

Race Date  
March 17, 2023

# St. Patrick's Day Pre-parade 5K

## Age Group Results

### 5K

#### Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nobutaka Nitto		47	8477	5	19:46.9	6:23/M

#### Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Conor Goldring	Merrillville IN	25	57	1	18:15.0	5:53/M

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### 5K

#### Male No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Unknown Partic. 2841			2841	12	20:57.0	6:46/M
2	Unknown Partic. 414			414	165	43:01.2	13:53/M

#### Female 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alexis Veld		7	8488	167	44:10.3	14:15/M
2	Lucy Zylstra	Rensselaer IN	7	192	168	44:10.6	14:15/M

#### Male 9 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Ciechna	Cedar Lake IN	9	25	49	25:37.6	8:16/M
2	Joshua Wilson		8	8480	85	28:23.4	9:10/M
3	Anthony Breshock	Crown Point IN	8	17	154	39:38.8	12:47/M

#### Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chloe Neal	Saint John IN	14	113	25	22:39.7	7:19/M
2	Aubrey Neal	Saint John IN	13	112	41	24:22.9	7:52/M
3	Alexa Neal	Saint John IN	13	111	60	26:24.1	8:31/M
4	Milly Mahler	Demotte IN	14	96	61	26:34.8	8:34/M
5	Madeline Underwood	Saint John IN	13	166	65	27:04.7	8:44/M
6	Abigail Rinas	Hobart IN	13	134	93	29:04.4	9:23/M
7	Caroline Rinas	Hobart IN	11	135	94	29:12.1	9:25/M

#### Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Caleb Wilson	Crown Point IN	13	198	20	22:08.5	7:09/M
2	Eli Spasevski	Crown Point IN	13	157	22	22:19.6	7:12/M
3	Ryan Smith	Crown Point IN	12	153	24	22:28.6	7:15/M
4	Spencer Shoemaker	Crown Point IN	12	151	26	22:48.1	7:21/M
5	Andr Stamper	Crown Point IN	11	158	30	23:24.2	7:33/M
6	Andrew Breshock		13	8475	31	23:26.0	7:34/M
7	Elijah Davis	Dyer IN	14	34	38	24:07.5	7:47/M
8	River Hutsler	Cedar Lake IN	13	79	43	24:47.5	8:00/M

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Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Anthony Nyiri		10	8485	63	26:44.4	8:38/M
10	Santiago Deluna	Saint John IN	11	40	95	29:35.3	9:33/M
11	Jake Ciechna	Cedar Lake IN	12	24	102	30:10.1	9:44/M
12	Rowan Johnson	Cedar Lake IN	13	82	119	31:53.8	10:17/M
13	Caden Wilson	Crown Point IN	10	197	124	32:24.0	10:27/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Colleen Grafton	Wheatfield IN	16	59	52	25:48.5	8:20/M
2	Sierra Houts	Lowellowell IN	17	75	103	30:10.5	9:44/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cayden Hutsler	Cedar Lake IN	17	78	48	25:30.0	8:14/M
2	Bryan Chandler	Crown Point IN	15	22	55	26:08.6	8:26/M
3	Lukas Dykstra	Saint John IN	15	44	83	28:02.4	9:03/M
4	Adam Gill	Hebron IN	16	56	90	28:44.2	9:16/M
5	Grace Besedick		19	8484	146	37:05.1	11:58/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alex Rayonec	Crown Point IN	24	133	14	21:26.5	6:55/M
2	Allison Peterson	Saint John IN	20	123	35	23:52.5	7:42/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Fleet Feet Pete		20	8479	76	27:43.5	8:57/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alexandria Haage	Crown Point IN	29	66	7	19:51.5	6:24/M
2	Sarah Wolfe	Lowell IN	27	181	15	21:30.5	6:56/M
3	Shelby Potosky	Crown Point IN	26	126	58	26:20.0	8:30/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Haley Kontol	Dyer IN	25	88	105	30:16.4	9:46/M
5	Renee Martin	Valparaiso IN	25	101	112	31:08.2	10:03/M
6	Shelby O'Malley	Valparaiso IN	29	116	129	33:26.1	10:47/M
7	Jamie Major	Portage IN	27	97	147	37:24.1	12:04/M
8	Kaelyn Bogucki	Valparaiso IN	29	14	164	42:23.5	13:40/M
9	Emily Rose-Cook		29	8482	184	53:22.2	17:13/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle Nurse	Portage IN	29	188	9	20:07.8	6:30/M
2	Little Nicky	Munster IN	28	178	10	20:20.1	6:34/M
3	Taylor Austin	Portage IN	29	185	17	21:40.9	7:00/M
4	Taylor Moncado	Lake Village IN	29	109	18	21:56.2	7:05/M
5	Jared Wolfe	Lowell IN	26	180	21	22:09.0	7:09/M
6	Robert Kennedy	Hammond IN	29	85	39	24:14.0	7:49/M
7	Kyle Hernandez	Crown Point IN	29	72	46	25:26.9	8:13/M
8	Steven Potosky	Crown Point IN	27	127	57	26:18.9	8:29/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Burkholder	Goshen IN	32	19	19	22:08.0	7:08/M
2	Jessica Minor	Lowell IN	34	105	71	27:26.9	8:51/M
3	Lauren Flavin	Cedar Lake IN	32	184	114	31:14.1	10:05/M
4	Sarah Gunkel	Schererville IN	32	64	125	32:27.2	10:28/M
5	Joanna Groth	Schererville IN	34	62	127	33:04.5	10:40/M
6	Melissa Rivera	Hebron IN	34	138	158	40:46.1	13:09/M
7	Brenna Boyd	Crown Point IN	31	16	178	48:05.8	15:31/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aaron Cook		31	8481	6	19:51.3	6:24/M
2	Benjamin Stonewall	Dyer IN	34	161	23	22:27.9	7:15/M
3	Harry Blaundin	Crown Point IN	33	12	51	25:45.7	8:19/M
4	Jimmy Laud	Cedar Lake IN	33	90	73	27:30.8	8:53/M
5	Eppokrates Litos	Lowell IN	31	92	74	27:32.9	8:53/M
6	Tom Pauley	Munster IN	34	119	79	27:50.9	8:59/M

