

# 2023 Lake Max Triathlon

Race Date  
August 05, 2023

## Overall Results

### **Sprint Triathlon**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>		<u>Tran 1</u>		<u>Bike</u>		<u>Tran 2</u>		<u>Run</u>		<u>Total</u>	
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Pace</u>
1	Will Kindrick	216	1	5:44.1		0:25.1	2	28:48.2	24.0	0:39.4	8	22:46.6	7:21	58:23.5
2	Bryce Devine	63	28	9:07.9		0:47.6	1	28:47.6	24.0	0:36.8	5	22:34.0	7:17	1:01:54.1
3	Derek Vander Molen	194	14	8:01.4		0:56.9	23	33:08.7	20.8	0:28.9	1	20:38.9	6:40	1:03:15.1
4	Ryan Colligan	51	35	9:25.9		0:23.6	8	30:30.4	22.6	0:26.0	10	23:22.3	7:32	1:04:08.2
5	Amanda Hoffer	96	17	8:25.3		0:36.0	5	30:01.3	23.0	0:27.7	21	24:53.9	8:02	1:04:24.4
6	Dan Farrell	75	5	7:26.7		1:02.5	14	31:42.5	21.8	0:37.5	15	24:34.3	7:56	1:05:23.7
7	Bill Frounfelter	79	37	9:30.1		0:34.2	7	30:29.8	22.6	0:33.3	17	24:38.8	7:57	1:05:46.2
8	Sarah Caudill	45	11	7:54.4		0:53.9	24	33:15.4	20.7	1:07.8	7	22:38.1	7:18	1:05:49.8
9	Brian Bear	24	59	10:12.8		0:32.3	4	30:00.7	23.0	0:35.1	16	24:34.8	7:56	1:05:55.9
10	Bob Recinto	156	24	8:59.7		0:43.9	9	30:47.8	22.4	0:46.4	18	24:46.2	7:59	1:06:04.2
11	Rob Hageboeck	90	9	7:40.2		1:06.6	3	29:45.4	23.2	1:02.6	57	28:13.0	9:06	1:07:47.9
12	Kyle Nurse	143	107	11:38.2		2:03.7	16	32:05.7	21.5	0:26.3	3	21:40.7	7:00	1:07:54.8
13	Brian Culbreth	57	120	11:59.3		1:10.8	13	31:23.7	22.0	1:04.2	4	22:22.6	7:13	1:08:00.8
14	Robby Kissling	113	34	9:25.4		0:57.8	10	30:49.6	22.4	0:43.2	31	26:19.7	8:30	1:08:15.9
15	Andreas Lehmann	118	106	11:35.5		0:58.0	12	31:08.8	22.2	1:02.2	14	24:21.4	7:51	1:09:06.1
