

2024 Race the Region Valentine's 5K

Age Group Results

5K Run

Race Date
February 11, 2024

Male Open Winners

| | | | | | | -----Total----- | | |
|--------------|-----------------|-------------|---------------|------------|----------------|------------------|-----------------|-------------|
| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
| 1 | Michael Haschel | Winamac IN | 427 | 40 | 1 | 16:50.9 | 16:51.5 | 5:26/M |

Female Open Winners

| | | | | | | -----Total----- | | |
|--------------|-------------------|---------------|---------------|------------|----------------|------------------|-----------------|-------------|
| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
| 1 | Lindsay Moskalick | Valparaiso IN | 445 | 40 | 9 | 19:43.5 | 19:44.8 | 6:22/M |

Male Masters Winners

| | | | | | | -----Total----- | | |
|--------------|--------------|---------------|---------------|------------|----------------|------------------|-----------------|-------------|
| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
| 1 | Lee McKinley | Dune Acres IN | 511 | 62 | 4 | 18:40.1 | 18:41.8 | 6:01/M |

Female Masters Winners

| | | | | | | -----Total----- | | |
|--------------|------------------|---------------|---------------|------------|----------------|------------------|-----------------|-------------|
| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
| 1 | Elaine Hendricks | Valparaiso IN | 601 | 67 | 59 | 24:18.0 | 24:19.7 | 7:50/M |

2024 Race the Region Valentine's 5K

Age Group Results

5K Run

Race Date
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Male 10 and Under

| | | -----Total----- | | | | | | |
|-------|-------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Caden Martinez | Valparaiso IN | 640 | 9 | 43 | 22:54.0 | 22:59.1 | 7:23/M |
| 2 | * Lucas Torres | Valparaiso IN | 446 | 9 | 47 | 23:05.0 | 23:11.2 | 7:27/M |
| 3 | * Abram Rausch | Chesterton IN | 491 | 10 | 61 | 24:23.9 | 24:27.6 | 7:52/M |
| 4 | Everett Rausch | Chesterton IN | 492 | 7 | 69 | 24:54.8 | 24:58.6 | 8:02/M |
| 5 | Charlie Kominakis | Valparaiso IN | 6775 | 8 | 83 | 26:16.3 | 26:29.1 | 8:28/M |
| 6 | Cody Trudeau | Valparaiso IN | 649 | 9 | 182 | 33:27.2 | 33:35.2 | 10:48/M |

Female 10 and Under

| | | -----Total----- | | | | | | |
|-------|-------------------|-----------------|--------|-----|---------|-----------|-----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Olivia Augustyn | Griffith IN | 451 | 10 | 46 | 23:01.3 | 23:02.6 | 7:28/M |
| 2 | * Addy Howton | Chesterton IN | 624 | 9 | 118 | 28:44.0 | 28:59.5 | 9:16/M |
| 3 | * Maggie McMullan | Valparaiso IN | 6769 | 9 | 277 | 45:28.6 | 45:43.4 | 14:40/M |
| 4 | Holland Jones | Merrillville IN | 6788 | 9 | 313 | 55:10.1 | 55:40.5 | 17:48/M |
| 5 | Valerie Donahue | Valparaiso IN | 6712 | 10 | 320 | 1:00:15.6 | 1:00:27.5 | 19:26/M |

Male 11 to 12

| | | -----Total----- | | | | | | |
|-------|-----------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Mattix Hatala | Valparaiso IN | 6762 | 12 | 19 | 21:06.9 | 21:07.3 | 6:49/M |
| 2 | * Ben Malecki | Valparaiso IN | 470 | 11 | 171 | 32:32.6 | 32:44.7 | 10:30/M |

Female 11 to 12

| | | -----Total----- | | | | | | |
|-------|------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Anna Muhleman | Valparaiso IN | 6720 | 12 | 35 | 22:36.8 | 22:38.1 | 7:18/M |
| 2 | * Emma Siwy | Hebron IN | 6693 | 11 | 107 | 28:09.1 | 28:10.9 | 9:05/M |
| 3 | * Mazie McMullan | Valparaiso IN | 6767 | 12 | 185 | 33:34.0 | 33:48.7 | 10:50/M |
| 4 | Amelie Stout | Valparaiso IN | 630 | 11 | 214 | 36:39.2 | 37:17.6 | 11:49/M |
| 5 | Brianna Kidder | Valparaiso IN | 6761 | 11 | 226 | 38:10.7 | 38:22.5 | 12:19/M |

Male 13 to 14

| | | -----Total----- | | | | | | |
|-------|------------------|-----------------|--------|-----|---------|-----------|-----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Samuel Lanter | Potomac IL | 430 | 14 | 5 | 19:05.6 | 19:05.6 | 6:10/M |
| 2 | * Chase Palmer | Plymouth IN | 452 | 14 | 17 | 20:59.4 | 21:04.5 | 6:46/M |
| 3 | * Andrew Camp | Valparaiso IN | 464 | 14 | 26 | 22:10.5 | 22:10.5 | 7:09/M |
| 4 | Ben Dillabaugh | Valparaiso IN | 6737 | 14 | 31 | 22:22.8 | 22:45.1 | 7:13/M |
| 5 | Tolliver Greiner | Valparaiso IN | 6748 | 13 | 60 | 24:21.6 | 24:28.8 | 7:51/M |
| 6 | Mason Eggert | Valparaiso IN | 606 | 13 | 71 | 24:56.1 | 24:58.6 | 8:03/M |
| 7 | Mateo Gonzalez | Lake Station IN | 455 | 13 | 192 | 33:53.7 | 34:11.5 | 10:56/M |
| 8 | Conner Donahue | Valparaiso IN | 6710 | 14 | 319 | 1:00:15.4 | 1:00:25.1 | 19:26/M |

