

Race Date  
November 18, 23

# 2023 New Lenox Gobbler Gauntlet 5K

## Age Group Results

### 5K Run

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nadia Bowden	New Lenox IL	17	4070	9	19:01.3	6:08/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jack Galminas	Mokena IL	16	4134	1	16:56.9	5:28/M

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## Age Group Results

### 5K Run

#### Male 6 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jordy Degreef	New Lenox IL	5	4103	193	50:16.8	16:13/M

#### Female 7 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Stella Ciccarelli	Mokena IL	10	4091	29	22:17.6	7:12/M
2 *	Mazzie Cleaveland	Frankfortfrankfort IL	7	4093	139	37:28.9	12:05/M
3 *	Clara Larson	Mokena IL	9	4182	197	51:42.4	16:41/M
4	Kennedy Dorr	Mokena IL	9	4107	198	51:42.7	16:41/M

#### Male 7 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nathan Jastrzab		9	4160	20	20:55.6	6:45/M
2 *	Joe Stritar	Manteno IL	10	4257	37	23:41.4	7:39/M
3 *	Caleb Stanish	Mokena IL	9	4255	57	27:02.3	8:43/M
4	Tucker Roberts	New Lenox IL	9	4236	59	27:11.5	8:46/M
5	Carter Reiser	New Lenox IL	9	4232	64	27:47.3	8:58/M
6	Theodore Lee	New Lenox IL	8	4185	71	28:42.7	9:16/M
7	Christian Carlson	Mokena IL	9	4085	107	33:27.5	10:48/M
8	Conor Libby	Mokena IL	9	4189	115	34:52.5	11:15/M
9	Nathan Hayden	New Lenox IL	9	4151	121	35:14.8	11:22/M
10	Brody Bettenhausen	New Lenox IL	7	4066	126	35:43.3	11:31/M
11	Jackson Schuch		10	4242	162	41:56.5	13:32/M
12	Maddox Murphy		10	4213	164	42:03.4	13:34/M
13	Nicholas Kabat	New Lenox IL	7	4169	171	43:35.2	14:04/M
14	Leo Tomasoski	Mokena IL	9	4260	201	52:32.4	16:57/M

#### Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mia Dedic	Tinley Park IL	11	4101	24	21:35.7	6:58/M
2 *	Ava Zartler	New Lenox IL	11	4284	26	21:53.9	7:04/M
3 *	Carli Smith	Manhattan IL	14	4251	47	24:54.4	8:02/M
4	Payton Guendling	Mokena IL	14	4147	60	27:17.1	8:48/M
5	Grace Spangler	New Lenox IL	13	4253	76	28:59.3	9:21/M
6	Avery Flood	Frankfort IL	12	4127	83	29:42.8	9:35/M
7	Scarlett Fideli	New Lenox IL	12	4124	103	32:22.8	10:27/M
8	Maisie Miller		11	3640	117	35:00.8	11:18/M

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### 5K Run

#### Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Aubrey Johnson		14	4164	151	39:56.7	12:53/M
10	Audrey Larson	Mokena IL	12	4180	205	53:37.6	17:18/M
11	Lucy Daoust		13	3636	218	57:55.2	18:41/M

#### Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ryan Zartler	New Lenox IL	13	4285	6	18:48.9	6:04/M
2 *	Tyler Jastrzab		12	4161	16	20:26.5	6:36/M
3 *	Finn Cameron		12	3635	18	20:40.3	6:40/M
4	Quinton Purdom	New Lenox IL	11	4225	21	21:10.1	6:50/M
5	Liam Jedlicka	Manteno IL	13	4162	32	22:36.9	7:18/M
6	Ethan Brauch	New Lenox IL	12	4075	45	24:29.1	7:54/M
7	Ryan Galminas	Mokena IL	12	4136	52	25:24.6	8:12/M
8	Luke Mattaliano	New Lenox IL	12	4201	56	27:01.3	8:43/M
9	Avery Reiser	New Lenox IL	12	4230	62	27:42.6	8:56/M
10	Caleb Green	New Lenox IL	11	4144	68	28:27.2	9:11/M
11	Colin Flynn	New Lenox IL	11	4129	77	28:59.4	9:21/M
12	Ben Willis		11	4276	82	29:20.5	9:28/M
13	Brandon Bettenhausen	New Lenox IL	11	4065	84	29:43.4	9:35/M

#### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ava Dughetti	Mokena IL	15	4111	11	19:10.2	6:11/M
2 *	Ella Maldonado	New Lenox IL	18	4195	44	24:26.2	7:53/M
3 *	Sophia Bach	New Lenox IL	19	4058	90	30:37.2	9:53/M
4	Bella Slevin	Plainfield IL	15	4249	183	46:44.2	15:05/M

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nathan Powley	Homer Glen IL	17	4224	2	17:17.4	5:35/M
2 *	Caleb Brownlee	Lockportlockport IL	17	4078	3	17:32.7	5:40/M
3 *	Benjamin Froeschle	Manteno IL	15	4132	5	18:28.9	5:58/M
4	Bryce Counihan	New Lenox IL	16	4096	12	19:10.2	6:11/M
5	Adrian Acosta	Mokena IL	15	4051	13	19:21.4	6:15/M
6	Noah James	New Lenox IL	16	4159	15	20:17.1	6:33/M
7	Caden Reiter	Manteno IL	15	4233	17	20:40.1	6:40/M

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### 5K Run

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Luke Bergen	Manhattan IL	15	4062	19	20:45.9	6:42/M
9	Nico Espinosa	Mokena IL	19	4119	22	21:13.8	6:51/M
10	David Skonicki	New Lenox IL	16	4247	41	24:14.8	7:49/M
11	Devin Smith	Manhattan IL	19	4252	43	24:26.1	7:53/M
12	William Mrozowski	Mokena IL	15	4211	54	25:58.9	8:23/M
13	Elijah James	New Lenox IL	15	4158	87	30:29.3	9:50/M

#### Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Cassie Ruettiger	New Lenox IL	24	4237	33	22:41.1	7:19/M
2 *	Lauren Spengler	Frankfort IL	23	4254	46	24:29.9	7:54/M
3 *	Jessica Livigni	Mokena IL	21	4193	61	27:24.3	8:50/M
4	Angela Skonicki	New Lenox IL	23	4246	67	28:24.9	9:10/M
5	Pamela Moya	New Lenox IL	22	4210	212	54:57.9	17:44/M

#### Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nick Fiore	Belvidere IL	21	4126	8	19:00.9	6:08/M
2 *	Emilio Espinosa	Mokena IL	22	4117	27	21:59.4	7:06/M

#### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brittany Pirc	Elwood IL	27	4220	34	23:07.6	7:28/M
2 *	Michelle Lamblin	New Lenox IL	27	4178	123	35:24.8	11:25/M
3 *	Allison Rymek	New Lenox IL	26	4239	145	38:30.8	12:25/M
4	Jamie Bowsher	New Lenox IL	26	4071	159	41:26.3	13:22/M
5	Erin Miller	New Lenox IL	27	4207	199	52:14.9	16:51/M
6	Meghan Bell		29	4061	226	1:04:26.5	20:47/M

#### Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Vincent Manzella	Lockport IL	26	4199	124	35:32.8	11:28/M
2 *	Dominic Manzella	Lockport IL	29	4198	125	35:33.7	11:28/M
3 *	Kyler Knapp	Columbia Falls MT	26	4174	144	37:47.5	12:11/M

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## Age Group Results

### 5K Run

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Gina Murphy	Wilmington IL	33	4212	39	23:47.9	7:41/M
2 *	Allison Lewis	Joliet IL	33	4188	63	27:46.3	8:58/M
3 *	Lauren Widlowski	New Lenox IL	34	4275	133	36:22.9	11:44/M
4	Emily Bowsher		30	3637	169	42:57.3	13:51/M

