

Race Date  
August 26, 23

2023 Flyin Lion 5K  
Age Group Results

**5K Run**

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jenna Louis		43	3067	3	18:36.9	6:01/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael O'Connor	Granger IN	35	2973	1	17:57.0	5:49/M

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**5K Run**

Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cecilia Dietz	Granger IN	9	2903	35	26:06.9	8:32/M
2	Penelope Camm	Granger IN	10	2906	54	27:26.0	8:52/M
3	Hannah Jo Kozel	Granger IN	9	2962	57	27:29.7	8:56/M
4	Ava Schafer	Granger IN	9	2901	80	30:17.3	9:50/M
5	Jane Meiser	Granger IN	9	3028	89	31:11.4	10:10/M
6	Violet Sieradzki	Granger IN	10	2949	109	34:59.1	11:22/M
7	Kendall Connors	South Bend IN	10	3063	117	37:34.3	12:13/M
8	Elise Miller	Niles MI	10	2954	121	38:13.6	12:25/M
9	Marvella Pean	Granger IN	9	3048	127	39:27.2	12:49/M

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Foederis Leugers	South Bend IN	10	3073	50	27:19.3	8:57/M
2	Beckett Bona	Granger IN	10	2975	52	27:22.5	8:53/M
3	Jesse Thomas	South Bend IN	10	2991	53	27:22.5	8:53/M
4	Vincent Pean	Granger IN	10	3049	93	31:54.2	10:23/M
5	Andrew Dorvilien	Granger IN	9	2955	95	32:15.4	10:31/M
6	Michael Dorvilien	Granger IN	6	2968	98	32:54.1	10:43/M
7	Benson Bona	Granger IN	8	2971	99	32:58.3	10:42/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cayla Buss	Decatur MI	12	3001	7	20:17.9	6:34/M
2	Grace Zentz	Niles MI	13	2987	20	24:03.7	7:48/M
3	Clare Byron	Granger IN	11	2915	28	24:57.0	8:04/M
4	Tinley Defreez	Buchanan MI	11	2994	30	25:21.8	8:12/M
5	Frances Bradley	Granger IN	14	3070	70	28:32.4	9:18/M
6	Jolene Richter	Granger IN	12	3052	73	29:17.7	9:30/M
7	Anabelle Richter	Granger IN	14	3051	75	29:55.2	9:42/M
8	Janelle Sieradzki	Granger IN	14	2950	77	30:01.0	9:47/M
9	Emma Alexander	Granger IN	11	2926	90	31:24.7	10:10/M
10	Hayden Striegel	Granger IN	14	3036	112	35:18.1	11:31/M
11	Katherine Steinmetz	Niles MI	13	2920	114	35:37.3	11:33/M
12	Frances Dees	Mishawaka IN	11	2914	122	38:14.4	12:26/M
13	Harper Patrick	Granger IN	11	2990	123	38:20.6	12:28/M
14	Annalise Dees	Mishawaka IN	12	2913	124	38:37.7	12:33/M
15	Audrey Milliron	South Bend IN	12	2941	126	39:05.7	12:42/M
16	Bailey Wesner	Buchanan MI	13	2957	128	40:41.2	13:13/M

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Female 11 to 14

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17	Marisa Murdock	Buchanan MI	12	2964	129	40:41.6	13:13/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Sieradzki	Granger IN	13	2948	6	19:57.2	6:28/M
2	Stephen Auel	Granger IN	13	2909	17	23:03.0	7:27/M
3	Charles Spencer	Buchanan MI	13	2958	23	24:26.0	7:58/M
4	Simon Berry	Granger IN	13	2970	38	26:40.1	8:39/M
5	Matthias Dumich	Granger IN	12	2910	41	26:52.1	8:43/M
6	Logan Brackett	South Bend IN	13	2959	42	26:56.5	8:44/M
7	Harrison Striegel	Granger IN	12	3034	69	28:29.4	9:14/M
8	Peter Mammolenti	South Bend IN	11	2930	78	30:02.1	9:52/M
9	Mason Kugel	Granger IN	13	2919	79	30:08.9	9:47/M
10	Corey Kintzele	Granger IN	13	3068	105	34:38.5	11:12/M
11	Richie Thomas	South Bend IN	12	2992	120	37:59.2	12:17/M
12	Lance Pean	Granger IN	12	3075	125	38:45.2	12:35/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elizabeth Pratt		17	3033	103	33:56.1	11:03/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joshua Frabutt	Granger IN	19	3025	2	18:17.5	5:55/M
2	Seamus McDonald	Elkhart IN	16	3046	26	24:42.6	8:05/M
3	Zachery Camarata		17	3066	45	27:05.0	8:54/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Meagan Curley	Valparaiso IN	27	2917	21	24:03.9	7:47/M
2	Mia Tiwana	Mishawaka IN	22	3069	71	29:06.5	9:29/M

