07.3	20.2	1:00.3	4	28:12.2	9:06	1:12:17.8
5	92	Thaddeus Borchers	29	57	3	9:05.9		0:56.3	6	38:59.3	17.7	0:35.9	6	33:34.1	10:50	1:23:11.7
6	128	Mark Trumbull	189	58	9	16:31.8		1:29.5	5	37:24.8	18.4	1:05.2	7	34:44.1	11:12	1:31:15.6
7	141	Dan Perun	146	58	6	11:56.1		1:47.4	9	46:53.8	14.7	0:48.9	5	32:33.2	10:30	1:33:59.6
8	148	Richard McAllister	132	55	7	12:34.1		1:11.0	7	41:34.5	16.6	1:53.4	8	39:09.4	12:38	1:36:22.6
9	162	David Nikolai	140	57	8	14:32.7		2:28.1	8	45:01.2	15.3	1:18.2	9	40:59.3	13:13	1:44:19.6
10	181	Randy Falk	74	59	11	16:47.2		2:48.3	11	56:33.6	12.2	0:35.6	10	44:02.3	14:12	2:00:47.2
11	182	Peter Zura	215	56	10	16:44.2		2:38.1	10	52:59.9	13.0	2:11.2	11	46:21.8	14:57	2:00:55.4
12	187	Al Schlebecker	167	58	12	20:42.4		4:04.5	12	1:00:41.0	11.4	4:19.2	12	1:03:39.3	20:32	2:33:26.6

Female 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	89	Julie Young	212	60	2	10:36.5		0:49.6	1	36:16.0	19.0	1:10.0	1	34:07.5	11:00	1:22:59.7
2	134	Lori Swan	185	60	1	10:34.8		1:25.4	2	39:44.3	17.4	1:09.1	3	39:09.9	12:38	1:32:03.7
3	138	Jeanene Calabrese	39	63	4	13:01.3		1:38.1	3	42:39.2	16.2	1:24.4	2	34:34.5	11:09	1:33:17.7
4	167	Nadine Coles	50	60	5	14:46.7		2:40.9	5	48:30.6	14.2	0:38.5	4	40:22.9	13:02	1:46:59.8
5	170	Jennifer Ploetz	150	63	3	11:48.2		1:48.1	4	46:49.7	14.7	1:51.5	5	46:28.9	15:00	1:48:46.5

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Age Group Results

Sprint Triathlon

Male 60 to 64

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	22	Robert Earl	73	63	5	11:34.1		0:47.5	1	32:23.0	21.3	0:34.1	1	25:25.8	8:12	1:10:44.7
2	58	Mark Smetana	176	61	1	8:36.8		2:57.3	4	36:26.9	18.9	2:01.1	2	28:34.2	9:13	1:18:36.6
3	60	David Beckwith	25	64	2	10:08.3		0:51.3	2	34:19.9	20.1	1:22.7	6	32:15.8	10:24	1:18:58.1
4	62	Dave Young	211	63	6	12:00.3		1:27.8	3	34:41.5	19.9	1:17.8	3	29:37.6	9:33	1:19:05.1
5	96	Jim Blumer	27	60	4	11:05.9		2:41.7	6	39:01.3	17.7	0:30.4	4	30:22.9	9:48	1:23:42.4
6	110	Tom Hathoot	93	60	3	10:24.2		1:43.6	5	37:17.0	18.5	1:21.1	8	35:58.6	11:36	1:26:44.8
7	111	David Swan	184	61	8	12:38.4		1:52.7	7	39:50.6	17.3	1:17.7	5	31:20.9	10:07	1:27:00.5
8	125	Tom Szalinski	186	62	7	12:30.4		1:57.1	8	41:52.3	16.5	0:41.8	7	33:24.5	10:47	1:30:26.3
9	163	Dale Brenneman	31	64	9	14:36.4		2:54.2	9	44:13.1	15.6	0:55.3	9	41:51.6	13:30	1:44:30.8
10	185	Craig Matteson	131	62	10	22:24.7		2:57.5	10	53:00.2	13.0	1:04.5	10	58:17.0	18:48	2:17:44.1

Female 65 to 69

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	78	Kathleen Hruby	100	65	3	13:14.9		0:51.3	1	37:14.4	18.5	0:56.5	1	28:58.5	9:21	1:21:15.8
2	161	Debra Ames	18	65	2	12:07.8		2:11.7	2	46:23.7	14.9	1:13.6	2	41:45.4	13:28	1:43:42.4
3	184	Mary Cohan	49	65	1	9:48.6		2:57.1	3	59:32.1	11.6	1:14.9	3	50:12.9	16:12	2:03:45.7

Male 65 to 69

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	25	Eddie Drudge	71	65	2	10:33.1		1:15.1	1	30:26.9	22.7	0:44.0	1	28:22.1	9:09	1:11:21.4
2	52	Charles Schreiber	169	66	3	11:35.3		1:12.7	2	33:04.6	20.9	1:08.1	3	30:49.3	9:57	1:17:50.1

Race Date
August 05, 2023

2023 Lake Max Triathlon

Age Group Results

Sprint Triathlon

Male 65 to 69

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
3	86	Tim Voss	196	65	1	10:19.3		1:09.9	3	36:38.9	18.8	0:52.4	4	33:31.3	10:49	1:22:32.1
4	98	Gerhard Fussle	81	69	4	13:56.1		1:22.4	4	37:24.7	18.4	1:13.9	2	30:02.4	9:41	1:23:59.8
5	180	Tom Homrich	99	69	5	18:56.3		3:48.0	5	48:43.3	14.2	0:47.1	5	48:17.5	15:35	2:00:32.4

Female 70 to 74

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	179	Andrea Homrich	97	70	1	19:52.3		3:00.4	1	49:14.5	14.0	0:45.8	1	46:56.3	15:09	1:59:49.5

Male 70 to 74

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	160	Greg Clark	48	72	1	12:21.5		2:35.5	1	44:19.1	15.6	2:02.1	1	41:34.6	13:25	1:42:53.1

Male 75 to 79

Place					----- Swim -----		Tran 1		----- Bike -----			Tran 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	137	Robert Morton	139	75	1	15:26.5		1:21.5	1	38:00.3	18.2	1:02.0	1	37:02.0	11:57	1:32:52.5
2	153	Ken Yoder	210	77	2	16:37.9		2:16.8	2	40:27.2	17.1	1:34.9	2	38:50.3	12:32	1:39:47.2
3	183	Bill McLane	134	75	3	17:27.5		2:10.6	3	45:51.5	15.0	1:33.6	3	56:36.2	18:16	2:03:39.7