#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Angela Wargowsky	New Lenox IL	39	4269	66	28:12.3	9:06/M
2 *	Mary Feeley		37	4122	80	29:03.6	9:22/M
3 *	Danielle Linn	Frankfort IL	38	4191	85	29:57.9	9:40/M
4	Sarah Day	Mokena IL	38	4100	86	29:58.1	9:40/M
5	Stephanie Tomasoski	Mokena IL	37	4261	92	30:39.8	9:53/M
6	Rebecca Capp	New Lenox IL	38	4083	95	30:57.1	9:59/M
7	Michelle Stanish	Mokena IL	37	4256	96	31:00.6	10:00/M
8	Allison Poolitsan		37	4223	119	35:10.1	11:21/M
9	Katherine Willis	New Lenox IL	35	4277	132	36:22.5	11:44/M
10	Aimee Alsbury	Wilmington IL	39	4052	135	36:44.5	11:51/M
11	Brittany Degreef	New Lenox IL	35	4102	137	37:23.7	12:04/M
12	Lanae Yong	New Lenox IL	38	4283	142	37:45.8	12:11/M
13	Lauren Schuch		35	4243	165	42:05.2	13:35/M
14	Amy McCollam	New Lenox IL	37	4203	173	43:50.2	14:08/M
15	Andrea Walker	Manhattan IL	39	4268	175	43:54.7	14:10/M
16	Karri Radtke	New Lenox IL	39	4227	179	44:44.6	14:26/M
17	Erin Raupp	Frankfort IL	35	4229	180	44:46.4	14:27/M
18	Destiney Dangerfield		37	4098	207	54:30.4	17:35/M
19	Kim Dudek	Manhattan IL	39	4110	216	55:46.1	17:59/M

#### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brandon Feeley		38	4121	23	21:35.6	6:58/M
2 *	Matthew Hartenburg	Frankfort IL	39	4150	28	22:13.6	7:10/M
3 *	Chris White	Manhattan IL	36	4273	42	24:17.1	7:50/M
4	Christopher Day	Mokena IL	38	4099	49	25:09.3	8:07/M
5	Mark Holwerda	New Lenox IL	39	4156	69	28:27.4	9:11/M
6	Josh Mattaliano	New Lenox IL	37	4200	72	28:49.1	9:18/M
7	Andrew Bettenhausen	New Lenox IL	38	4064	127	35:44.4	11:32/M
8	Ronald Heck	Bourbonnais IL	36	4154	217	55:46.6	18:00/M

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## Age Group Results

### 5K Run

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kara Ciccarelli	Mokena IL	41	4089	25	21:41.6	7:00/M
2 *	Andrea Clark	Tinley Park IL	44	4092	35	23:30.9	7:35/M
3 *	Anna Denton	Frankfort IL	40	4104	65	27:55.3	9:00/M
4	Kathryn Flynn	New Lenox IL	44	4130	79	29:03.3	9:22/M
5	Marie Quaresima-Gutierrez		40	4226	100	32:02.6	10:20/M
6	Lindsay Fideli	New Lenox IL	40	4123	104	32:27.6	10:28/M
7	Katherine Lenz	Peotone IL	40	4186	105	32:30.8	10:29/M
8	Melissa Lux	Bradley IL	44	4194	109	33:47.5	10:54/M
9	Abby Larson	Mokena IL	41	4179	110	33:47.8	10:54/M
10	Jessica Roberts	New Lenox IL	42	4235	114	34:51.9	11:15/M
11	April Keim	New Lenox IL	40	4172	118	35:07.7	11:20/M
12	Dana Willmeng	New Lenox IL	41	4279	120	35:12.5	11:21/M
13	Alisa Carlson	Mokena IL	40	4084	128	36:00.2	11:37/M
14	Elizabeth Kinder	Indianapolis IN	42	4173	129	36:05.7	11:39/M
15	Casey Brauch	New Lenox IL	41	4074	136	37:08.8	11:59/M
16	Tennille Tucker	Frankfortfrankfort IL	42	4262	138	37:28.9	12:05/M
17	Cynthia Coglianese	Mokena IL	44	4094	146	38:33.4	12:26/M
18	Mary Libby	Mokena IL	40	4190	147	39:17.4	12:40/M
19	Lindsey Ehlers	Manhattan IL	40	4112	150	39:55.9	12:53/M
20	Amanda Kabat	New Lenox IL	40	4167	172	43:38.1	14:05/M
21	Susan Henschel	Tinley Park IL	44	4155	187	47:27.6	15:19/M
22	Kelly Manchac	New Lenox IL	43	4196	213	55:36.8	17:56/M
23	Maranda Heck	Bourbonnais IL	41	4153	215	55:45.1	17:59/M
24	Amanda Itter		44	4157	223	1:02:33.1	20:11/M

#### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tim Newman	New Lenox IL	43	4214	7	18:54.3	6:06/M
2 *	Mike Ciccarelli	Mokena IL	42	4090	14	19:31.2	6:18/M
3 *	Bryan Reiser	New Lenox IL	42	4231	38	23:45.8	7:40/M
4	John Leonard	Joliet IL	44	4187	40	24:08.6	7:47/M
5	Randy Goodwin	New Lenox IL	44	4142	51	25:17.6	8:10/M
6	Joseph Lee	New Lenox IL	41	4184	70	28:42.5	9:16/M
7	Keith Fisher		44	3638	91	30:37.3	9:53/M
8	Tom Hayden	New Lenox IL	40	4152	122	35:15.8	11:23/M
9	Nate Green	New Lenox IL	44	4145	131	36:18.4	11:43/M
10	Gary Yong	New Lenox IL	43	4282	143	37:46.4	12:11/M
11	Allen Capp	New Lenox IL	41	4082	148	39:28.2	12:44/M
12	Michael Schuch	Manhattan IL	40	4244	166	42:05.5	13:35/M
13	Erik Spangler		42	3632	181	45:07.3	14:33/M

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## Age Group Results

### 5K Run

#### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
14	Carl Larson	Mokena IL	42	4181	206	53:44.4	17:20/M
15	Stephen Manchac	New Lenox IL	41	4197	214	55:37.1	17:57/M

#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amy Bowden	New Lenox IL	45	4069	31	22:27.2	7:15/M
2 *	Kelly Galminas	Mokena IL	46	4135	50	25:14.9	8:09/M
3 *	Lisa Behounek	Joliet IL	46	4060	74	28:50.6	9:18/M
4	Heidi Kautz	Mokena IL	46	4171	99	31:45.5	10:15/M
5	Amy Donnelly		49	3631	102	32:20.5	10:26/M
6	Trisha Dorr	Mokena IL	48	4108	157	40:51.7	13:11/M
7	Meghan Dimopoulos	Orland Park IL	49	4105	189	49:15.9	15:54/M
8	Gerri Lecompte	Mokena IL	46	4183	191	50:12.9	16:12/M
9	Joanne Chocola	Mokena IL	49	4088	192	50:12.9	16:12/M
10	Theresa Overgaard	Orland Park IL	48	4217	196	51:05.2	16:29/M
11	Ann Bach	New Lenox IL	47	4057	202	52:46.9	17:02/M
12	Rebecca Willis		45	4278	204	53:25.9	17:14/M
13	Alicia Vasil	Braidwood IL	46	4265	209	54:42.7	17:39/M
14	Kathy Skonicki	New Lenox IL	47	4248	211	54:57.7	17:44/M
15	Valerie Johnson	Oak Forest IL	48	4165	222	1:02:33.1	20:11/M
16	Sarah Genens	Joliet IL	46	4140	225	1:04:26.3	20:47/M

#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mike Donnelly		49	3630	48	25:05.9	8:06/M
2 *	Andrew Haigh	New Lenox IL	48	4148	58	27:09.2	8:46/M
3 *	Steve Miller		47	3639	116	34:59.2	11:17/M
4	Thedford Harper		48	3641	140	37:35.2	12:08/M
5	Anthony Johnson		45	4163	153	40:18.2	13:00/M
6	Timothy Gappa		45	4138	154	40:42.2	13:08/M
7	Rich Slevin	Plainfield IL	46	4250	184	46:44.4	15:05/M

#### Female 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amy Ulm	Channahon IL	51	4263	73	28:50.3	9:18/M
2 *	Liz Costa	Channahon IL	60	4095	75	28:54.2	9:19/M

