

2023 Race the Region Valentine's 5K

Race Date
February 05, 2023

Overall Finish List**5K Run**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Ekagra Agarwal	Porter IN	1844	32	M	1: Open	16:32.8	5:20/M
2	Nathaniel Malchow	Valparaiso IN	1714	17	M	1: 15-19	16:46.3	5:25/M
3	Ryan Sandberg	Cedar Lake IN	1832	15	M	2: 15-19	16:54.3	5:27/M
4	Andrew Jankowski	Warsaw IN	9932	27	M	1: 25-29	18:16.4	5:54/M
5	Owen Stankich	Hobart IN	1735	16	M	3: 15-19	18:29.7	5:58/M
6	Elizabeth Ehrhardt	Hobart IN	9945	17	F	1: Open	19:11.5	6:11/M
7	Anika Anderson	Valparaiso IN	1220	16	F	1: 15-19	19:32.2	6:18/M
8	Luke Starkey	Valparaiso IN	1836	41	M	1: Masters	19:52.3	6:25/M
9	Tyge Buxbaum	Valparaiso IN	1775	19	M	4: 15-19	19:57.5	6:26/M
10	Krista Sytsma	Demotte IN	1210	14	F	1: 13-14	19:58.6	6:27/M
11	Landen Emerson	Valparaiso IN	9934	14	M	1: 13-14	20:02.5	6:28/M
12	Chad Passarelli	Valparaiso IN	9928	33	M	1: 30-34	20:21.8	6:34/M
13	John Bryant	Valparaiso IN	1288	49	M	1: 45-49	20:27.0	6:36/M
14	David Tomes	Chicago IL	1331	38	M	1: 35-39	20:38.4	6:40/M
15	Reva Johnson	Chesterton IN	1737	35	F	1: 35-39	20:56.1	6:45/M
16	Angela Coulopoulos	Valparaiso IN	1774	16	F	2: 15-19	20:59.5	6:46/M
17	Andrew Camp	Valparaiso IN	1759	13	M	2: 13-14	21:21.9	6:54/M
18	Aaron Rausch	Chesterton IN	1755	43	M	1: 40-44	21:36.9	6:58/M
19	Joe Stavitzke	Schererville IN	1733	46	M	2: 45-49	21:43.2	7:00/M
20	Kyle Kerr	Valparaiso IN	9936	31	M	2: 30-34	21:43.7	7:01/M
21	Robert Fozkos	Valparaiso IN	1326	36	M	2: 35-39	22:03.8	7:07/M
22	Evan Fox	Valparaiso IN	1278	32	M	3: 30-34	22:14.3	7:10/M
23	Andrew Elderkin	Valparaiso IN	1243	43	M	2: 40-44	22:15.1	7:11/M
24	Matthew Ahrens	Lombard IL	1815	32	M	4: 30-34	22:16.8	7:11/M
25	Dean Lanter	Valparaiso IN	1307	49	M	3: 45-49	22:17.9	7:12/M
26	Mark Connors	Valparaiso IN	9938	50	M	1: 50-54	22:23.4	7:13/M
27	Eric Raef	Valparaiso IN	1289	35	M	3: 35-39	22:23.9	7:14/M
28	Dave Moye	Valparaiso IN	1344	53	M	2: 50-54	22:33.9	7:17/M
29	Hunter Stemmler	La Porte IN	1829	22	M	1: 20-24	22:47.3	7:21/M
30	Ken Borowski	Saint John IN	1703	55	M	1: 55-59	22:48.8	7:22/M
31	Kyle Wright	Hebron IN	1283	24	M	2: 20-24	22:54.0	7:23/M
32	Brittany Fozkos	Valparaiso IN	9935	32	F	1: 30-34	22:59.3	7:25/M
33	Rachael Jenks	Chesterton IN	1282	28	F	1: 25-29	23:00.5	7:25/M
34	Gregory McNair	Michiana MI	1847	53	M	3: 50-54	23:02.3	7:26/M
35	Brian Chorba	Valparaiso IN	9923	66	M	1: 65-69	23:06.0	7:27/M
36	Wojciech Kubas	La Porte IN	1797	30	M	5: 30-34	23:12.0	7:29/M
37	Gregory Warrell	Highland IN	1793	35	M	4: 35-39	23:19.6	7:31/M
38	Mike Daly	Valparaiso IN	1308	67	M	2: 65-69	23:21.9	7:32/M
39	Todd Bailey	Argos IN	1707	54	M	4: 50-54	23:26.5	7:34/M
40	Elaine Hendricks	Valparaiso IN	1257	65	F	1: Masters	23:27.7	7:34/M