16	Joshua Cook	52	39	9:36.2		1:32.5	27	33:41.6	20.5	1:08.6	11	23:24.0	7:33	1:09:23.2
17	Greyson Lemmons	119	31	9:21.1		3:22.2	34	34:08.7	20.2	0:19.4	6	22:34.6	7:17	1:09:46.2
18	Alec Lamothe	115	2	7:18.7		2:11.1	17	32:06.3	21.5	0:51.4	49	27:27.9	8:52	1:09:55.6
19	Neil O'Brien	144	54	10:02.4		1:52.7	50	35:49.5	19.3	0:55.2	2	21:20.3	6:53	1:10:00.3
20	Brandon Liggett	121	77	10:34.4		0:44.4	15	31:42.6	21.8	1:00.3	30	26:06.5	8:25	1:10:08.4
21	Christopher Carr	43	32	9:24.5		0:25.2	11	30:56.9	22.3	0:43.6	66	28:50.6	9:18	1:10:20.9
22	Robert Earl	73	104	11:34.1		0:47.5	18	32:23.0	21.3	0:34.1	25	25:25.8	8:12	1:10:44.7
23	Douglas Satorius	166	13	7:57.1		0:50.6	26	33:30.8	20.6	0:50.5	54	27:58.6	9:01	1:11:07.7
24	Joe Campbell	42	53	10:00.5		1:10.3	19	32:36.3	21.2	0:53.2	37	26:29.8	8:33	1:11:10.2
25	Eddie Drudge	71	76	10:33.1		1:15.1	6	30:26.9	22.7	0:44.0	59	28:22.1	9:09	1:11:21.4
26	Ken Borowski	30	30	9:13.7		1:12.7	20	32:39.2	21.1	0:58.0	50	27:36.5	8:54	1:11:40.1
27	Charles Dreessen	70	51	9:55.7		2:03.7	35	34:09.1	20.2	0:22.2	26	25:26.4	8:12	1:11:57.2
28	Sam Woodworth	205	45	9:47.6		1:06.3	31	33:57.7	20.3	0:19.1	44	26:58.5	8:42	1:12:09.5
29	David Kerr	110	10	7:48.9		1:08.9	33	34:07.3	20.2	1:00.3	56	28:12.2	9:06	1:12:17.8
30	Matt Zora	214	38	9:31.9		1:37.5	29	33:49.4	20.4	0:56.7	38	26:32.8	8:34	1:12:28.4
31	Paul Mitoraj	136	102	11:28.8		1:37.2	22	33:08.4	20.8	1:22.3	27	25:29.3	8:13	1:13:06.1
32	Jacob Davidson	60	72	10:28.4		1:31.4	48	35:42.6	19.3	0:42.2	23	25:18.2	8:10	1:13:42.9
33	Tim Senovic	172	18	8:28.4		0:39.3	36	34:13.9	20.2	1:00.7	71	29:26.4	9:30	1:13:48.9

