

2023 Grape Lake 5K

Age Group Results

Walk

Race Date
September 09, 23

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Judy Maring		61	7165	2	37:01.0	11:56/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Paul Asmus	Kalamazoo MI	74	6966	1	36:55.8	11:55/M

2023 Grape Lake 5K

Age Group Results**Walk**Race Date

September 09, 23

no age provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Miss Olney		0	7205	118	1:01:29.6	19:50/M

Female 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Breleigh Hitchcock		8	7117	43	50:34.8	16:19/M
2 *	Lindy Rupprecht	Paw Paw MI	5	7250	110	59:52.4	19:19/M
3 *	Adalynn Kridler		7	7140	120	1:01:52.1	19:57/M
4	Zoe Bober		7	6988	121	1:01:53.5	19:58/M
5	Aria Weber	Paw Paw MI	6	7321	137	1:12:45.8	23:28/M

Male 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Luke Metzger	Mattawan MI	9	7185	6	38:21.7	12:23/M
2 *	Joseph Cottone		10	6918	104	59:36.8	19:14/M
3 *	Declan Weber	Paw Paw MI	5	7322	140	1:13:01.3	23:33/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Madeline Bogda		13	6989	52	51:02.1	16:28/M
2 *	Alivia Shipley		12	7269	87	54:58.7	17:44/M
3 *	Breana Wines		14	7338	133	1:05:04.5	21:00/M
4	Ava Bucholtz		11	7003	136	1:11:05.9	22:56/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sam Mayes	Otsego MI	14	7173	145	1:14:33.9	24:03/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Willow Bucholtz		15	7005	38	49:14.8	15:53/M
2 *	Astoria Powell		15	7224	123	1:02:01.4	20:00/M
3 *	Peyton Haner		15	7104	132	1:05:02.0	20:59/M

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Age Group Results**Walk****Male 15 to 19**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Luca Cottone		18	6919	95	57:21.6	18:30/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rachel Semrau		24	7266	44	50:38.0	16:20/M
2 *	Makenna Keller		22	7135	47	50:40.9	16:21/M
3 *	Elena Pantoja	Paw Paw MI	22	7208	63	52:51.9	17:03/M
4 *	Piper Sluyter	Kalamazoo MI	22	7277	151	1:16:18.4	24:37/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dalton Clark		24	7018	45	50:38.2	16:20/M
2 *	Kody Garcia		22	7088	48	50:41.8	16:21/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Makayla Fleetwood	Gobles MI	29	7076	33	47:16.5	15:15/M
2 *	Kayla Engel	Kalamazoo MI	26	7063	69	53:04.7	17:07/M
3 *	Freddi Hynes		26	6904	73	53:11.1	17:09/M
4 *	Gabrielle Appel		26	6965	80	53:38.3	17:18/M
5 *	Ali Young	Portage MI	26	7344	81	53:38.5	17:18/M
6 *	Michelle McCulloch	Portage MI	28	7179	83	53:39.1	17:18/M
7 *	Sarah Rousch	Portage MI	25	7244	92	56:53.3	18:21/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Shawn Lanphear		27	6914	54	51:13.2	16:31/M
2 *	Mike Koliboski		25	7139	62	52:51.2	17:03/M
3 *	Joshua Anders		27	6962	67	52:59.6	17:06/M
4 *	Eric Hynes		26	6905	72	53:10.4	17:09/M
5 *	Ryan Drozd		27	7053	103	59:28.1	19:11/M
6 *	Trevor Hicks		26	7113	106	59:39.1	19:15/M
7 *	Tyler Mayes	Otsego MI	29	7174	149	1:16:13.4	24:35/M
8 *	Josh Mayes	Kalamazoo MI	26	7171	150	1:16:13.6	24:35/M