41	Matthew Jenetopoulos	Valparaiso IN	1721	36	M	5: 35-39	23:28.8	7:34/M
42	Madden Hartz	Valparaiso IN	1207	14	M	3: 13-14	23:31.1	7:35/M
43	Addison Waddell	Crown Point IN	1280	15	F	3: 15-19	23:33.0	7:36/M
44	Levi Benton	Middlebury IN	1723	28	M	2: 25-29	23:35.4	7:37/M
45	Nick Underwood	Valparasio IN	1827	40	M	3: 40-44	23:39.2	7:38/M
46	Tim Murphey	Michigan City IN	1802	45	M	4: 45-49	23:42.0	7:39/M
47	Amy Hartz	Valparaiso IN	1206	43	F	1: 40-44	23:42.7	7:39/M

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<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Tom Courtney	Portage IN	1757	56	M	2: 55-59	23:45.4	7:40/M
49	Timothy Ramsey	Chesterton IN	1781	26	M	3: 25-29	23:48.7	7:41/M
50	Dave Gaughan	Lake Station IN	1810	59	M	3: 55-59	23:54.3	7:43/M
51	Bob Zalud	Valparaiso IN	1204	54	M	5: 50-54	23:55.4	7:43/M
52	Kathleen Neal	Valparaiso IN	1202	23	F	1: 20-24	23:56.7	7:43/M
53	Corinne Balbo	Valparaiso IN	1730	32	F	2: 30-34	23:57.7	7:44/M
54	Amy Maclejewski	Hammond IN	1705	32	F	3: 30-34	23:59.9	7:44/M
55	Thomas Kornelik	Crown Point IN	1702	66	M	3: 65-69	24:06.3	7:47/M
56	Josh Pool	Chesterton IN	1826	46	M	5: 45-49	24:09.5	7:48/M
57	Abram Rausch	Chesterton IN	1756	9	M	1: 1-10	24:12.0	7:48/M
58	Dave Young	Valparaiso IN	1301	62	M	1: 60-64	24:20.0	7:51/M
59	Lucas Torres	Valparaiso IN	9926	8	M	2: 1-10	24:22.9	7:52/M
60	David Moore	Ogden Dunes IN	1353	61	M	2: 60-64	24:27.8	7:54/M
61	Laura Fennell	Valparaiso IN	1805	34	F	4: 30-34	24:28.7	7:54/M
62	Laura Seegers	Demotte IN	1817	37	F	2: 35-39	24:29.0	7:54/M
63	Samantha Bartucci	Merrillville IN	1813	33	F	5: 30-34	24:29.9	7:54/M
64	George Nietert	Valparaiso IN	1203	70	M	1: 70-74	24:33.8	7:55/M
65	Bree Snyder	Schaumburg IL	1794	42	F	2: 40-44	24:38.1	7:57/M
66	Jeremy Pape	Valparaiso IN	1292	52	M	6: 50-54	25:00.6	8:04/M
67	Natalie Roe	Valparaiso IN	1800	27	F	2: 25-29	25:03.3	8:05/M
68	Alan Jones	Valparaiso IN	1350	52	M	7: 50-54	25:06.6	8:06/M
69	Marin Anderson	Valparaiso IN	1219	14	F	2: 13-14	25:19.0	8:10/M
70	Nicholas Perkins	Crown Point IN	1712	57	M	4: 55-59	25:21.7	8:11/M
71	Phillip Newberry	Kankakee IL	1709	60	M	3: 60-64	25:32.1	8:14/M
72	Emilia Massey	Hobart IN	1741	14	F	3: 13-14	25:36.7	8:16/M
73	Audrey Turley	Hobart IN	1783	15	F	4: 15-19	25:37.0	8:16/M
74	Abigail Sedevic	Valparaiso IN	9949	15	F	5: 15-19	25:41.5	8:17/M
75	Ryan Gish	Valparaiso IN	1776	36	M	6: 35-39	25:45.0	8:18/M
76	Carson Bowman	Valparaiso IN	1293	12	M	1: 11-12	25:46.2	8:19/M
77	Kathy Chandler	Portage IN	1349	44	F	3: 40-44	25:46.9	8:19/M
78	Maria Cristina Ibanez Garcia	Valparaiso IN	1223	46	F	1: 45-49	25:53.5	8:21/M
79	Mark Sedevic	Valparaiso IN	9948	44	M	4: 40-44	25:56.1	8:22/M
80	Lauren Niemcewicz	Portage IN	1765	39	F	3: 35-39	26:01.1	8:24/M
81	Justin Rhorer	Chesterton IN	1753	36	M	7: 35-39	26:01.5	8:24/M