# 2023 Lake Max Triathlon

Race Date  
August 05, 2023

## Overall Results

### **Sprint Triathlon**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>		<u>Tran 1</u>	<u>Bike</u>			<u>Tran 2</u>	<u>Run</u>		<u>Total</u>	
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>
34	Anna Wheele	199	7	7:33.6	1:16.8	79	37:37.1	18.3	0:40.2	42	26:47.6	8:39	1:13:55.5
35	Tyler Lucas	124	74	10:31.6	1:24.6	25	33:23.7	20.7	0:56.9	51	27:48.2	8:58	1:14:05.1
36	Nate Spangle	178	73	10:31.2	2:11.5	45	35:13.9	19.6	1:11.7	24	25:22.4	8:11	1:14:30.7
37	Jonathan Freymiller	77	126	12:16.4	1:57.4	51	35:50.0	19.3	0:32.9	13	23:54.5	7:43	1:14:31.4
38	Aaron Pieters	147	29	9:13.2	2:01.4	108	39:44.9	17.4	0:20.7	9	23:16.4	7:30	1:14:36.8
39	Alan Jones	106	41	9:37.8	1:14.6	44	35:06.7	19.7	1:42.5	43	26:55.8	8:41	1:14:37.5
40	Christina Lucas	123	52	9:58.4	1:04.5	73	37:16.0	18.5	0:59.3	35	26:28.2	8:32	1:15:46.6
41	Connor Bartek	22	36	9:29.4	1:10.5	66	36:40.5	18.8	0:27.3	58	28:19.7	9:08	1:16:07.6
42	Adam Thada	187	86	10:55.7	2:44.8	55	35:56.5	19.2	0:40.3	29	26:00.1	8:23	1:16:17.7
43	Robert Pieters	148	67	10:24.7	1:41.3	67	36:44.7	18.8	0:25.9	45	27:11.0	8:46	1:16:27.7
44	Shawn Aitken	15	23	8:53.1	1:19.3	42	34:53.6	19.8	1:05.5	87	30:27.7	9:50	1:16:39.4
45	Geoff Dillon	67	90	11:00.7	1:13.2	60	36:24.3	19.0	0:18.1	55	28:01.7	9:03	1:16:58.2
46	Lindsay Wheeler	200	128	12:18.6	1:00.1	78	37:29.4	18.4	0:41.6	28	25:31.9	8:14	1:17:01.8
47	Samantha Sutherland	183	96	11:16.2	0:31.0	47	35:41.9	19.3	1:08.2	60	28:27.2	9:11	1:17:04.7
48	Gregory Greenawalt	87	47	9:49.4	1:09.4	53	35:52.2	19.2	0:59.1	69	29:19.9	9:28	1:17:10.2
49	Charles Vamos	193	89	11:00.3	1:43.3	56	36:06.5	19.1	1:04.0	48	27:16.1	8:48	1:17:10.5
50	Maeve Daly Kline	59	42	9:39.2	3:00.1	59	36:20.7	19.0	0:27.9	53	27:53.7	9:00	1:17:21.8
51	Alexander Crockett	54	68	10:25.5	1:45.7	70	37:11.3	18.6	1:46.0	36	26:29.2	8:33	1:17:37.9
52	Charles Schreiber	169	105	11:35.3	1:12.7	21	33:04.6	20.9	1:08.1	91	30:49.3	9:57	1:17:50.1
53	Lauren Germino	85	43	9:41.3	2:14.8	121	40:46.7	16.9	0:22.4	20	24:53.8	8:02	1:17:59.2
54	Aisha Lehmann	117	111	11:46.7	0:51.8	77	37:26.5	18.4	0:53.3	47	27:12.8	8:47	1:18:11.3
55	Francisco Septien Quintana	173	22	8:45.1	1:19.1	95	38:31.9	17.9	0:43.4	67	28:54.7	9:20	1:18:14.4
56	Bryan George	84	33	9:25.3	1:11.2	32	34:01.0	20.3	1:05.3	113	32:34.5	10:30	1:18:17.5
57	Amber Johnson	105	19	8:29.5	1:37.9	143	44:10.3	15.6	0:24.9	12	23:35.6	7:37	1:18:18.4
58	Mark Smetana	176	20	8:36.8	2:57.3	61	36:26.9	18.9	2:01.1	63	28:34.2	9:13	1:18:36.6
59	Peter Rokosz	165	8	7:35.7	0:53.5	52	35:50.4	19.3	0:35.5	128	33:54.7	10:56	1:18:49.9
60	David Beckwith	25	57	10:08.3	0:51.3	37	34:19.9	20.1	1:22.7	104	32:15.8	10:24	1:18:58.1
61	Mary Vollbrecht	195	108	11:39.3	1:18.7	62	36:32.8	18.9	0:53.8	64	28:36.3	9:14	1:19:01.1
62	Dave Young	211	121	12:00.3	1:27.8	38	34:41.5	19.9	1:17.8	72	29:37.6	9:33	1:19:05.1
63	Emily Heim	94	4	7:26.7	1:20.1	111	40:10.7	17.2	0:22.5	75	29:45.7	9:36	1:19:05.8
64	Lance Losinski	122	92	11:05.9	1:21.8	28	33:45.5	20.4	1:26.4	98	31:33.8	10:11	1:19:13.6
65	Aaron Rausch	154	40	9:36.9	1:07.9	125	41:36.2	16.6	0:35.7	32	26:20.8	8:30	1:19:17.7
66	Jason Kulak	114	64	10:18.4	1:37.7	65	36:39.3	18.8	1:18.3	73	29:39.4	9:34	1:19:33.4