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Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matt Seida	Granger IN	24	2932	4	19:08.4	6:15/M
2	Samuel Quinn	Chicago IL	25	2936	24	24:35.2	8:04/M
3	James Pratt	Granger IN	28	3061	37	26:36.6	8:38/M
4	Tanner Christiansen	South Bend IN	25	2940	39	26:42.6	8:39/M
5	Nathaniel Barry	South Bend IN	28	3047	47	27:07.8	8:48/M
6	Erik Stipe	Mishawaka IN	27	3057	63	27:53.8	9:03/M
7	Tim Gunther	Elkhart IN	29	3058	81	30:21.1	9:49/M
8	Dylan Van Sky	South Bend IN	24	2939	83	30:37.2	9:56/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kristina Fuehring-Callahan	South Bend IN	36	2998	12	22:02.1	7:08/M
2	Tessa Mammolenti	South Bend IN	34	2922	14	22:39.8	7:21/M
3	Magdalena Villegas	South Bend IN	39	2921	46	27:05.3	8:47/M
4	Renee Jachura	Grangergranger IN	32	2985	49	27:12.5	8:52/M
5	Megan Kirkland	Granger IN	35	2908	58	27:30.8	8:55/M
6	Stacy Wall	Granger IN	39	2907	60	27:43.6	8:59/M
7	Mary Richter	Granger IN	39	3050	61	27:45.9	9:00/M
8	Melissa Harden	Granger IN	38	2902	92	31:33.3	10:15/M
9	Diana Mechelay	Mishawaka IN	32	2934	94	31:56.2	10:27/M
10	Mary Dorvilien	Granger IN	39	2967	97	32:49.8	10:43/M
11	Katie Meiser	Granger IN	39	3026	106	34:41.0	11:18/M
12	Megan Micinski	Mishawaka IN	33	3045	108	34:55.2	11:20/M
13	Eileen Varga	Granger IN	39	3038	110	35:13.0	11:29/M
14	Jessica Kimmet	South Bend IN	36	2923	115	36:34.8	11:52/M
15	Kimberly Connors	South Bend IN	32	3062	118	37:44.2	12:16/M
16	Jadira Gonzalez-Quintana	Bremen IN	32	2937	132	42:31.0	13:47/M
17	Brandy Wesner	Buchanan MI	38	2956	134	42:58.4	13:58/M
18	Lindsay Laucis	Granger IN	36	2980	138	44:48.6	14:36/M
19	Sydney Smallbone	Saint Joseph MI	34	2979	139	44:49.0	14:36/M
20	Melissa Srikureja	Mishawaka IN	38	2978	140	44:49.5	14:36/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle Chamberlin	Mishawaka IN	39	2928	9	20:42.8	6:42/M
2	Connor Wright	Mishawaka IN	30	3042	11	21:37.0	7:06/M
3	Eric Mammolenti	South Bend IN	35	2931	19	23:51.1	7:44/M
4	Christopher Bugajski	Granger IN	34	2916	32	25:42.6	8:26/M

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5	Jairo Garcia	Granger IN	34	2952	34	25:55.0	8:42/M
6	Seth Berry	Granger IN	37	2969	62	27:50.4	9:05/M
7	Jon Jachura	Granger IN	34	2984	64	28:06.1	9:09/M
8	Luis Martinez	Granger IN	30	2904	76	29:56.8	9:47/M
9	Dustin Maiden	Goshen IN	36	3054	85	30:42.4	9:58/M
10	Jacob Sonner	Elkhart IN	37	3053	88	30:57.6	10:04/M

