

Race Date  
July 15, 23

2023 Waves of Freedom 5K  
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lindsay Wheeler	Culver IN	43	1285	18	21:42.3	7:00/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Haschel		40	1296	1	16:22.5	5:17/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Pierrou	Star City IN	44	1242	28	23:27.3	7:34/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dirkus Callahan	South Bend IN	40	1165	5	18:28.3	5:58/M

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Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brook Weirick	Culver IN	10	1284	98	33:06.6	10:41/M
2	Aubree McCoy	Granger IN	9	1225	116	39:22.6	12:42/M
3	Juliana Nord	Brownsburg IN	10	1233	118	40:08.3	12:57/M
4	Ella Hurst	Plymouth IN	10	1206	119	41:02.6	13:14/M
5	Selena Risner	Culver IN	9	1255	122	42:36.2	13:45/M

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Colt Schmucker	Plymouth IN	10	1260	29	23:44.5	7:40/M
2	Oliver Buschman		10	1301	30	23:46.5	7:40/M
3	Aj Fritz	Homer Glen IL	9	1182	70	28:56.7	9:20/M
4	Lincoln Warner	Plymouth IN	10	1283	73	29:01.2	9:22/M
5	Alexander Bain	Cleveland OH	8	1152	84	30:29.7	9:50/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Taylor Schadek		14	1303	38	24:42.9	7:58/M
2	Eva MacEy	Plymouth IN	14	1218	50	26:21.6	8:30/M
3	Kate Kappes	Hobart IN	11	1211	54	26:37.6	8:35/M
4	Coraline Day		12	1302	62	28:19.4	9:08/M
5	L. Warner	Plymouth IN	12	1282	64	28:38.2	9:14/M
6	Mattie Rayl	Russiaville IN	12	1248	96	32:42.3	10:33/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Landon Uher		14	1277	6	18:40.3	6:01/M
2	Scott Hurst		14	1207	42	24:50.7	8:01/M
3	Jaden Obertein		13	1235	44	25:44.4	8:18/M
4	Jacob Ringer	Plymouth IN	13	1254	81	30:26.9	9:49/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Samantha Lazowski	Saint John IN	18	1216	27	23:15.6	7:30/M
2	* Lauren Gurtner	Plymouth IN	15	1195	34	24:15.1	7:49/M