# 2023 Lake Max Triathlon

Race Date  
August 05, 2023

## Overall Results

### **Sprint Triathlon**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>		<u>Tran 1</u>		<u>Bike</u>		<u>Tran 2</u>		<u>Run</u>		<u>Total</u>	
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Pace</u>
67	Ashley Golen	86	50	9:55.4		1:50.4	43	34:58.9	19.7	2:14.8	90	30:41.7	9:54	1:19:41.4
68	Matthew Moe	137	78	10:34.5		1:58.8	40	34:48.6	19.8	2:06.6	86	30:25.2	9:49	1:19:53.9
69	T.r. Mahaffey	126	70	10:27.9		1:30.9	41	34:49.9	19.8	0:39.6	107	32:26.6	10:28	1:19:55.1
70	Justin Reeder	159	16	8:21.9		1:08.3	49	35:44.4	19.3	1:28.6	122	33:17.0	10:44	1:20:00.4
71	Ryan Schurr	170	44	9:47.2		0:58.4	46	35:32.6	19.4	0:45.3	118	33:08.5	10:41	1:20:12.3
72	Benjamin Reeb	157	49	9:52.9		3:17.2	110	39:57.1	17.3	2:07.3	22	25:02.5	8:05	1:20:17.2
73	Sara Bruner	35	60	10:12.9		1:09.1	80	37:37.1	18.3	1:22.0	79	30:03.0	9:42	1:20:24.3
74	Jordan Bender	26	109	11:40.3		1:16.2	30	33:52.2	20.4	1:13.5	106	32:25.7	10:28	1:20:28.1
75	Megan Carr	44	82	10:37.1		0:34.0	97	38:57.8	17.7	0:39.1	74	29:41.0	9:35	1:20:29.2
76	Sam Issermoyer	103	110	11:43.7		1:29.7	39	34:48.4	19.8	1:06.7	99	31:37.7	10:12	1:20:46.4
77	Tommy Jones	108	155	14:02.5		1:05.2	83	37:48.3	18.3	0:29.4	52	27:48.8	8:58	1:21:14.4
78	Kathleen Hruby	100	146	13:14.9		0:51.3	71	37:14.4	18.5	0:56.5	68	28:58.5	9:21	1:21:15.8
79	Tracy Bucher	38	21	8:39.2		2:12.8	92	38:17.6	18.0	0:51.9	96	31:25.3	10:08	1:21:27.1
80	Ian Wooten	206	134	12:28.4		2:00.4	81	37:44.4	18.3	0:37.8	65	28:44.3	9:16	1:21:35.6
81	Tj Wilson	203	156	14:06.6		1:54.6	84	37:49.5	18.2	1:10.0	39	26:36.5	8:35	1:21:37.4
82	Jason Rodriguez	164	88	10:59.9		1:38.9	72	37:15.3	18.5	0:57.1	92	30:49.6	9:57	1:21:41.1
83	Nick Harker	92	118	11:56.2		2:27.9	118	40:20.6	17.1	0:32.7	41	26:43.8	8:37	1:22:01.4
84	Carey Dilts	68	129	12:19.2		1:01.0	88	38:10.4	18.1	0:42.9	81	30:13.0	9:45	1:22:26.7
85	Madison Smith	177	116	11:53.8		0:46.7	100	39:10.3	17.6	0:18.6	82	30:17.3	9:46	1:22:26.9
86	Tim Voss	196	65	10:19.3		1:09.9	64	36:38.9	18.8	0:52.4	124	33:31.3	10:49	1:22:32.1
87	Sarah Trumbull	190	133	12:25.7		1:38.7	69	37:03.3	18.6	1:11.8	83	30:19.6	9:47	1:22:39.2
88	Sophie Bakker	21	84	10:47.3		2:38.0	129	42:09.4	16.4	0:35.9	40	26:38.0	8:35	1:22:48.8
89	Julie Young	212	81	10:36.5		0:49.6	58	36:16.0	19.0	1:10.0	130	34:07.5	11:00	1:22:59.7
90	Keith Wilson	201	112	11:46.9		1:44.9	54	35:53.9	19.2	2:10.4	97	31:26.8	10:09	1:23:03.2
91	Kylie Larson	116	71	10:28.2		0:49.6	93	38:26.6	17.9	0:21.4	117	33:03.8	10:40	1:23:09.8
92	Thaddeus Borchers	29	27	9:05.9		0:56.3	98	38:59.3	17.7	0:35.9	126	33:34.1	10:50	1:23:11.7
93	Daniela Readi	155	15	8:20.6		1:13.4	137	42:56.6	16.1	0:45.1	77	30:01.1	9:41	1:23:17.1
94	Bethany Jones	107	48	9:52.5		2:10.0	96	38:33.6	17.9	1:16.8	100	31:41.3	10:13	1:23:34.5
95	Micah Adams	14	131	12:23.3		1:36.9	130	42:22.8	16.3	0:49.2	34	26:23.1	8:31	1:23:35.5
96	Jim Blumer	27	93	11:05.9		2:41.7	99	39:01.3	17.7	0:30.4	85	30:22.9	9:48	1:23:42.4
97	Maxwell Nikolai	142	83	10:40.7		2:44.8	135	42:47.3	16.1	0:28.1	46	27:12.6	8:47	1:23:53.8
98	Gerhard Fussle	81	154	13:56.1		1:22.4	75	37:24.7	18.4	1:13.9	78	30:02.4	9:41	1:23:59.8
99	Christopher Shorosh	175	103	11:28.9		2:15.9	104	39:34.5	17.4	0:28.9	84	30:21.9	9:48	1:24:10.3

