

## 2023 Spring Ahead 5K &amp; 15K

Race Date  
March 05, 2023

Overall Finish List

## 15K

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	James Weissensel	Park Ridge IL	2446	29	M	1: Overall	51:13.2	5:30/M
2	Brian Reynolds	Richland MI	2377	35	M	1: 35-39	52:49.5	5:41/M
3	Ekagra Agarwal	Porter IN	2512	32	M	1: 30-34	52:57.0	5:42/M
4	Ryan Kwiecinski	Chesterton IN	2433	48	M	1: Masters	1:00:14.6	6:29/M
5	Chad Lawless	Kouts IN	2396	46	M	1: 45-49	1:00:45.6	6:32/M
6	Reva Johnson	Chesterton IN	2283	35	F	1: Overall	1:05:11.0	7:01/M
7	Matthew Ackerman	Huntington IN	9972	34	M	2: 30-34	1:05:15.4	7:01/M
8	Thea Strand	Saint Joseph MI	2382	42	F	1: Masters	1:07:15.4	7:14/M
9	Joel Andrade	Valparaiso IN	9969	53	M	1: 50-54	1:09:10.8	7:26/M
10	Michael Case	Dyer IN	2324	39	M	2: 35-39	1:09:33.5	7:29/M
11	Melissa West	Valparaiso IN	2362	47	F	1: 45-49	1:09:58.9	7:32/M
12	Bill Meece	Munster IN	2413	66	M	1: 65-69	1:10:32.9	7:35/M
13	Julia Sheets	Valparaiso IN	2298	35	F	1: 35-39	1:10:38.8	7:36/M
14	Jennifer Menclewicz	Portage IN	2339	37	F	2: 35-39	1:11:18.5	7:40/M
15	Ralph Nurse	Valparaiso IN	2463	45	M	2: 45-49	1:11:57.3	7:44/M
16	Brian Chorba	Valparaiso IN	2255	66	M	2: 65-69	1:13:17.8	7:53/M
17	Shaun Zoladz	Hobart IN	9990	34	M	3: 30-34	1:13:36.1	7:55/M
18	Ken Borowski	Saint John IN	2349	55	M	1: 55-59	1:13:50.4	7:56/M
19	Jensen Sanders	Chesterton IN	2448	31	F	1: 30-34	1:14:17.1	7:59/M
20	Levi Benton	Middlebury IN	2373	28	M	1: 25-29	1:15:54.9	8:10/M
21	Adam Stepanek	Valparaiso IN	2474	43	M	1: 40-44	1:16:20.1	8:12/M
22	Amy Hartz	Valparaiso IN	2181	43	F	1: 40-44	1:16:25.2	8:13/M
23	Matt Mallonee	Highland IN	2425	37	M	3: 35-39	1:16:44.8	8:15/M
24	Rachael Jenks	Chesterton IN	2273	28	F	1: 25-29	1:17:07.7	8:18/M
25	Ezra Burke	Valparaiso IN	9967	45	M	3: 45-49	1:17:31.1	8:20/M
26	Nick Underwood	Valparasio IN	2438	40	M	2: 40-44	1:17:38.5	8:21/M
27	James Wamsley	Wolcott IN	2398	46	M	4: 45-49	1:18:03.5	8:24/M
28	Sidney Elijah	Hebron IN	2344	18	F	1: 15-19	1:18:05.8	8:24/M
29	Shelby Kucharyski	Valparaiso IN	9968	24	F	1: 20-24	1:20:28.9	8:39/M
30	Bob Zalud	Valparaiso IN	2165	54	M	2: 50-54	1:20:30.0	8:39/M
31	Kristin Schumacher	Valparaiso IN	9965	47	F	2: 45-49	1:21:34.3	8:46/M
32	Laura Fennell	Valparaiso IN	2427	34	F	2: 30-34	1:21:47.2	8:48/M
33	Christy Savage	Granger IN	2328	42	F	2: 40-44	1:22:24.6	8:52/M
34	Trevor Biancardi	Griffith IN	2489	25	M	2: 25-29	1:22:33.0	8:53/M
35	Michael Hord	Portage IN	2416	52	M	3: 50-54	1:22:54.2	8:55/M
36	Ken Stelter	La Porte IN	9974	65	M	3: 65-69	1:23:01.9	8:56/M
37	Yuri Wall	Valparaiso IN	2269	42	F	3: 40-44	1:23:18.3	8:57/M
38	Robert Johnson	Michigan City IN	2538	33	M	4: 30-34	1:25:06.9	9:09/M
39	Paul McGrath	Hammond IN	2313	65	M	4: 65-69	1:25:56.6	9:14/M
40	Kim Davis	Dyer IN	2511	45	F	3: 45-49	1:26:03.2	9:15/M
41	Phillip Newberry	Kankakee IL	2415	60	M	1: 60-64	1:26:14.1	9:16/M
42	Evan Fox	Valparaiso IN	9988	32	M	5: 30-34	1:26:40.9	9:19/M
43	Carl Stopper	South Bend IN	2295	56	M	2: 55-59	1:27:33.7	9:25/M
44	Rafael Magallan	Portage IN	2557	42	M	3: 40-44	1:27:42.6	9:26/M
45	Shelly Kinder	Mishawaka IN	2412	61	F	1: 60-64	1:28:00.1	9:28/M
46	Cindy Steinbeck	Chesterton IN	9977	48	F	4: 45-49	1:28:59.5	9:34/M
47	Michele Zurisk	Cedar Lake IN	2522	51	F	1: 50-54	1:30:45.8	9:46/M