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### 5K Run

#### Female 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Susan Vonborstel	New Lenox IL	58	4267	78	29:01.8	9:22/M
4	Kim Auchstetter	New Lenox IL	57	4054	81	29:19.9	9:28/M
5	Robin Ellis		51	4114	88	30:32.1	9:51/M
6	Natalie Flood	Frankfort IL	50	4128	89	30:37.1	9:53/M
7	Pandora Brown	Tinley Park IL	58	4077	93	30:41.8	9:54/M
8	Julie Wulf-Knoerzer	New Lenox IL	50	4281	94	30:44.6	9:55/M
9	Audrey Jessel		54	3629	97	31:13.6	10:04/M
10	Kim Oliver	New Lenox IL	54	4216	98	31:37.2	10:12/M
11	Tina Pirc	Elwood IL	60	4221	101	32:07.9	10:22/M
12	Diane Rymek	New Lenox IL	51	4240	106	32:43.8	10:33/M
13	Laura Doyle	New Lenoxnew Lenox	54	4109	108	33:41.5	10:52/M
14	Lisa Haigh	New Lenox IL	50	4149	112	33:51.4	10:55/M
15	Valerie Swanson	Orland Park IL	52	4258	134	36:41.1	11:50/M
16	Diana Raimondo	New Lenox IL	52	4228	141	37:35.6	12:08/M
17	Mary Kay Ruettiger	New Lenoxnew Lenox	55	4238	149	39:30.8	12:45/M
18	Kim Gappa		55	4137	155	40:42.5	13:08/M
19	Linda White	New Lenox IL	66	4274	158	40:51.7	13:11/M
20	Mary Wolf	Tinley Park IL	75	4280	160	41:33.6	13:24/M
21	Debbie Schultz	Mokena IL	55	4245	161	41:38.5	13:26/M
22	April Veerman	Elwood IL	60	4266	163	42:00.6	13:33/M
23	Sandie Angelo	Mokena IL	51	4053	167	42:45.4	13:48/M
24	Karen Bowsher	New Lenox IL	58	4072	168	42:55.7	13:51/M
25	Christine Krueger	Oak Forest IL	53	4175	170	43:00.5	13:52/M
26	Launa Enix		55	4115	176	43:56.7	14:11/M
27	Linda Montano	New Lenox IL	59	4209	177	44:17.8	14:17/M
28	Susan Kuhel	Joliet IL	64	4177	178	44:37.2	14:24/M
29	Laurie Cerle	Mokena IL	58	4087	185	46:59.7	15:10/M
30	Jennifer McManus	New Lenox IL	59	4206	186	46:59.9	15:10/M
31	Teri Ellingham		58	4113	188	47:37.6	15:22/M
32	Colleen Ghelfi	Tinley Park IL	50	4141	195	51:05.1	16:29/M
33	Amy Grzybek		52	4146	210	54:43.2	17:39/M
34	Carolyn Boyer	Joliet IL	62	4073	219	57:55.6	18:41/M
35	Renee Bogacz		57	4068	221	1:02:06.3	20:02/M
36	Michelle Watts	Frankfort IL	52	4270	224	1:04:26.2	20:47/M

#### Male 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Roland Strikauskis		52	3634	4	18:23.8	5:56/M
2 *	John Taylor		51	3633	10	19:07.5	6:10/M
3 *	Michael Auld	Plainfield IL	60	4055	30	22:18.3	7:12/M



Race Date  
November 18, 23

# 2023 New Lenox Gobbler Gauntlet 5K

## Age Group Results

### 5K Run

#### Male 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Joe Gaul	New Lenox IL	63	4139	36	23:37.9	7:37/M
5	Jose Espinosa	Mokena IL	50	4118	53	25:26.5	8:12/M
6	Jim O'Neill	Orland Park IL	56	4215	55	26:12.1	8:27/M
7	Kevin Mc Cabe	New Lenox IL	53	4202	111	33:47.8	10:54/M
8	Joe Rinke	Manhattan IL	56	4234	113	34:45.8	11:13/M
9	Bill Gora	Homer Glen IL	64	4143	130	36:09.3	11:40/M
10	Edgardo Canseco	Manhattan IL	67	4081	152	40:11.8	12:58/M
11	Bruce Tassone		58	4259	156	40:46.3	13:09/M
12	Paul Bamman	Frankfort IL	67	4059	174	43:54.3	14:10/M
13	Robert Kuhel	JolietJoliet IL	66	4176	182	45:26.2	14:39/M
14	Peter Dimopoulos	Orland Park IL	50	4106	190	49:15.9	15:54/M
15	John Kaim	Palos Hills IL	62	4170	194	50:17.4	16:13/M
16	Joe Miller	New Lenox IL	62	4208	200	52:15.5	16:51/M
17	Aaron Bach	New Lenox IL	51	4056	203	52:48.3	17:02/M
18	Jim Bogacz		56	4067	220	1:01:26.7	19:49/M
19	Paul Enix		54	4116	227	1:04:28.6	20:48/M

#### Non Binary

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jen Westfall		47	4272	208	54:30.6	17:35/M