**Female 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Audra Sieradzki	Granger IN	43	2947	55	27:28.9	8:57/M
2	Nichole McDowell	South Bend IN	44	3044	82	30:31.6	9:56/M
3	Erin Ponisciak	South Bend IN	42	2974	87	30:56.9	10:06/M
4	Tonya Donahue	Lakeville IN	46	3055	91	31:25.0	10:12/M
5	Aubry Halloran	South Bend IN	41	3030	96	32:34.0	10:35/M
6	Katie Leugers	South Bend IN	40	3074	102	33:47.3	11:03/M
7	Emily Brumbaugh	Granger IN	41	2960	113	35:26.2	11:35/M
8	Andrea Hostetler	Mishawaka IN	41	2938	133	42:31.2	13:47/M
9	Aimee Murdock	Buchanan MI	44	2961	135	42:58.8	13:58/M
10	Jana Bellows	Sturgis MI	42	3039	136	44:01.5	14:22/M
11	Jennifer Demkovich	Constantine MI	49	3041	137	44:01.6	14:22/M
12	Jacque Moore	Niles MI	44	2943	142	46:20.2	15:04/M

**Male 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dirkus Callahan	South Bend IN	40	2999	5	19:30.6	6:31/M
2	Travis Alexander	Granger IN	44	2925	8	20:27.6	6:38/M
3	Stefano Castruccio	Granger IN	40	2981	10	21:08.5	6:50/M
4	Paul Miller	South Bend IN	44	2988	15	22:43.0	7:22/M
5	Peter Miller	Granger IN	41	2953	16	23:01.3	7:29/M
6	Brendan Halloran	South Bend IN	43	3029	22	24:07.1	7:51/M
7	Chris Milliron	South Bend IN	40	2942	29	25:16.7	8:15/M
8	Patrick Mousaw	Granger IN	46	2935	31	25:42.0	8:22/M
9	Richard Zentz	Niles MI	41	2986	33	25:48.9	8:22/M
10	Jared Dees	Mishawaka IN	42	2911	48	27:07.9	8:52/M
11	Justin Leugers	South Bend IN	40	3071	51	27:19.4	8:57/M
12	Kenneth Camm	Granger IN	45	2905	56	27:29.0	8:54/M
13	Randy Kozel	Granger IN	44	3027	59	27:31.1	8:56/M
14	Andrew Bona	Granger IN	41	2976	100	32:58.6	10:42/M

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**Male 40 to 49**

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15	Travis Will	Pittsburgh PA	40	2989	101	33:35.7	10:57/M
16	Aaron Striegel	Granger IN	47	3037	111	35:17.7	11:31/M
17	Ricky Thomas	South Bend IN	40	2993	119	37:58.2	12:18/M

**Female 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Suzy Buss	Decatur MI	52	2924	72	29:07.1	9:25/M
2	Sue Harper	Mishawaka IN	57	2995	86	30:55.5	10:06/M
3	Tracey Opaczewski	South Bend IN	52	3060	107	34:54.2	11:20/M
4	Susan Nikolai	Granger IN	51	2944	141	46:19.9	15:04/M

**Male 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	William Irvin	Granger IN	58	2966	25	24:37.4	8:00/M
2	Mark Anderson	Niles MI	52	3000	36	26:20.7	8:32/M
3	David Long	Osceola IN	59	2982	44	27:01.8	8:45/M
4	Tricia Irvin	Granger IN	58	2965	65	28:07.7	9:08/M
5	Abel Orue	Elkhart IN	55	2927	66	28:17.1	9:10/M
6	Brian Camarata		50	3065	68	28:26.5	9:20/M
7	Tom Pratt		59	3035	104	34:27.2	11:13/M
8	Mike Kugel	Granger IN	56	2946	130	41:09.9	13:22/M

**Female 60 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Terry Hanlon	Wimberley TX	62	3032	43	27:00.2	8:47/M
2	Clara Meier	South Bend IN	65	2929	67	28:20.5	10:00/M
3	Birgit Bulling Sommer	Mishawaka IN	61	2997	84	30:42.2	10:07/M

**Male 60 and Over**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rodney Cart	Elkhart IN	62	2951	13	22:25.4	7:15/M
2	Scott Stein		60	3056	18	23:36.1	7:38/M
3	Michael Schrock	Wimberley TX	64	3031	27	24:45.7	8:03/M
4	Dan McDonough	Bristol IN	62	2933	40	26:51.4	8:41/M

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Vito Palumbo	Elkhart IN	63	3059	74	29:23.6	9:38/M
6	Eugene Wenzel	Granger IN	73	2972	116	36:53.6	12:03/M
7	Peter Baranay	South Bend IN	71	2996	131	41:49.4	13:39/M
8	Harry Mabold	Granger IN	73	2977	143	50:30.8	16:29/M