82	Kristin Schumacher	Valparaiso IN	1347	47	F	2: 45-49	26:02.6	8:24/M
83	Sara Bruner	Valparaiso IN	1147	46	F	3: 45-49	26:10.3	8:27/M
84	Skip (william) Woldt	Valparaiso IN	1328	54	M	8: 50-54	26:11.4	8:27/M
85	Alex Giurovici	Chesterton IN	1726	28	M	4: 25-29	26:21.9	8:30/M
86	Scott Sears	Valparaiso IN	1325	54	M	9: 50-54	26:24.8	8:31/M
87	Kyler Metzcus	Crown Point IN	1812	23	M	3: 20-24	26:37.6	8:35/M
88	Michael Hyde	Valparaiso IN	1338	45	M	6: 45-49	26:41.9	8:37/M
89	Layla Massey	Hobart IN	1743	12	F	1: 11-12	26:45.9	8:38/M
90	Arvil Howe	South Bend IN	1708	71	M	2: 70-74	26:47.8	8:39/M
91	Christopher Barkow	Valparaiso IN	1840	40	M	5: 40-44	26:54.6	8:41/M
92	Mark Riley	Crown Point IN	1701	61	M	4: 60-64	27:05.2	8:44/M
93	Alex Rettker	Crown Point IN	1249	24	M	4: 20-24	27:09.8	8:46/M
94	Robert Johnson	Michigan City IN	1807	33	M	6: 30-34	27:18.7	8:49/M

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95	Emalee Greenboam-Berg	Valparaiso IN	1274	18	F	6: 15-19	27:19.4	8:49/M
96	Sue Hill	Crown Point IN	1247	54	F	1: 50-54	27:32.2	8:53/M
97	Rachael Payne	Kouts IN	1341	34	F	6: 30-34	27:44.1	8:57/M
98	Brenda Chavez	Valparaiso IN	1266	46	F	4: 45-49	27:58.6	9:02/M
99	Marie Borman	Valparaiso IN	1316	40	F	4: 40-44	28:01.1	9:02/M
100	Francie Bean	Valparaiso IN	1340	51	F	2: 50-54	28:03.3	9:03/M
101	Kristen Wozniak	Michigan City IN	1804	31	F	7: 30-34	28:10.7	9:05/M
102	Kimberly Mihail	Hobart IN	1255	40	F	5: 40-44	28:12.0	9:06/M
103	Jaclyn Barkow	Valparaiso IN	1841	39	F	4: 35-39	28:12.7	9:06/M
104	Julie Young	Valparaiso IN	1300	59	F	1: 55-59	28:14.3	9:07/M
105	Michele Zurisk	Cedar Lake IN	1305	51	F	3: 50-54	28:14.5	9:07/M
106	Lucas Bormann	Valparaiso IN	1272	34	M	7: 30-34	28:16.2	9:07/M
107	Andy Chavez	Valparaiso IN	1265	47	M	7: 45-49	28:16.4	9:07/M
108	Tara Beere	Valparaiso IN	1284	26	F	3: 25-29	28:23.5	9:10/M
109	Michael Grochowski	Valparaiso IN	1327	69	M	4: 65-69	28:45.8	9:17/M
110	Samantha Oaf	Hobart IN	1251	35	F	5: 35-39	28:48.6	9:18/M
111	Nancy Packovski	Crown Point IN	1768	46	F	5: 45-49	28:52.7	9:19/M
112	Michelle Bulington	Valparaiso IN	1277	32	F	8: 30-34	29:01.5	9:22/M
113	Dawn Vamos	Valparaiso IN	1772	51	F	4: 50-54	29:08.2	9:24/M
114	Renee Martin	Valparaiso IN	1271	24	F	2: 20-24	29:09.0	9:24/M
115	Lisa Baljak	Rensselaer IN	1780	55	F	2: 55-59	29:13.9	9:26/M
116	Ashley Hall	Valparaiso IN	1773	37	F	6: 35-39	29:17.3	9:27/M
117	Jordyn Bloode	New Carlisle IN	1212	22	F	3: 20-24	29:19.1	9:27/M
118	Ian Myers	New Carlisle IN	1214	9	M	3: 1-10	29:19.6	9:28/M
119	David Danford	Hebron IN	1222	48	M	8: 45-49	29:21.3	9:28/M
120	Martin Buinicki	Valparaiso IN	1315	50	M	10: 50-54	29:34.1	9:32/M
121	Trisha Baldazo	Crown Point IN	1763	36	F	7: 35-39	29:38.4	9:34/M
