

2023 Spirit Run 5K

Age Group Results

Race Date

April 15, 23

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jenny Thurner	Valparaiso IN	41	3705	1	19:40.4	6:21/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vincent Rinas	Hobart IN	37	3673	2	20:17.1	6:33/M

Female Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marialena Nagel	Hobart IN	40	3762	6	22:01.5	7:06/M

Male Masters Winner Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Earl	Carmel IN	63	3702	4	21:04.6	6:48/M

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5K Run

Female 8 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Livianna Love	Portage IN	7	3662	16	24:03.6	7:46/M
2 *	Lilith Dageforde	Merrillville IN	8	3680	74	39:06.7	12:37/M

Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Olivia Augustyn	Schererville IN	9	3668	21	24:24.7	7:53/M

Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Charles Kietzman	Hobart IN	9	3739	14	24:00.2	7:45/M
2 *	Caden Martinez	Valparaiso IN	9	3769	24	25:06.4	8:06/M
3 *	Lucas Cooper		10	3764	31	26:12.1	8:27/M
4	Levi Modrowski	Lowell IN	10	3670	78	41:25.2	13:22/M
5	Richie Barber		10	3651	89	45:29.2	14:40/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Anna Muhleman	Valparaiso IN	11	3742	10	23:28.8	7:34/M
2 *	Samantha Kietzman	Hobart IN	11	3740	33	26:58.1	8:42/M
3 *	Caroline Rinas	Hobart IN	11	3676	56	31:11.7	10:04/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Colston Seydel	Valparaiso IN	11	3707	3	20:43.8	6:41/M
2 *	Felix Calhoun	Valparaiso IN	11	3723	20	24:17.4	7:50/M
3 *	Arturo Ochoa	Valparaiso IN	12	3735	64	33:38.4	10:51/M

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Marina Negrete	Schererville IN	13	3718	27	25:26.5	8:12/M
2 *	Amanda Guthrie	Hobart IN	14	3661	37	27:39.5	8:55/M
3 *	Madison Martinez	Griffith IN	13	3748	39	27:54.6	9:00/M
4	Abigail Rinas	Hobart IN	13	3675	44	28:49.8	9:18/M

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Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Chloe Nerkins	Wheatfield IN	14	3701	75	39:14.3	12:39/M
6	Mia Jakich	La Porte IN	14	3684	81	42:37.5	13:45/M
7	Catherine Barber		13	3652	95	46:46.9	15:05/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Hank Calhoun	Valparaiso IN	13	3722	29	25:37.6	8:16/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Renee Martin	Valparaiso IN	25	3660	43	28:37.3	9:14/M
2 *	Ashley Earle	Valparaiso IN	29	3720	58	31:14.8	10:05/M
3 *	Andrea Frank		28	3767	90	45:32.4	14:41/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Amy Maclejewski	Hammond IN	33	3659	17	24:08.1	7:47/M
2 *	Kelsey Lehman	Valparaiso IN	31	3687	52	31:00.2	10:00/M
3 *	Kandis Earle	Lake Station IN	33	3759	62	32:51.5	10:36/M
4	Annette Frank		30	3766	91	45:58.2	14:50/M
5	Natalia Fetea	Crown Point IN	32	3754	99	48:01.3	15:29/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mathew Laroche	Crown Point IN	31	3691	25	25:17.7	8:10/M
2 *	Pat Dever	Hobart IN	32	3749	30	25:54.1	8:21/M
3 *	Ben Lehman		30	3686	53	31:00.4	10:00/M
4	Max Zylstra	Valparaiso IN	30	3721	57	31:13.3	10:04/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jessica Austin	La Porte IN	38	3758	50	29:54.5	9:39/M
2 *	Lindsey Stammers	Dyer IN	36	3773	59	31:32.9	10:11/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Jessica Thompson	Burns Harbor IN	38	3755	70	37:32.3	12:07/M
4	Katharine Rinas	Hobart IN	37	3672	72	38:04.1	12:17/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Melissa Smith	Wheatfield IN	43	3770	18	24:08.8	7:47/M
2 *	Deanna Grimes	Merrillville IN	40	3677	22	24:37.9	7:57/M
3 *	Carrie Kietzman	Hobart IN	40	3738	46	29:04.9	9:23/M
4	Jamie Miller	La Porte IN	42	3681	68	35:23.6	11:25/M
5	Colleen Skoney	Highland IN	42	3658	73	38:24.6	12:23/M
6	Lisa Modrowski	Lowell IN	40	3671	79	41:27.1	13:22/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Derek Janik	Highland IN	40	3713	11	23:31.6	7:35/M
2 *	Shannon Campbell	Highland IN	40	3761	13	23:51.3	7:42/M
3 *	Adam Jakich	La Porte IN	41	3683	34	27:01.5	8:43/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emily Calhoun	Valparaiso IN	45	3724	23	24:42.0	7:58/M
2 *	Lupe Martinez	Griffith IN	46	3747	71	37:56.4	12:14/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joe Stavitzke	Schererville IN	46	3708	5	21:56.8	7:05/M
2 *	Mike Culbreth	Wheatfield IN	46	3736	26	25:17.8	8:10/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lisa Caccavale	Merrillville IN	50	3674	83	42:39.6	13:46/M