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Age Group Results

Walk

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Amber Fleetwood	Paw Paw MI	30	7074	3	37:04.5	11:58/M
2	* Sydney Harbaugh		32	7107	26	46:27.6	14:59/M
3	* Kayleighjo Murr		34	7196	49	50:55.7	16:26/M
4	Hannah Devall	Mattawan MI	30	7043	58	52:28.3	16:56/M
5	Jennifer Groh-Johnson	Portage MI	30	7101	79	53:38.1	17:18/M
6	Kelly Saporita	Melbourne FL	34	7258	90	56:50.9	18:20/M
7	Morgan Drozd		30	7052	102	59:27.6	19:11/M
8	Kelsea Lange	Watervliet MI	33	7143	113	1:00:44.2	19:36/M
9	Alecia Penning		33	7216	114	1:01:17.1	19:46/M
10	Heaven Lewis	Lawton MI	32	7151	119	1:01:49.0	19:56/M
11	Nicole Cheadle	Galesburg MI	33	7016	127	1:02:29.8	20:10/M
12	Elizabeth Field	El Paso TX	33	7071	129	1:03:02.2	20:20/M
13	Sally Smith	Paw Paw MI	31	7280	141	1:13:05.7	23:35/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Nick Fleetwood	Paw Paw MI	33	7077	4	37:04.5	11:58/M
2	* Drew Shutes		31	7272	27	46:28.6	15:00/M
3	* Dan Shutes		31	7271	28	46:29.9	15:00/M
4	Anthony Brewer		34	6933	50	50:59.8	16:27/M
5	Kyle Rousch	Portage MI	33	7243	91	56:53.1	18:21/M
6	Michael Cheadle	Galesburg MI	33	7015	126	1:02:29.4	20:09/M
7	Lukas Smith	Paw Paw MI	33	7279	142	1:13:09.4	23:36/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Katie Kridler		37	7141	17	44:04.4	14:13/M
2	* Jennica Burkett	Lawrence MI	37	7011	57	52:03.8	16:48/M
3	* Cindy O'Brien		39	7204	60	52:42.2	17:00/M
4	Erin Buhl		39	7007	107	59:49.5	19:18/M
5	Julie Rupprecht	Paw Paw MI	38	7249	109	59:52.4	19:19/M
6	Crystal Bucholtz		38	7004	135	1:11:03.7	22:55/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Brett Seymoure	El Paso TX	36	7267	130	1:03:03.2	20:20/M

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Age Group Results

Walk

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mandie Mitchell	Paw Paw MI	40	7193	20	44:23.1	14:19/M
2 *	Amanda Small		41	6903	51	51:00.2	16:27/M
3 *	Domini Melson	Kalamazoo MI	42	7184	56	52:02.8	16:47/M
4	Holly Newhouse		44	7199	59	52:36.3	16:58/M
5	Mary Mearing		40	7182	66	52:59.2	17:06/M
6	Amanda Hoefly		44	7118	115	1:01:17.6	19:46/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chad Mitchell	Paw Paw MI	42	7192	19	44:22.7	14:19/M
2 *	Brandon Powell		41	7225	122	1:02:00.4	20:00/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Elizabeth Maxwell		49	7168	7	38:58.1	12:34/M
2 *	Susan Metzger	Mattawan MI	45	7186	22	44:51.7	14:28/M
3 *	Cresilda Broadwater	Paw Paw MI	48	6999	39	49:33.9	15:59/M
4	Lisa Johnson	Mattawan MI	48	7132	42	50:09.7	16:11/M
5	Shannon Paterala-Strieter		49	6913	53	51:12.8	16:31/M
6	Julie Hammel		49	7103	61	52:49.4	17:02/M
7	Rachel Sinclair	Kalamazoo MI	49	7275	68	53:04.4	17:07/M
8	Michelle Bogda		49	6990	86	54:58.6	17:44/M
9	Jennifer Robertson	Lawton MI	49	7239	100	58:19.6	18:49/M
10	Natalie Carey	Bloomingtondale MI	48	7012	116	1:01:27.8	19:50/M
11	Angela Weber	Paw Paw MI	47	7320	139	1:12:58.3	23:32/M
12	Mandie Weber	Otsego MI	48	7324	146	1:14:37.0	24:04/M
13	Rebecca Herbert	Paw Paw MI	47	7110	152	1:16:23.8	24:39/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Travis Wetherill		48	7330	25	46:05.6	14:52/M
2 *	Jeremy West		48	7327	37	49:14.7	15:53/M
3 *	Cory Johnson	Mattawan MI	49	7130	41	50:08.1	16:10/M
4	Joe Cottone		46	6928	105	59:37.6	19:14/M
5	Justin Weber	Paw Paw MI	49	7323	138	1:12:58.1	23:32/M