122	Shannon Bowen	Valparaiso IN	1822	24	F	4: 20-24	29:45.4	9:36/M
123	Laura Myers	Wheatfield IN	1736	33	F	9: 30-34	29:50.2	9:38/M
124	Jean Jannasch	Valparaiso IN	1792	76	F	1: 75-99	29:51.4	9:38/M
125	Kelly Bloode	New Carlisle IN	1213	56	F	3: 55-59	29:52.2	9:38/M
126	Ginger Clark	Valparaiso IN	1211	48	F	6: 45-49	29:52.5	9:38/M
127	Patty Rose	Valparaiso IN	1269	71	F	1: 70-74	29:56.6	9:40/M
128	Leo Myers	New Carlisle IN	1215	6	M	4: 1-10	30:01.5	9:41/M
129	Jeff Peterson	Grant Park IL	1704	58	M	5: 55-59	30:04.7	9:42/M
130	April Hardesty	Valparaiso IN	1234	64	F	1: 60-64	30:15.2	9:46/M
131	Rich Lapis	Valparaiso IN	1295	65	M	5: 65-69	30:17.0	9:46/M
132	Sue Brown Nickerson	Valparaiso IN	1304	62	F	2: 60-64	30:24.9	9:49/M
133	Kristen Bonkoski	Valparaiso IN	1250	39	F	8: 35-39	30:29.4	9:50/M
134	Addy Howton	Chesterton IN	1330	8	F	1: 1-10	30:29.7	9:50/M
135	William Smith	Crown Point IN	1845	40	M	6: 40-44	30:31.8	9:51/M
136	Becky Kreiger	Kouts IN	1329	49	F	7: 45-49	30:32.4	9:51/M
137	Paula George	Valparaiso IN	1286	50	F	5: 50-54	30:33.2	9:51/M
138	Sawyer Evans-White	Valparaiso IN	9940	9	M	5: 1-10	30:48.3	9:56/M
139	Adam White	Valparaiso IN	9939	38	M	8: 35-39	30:49.7	9:57/M
140	Jennifer Osborn	New Carlisle IN	1786	47	F	8: 45-49	30:57.5	9:59/M
141	Mary Joe Jaime	Valparaiso IN	9944	46	F	9: 45-49	31:00.0	10:00/M

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142	Misty Hatch	Lowell IN	1748	38	F	9: 35-39	31:04.9	10:02/M
143	Sarah Olivarez	Valparaiso IN	1336	42	F	6: 40-44	31:05.7	10:02/M
144	Audrieana Taddei	Valparaisovalparaiso	1828	30	F	10: 30-34	31:06.2	10:02/M
145	Elizabeth Frances	Valparaiso IN	9946	62	F	3: 60-64	31:09.2	10:03/M
146	Ronald Hatch	Lowell IN	1750	38	M	9: 35-39	31:11.3	10:04/M
147	Andrea Killingbeck	La Porte IN	1221	50	F	6: 50-54	31:29.5	10:10/M
148	Kimberly Anderson	Valparaiso IN	1218	48	F	10: 45-49	31:36.1	10:12/M
149	Kirk Smart	Morris IL	1706	47	M	9: 45-49	31:37.6	10:12/M
150	Michael Hammonds	Valparaiso IN	1285	48	M	10: 45-49	31:39.0	10:13/M
151	Thomas Rosales	Crown Point IN	1818	18	M	5: 15-19	31:43.5	10:14/M
152	Leslie Millsap	Valparaiso IN	1787	39	F	10: 35-39	31:47.1	10:15/M
153	Cecily Massey	Hobart IN	1744	9	F	2: 1-10	32:04.5	10:21/M
154	Karen Turner	Valparaiso IN	1337	45	F	11: 45-49	32:05.5	10:21/M
155	Lisa Rebey	Griffith IN	1746	52	F	7: 50-54	32:08.3	10:22/M
156	Madelin Zahrn	La Porte IN	1731	31	F	11: 30-34	32:13.5	10:24/M
157	Molly Oros	Valparaiso IN	1306	33	F	12: 30-34	32:16.6	10:25/M
158	Holly Casto	Hamlet IN	1317	46	F	12: 45-49	32:16.9	10:25/M
159	Staci Sgouroudis	Valparaiso IN	1273	30	F	13: 30-34	32:25.4	10:28/M
160	Joanna Groth	Schererville IN	1830	34	F	14: 30-34	32:26.6	10:28/M
161	Janet Rotz	Dyer IN	1717	69	F	1: 65-69	32:29.1	10:29/M