# 2023 Lake Max Triathlon

Race Date  
August 05, 2023

## Overall Results

### **Sprint Triathlon**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>		<u>Tran 1</u>		<u>Bike</u>		<u>Rate</u>	<u>Tran 2</u>		<u>Run</u>		<u>Total Time</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	
100	Benjamin Crockett	56	167	15:05.4		1:10.2	63	36:38.0	18.8	0:58.6	89	30:39.2	9:53	1:24:31.5
101	Allison Crockett	55	114	11:49.9		1:12.7	112	40:15.0	17.1	0:44.8	88	30:35.7	9:52	1:24:38.3
102	William Hockema	95	148	13:28.1		1:34.1	57	36:12.1	19.1	0:55.5	114	32:53.7	10:37	1:25:03.6
103	Brian Oleary	145	75	10:32.4		1:21.9	117	40:20.4	17.1	0:35.4	109	32:28.9	10:29	1:25:19.3
104	Bryce Malan	127	151	13:39.7		2:57.0	105	39:41.0	17.4	0:32.3	62	28:30.3	9:12	1:25:20.5
105	Chad Liersch	120	80	10:34.9		2:12.9	103	39:27.4	17.5	1:15.2	102	32:01.0	10:20	1:25:31.6
106	Carrie Kietzman	112	69	10:27.3		0:51.5	102	39:24.4	17.5	0:18.9	133	34:32.6	11:09	1:25:34.9
107	Joshua Brennehan	32	115	11:50.8		1:59.3	166	46:38.0	14.8	0:20.2	19	24:48.2	8:00	1:25:36.6
108	Sam Fry	80	127	12:17.1		1:43.2	85	37:51.8	18.2	1:32.8	115	32:55.4	10:37	1:26:20.6
109	Emily Calhoun	40	98	11:16.8		2:26.3	140	43:03.5	16.0	1:04.5	61	28:30.2	9:12	1:26:21.5
110	Tom Hathoot	93	66	10:24.2		1:43.6	74	37:17.0	18.5	1:21.1	142	35:58.6	11:36	1:26:44.8
111	David Swan	184	138	12:38.4		1:52.7	109	39:50.6	17.3	1:17.7	95	31:20.9	10:07	1:27:00.5
112	Jessica Halliar	91	132	12:23.4		1:16.4	89	38:12.8	18.1	1:19.7	131	34:08.1	11:01	1:27:20.6
113	Joel Kerns	109	145	13:09.4		1:50.9	91	38:14.6	18.0	0:36.2	125	33:32.9	10:49	1:27:24.3
114	Ethan Tillema	188	160	14:26.1		1:36.5	148	44:18.0	15.6	0:50.8	33	26:21.3	8:30	1:27:32.9