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Age Group Results

Walk

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tonya Pawlik	Kalamazoo MI	54	7214	36	47:28.6	15:19/M
2 *	Sandra Fowler		51	7083	77	53:32.0	17:16/M
3 *	Dana Appel		51	6964	84	53:43.5	17:20/M
4	Donna Rozema	Paw Paw MI	54	7246	89	56:50.1	18:20/M
5	Jennifer Kalleward	Schoolcraft MI	52	7134	99	58:19.5	18:49/M
6	Trisha Nelson	Lawton MI	51	7198	101	59:26.6	19:11/M
7	Tammy Southworth	Mattawan MI	51	7283	128	1:02:36.7	20:12/M
8	Becky Engstrom	Marcellus MI	51	7064	143	1:13:38.6	23:45/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dan Appel		52	6963	82	53:38.5	17:18/M
2 *	Cole Lhman		52	7153	108	59:49.8	19:18/M
3 *	Shawn Olney		52	7206	117	1:01:28.6	19:50/M
4	Scott Herbert	Paw Paw MI	52	7111	148	1:16:09.9	24:34/M
5	Andrew Vanbrocklin	Paw Paw MI	50	7302	153	1:16:27.3	24:40/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Carol Hatfield	Paw Paw MI	58	7109	8	39:18.3	12:41/M
2 *	Doreen Akins	Kalamazoo MI	59	6959	9	39:36.7	12:47/M
3 *	Judi Shutes		59	7273	18	44:09.1	14:15/M
4	Terri Adriance	Paw Paw MI	56	6957	24	45:02.9	14:32/M
5	Linda Rogers	Paw Paw MI	58	7241	29	46:39.4	15:03/M
6	Denise (terrell) Schwartz	Mc Cormick SC	55	7264	30	46:39.5	15:03/M
7	Anita Deyoung	Paw Paw MI	58	7045	65	52:54.2	17:04/M
8	Anna Simpson		59	7274	75	53:29.1	17:15/M
9	Patricia Pantoja	Paw Paw MI	55	7209	97	58:04.4	18:44/M
10	Bonnie Wolf		59	7340	134	1:05:27.8	21:07/M
11	Bobbi Mayes	Otsego MI	56	7170	147	1:14:40.2	24:05/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Steve McAnelly	Paw Paw MI	57	7175	10	41:04.0	13:15/M
2 *	Jeff Wilson	South Haven MI	59	7335	14	42:49.8	13:49/M
3 *	Thomas Fleetwood	Bloomington MI	59	7078	21	44:38.2	14:24/M

2023 Grape Lake 5K

Age Group Results

Walk

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Eddie Gray		59	7098	34	47:19.0	15:16/M
5	Chuck Williamson		56	7332	85	53:57.7	17:24/M
6	Troy Rozema	Paw Paw MI	57	7247	88	56:34.2	18:15/M
7	Bob Dean		58	6916	94	57:20.2	18:30/M
8	Timothy Adriance	Paw Paw MI	56	6958	112	1:00:12.3	19:25/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Connie Vargo	Paw Paw MI	63	7307	11	41:09.4	13:17/M
2	* Kathie Bednoroski		60	6978	15	42:57.9	13:52/M
3	* Kelly Westfield		61	7328	40	50:04.0	16:09/M
4	Nita Lowe		64	7162	55	51:18.8	16:33/M
5	Patty Hinz		60	7115	76	53:31.9	17:16/M
6	Marjie Haynes		60	6929	78	53:37.9	17:18/M
7	Lori Alverson		64	6960	93	57:01.2	18:24/M
8	Deloris Mills		61	7190	124	1:02:12.4	20:04/M
9	Maryalice Pysin		62	6930	131	1:03:13.2	20:24/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* John J. Kocsis		61	7138	5	37:07.4	11:59/M
2	* Kris Stakley Sr		62	6908	23	44:51.8	14:28/M
3	* Paul Deyoung	Paw Paw MI	61	7046	64	52:53.5	17:04/M
4	Bob Corstange	Paw Paw MI	64	7024	71	53:09.0	17:09/M
5	Guy Strickfaden		64	7290	74	53:28.5	17:15/M
6	Kevin Mills		60	7191	125	1:02:17.2	20:06/M
7	Randy Mayes	Otsego MI	62	7172	144	1:13:42.5	23:47/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Tina Leary		68	7146	12	42:10.6	13:36/M
2	* Charlene Wilson	South Haven MI	65	7334	13	42:49.7	13:49/M
3	* Ann Field	Paw Paw MI	65	7069	32	46:50.6	15:07/M
4	Mary Corstange	Paw Paw MI	68	7025	70	53:07.7	17:08/M
5	Lynna Dylhoff	Paw Paw MI	65	7057	111	1:00:09.6	19:24/M

2023 Grape Lake 5K

Age Group Results**Walk**

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Paul Jacobs		65	7127	16	43:46.8	14:07/M
2 *	Dave Field	Paw Paw MI	65	7070	31	46:48.0	15:06/M
3 *	Michael Pawlik	Kalamazoo MI	65	7213	35	47:27.0	15:18/M
4	Sree Sridharan		69	6915	96	57:23.1	18:31/M
5	Richard Holst		65	7119	98	58:09.6	18:46/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kathleen Vanbrocklin	Paw Paw MI	73	7303	154	1:16:27.8	24:40/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
* No Finishers							

Female 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
* No Finishers							

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Richard Vaneck	Grand Junction MI	80	7304	46	50:39.3	16:20/M