162	Jean Tolchinsky	Crete IL	1751	77	F	2: 75-99	32:32.5	10:30/M
163	Robert Dahlgren	Valparaiso IN	1846	56	M	6: 55-59	32:38.0	10:32/M
164	Lindsey Stammis	Dyer IN	1738	36	F	11: 35-39	32:40.3	10:32/M
165	Kelly Flannery	Valparaiso IN	1310	51	F	8: 50-54	32:44.6	10:34/M
166	Tom Mangel	Valparaiso IN	1309	58	M	7: 55-59	32:45.8	10:34/M
167	Gary Westefer	Chicago IL	1762	67	M	6: 65-69	33:01.2	10:39/M
168	Charles Detraz	Valparaiso IN	1788	32	M	8: 30-34	33:03.6	10:40/M
169	Samantha Bosacki	Chicago IL	1764	33	F	15: 30-34	33:05.8	10:41/M
170	John Stimley	Michigan City IN	1766	77	M	1: 75-99	33:23.2	10:46/M
171	Laura Darrow	Lowell IN	1790	61	F	4: 60-64	33:25.5	10:47/M
172	Alex Mihail	Hobart IN	1254	38	M	10: 35-39	33:25.5	10:47/M
173	Bill Wagner	Demotte IN	1819	35	M	11: 35-39	33:28.9	10:48/M
174	Diane Nietert	Valparaiso IN	9937	62	F	5: 60-64	33:33.4	10:50/M
175	Dean Bricker	Hobart IN	1348	51	M	11: 50-54	33:47.3	10:54/M
176	Tesa Emmart	Gary IN	1225	37	F	12: 35-39	33:48.2	10:54/M
177	Kaitlyn Deehr	Chesterton IN	1795	35	F	13: 35-39	34:03.3	10:59/M
178	Shaun Zoladz	Hobart IN	9925	34	M	9: 30-34	34:03.6	10:59/M
179	Jennifer Sandberg	Cedar Lake IN	1831	34	F	16: 30-34	34:13.7	11:03/M
180	Jill Hunt	Valparaiso IN	1258	63	F	6: 60-64	34:18.5	11:04/M
181	Marianne Groth	St. Joseph MI	1820	59	F	4: 55-59	34:38.5	11:11/M
182	Valerie Pendergast	Michigan City IN	1809	38	F	14: 35-39	34:38.8	11:11/M
183	Cathy Jacobsen	Valparaiso IN	1749	46	F	13: 45-49	34:55.2	11:16/M
184	Denise Feece	Plymouth IN	1745	49	F	14: 45-49	34:55.6	11:16/M
185	Cheryl Burdett	Valparaiso IN	1747	50	F	9: 50-54	34:55.8	11:16/M
186	Grace Kellett	Crown Point IN	1816	36	F	15: 35-39	35:03.6	11:19/M
187	Andrea Kilgore	Valparaiso IN	9941	27	F	4: 25-29	35:05.4	11:19/M
188	Estefan Cordova	Valparaiso IN	9942	29	M	5: 25-29	35:05.5	11:19/M

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189	Tati Yurconic	Chesterton IN	9943	33	F	17: 30-34	35:07.2	11:20/M
190	Nicole Nelson	Valparaiso IN	1299	42	F	7: 40-44	35:08.3	11:20/M
191	Jill Platipodis	Valparaiso IN	1354	45	F	15: 45-49	35:09.1	11:20/M
192	Darya Maroz	Chesterton IN	1727	26	F	5: 25-29	35:09.6	11:21/M
193	Allie Hill	Crown Point IN	1248	25	F	6: 25-29	35:23.6	11:25/M
194	Mike Benton	Middlebury IN	1724	63	M	5: 60-64	35:27.3	11:26/M
195	Erica Weltmeyer	Kouts IN	1725	31	F	18: 30-34	35:32.1	11:28/M
196	Katie Watson	Valparaiso IN	1259	36	F	16: 35-39	35:33.4	11:28/M
197	Ben Watson	Valparaiso IN	1260	40	M	7: 40-44	35:33.4	11:28/M
198	Crystal Edwards	Portage IN	1811	29	F	7: 25-29	35:33.7	11:28/M
199	Dennis Rotz	Dyer IN	1718	75	M	2: 75-99	35:46.8	11:33/M
200	Katie Trudeau	Valparaiso IN	9921	35	F	17: 35-39	35:47.3	11:33/M
201	Steven Schulz	Portage IN	1761	39	M	12: 35-39	35:47.4	11:33/M
202	Cody Trudeau	Valparaiso IN	9922	8	M	6: 1-10	35:51.9	11:34/M