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Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Christopher Stone	Cedar Lake IN	32	160	89	28:39.8	9:15/M
8	Andrew Vaclavik	Crown Point IN	34	167	109	30:45.4	9:55/M
9	Nicholas Bogucki	Valparaiso IN	30	15	115	31:16.3	10:05/M
10	Mateusz Kaluza	Crestwood IL	30	83	118	31:50.9	10:16/M
11	Toby O'Malley	Valparaiso IN	30	117	128	33:23.1	10:46/M
12	Steve Schneider	Mishawaka IN	32	148	148	37:48.7	12:12/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kendra Hand	Crown Point IN	35	67	11	20:46.0	6:42/M
2	Kelly McDermott	Schererville IN	36	103	40	24:14.5	7:49/M
3	Laura Seegers	Demotte IN	37	189	42	24:29.9	7:54/M
4	Johannah Ramaker	Crown Point IN	38	131	45	25:25.3	8:12/M
5	Sarah Fox	Crown Point IN	35	51	67	27:10.5	8:46/M
6	Heather Veld	Demotte IN	37	169	68	27:11.5	8:46/M
7	Nicole Huppenthal	Lowell IN	36	77	70	27:18.2	8:48/M
8	Nichole Lebeter	Cedar Lake IN	36	91	72	27:30.0	8:52/M
9	Kasey Samson	Merrillville IN	39	193	80	27:55.8	9:01/M
10	Michelle Coin	Lowell IN	39	27	91	28:44.7	9:16/M
11	Courtney Pesha	Oak Lawn IL	35	183	99	29:59.6	9:41/M
12	Amanda Hernandez	Munster IN	39	71	101	30:09.6	9:44/M
13	Melanie Phillips	Crown Point IN	36	125	117	31:32.0	10:10/M
14	Jen Pettit	Crete IL	39	124	134	34:20.1	11:05/M
15	Katharine Rinas	Hobart IN	37	136	143	36:43.2	11:51/M
16	Caitlin Mills-Groninger	Whiting IN	39	104	149	37:54.4	12:14/M
17	Laurel Heavner	Crown Point IN	38	69	152	39:14.9	12:40/M
18	Mercy Alvarado	South Bend IN	35	3	157	40:44.1	13:08/M
19	Taryn Sanchez	Merrillville IN	35	141	163	42:17.2	13:38/M
20	Jessica Zylstra	Rensselaer IN	37	191	169	44:12.0	14:16/M
21	Lacey Swick	Gary IN	39	164	181	51:37.8	16:39/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christoper Sexton		37	8486	2	18:25.7	5:57/M
2	Vincent Rinas	Hobart IN	37	137	4	19:43.3	6:22/M
3	Daniel Duffy	Munster IN	38	42	13	21:09.4	6:49/M
4	Zachary Deery	Beecher IL	35	39	32	23:37.5	7:37/M
5	Alexander Pukoszsek	Highland IN	35	129	36	23:55.0	7:43/M