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5K Run

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mark Connors	Valparaiso IN	50	3760	7	22:09.8	7:09/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Suzanne Bukur	Crown Point IN	58	3753	19	24:09.9	7:48/M
2 *	Monica Conrad	Westville IN	58	3692	35	27:04.8	8:44/M
3 *	Linda Murkve	IN	56	3751	36	27:35.4	8:54/M
4	Lisa Baljak	Rensselaer IN	55	3757	54	31:01.4	10:00/M
5	Patty Oakley	Granger IN	57	3775	92	46:00.2	14:50/M
6	Loretta Frank	Valparaiso IN	58	3765	96	46:49.7	15:06/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nicholas Perkins	Crown Point IN	58	3732	32	26:37.7	8:35/M
2 *	Percy Pompey	Gary IN	58	3715	45	29:03.6	9:22/M
3 *	Mike Lehman	Valparaiso IN	56	3685	55	31:06.2	10:02/M
4	Timothy Elkins	Niles MI	58	3745	66	34:08.1	11:01/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mary C Miller	Michigan City IN	63	3682	49	29:37.1	9:33/M
2 *	Linnea Flesher	Merrillville IN	63	3743	63	33:09.5	10:42/M
3 *	Diane Kepa	Valparaiso IN	63	3667	84	42:47.4	13:48/M
4	Debra Kline	Niles MI	62	3744	101	48:07.3	15:31/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chris Kepa	Valparaiso IN	64	3665	28	25:29.3	8:13/M
2 *	Mark Riley	Crown Point IN	62	3697	38	27:45.9	8:57/M
3 *	Mark Skertic	Munster IN	60	3725	47	29:07.8	9:24/M

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5K Run

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Elaine Hendricks	Valparaiso IN	66	3695	12	23:37.6	7:37/M
2 *	Lydia Sandoval	Chesterton IN	65	3728	40	28:07.9	9:04/M
3 *	Deb Schiesser	Crown Point IN	67	3693	41	28:15.1	9:07/M
4	Cindy Hall	Hammond IN	65	3709	86	43:45.7	14:07/M
5	Hollye Blossom	Hobart IN	67	3771	88	45:18.9	14:37/M
6	Joyce Einikis	Valparaiso IN	67	3704	93	46:06.2	14:52/M
7	Linda Levenson	Valparaiso IN	68	3703	94	46:09.2	14:53/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Thomas Kornelik	Crown Point IN	66	3655	8	22:29.6	7:15/M
2 *	Ruben Sanchez	Lake Station IN	65	3689	15	24:02.4	7:45/M
3 *	Rich Lapis	Valparaiso IN	65	3669	61	32:49.5	10:35/M
4	Mark Flesher	Merrillville IN	65	3752	65	34:00.5	10:58/M
5	Mark Schafer	Hobart IN	68	3717	76	39:38.4	12:47/M
6	Scott Cummings	Hobart IN	66	3654	87	44:46.7	14:27/M
7	Doug Wiese	Westville IN	69	3679	100	48:04.2	15:30/M
8	Peter Klaeser	Chesterton IN	66	3737	106	52:21.8	16:54/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Carol Magill	Chesterton IN	72	3711	77	40:52.2	13:11/M
2 *	Carol Raske	Oak Park IL	72	3663	98	47:28.7	15:19/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dr. Javier Abrego	Highland IN	72	3719	9	23:28.4	7:34/M
2 *	Roger Steffen	Rensselaer IN	72	3741	51	30:15.2	9:46/M
3 *	Jerome Getter	Oak Park IL	71	3666	67	34:52.8	11:15/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jean Jannasch	Valparaiso IN	76	3694	42	28:28.3	9:11/M
2 *	Linda Perry	Demotte IN	76	3756	80	41:42.7	13:27/M

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5K Run

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Henry Aguilera	Chicago IL	75	3726	48	29:20.8	9:28/M
2 *	Tom Hutmacher	Portage IN	75	3731	60	31:44.1	10:14/M
3 *	Dennis Rotz	Dyer IN	75	3714	69	36:17.9	11:43/M
4	John Withey	Granger IN	79	3716	82	42:38.7	13:45/M
5	J. Ezell	Valparaiso IN	76	3768	85	43:13.2	13:57/M
6	David Ralston	Hammond IN	78	3700	107	54:10.1	17:28/M
7	Clarence Melion	Portage IN	78	3710	108	57:04.3	18:25/M
8	Jack Kashak		75	3699	109	58:52.6	19:00/M

Female 80 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bev Calligan	Munster IN	81	3772	102	49:46.6	16:03/M
2 *	Phyllis Hansen	Evergreen Park IL	80	3653	105	50:57.3	16:26/M

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Robert Edwards	Valparaiso IN	82	3746	97	47:10.9	15:13/M
2 *	Winston Steiniche	Beecher IL	80	3678	103	49:58.8	16:07/M
3 *	Tom Magill	Chesterton IN	94	3727	104	50:40.1	16:21/M

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Age Group Results
Clydesdale / Athena

Athena

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Petre	Valparaiso IN	41	3657	3	39:19.4	12:41/M
2	Melanie Way	Wheatfield IN	39	3696	5	39:59.9	12:54/M
3	Amy Janik	Highland IN	38	3712	7	48:33.6	15:40/M

Clydesdale

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brandon Hillman	Portage IN	40	3664	1	24:45.6	7:59/M
2	Mark Robinson	Saint Anne IL	63	3750	2	33:02.3	10:39/M
3	Jason Petre	Valparaiso IN	49	3656	4	39:30.4	12:45/M
4	Dewayne Newson	Chicago IL	56	3698	6	42:49.3	13:49/M