203	Jess Stephens	Valparaiso IN	1323	36	F	18: 35-39	36:01.1	11:37/M
204	Tessa Stephens	Valparaiso IN	1324	7	F	3: 1-10	36:03.9	11:38/M
205	Amy Burke	Portage IN	1769	52	F	10: 50-54	36:06.8	11:39/M
206	Maria Middleton Nied	Schererville IN	1771	54	F	11: 50-54	36:07.5	11:39/M
207	Emily Donaldson	Valparaiso IN	1838	23	F	5: 20-24	36:07.6	11:39/M
208	Jennifer Conner	Chesterton IN	1252	34	F	19: 30-34	36:22.9	11:44/M
209	Kevin Conner	Chesterton IN	1253	38	M	13: 35-39	36:23.1	11:44/M
210	Laura Cloud	Portage IN	1276	29	F	8: 25-29	36:30.1	11:47/M
211	Steve Sanchez	Portage IN	1261	58	M	8: 55-59	36:30.4	11:47/M
212	Addison Rozwara	Valparaiso IN	1246	23	F	6: 20-24	36:30.4	11:47/M
213	Shannon Garrett	Kouts IN	1275	40	F	8: 40-44	36:33.8	11:48/M
214	Mateo Gonzalez	Lake Station IN	1313	12	M	2: 11-12	36:36.8	11:49/M
215	Jessica Manthey	La Porte IN	1839	45	F	16: 45-49	36:43.4	11:51/M
216	Polly Theising	Valparaiso IN	1297	72	F	2: 70-74	36:55.9	11:55/M
217	Carol Parry	Wheeler IN	1263	65	F	2: 65-69	36:57.0	11:55/M
218	Sean Lee	Valparaiso IN	1322	49	M	11: 45-49	37:11.1	12:00/M
219	Michelle Heims	North Judson IN	1837	34	F	20: 30-34	37:15.0	12:01/M
220	Bethann Fabugais	Valparaiso IN	1321	42	F	9: 40-44	37:15.7	12:01/M
221	Laura Corbett	Crown Point IN	1824	33	F	21: 30-34	37:18.6	12:02/M
222	Jillian Allen	Valparaiso IN	1777	38	F	19: 35-39	37:20.4	12:03/M
223	Haley Thoreson	Crown Point IN	1821	27	F	9: 25-29	37:28.5	12:05/M
224	Troy Zygmuntowski	La Porte IN	1320	57	M	9: 55-59	37:30.4	12:06/M
225	Bridget Barnhill	Highland IN	1803	56	F	5: 55-59	37:31.0	12:06/M
226	Keely Bell	Munster IN	1779	44	F	10: 40-44	37:35.2	12:07/M
227	James Kintzele	Chesterton IN	1217	69	M	7: 65-69	37:44.4	12:10/M
228	Mike Walkowicz	Tippecanoe IN	1715	51	M	12: 50-54	37:45.0	12:11/M
229	Charlie Kominakis	Valparaiso IN	1303	7	M	7: 1-10	37:46.4	12:11/M
230	Jessica Thompson	Burns Harbor IN	1740	38	F	20: 35-39	37:52.1	12:13/M
231	Brighton Osterman	Tippecanoe IN	1716	7	M	8: 1-10	37:52.7	12:13/M
232	Alyse Kominakis	Valparaiso IN	1302	35	F	21: 35-39	37:53.6	12:13/M
233	Barbara Ramirez	Valparaiso IN	1335	57	F	6: 55-59	37:58.9	12:15/M
234	Jennifer Ahrens	Lombard IL	1814	31	F	22: 30-34	38:08.0	12:18/M
235	Teresa Weiler	Valparaiso IN	1343	53	F	12: 50-54	38:11.9	12:19/M

2023 Race the Region Valentine's 5K

Race Date
February 05, 2023

Overall Finish List**5K Run**

Overall	Name	City	Bib No	Age	Gend	AG Place	Time	Pace
236	Jerri Jakich-Ortiz	Chesterton IN	1226	59	F	7: 55-59	38:21.5	12:22/M
237	Kimberly Jackson	Valparaiso IN	1205	44	F	11: 40-44	38:22.5	12:23/M
238	Addison Martin	Valparaiso IN	1356	8	F	4: 1-10	38:29.6	12:25/M
239	Andrew Martin	Akron OH	1357	35	M	14: 35-39	38:30.1	12:25/M