115	Reese Miller	135	141	12:49.2		1:35.1	86	37:59.8	18.2	0:37.2	136	34:37.3	11:10	1:27:38.8
116	Alex Dickerson	65	62	10:16.7		2:09.1	138	42:58.9	16.1	1:16.1	94	31:15.0	10:05	1:27:55.8
117	Andrew Huff	101	87	10:58.7		1:41.7	68	36:46.3	18.8	1:05.2	147	37:26.3	12:05	1:27:58.4
118	Megan Irwin	102	26	9:04.4		1:31.4	161	46:14.7	14.9	1:28.1	76	29:50.5	9:38	1:28:09.3
119	Robby Dragomer	69	147	13:16.4		0:59.7	94	38:27.0	17.9	1:23.8	129	34:05.2	11:00	1:28:12.4
120	Nathaniel Reininga	161	12	7:54.6		2:41.5	133	42:28.9	16.2	1:32.4	127	33:35.7	10:50	1:28:13.3
121	Hank Calhoun	41	3	7:22.3		2:34.3	152	44:48.9	15.4	0:29.7	121	33:16.5	10:44	1:28:31.8
122	Kim Davis	61	163	14:34.7		2:49.0	115	40:17.9	17.1	1:53.9	70	29:21.0	9:28	1:28:56.7
123	Alyssa Roca Miller	163	149	13:29.8		2:03.3	113	40:15.3	17.1	1:01.3	111	32:30.7	10:29	1:29:20.5
124	Nathan Bakker	20	101	11:28.3		2:33.9	128	41:54.8	16.5	0:31.7	120	33:14.2	10:43	1:29:43.1
125	Tom Szalinski	186	136	12:30.4		1:57.1	126	41:52.3	16.5	0:41.8	123	33:24.5	10:47	1:30:26.3
126	David Cavanagh	46	97	11:16.6		2:46.2	127	41:54.7	16.5	2:06.6	110	32:29.5	10:29	1:30:33.8
127	Brendan Walsh	197	135	12:29.2		2:20.0	157	45:37.1	15.1	0:32.1	80	30:06.6	9:43	1:31:05.2
128	Mark Trumbull	189	175	16:31.8		1:29.5	76	37:24.8	18.4	1:05.2	137	34:44.1	11:12	1:31:15.6
129	Theodore Pigott	149	25	9:02.1		1:51.7	122	41:09.3	16.8	2:55.5	143	36:23.1	11:44	1:31:21.9
130	Bridget Reeb	158	85	10:49.3		2:37.2	147	44:13.9	15.6	0:51.1	116	32:59.0	10:38	1:31:30.7
131	Lindsay Barts	23	119	11:57.6		3:04.7	142	43:42.4	15.8	0:25.4	105	32:24.1	10:27	1:31:34.4
132	Braxton Moore	138	95	11:15.2		1:56.7	114	40:15.3	17.1	0:57.9	148	37:26.3	12:05	1:31:51.6