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## Age Group Results

### 5K

#### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Ryan Snodgrass	South Bend IN	36	154	44	24:54.3	8:02/M
7	Donnie Geel	Lansing IL	37	186	82	28:01.8	9:03/M
8	Kevin Darchuck	Crown Point IN	37	31	86	28:26.7	9:11/M
9	Michael Penk	Highland IN	39	121	104	30:12.1	9:45/M
10	Myles Handley	Crown Point IN	35	68	110	30:45.7	9:55/M

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sandy Nyin		44	8487	66	27:06.0	8:45/M
2	Jaclyn Wernersbach	Saint John IN	42	177	77	27:44.3	8:57/M
3	Valerie Easley	Crown Point IN	42	46	87	28:27.2	9:11/M
4	Jennifer Wilson	Crown Point IN	42	199	88	28:34.5	9:13/M
5	Heather Killion	Crown Point IN	43	86	106	30:23.9	9:48/M
6	Jessica Hubbard	Crown Point IN	42	76	111	30:54.7	9:58/M
7	Carmella Beller	Crown Point IN	41	10	120	32:04.3	10:21/M
8	Melanie Johnson	Cedar Lake IN	41	81	131	33:35.5	10:50/M
9	Nicole Scheidt	Crown Point IN	44	145	138	35:58.6	11:36/M
10	Darcy Rau	Hebron IN	42	132	151	38:43.7	12:30/M
11	Joy Koi	Gary IN	42	87	183	52:48.7	17:02/M

#### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jacob Bell	Crown Point IN	40	9	16	21:34.0	6:57/M
2	Luke Thrall	La Grange IL	40	182	28	23:02.9	7:26/M
3	Keith Cockerham	Saint John IN	40	26	37	23:58.4	7:44/M
4	Shannon Campbell	Highland IN	40	20	47	25:27.0	8:13/M
5	Paul Navarro	Crown Point IN	42	110	50	25:38.2	8:16/M
6	Scott Dykstra	Saint John IN	43	45	54	25:59.2	8:23/M
7	James Stamper	Crown Point IN	43	159	64	26:54.1	8:41/M
8	Mike Herlitz	Valparaiso IN	43	194	113	31:08.8	10:03/M
9	Daisuke Sato	Merrillville IN	41	142	160	41:27.1	13:22/M

#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kim Davis	Dyer IN	45	36	56	26:18.0	8:29/M
2	Karen Sulek	Saint John IN	49	162	62	26:37.7	8:35/M

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#### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Nancy Packovski	Crown Point IN	46	195	78	27:44.9	8:57/M
4	Michele Garcia	Highland IN	49	55	100	29:59.7	9:41/M
5	Cathleen Mok	Crown Point IN	48	106	121	32:09.1	10:22/M
6	Allison Bierma	Wheatfield IN	49	11	137	35:04.6	11:19/M
7	Shannon Vera	Cedar Lake IN	48	171	142	36:31.5	11:47/M
8	Jody Armstrong	Crown Point IN	47	5	170	44:17.2	14:17/M
9	Jessica Figurski	Crown Point IN	48	50	171	44:17.3	14:17/M
10	Jennifer Vickers	Crown Point IN	48	172	175	46:49.8	15:06/M

#### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Richard Gutierrez	Kingsbury IN	45	65	3	19:13.3	6:12/M
2	Mike Culbreth	Wheatfield IN	46	29	53	25:56.4	8:22/M
3	Nick Tomich	Crown Point In IN	45	165	84	28:18.8	9:08/M
4	Alex Jones-Abraham		49	8489	173	46:09.4	14:53/M
5	Frank Falardeau	Dyer IN	46	48	182	52:47.3	17:02/M

#### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anne Contreras	Dyer IN	52	28	141	36:22.5	11:44/M
2	Luz González	Crown Point IN	52	58	150	38:40.7	12:29/M
3	Katina Davis	Merrillville IN	50	35	161	41:41.9	13:27/M

#### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cj Moncado	Demotte IN	52	108	33	23:38.7	7:38/M
2	Todd Bailey	Argos IN	54	6	34	23:45.7	7:40/M
3	Rob Vera	Cedar Lake IN	50	170	96	29:42.4	9:35/M
4	Charles Mok	Crown Point IN	53	107	123	32:10.6	10:23/M
5	Richard Pedraza	Crown Point IN	51	120	130	33:29.1	10:48/M
6	Scott Besedick		52	8483	135	34:28.4	11:07/M

#### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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## Age Group Results

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#### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Glenda Omeara	Portage IN	57	118	75	27:38.4	8:55/M
2	Deveona Alexander	Demotte IN	55	2	81	27:59.9	9:02/M
3	Andrea Sayers	Lowell IN	58	144	98	29:50.5	9:38/M
4	Connie Hoffman	Wheatfield IN	57	74	116	31:17.7	10:06/M
5	Marianne Groth	St. Joseph MI	59	63	139	36:06.7	11:39/M
6	Sandy MacFarlane	Crown Point IN	57	94	140	36:21.9	11:44/M
7	Christine Gaines	Hobart IN	56	54	144	37:02.6	11:57/M
8	Alma Cappadora	Cedar Lake IN	56	21	159	41:15.0	13:18/M
9	Sydney Dawson	Valparaiso IN	56	37	180	49:02.7	15:49/M
10	Jennifer Whitcomb	Danville IN	59	190	185	53:27.9	17:15/M

#### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peyton Grizzard	Valparaiso IN	58	61	8	19:58.7	6:27/M
2	Nicholas Perkins	Crown Point IN	57	122	59	26:21.0	8:30/M

#### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tina Strimbu	Valparaiso IN	61	196	92	29:04.2	9:23/M
2	Sue Brown Nickerson	Valparaiso IN	62	18	107	30:27.9	9:50/M
3	Jory Mattull	Crown Point IN	62	102	122	32:09.6	10:22/M
4	Laura Darrow	Lowell IN	62	41	126	32:32.2	10:30/M
5	Dawn Zurbruggen		62	8478	136	34:43.6	11:12/M
6	Tracy Chandler	Crown Point IN	60	23	145	37:02.9	11:57/M
7	Sandy Bapple	Crown Point IN	64	8	153	39:38.3	12:47/M
8	Lori Amodeo	Crown Point IN	64	4	155	39:38.8	12:47/M
9	Mari Ann Sopcich	Demotte IN	62	156	174	46:37.7	15:02/M
10	Linda Gray	Kentland IN	60	60	176	47:14.0	15:14/M

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ruben Falcon	Goshen IN	63	49	27	22:56.2	7:24/M
2	Joseph Vajda	Munster IN	62	168	132	33:39.9	10:52/M
3	Thomas Nedza	Schererville IN	63	114	156	39:44.4	12:49/M
4	Robert Wermers	Crown Point IN	63	176	179	48:08.2	15:32/M



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March 17, 2023

# St. Patrick's Day Pre-parade 5K

## Age Group Results

### 5K

#### Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Connie Davich	Lowell IN	65	33	97	29:50.2	9:37/M
2	Cookie Maclejewski	Demotte IN	68	95	162	42:12.3	13:37/M
3	Hollye Blossom	Hobart IN	67	13	177	47:48.9	15:25/M

#### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Thomas Kornelik	Crown Point IN	66	89	29	23:07.2	7:28/M
2	Bill Hillegonds	Cedar Lake IN	66	73	69	27:13.0	8:47/M
3	Scott Cummings	Hobart IN	66	30	172	44:31.0	14:22/M

#### Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Furlan	Saint John IN	73	53	108	30:31.2	9:51/M
2	Dave Simpson		70	8490	133	34:03.9	10:59/M
3	Paul Sills	Crown Point IN	73	152	166	43:01.6	13:53/M
4	David Ralston	Hammond IN	78	130	186	55:51.2	18:01/M