

Race Date  
August 05, 2023

## 2023 Lake Max Triathlon

### Overall Results

#### Team - Male

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>		<u>Tran 1</u>	<u>Bike</u>		<u>Tran 2</u>	<u>Run</u>		<u>Total</u>			
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Iron-In-laws	5	1	7:14.6		0:21.9	1	30:52.8	22.3	0:16.5	1	19:49.7	6:24	58:35.7
2	Wheele	13	3	26:23.6							2	35:49.4	11:33	1:00:49.1
3	In-Laws	4	2	9:28.9		0:31.8	2	38:15.9	18.0	0:29.0	3	36:45.4	11:51	1:25:31.2

#### Team - Female

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>		<u>Tran 1</u>	<u>Bike</u>		<u>Tran 2</u>	<u>Run</u>		<u>Total</u>			
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Ot Relay Team	11	1	13:52.8		0:22.9	1	43:54.1	15.7	0:50.8	1	38:49.5	12:31	1:37:50.3

#### Team - Coed

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>		<u>Tran 1</u>	<u>Bike</u>		<u>Tran 2</u>	<u>Run</u>		<u>Total</u>			
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	One Too Many Donuts	10	1	7:50.3		0:30.3	1	30:24.7	22.7	0:15.3	1	27:22.8	8:50	1:06:23.6
2	Team Trefren	12	4	9:01.6		0:23.9	3	33:49.0	20.4	0:20.4	5	29:53.8	9:39	1:13:28.8
3	Lamothe Julie	7	5	9:02.0		0:30.0	2	33:32.3	20.6	0:23.1	7	31:14.8	10:05	1:14:42.2
4	Last Year Was A Fluke	8	8	11:31.8		0:30.8	6	38:52.6	17.7	0:26.1	2	27:32.7	8:53	1:18:54.1
5	Mike And Another Mary	9	7	10:55.1		1:00.4	4	35:28.7	19.4	0:42.9	6	30:52.5	9:58	1:18:59.8
6	Huff And Puff	3	6	9:04.0		0:28.1	7	40:50.2	16.9	0:24.6	4	29:29.2	9:31	1:20:16.2
7	Germs-Tri-ing	2	3	9:00.6		0:23.1	9	43:15.5	16.0	0:20.1	3	28:14.9	9:07	1:21:14.3
8	Jd Crew Yahoo!	6	2	8:59.4		0:25.9	8	42:34.5	16.2	0:23.6	8	31:58.9	10:19	1:24:22.4
9	Team Gilley	217	9	12:19.8		0:25.4	5	38:33.3	17.9	0:16.1	9	34:42.0	11:12	1:26:16.8