

Race Date
February 11, 2023

2023 Frosty 5
Age Group Results

5 Mile Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Thea Strand	Saint Joseph MI	41	5968	5	33:48.9	6:46/M
2	Adelyn Long	Bristol IN	14	4289	11	35:39.6	7:08/M
3	Emma Long	Bristol IN	17	4290	14	37:00.6	7:24/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alec Saylor	Dowagiac MI	23	5964	1	27:12.4	5:26/M
2	Fg Garcia	Goshen IN	40	4274	2	28:25.2	5:41/M
3	Jon Long	Bristol IN	45	4291	3	32:06.1	6:25/M

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5 Mile Run

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Henry Rivas	Elkhart IN	24	5962	25	42:51.7	8:34/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Micah Schrock	Topeka IN	26	5965	15	37:16.6	7:27/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Katherine L Barrett	South Bend IN	32	4266	27	44:00.5	8:48/M
2	Keri Lievore	Elkhart IN	30	4287	44	59:47.6	11:58/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicholas Lievore	Elkhart IN	34	4288	40	57:30.1	11:30/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amie Chavarria	Elkhart IN	38	4272	26	43:15.2	8:39/M
2	Sandra Alvarez	Elkhart IN	36	4264	32	46:23.7	9:17/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christy Savage	Granger IN	42	5963	19	41:09.3	8:14/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve Kulwicki		42	5959	7	34:05.9	6:49/M
2	Scott Brown	Mishawaka IN	41	4271	9	34:26.6	6:53/M
3	Cesar Legaspi	Elkhart IN	41	4286	21	41:57.4	8:23/M
4	Shawn Randall	Elkhart IN	42	4299	24	42:49.8	8:34/M
5	Michael Zavor	South Bend IN	44	5971	30	45:41.5	9:08/M

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5 Mile Run

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rebecca Biesbrouck	Mishawaka IN	49	4268	23	42:22.1	8:28/M
2	Christina Kauffmann	Goshen IN	45	4282	29	45:14.7	9:03/M
3	Nancy Rackovski		46	5960	33	47:18.2	9:28/M
4	Jen Barton	South Bend IN	45	4267	42	58:22.1	11:40/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Goetz	Jacksonville FL	48	4276	4	33:11.7	6:38/M
2	Ralph Nurse		45	7549	10	35:19.7	7:04/M
3	Glen Kauffmann	Goshen IN	47	4283	31	46:18.8	9:16/M
4	Alexander Momotiuk	Goshen IN	46	4293	39	53:43.9	10:45/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Goudarzi	Elkhart IN	51	4277	37	53:03.3	10:37/M
2	Sheila Oiler	Elkhart IN	50	4295	43	59:47.4	11:57/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christopher Papai	South Bend IN	52	4296	6	34:01.3	6:48/M
2	Francisco Hernandez		51	7044	8	34:23.4	6:53/M
3	Todd Smith	Mishawaka IN	51	5967	13	36:41.6	7:20/M
4	Todd Bailey	Argos IN	54	4265	16	39:47.6	7:58/M
5	Shawn Cox	Valparaiso IN	50	4273	17	39:52.1	7:58/M
6	Charles Pope	Constantine MI	51	4298	22	42:06.9	8:25/M
7	Michael Breniser	Middlebury IN	53	4270	38	53:03.4	10:37/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Debbie Ridenour	Goshen IN	55	4300	35	49:18.2	9:52/M

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Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stan Kauffman	Goshen IN	56	4281	20	41:21.3	8:16/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tina Strimbu		61	6315	36	50:14.5	10:03/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Craig Miller	Elkhart IN	60	4292	12	35:41.6	7:08/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Paul Winch	South Bend IN	65	5970	34	49:17.4	9:51/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Morningsun Kelly	Culver IN	70	4284	45	1:12:50.0	14:34/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephen Glick	Goshen IN	70	4275	18	40:34.8	8:07/M
2	Arvil Howe	South Bend IN	71	4279	28	44:01.3	8:48/M
3	Whitewolf Kelly	Burr Oak IN	71	4285	41	57:42.7	11:33/M