# 2023 Lake Max Triathlon

Race Date  
August 05, 2023

## Overall Results

### **Sprint Triathlon**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>		<u>Tran 1</u>		<u>Bike</u>		<u>Rate</u>	<u>Tran 2</u>		<u>Run</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	
133	Niki Woodworth	204	99	11:17.8		1:21.0	144	44:10.3	15.6	0:35.9	132	34:30.2	11:08	1:31:55.4
134	Lori Swan	185	79	10:34.8		1:25.4	107	39:44.3	17.4	1:09.1	157	39:09.9	12:38	1:32:03.7
135	Carlos Amador	17	171	15:37.4		3:26.0	90	38:12.9	18.1	3:01.4	101	31:52.9	10:17	1:32:10.8
136	Jenna Workman	207	124	12:14.4		2:14.1	164	46:28.9	14.8	0:43.8	93	31:09.0	10:03	1:32:50.3
137	Robert Morton	139	170	15:26.5		1:21.5	87	38:00.3	18.2	1:02.0	146	37:02.0	11:57	1:32:52.5
138	Jeanene Calabrese	39	142	13:01.3		1:38.1	134	42:39.2	16.2	1:24.4	134	34:34.5	11:09	1:33:17.7
139	Leah Tuttle	192	56	10:03.4		2:51.2	116	40:19.9	17.1	2:32.0	151	38:06.7	12:18	1:33:53.4
140	Andrea Tuttle	191	55	10:02.9		2:51.0	119	40:21.2	17.1	2:31.0	152	38:07.9	12:18	1:33:54.2
141	Dan Perun	146	117	11:56.1		1:47.4	168	46:53.8	14.7	0:48.9	112	32:33.2	10:30	1:33:59.6
142	Katherine Cousins	53	91	11:01.3		2:28.4	101	39:13.4	17.6	1:31.1	162	40:18.8	13:00	1:34:33.2
143	Miranda Jackovich	104	159	14:21.2		1:53.8	82	37:44.7	18.3	1:07.5	159	39:33.4	12:46	1:34:40.7
144	Ben Bucher	36	183	19:05.6		2:19.2	123	41:18.4	16.7	0:38.8	103	32:01.4	10:20	1:35:23.7
145	Laura Wilson	202	150	13:34.3		1:25.7	131	42:26.3	16.3	1:20.2	145	36:53.5	11:54	1:35:40.2
146	Spardha Sharma	174	166	14:56.3		1:07.5	139	42:59.4	16.1	1:10.8	141	35:29.2	11:27	1:35:43.3
147	Lindsey Risner	162	169	15:22.1		2:21.3	155	45:08.0	15.3	0:57.5	108	32:28.4	10:29	1:36:17.5
148	Richard McAllister	132	137	12:34.1		1:11.0	124	41:34.5	16.6	1:53.4	156	39:09.4	12:38	1:36:22.6
149	Trevor Devine	64	125	12:14.8		2:43.8	165	46:29.1	14.8	0:43.2	139	35:03.1	11:18	1:37:14.2
150	Umberto Devany	62	123	12:11.7		3:28.4	141	43:10.8	16.0	2:38.3	144	36:23.7	11:44	1:37:53.1
151	Michelle Sunny	182	158	14:15.3		1:34.2	132	42:27.2	16.3	2:12.6	149	37:33.3	12:07	1:38:02.9
152	Jacob Mangerson	128	139	12:38.9		2:30.2	158	45:41.5	15.1	0:29.1	150	37:50.3	12:12	1:39:10.2
153	Ken Yoder	210	176	16:37.9		2:16.8	120	40:27.2	17.1	1:34.9	155	38:50.3	12:32	1:39:47.2
154	Erin Pretzer	152	152	13:41.3		2:30.4	136	42:54.5	16.1	1:05.3	161	40:01.7	12:55	1:40:13.4
155	Katrina Ramey	153	180	18:17.5		2:56.1	151	44:45.0	15.4	1:13.4	119	33:09.3	10:42	1:40:21.4
156	Polly Mangerson	129	173	16:02.6		2:54.3	156	45:13.7	15.3	1:59.1	135	34:35.8	11:10	1:40:45.6
157	Daniel Gumz	88	172	15:58.1		1:29.1	145	44:13.0	15.6	1:14.8	153	38:19.5	12:22	1:41:14.8
158	Grace Frank	76	61	10:13.9		4:59.7	171	47:47.9	14.4	0:36.5	154	38:25.0	12:24	1:42:03.3
159	Kathleen Daly Kline	58	63	10:16.8		1:44.0	153	44:54.7	15.4	1:49.0	170	43:18.7	13:58	1:42:03.3
160	Greg Clark	48	130	12:21.5		2:35.5	149	44:19.1	15.6	2:02.1	165	41:34.6	13:25	1:42:53.1
161	Debra Ames	18	122	12:07.8		2:11.7	163	46:23.7	14.9	1:13.6	166	41:45.4	13:28	1:43:42.4
162	David Nikolai	140	162	14:32.7		2:28.1	154	45:01.2	15.3	1:18.2	164	40:59.3	13:13	1:44:19.6
163	Dale Brennehan	31	164	14:36.4		2:54.2	146	44:13.1	15.6	0:55.3	167	41:51.6	13:30	1:44:30.8
164	Emily Reichert	160	58	10:10.3		1:38.0	176	51:56.5	13.3	0:39.5	168	41:59.8	13:33	1:46:24.2
165	Josh Bolen	28	181	18:22.7		1:05.6	175	50:36.9	13.6	1:10.4	140	35:15.5	11:22	1:46:31.2