240	Irena Kubas	Laporte IN	1799	51	F	13: 50-54	38:34.0	12:26/M
241	Lissa Yogan	Valparaiso IN	9931	63	F	7: 60-64	38:40.8	12:29/M
242	Lauren Zubrick	Dyer IN	9924	29	F	10: 25-29	38:53.8	12:33/M
243	Jo Munro	Valparaiso IN	1355	53	F	14: 50-54	39:06.8	12:37/M
244	Angelina Marerro-Dailey	Portage IN	1346	33	F	23: 30-34	39:14.4	12:39/M
245	Patrick Dailey	Portage IN	1345	43	M	8: 40-44	39:15.4	12:40/M
246	Sarah Zygmuntowski	La Porte IN	1318	24	F	7: 20-24	39:17.7	12:41/M
247	Shareen Rador	Valparaiso IN	1262	50	F	15: 50-54	39:32.4	12:45/M
248	Jamie Major	Portage IN	1352	27	F	11: 25-29	39:35.1	12:46/M
249	Walter Szymkiewicz	Chicago IL	1333	61	M	6: 60-64	39:40.0	12:48/M
250	Ashley Whited	Wheatfield IN	1823	34	F	24: 30-34	39:42.3	12:48/M
251	Amanda Sauer	Plymouth IN	1742	40	F	12: 40-44	39:49.5	12:51/M
252	Linda Perry	Demotte IN	1778	76	F	3: 75-99	39:59.1	12:54/M
253	Joyce Einikis	Valparaiso IN	1291	67	F	3: 65-69	40:04.1	12:56/M
254	Cliff Cunningham	Louisville KY	1722	50	M	13: 50-54	40:16.4	12:59/M
255	Mikaela Pusateri	Aurora IL	1720	11	F	2: 11-12	40:19.8	13:01/M
256	Andrea Rutkowski	Granger IN	1796	59	F	8: 55-59	40:24.4	13:02/M
257	Jodi Zygmuntowski	La Porte IN	1319	57	F	9: 55-59	40:26.1	13:03/M
258	Carol Magill	Chesterton IN	1298	72	F	3: 70-74	40:28.9	13:04/M
259	Karen Bjonback	La Porte IN	1833	34	F	25: 30-34	40:46.4	13:09/M
260	Daisy Aburto Martinez	Valparaiso IN	1224	66	F	4: 65-69	41:44.9	13:28/M
261	Linda Levenson	Valparaiso IN	1296	68	F	5: 65-69	42:27.5	13:42/M
262	Karen Gay	Valparaiso IN	1230	62	F	8: 60-64	42:35.9	13:45/M
263	Lindy Adams Brockman	Valparaiso IN	1231	39	F	22: 35-39	43:10.9	13:56/M
264	Meredith Brockman	Valparaiso IN	1232	42	F	13: 40-44	43:14.2	13:57/M
265	Jim Cocking	Crown Point IN	1351	65	M	8: 65-69	43:16.4	13:58/M
266	David Parry	Wheeler IN	1264	66	M	9: 65-69	43:26.7	14:01/M
267	Thomas Bodlak	Crown Point IN	1334	61	M	7: 60-64	43:31.9	14:03/M
268	Jessica Emerson	Valparaiso IN	9930	42	F	14: 40-44	43:52.1	14:09/M
269	Andreana Gonzalez	Lake Station IN	1311	52	F	16: 50-54	44:45.8	14:26/M
270	Susan Peterson	Albion IN	1798	68	F	6: 65-69	44:54.3	14:29/M
271	Kathleen Vangilder	Hammond IN	1758	31	F	26: 30-34	45:14.7	14:36/M
272	Anais Gonzalez	Lake Station IN	1312	14	F	4: 13-14	46:38.2	15:03/M
273	Kelli Holland	Valparaiso IN	1270	41	F	15: 40-44	46:45.4	15:05/M
274	Kayla Pool	Chesterton IN	1825	35	F	23: 35-39	46:45.7	15:05/M
275	Tom Fela	Chesterton IN	1216	60	M	8: 60-64	46:56.5	15:09/M
276	Melissa Goodall	Saint John IN	1770	41	F	16: 40-44	46:57.0	15:09/M
277	John Claussen	Wanatah IN	1287	52	M	14: 50-54	47:00.4	15:10/M
278	Barb Garringer	Tippecanoe IN	1713	50	F	17: 50-54	47:06.6	15:12/M
279	Jen Pusateri	Aurora IL	1719	44	F	17: 40-44	47:09.4	15:13/M
280	Taylor Kraft Ito	Valparaiso IN	9947	41	F	18: 40-44	47:11.0	15:13/M