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Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Eliana Gifford	Plymouth IN	15	1185	35	24:15.3	7:49/M
4	Ally Schadek	Plymouth IN	16	1258	55	26:37.7	8:35/M
5	Lilly Culbreth	Demotte IN	15	1176	65	28:38.4	9:14/M
6	Bailey Edmiston	Plymouth IN	15	1181	67	28:55.1	9:20/M
7	Sophie Wray	Plymouth IN	17	1288	68	28:55.3	9:20/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Destin Green	Culver IN	18	1189	2	16:58.2	5:28/M
2 *	Dionte Obertein		17	1234	4	18:02.4	5:49/M
3 *	Ethan Podlesak	Plymouth IN	15	1243	8	19:07.5	6:10/M
4	Luke Doyle		15	1178	10	19:18.3	6:14/M
5	Declan Squires	Culver IN	15	1268	12	20:00.2	6:27/M
6	Aidan Fanlstich		15	1298	16	21:13.3	6:51/M
7	Ray Ye	Plymouth IN	15	1289	58	27:22.8	8:50/M
8	Crispin Lamka	Demotte IN	18	1215	66	28:41.7	9:15/M
9	Jaxson Warner		17	1281	72	29:00.8	9:22/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emily Rausch		20	1293	23	22:50.2	7:22/M
2 *	Paulina Carles	Mishawaka IN	21	1167	33	24:07.9	7:47/M
3 *	Grace Nord	Brownsburg IN	21	1232	117	40:08.2	12:57/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Luke Grider	Carmel IN	20	1191	3	17:53.3	5:46/M
2 *	Rob Hageboeck	Culver IN	24	1196	26	23:07.7	7:28/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dora Stephenson		29	1305	39	24:42.9	7:58/M
2 *	Kayla Trefren	Culver IN	25	1275	47	25:55.7	8:22/M
3 *	Maggie Cavanaugh	Columbus FL	28	1169	52	26:24.7	8:31/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Lilly Bottorff	Argos IN	26	1160	83	30:29.1	9:50/M
5	Shannon Lunetta	Culver IN	26	1217	90	31:05.9	10:02/M
6	Ashley Charton	Garner NC	29	1171	100	33:23.8	10:46/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chanoy Dingkin		26	1294	20	22:07.7	7:08/M
2 *	Andrew Prephan	Columbus FL	28	1244	36	24:17.1	7:50/M
3 *	Troy Walter	Saint Petersburg FL	26	1280	48	25:56.3	8:22/M
4	Darian Mach		25	1300	56	26:42.9	8:37/M
5	Tim Skrinak	Mccordsville IN	29	1267	60	27:36.8	8:54/M
6	Andrew Hughes	North Judson IN	26	1205	108	36:43.7	11:51/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Carina Maerkl	Plymouth IN	32	1219	45	25:46.2	8:19/M
2 *	Bridgette Bockover	Plymouth IN	32	1156	51	26:23.2	8:31/M
3 *	Meghan Schmucker	Plymouth IN	32	1261	89	30:50.2	9:57/M
4	Cayla Schrimsher	Tampa FL	31	1262	121	41:09.2	13:17/M
5	Katherine Tierney	Southgate MI	32	1274	124	44:40.2	14:25/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jeff Overmyer	Plymouth IN	30	1237	7	18:42.2	6:02/M
2 *	Will King		30	1307	41	24:47.7	8:00/M
3 *	Jesse Good	Ventura CA	33	1186	78	29:54.9	9:39/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kristina Fuehring-Callahan	South Bend IN	36	1184	24	22:51.4	7:22/M
2 *	Janell Zimmer	Carmel IN	36	1290	80	30:14.9	9:45/M
3 *	Sandra Villegas	Culver IN	38	1279	92	31:27.9	10:09/M
4	Crystal Jordan	Kokomo IN	37	1209	95	32:25.7	10:28/M
5	Jessica Migonis	Kewanna IN	36	1229	103	33:52.1	10:56/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Mackenzie Breitenstein	Rochester IN	38	1163	113	38:08.8	12:18/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Zachary Zimmer	Carmel IN	37	1291	14	20:31.6	6:37/M
2	* Matt Zora	Wheaton IL	38	1292	17	21:16.5	6:52/M
3	* Brad Nagel	Culver IN	38	1231	25	23:01.4	7:26/M
4	Nick Pavilonis	Fishers IN	35	1240	59	27:24.9	8:51/M
5	Steven Schrimsher	Tampa FL	37	1263	120	41:09.1	13:16/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Ashley Kappes	Hobart IN	41	1210	32	24:02.2	7:45/M
2	* Nicki Fritz	Homer Glen IL	40	1151	69	28:56.5	9:20/M
3	* Polly Mangerson	Culver IN	40	1224	74	29:01.5	9:22/M
4	Erin Pretzer	Culver IN	44	1245	75	29:07.2	9:24/M
5	April Bain	Cleveland OH	41	1153	82	30:27.4	9:50/M
6	Jessi Uher		42	1276	93	32:04.3	10:21/M
7	Elizabeth Rayl	Russiaville IN	43	1247	110	37:42.9	12:10/M
8	Kara Vandenboom	Carmel IN	40	1278	111	38:01.2	12:16/M
9	Stephanie McCoy	Granger IN	41	1227	126	45:50.1	14:47/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Brian Culbreth	Demotte IN	41	1175	9	19:15.6	6:13/M
2	* David Story		41	1304	15	20:34.4	6:38/M
3	* Gregory Guditis	Plymouth IN	42	1193	19	21:48.2	7:02/M
4	Jeff McGee		41	1309	40	24:47.7	8:00/M
5	Jake Mangerson	Culver IN	42	1223	87	30:42.5	9:54/M
6	Jayson Migonis	Kewanna IN	42	1228	102	33:52.1	10:56/M
7	Dan McCoy	Granger IN	42	1226	115	39:22.6	12:42/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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## 5K