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48	Sarah Kretzmann	Chesterton IN	2291	40	F	4: 40-44	1:30:54.9	9:47/M
49	Ashley Bernacchi	Chesterton IN	2292	34	F	3: 30-34	1:30:56.0	9:47/M
50	Alisha Berglund	Chesterton IN	2293	31	F	4: 30-34	1:30:56.2	9:47/M
51	Joanne Baitup	Valparaiso IN	2257	66	F	1: 65-69	1:31:11.7	9:48/M
52	Megan Torres	Valparaiso IN	9983	42	F	5: 40-44	1:31:53.8	9:53/M
53	Mary Manfredo	Valparaiso IN	2268	57	F	1: 55-59	1:31:54.0	9:53/M
54	Jaclyn Barkow	Valparaiso IN	2534	39	F	3: 35-39	1:31:54.2	9:53/M
55	Tom Fela	Chesterton IN	9955	60	M	2: 60-64	1:32:11.7	9:55/M
56	Kelly Chevalier	Valparaiso IN	9998	44	F	6: 40-44	1:33:01.2	10:00/M
57	Deveona Alexander	Demotte IN	2188	55	F	2: 55-59	1:33:35.6	10:04/M
58	Richard Ackerman	Huntington IN	9971	69	M	5: 65-69	1:33:43.7	10:05/M
59	Rachael Payne	Kouts IN	2286	34	F	5: 30-34	1:34:44.5	10:11/M
60	Francie Bean	Valparaiso IN	2266	51	F	2: 50-54	1:34:45.3	10:11/M
61	Johnny Stimley	Michigan City IN	2421	52	M	4: 50-54	1:35:08.6	10:14/M
62	Sarah Veronesi	Chesterton IN	2514	39	F	4: 35-39	1:35:17.3	10:15/M
63	Leann Doffin	Demotte IN	2176	39	F	5: 35-39	1:35:55.2	10:19/M
64	Angel Fraley Angel Fraley	Portage IN	2154	32	F	6: 30-34	1:37:14.3	10:27/M
65	Robyn Kramer	Valparaiso IN	2484	38	F	6: 35-39	1:37:58.5	10:32/M
66	Kimberly Gilbert	San Pierre IN	2417	48	F	5: 45-49	1:38:14.9	10:34/M
67	Laura Myers	Wheatfield IN	2330	33	F	7: 30-34	1:39:00.3	10:39/M
68	Taylor Cupp	Portage IN	2490	30	F	8: 30-34	1:39:38.5	10:43/M
69	Martha Kearney	Chesterton IN	2288	70	F	1: 70-74	1:39:48.5	10:44/M
70	Wade Boise	Chesterton IN	9981	58	M	3: 55-59	1:39:50.7	10:44/M
71	Robert Dahlgren	Valparaiso IN	2495	56	M	4: 55-59	1:40:11.3	10:46/M
72	Jay Dorgan	Valparaiso IN	2259	40	M	4: 40-44	1:40:56.3	10:51/M
73	Angie Rushing	Hobart IN	2185	45	F	6: 45-49	1:42:01.8	10:58/M
74	Kevin Conner	Chesterton IN	2281	38	M	4: 35-39	1:43:15.3	11:06/M
75	Jennifer Boster	Valparaiso IN	2480	41	F	7: 40-44	1:44:21.4	11:13/M
76	Patrick Davis	Valparaiso IN	2287	76	M	1: 75-99	1:46:03.5	11:24/M
77	Karen Turner	Valparaiso IN	9989	45	F	7: 45-49	1:46:28.7	11:27/M
78	Valerie Adams	Valparaiso IN	9997	57	F	3: 55-59	1:46:28.8	11:27/M
79	Catherine Herring	Portage IN	9957	33	F	9: 30-34	1:47:13.6	11:32/M
80	Amy Tinnel	Portage IN	9956	37	F	7: 35-39	1:47:52.5	11:36/M
81	Lisa Villagomez	East Chicago IN	2483	33	F	10: 30-34	1:48:05.7	11:37/M
82	Kyle Fouch	Valparaiso IN	9964	46	M	5: 45-49	1:53:21.2	12:11/M
83	Richard Hug	Valparaiso IN	2175	76	M	2: 75-99	1:54:13.5	12:17/M
84	Noelle Hinkel	Chesterton IN	1149	30	F	11: 30-34	1:55:08.6	12:23/M
85	Alicia MacMillan	Portage IN	1148	39	F	8: 35-39	1:55:08.8	12:23/M
86	Anyssa Hernandez	Demotte IN	2296	30	F	12: 30-34	1:55:19.2	12:24/M
87	Steve Sanchez	Portage IN	2274	58	M	5: 55-59	1:55:22.8	12:24/M
88	Sandy Thomas	Kouts IN	2393	52	F	3: 50-54	1:58:22.8	12:44/M
89	Taylor Homans	Hebron IN	2297	30	F	13: 30-34	2:00:54.7	13:00/M
90	Danette Johnson	Galesburg MI	2361	54	F	4: 50-54	2:04:49.0	13:25/M
91	Jessica Thompson	Burns Harbor IN	2464	38	F	9: 35-39	2:09:31.5	13:56/M
92	Michael Sutter	Chesterton IN	9961	51	M	5: 50-54	2:09:53.1	13:58/M
93	Kylie Sutter	Chesterton IN	9962	21	F	2: 20-24	2:09:53.5	13:58/M
94	Adrienne Mautner	Lowell IN	2388	48	F	8: 45-49	2:20:14.8	15:05/M

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95	Riegle Ann	Valparaiso IN	9986	44	F	8: 40-44	2:22:06.9	15:17/M