281	Amy Janik	Highland IN	1739	37	F	24: 35-39	47:52.7	15:27/M
282	Doug Wiese	Westville IN	1256	69	M	10: 65-69	47:58.2	15:28/M

2023 Race the Region Valentine's 5K

Race Date
February 05, 2023

Overall Finish List**5K Run**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
283	Aaron Mikell	Chicago IL	1358	51	M	15: 50-54	48:16.3	15:34/M
284	Tiffany Green	Portage IN	1359	41	F	19: 40-44	48:16.5	15:34/M
285	Jamie Wolfe	Hobart IN	1728	43	F	20: 40-44	48:42.9	15:43/M
286	Lyndsay Bowman	Valparaiso IN	1294	39	F	25: 35-39	48:57.7	15:48/M
287	Mari Ann Sopcich	Demotte IN	1791	62	F	9: 60-64	49:01.8	15:49/M
288	Belen Suarez	Valparaiso IN	1834	44	F	21: 40-44	49:21.5	15:55/M
289	Georgina Rivera	Merrillville IN	1835	38	F	26: 35-39	49:21.5	15:55/M
290	Martin Max	Hanna IN	1268	57	M	10: 55-59	49:40.6	16:01/M
291	Irene Rhoda	Valparaiso IN	1732	68	F	7: 65-69	50:19.4	16:14/M
292	Amy Turley	Hobart IN	1782	49	F	17: 45-49	50:29.3	16:17/M
293	Marianne Mummey	Hobarthobart IN	1784	63	F	10: 60-64	50:30.9	16:18/M
294	Maxine Stankich	Hobart IN	1734	45	F	18: 45-49	50:35.1	16:19/M
295	Sydney Dawson	Valparaiso IN	1281	56	F	10: 55-59	50:38.4	16:20/M
296	Peter Klaeser	Chesterton IN	1767	66	M	11: 65-69	50:38.6	16:20/M
297	Lynne Sundwall	Valparaiso IN	1785	62	F	11: 60-64	50:54.4	16:25/M
298	Joseph Tosch	Hobart IN	1808	24	M	5: 20-24	50:58.5	16:27/M
299	Melanie Priestly	Hobart IN	1806	23	F	8: 20-24	51:01.9	16:28/M
300	Lisa Ohanis	Rensselaer IN	1711	48	F	19: 45-49	51:11.2	16:31/M
301	Rachel Lakin	Rensselaer IN	1710	46	F	20: 45-49	51:20.8	16:34/M
302	Karl Bauer	Valparaiso IN	1279	56	M	11: 55-59	51:30.3	16:37/M
303	Alex Wolfe	Hobart IN	1729	18	M	6: 15-19	54:10.2	17:28/M
304	Melissa Boomsma	Wheatfield IN	1752	48	F	21: 45-49	54:34.2	17:36/M
305	Caitlyn Epley	Wheatfield IN	1754	20	F	9: 20-24	54:42.1	17:39/M
306	Andrea Proulx Buinicki	Valparaiso IN	1314	50	F	18: 50-54	54:51.2	17:42/M
307	Beverly Vild	Valparaiso IN	1244	53	F	19: 50-54	55:47.9	18:00/M
308	James Emerson	Valparaiso IN	9933	53	M	16: 50-54	55:56.9	18:03/M
309	Brenda Charron	Valparaiso IN	1245	54	F	20: 50-54	56:08.8	18:07/M
310	Tracey Cocking	Crown Point IN	9950	58	F	11: 55-59	56:22.9	18:11/M
311	Valerie Donahue	Valparaiso IN	1241	9	F	5: 1-10	1:00:11.4	19:25/M
312	Conner Donahue	Valparaiso IN	1239	13	M	4: 13-14	1:00:18.5	19:27/M
313	Chrystal Donahue	Valparaiso IN	1238	40	F	22: 40-44	1:00:27.6	19:30/M
314	Lori Staack	Valparaiso IN	1242	60	F	12: 60-64	1:00:32.1	19:32/M
315	Audrey Donahue	Valparaiso IN	1240	12	F	3: 11-12	1:00:33.2	19:32/M
316	Ron Donahue	Valparaiso IN	1237	41	M	9: 40-44	1:00:34.2	19:32/M
317	Clarence Melion	Portage IN	1201	78	M	3: 75-99	1:01:01.2	19:41/M
318	David Ralston	Hammond IN	1801	78	M	4: 75-99	1:07:01.1	21:37/M