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Carmen Colford		47	1172	31	23:47.2	7:40/M
2 *	Kristine Hilger	Houston TX	49	1202	37	24:23.4	7:52/M
3 *	Christy McGee		46	1308	49	26:10.3	8:27/M
4	Edyta Hansen	Brownsburg IN	45	1198	85	30:38.6	9:53/M
5	Sarah Squires	Culver IN	45	1270	88	30:49.4	9:57/M
6	Tonya Donahue	Lakeville IN	46	1177	94	32:15.4	10:24/M
7	Wendy Tapia	Plymouth IN	45	1273	105	34:40.3	11:11/M
8	Samantha Goodman	Rochesterrochester IN	46	1187	114	38:09.1	12:18/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Squires	Culver IN	47	1269	21	22:11.9	7:10/M
2 *	Rex Reinholt	Rochester IN	48	1251	76	29:20.8	9:28/M
3 *	Michael Burns	Knox IN	47	1164	101	33:38.2	10:51/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Melissa Maloney	Elmhurst IL	51	1220	53	26:26.7	8:32/M
2 *	Aimee Rinehart	New York NY	51	1253	104	34:21.6	11:05/M
3 *	Shannon Stevens	Bourbon IN	53	1271	132	50:56.3	16:26/M

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Scott Colford		52	1173	11	19:36.7	6:20/M
2 *	Richard Conn		53	1297	22	22:19.7	7:12/M
3 *	Russell Maloney	Elmhurst IL	52	1221	57	27:11.7	8:46/M
4	John C Hansen Jr	Brownsburg IN	51	1199	86	30:39.2	9:53/M
5	Ray Grady	Chicago IL	52	1188	97	32:53.4	10:37/M
6	Dan Gumz	North Judson IN	52	1194	107	34:57.1	11:16/M
7	Gilberto Carles	Mishawaka IN	52	1166	112	38:01.9	12:16/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Linda Grider	Carmel IN	59	1190	79	30:07.6	9:43/M

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Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Peyton Grizzard	Valparaiso IN	59	1192	13	20:04.2	6:28/M
2 *	Bob Brady	Bloomington IL	56	1162	130	50:51.7	16:24/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Valerie Schafer	Plymouth IN	64	1259	109	37:29.8	12:06/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Steve King	Wilmette IL	61	1214	61	27:56.9	9:01/M
2 *	Ken Ray	Plymouth IN	62	1246	71	28:58.4	9:21/M
3 *	Tom Hinz	South Bend IN	62	1203	77	29:22.4	9:29/M
4	Mike Moran	Miami FL	60	1230	131	50:52.5	16:25/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michele Carey		65	1299	46	25:49.2	8:20/M
2 *	Jennifer Pavilonis	Countryside IL	66	1239	125	44:42.3	14:25/M
3 *	Marcia Combs	Culver IN	68	1174	127	48:42.8	15:43/M
4	Tracy Schrimsher	Granger IN	67	1264	133	50:58.5	16:27/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tim Overmyer	Plymouth IN	69	1238	43	25:16.5	8:09/M
2 *	Jd Castleman	Culver IN	65	1168	63	28:35.8	9:14/M
3 *	Bill Riester	Rensselaer IN	67	1252	91	31:08.7	10:03/M

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jill Howard	Plymouth IN	75	1204	106	34:40.9	11:11/M
2 *	Morningsun Kelly	Culver IN	71	1212	123	42:40.3	13:46/M
3 *	Darcy Orzech	Valparaiso IN	71	1236	129	50:41.6	16:21/M

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Male 70 and Over

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1 *	Whitewolf Kelly	Burr Oak IN	71	1213	99	33:14.5	10:43/M
2 *	Larry Cunningham		84	1306	128	48:45.2	15:44/M