# 2023 Lake Max Triathlon

Race Date  
August 05, 2023

## Overall Results

### **Sprint Triathlon**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>		<u>Tran 1</u>			<u>Bike</u>			<u>Tran 2</u>		<u>Run</u>		<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>		
166	Katie Zobrist	213	100	11:27.6		3:24.4	106	39:43.8	17.4	1:41.5	183	50:17.8	16:13	1:46:35.3	
167	Nadine Coles	50	165	14:46.7		2:40.9	172	48:30.6	14.2	0:38.5	163	40:22.9	13:02	1:46:59.8	
168	Dustin Bucher	37	168	15:12.1		2:21.5	162	46:18.6	14.9	0:53.9	169	42:27.7	13:42	1:47:13.9	
169	Christine Gaines	82	144	13:06.2		2:47.3	170	47:41.8	14.5	1:00.0	171	43:52.2	14:09	1:48:27.6	
170	Jennifer Ploetz	150	113	11:48.2		1:48.1	167	46:49.7	14.7	1:51.5	175	46:28.9	15:00	1:48:46.5	
171	Andy Garza	83	143	13:03.9		2:36.7	150	44:20.9	15.6	2:30.1	176	46:46.5	15:05	1:49:18.2	
172	Phillip Stephenson	180	94	11:08.5		2:36.6	183	56:04.7	12.3	0:59.4	158	39:31.9	12:45	1:50:21.3	
173	Andrew Chen	47	6	7:31.3		3:24.1	181	55:29.8	12.4	0:22.1	173	44:48.4	14:27	1:51:35.8	
174	Susan Freymiller	78	140	12:47.8		1:46.7	169	47:26.5	14.5	0:48.5	181	48:53.5	15:46	1:51:43.2	
175	Ashley Stokes	181	157	14:11.9		3:06.3	180	54:46.9	12.6	0:41.8	160	39:54.4	12:52	1:52:41.5	
176	Kate Nikolai	141	161	14:28.5		4:09.8	159	45:48.5	15.1	1:23.2	178	47:03.1	15:11	1:52:53.3	
177	Benjamin Stephenson	179	153	13:55.7		4:11.2	185	58:47.9	11.7	1:46.5	138	34:52.4	11:15	1:53:33.9	
178	Mary Gumz	89	174	16:09.8		1:57.4	177	52:05.3	13.2	0:34.2	179	47:13.8	15:14	1:58:00.8	
179	Andrea Homrich	97	184	19:52.3		3:00.4	174	49:14.5	14.0	0:45.8	177	46:56.3	15:09	1:59:49.5	
180	Tom Homrich	99	182	18:56.3		3:48.0	173	48:43.3	14.2	0:47.1	180	48:17.5	15:35	2:00:32.4	
181	Randy Falk	74	178	16:47.2		2:48.3	184	56:33.6	12.2	0:35.6	172	44:02.3	14:12	2:00:47.2	
182	Peter Zura	215	177	16:44.2		2:38.1	178	52:59.9	13.0	2:11.2	174	46:21.8	14:57	2:00:55.4	
183	Bill McLane	134	179	17:27.5		2:10.6	160	45:51.5	15.0	1:33.6	184	56:36.2	18:16	2:03:39.7	
184	Mary Cohan	49	46	9:48.6		2:57.1	186	59:32.1	11.6	1:14.9	182	50:12.9	16:12	2:03:45.7	
185	Craig Matteson	131	187	22:24.7		2:57.5	179	53:00.2	13.0	1:04.5	185	58:17.0	18:48	2:17:44.1	
186	Kelly Schlebecker	168	186	21:52.5		5:01.2	182	55:43.1	12.4	1:11.5	186	1:03:37.9	20:32	2:27:26.4	
187	Al Schlebecker	167	185	20:42.4		4:04.5	187	1:00:41.0	11.4	4:19.2	187	1:03:39.3	20:32	2:33:26.6	