Female 13 to 14

| | | -----Total----- | | | | | | |
|-------|------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Anissa Ortiz | Portage IN | 6723 | 13 | 143 | 30:55.2 | 31:30.8 | 9:58/M |
| 2 | * Aubrey Nemecek | Portage IN | 1010 | 13 | 144 | 30:55.8 | 31:31.4 | 9:59/M |
| 3 | * Ariana Lyons | La Porte IN | 6727 | 13 | 210 | 36:22.2 | 36:35.5 | 11:44/M |
| 4 | Audrey Donahue | Valparaiso IN | 6711 | 13 | 295 | 50:36.0 | 50:49.8 | 16:19/M |

2024 Race the Region Valentine's 5K

Age Group Results

5K Run

Race Date
February 11, 2024

Male 15 to 19

| -----Total----- | | | | | | | | |
|-----------------|------------------|---------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Nathan Nova | Valparaiso IN | 636 | 18 | 3 | 17:07.1 | 17:08.7 | 5:31/M |
| 2 | * Landen Emerson | Valparaiso IN | 6783 | 15 | 8 | 19:36.2 | 19:39.8 | 6:19/M |
| 3 | * Jacob Kusbel | Valparaiso IN | 1005 | 17 | 11 | 20:18.3 | 20:40.5 | 6:33/M |
| 4 | Aiden McAlpine | Valparaiso IN | 641 | 16 | 18 | 20:59.5 | 22:28.8 | 6:46/M |
| 5 | Ben Rupp | Valparaiso IN | 474 | 15 | 64 | 24:32.7 | 24:54.6 | 7:55/M |
| 6 | Elijah Davis | Dyer IN | 513 | 15 | 82 | 26:15.4 | 26:42.2 | 8:28/M |
| 7 | Devon Ortiz | Portage IN | 6724 | 16 | 119 | 28:45.3 | 29:21.9 | 9:17/M |
| 8 | Ian Steinweg | Valparaiso IN | 1012 | 18 | 161 | 31:54.9 | 32:10.7 | 10:18/M |
| 9 | Alex Wolfe | Hobart IN | 462 | 19 | 288 | 47:48.0 | 47:52.8 | 15:25/M |

Female 15 to 19

| -----Total----- | | | | | | | | |
|-----------------|-------------------|----------------|--------|-----|---------|-----------|----------|--------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Avi Greiner | Valparaiso IN | 6747 | 15 | 50 | 23:34.8 | 23:41.7 | 7:36/M |
| 2 | * Amanda Guthrie | Hobart IN | 441 | 15 | 57 | 24:13.1 | 24:13.6 | 7:49/M |
| 3 | * Samantha Walden | Crown Point IN | 1003 | 16 | 88 | 26:48.9 | 26:52.5 | 8:39/M |
| 4 | Sophia Chavez | Valparaiso IN | 6743 | 16 | 98 | 27:38.1 | 27:57.1 | 8:55/M |

Male 20 to 24

| -----Total----- | | | | | | | | |
|-----------------|------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Nathan Crowell | Lansing IL | 1011 | 22 | 158 | 31:46.8 | 32:01.6 | 10:15/M |
| 2 | * Makaylah Clark | Hobart IN | 616 | 23 | 263 | 43:41.9 | 44:10.8 | 14:06/M |
| 3 | * Jacob Burns | Lake Station IN | 554 | 24 | 294 | 50:14.4 | 50:27.7 | 16:12/M |

Female 20 to 24

| -----Total----- | | | | | | | | |
|-----------------|----------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Alexa Nied | Schererville IN | 538 | 20 | 188 | 33:38.7 | 34:12.2 | 10:51/M |
| 2 | * Erin Burke | Portage IN | 510 | 22 | 197 | 34:12.7 | 34:46.2 | 11:02/M |
| 3 | * Cynthia Sorbellini | Highland IN | 528 | 23 | 212 | 36:31.0 | 36:54.3 | 11:47/M |
| 4 | Melanie Vera | Hobart IN | 617 | 24 | 262 | 43:39.6 | 44:09.4 | 14:05/M |
| 5 | Nina Rucinski | Hobart IN | 567 | 22 | 301 | 51:04.9 | 51:45.8 | 16:29/M |

Male 25 to 29

| -----Total----- | | | | | | | | |
|-----------------|------------------|---------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Levi Benton | Middlebury IN | 429 | 29 | 34 | 22:34.0 | 22:36.9 | 7:17/M |
| 2 | * Dakota Steele | Valparaiso IN | 6722 | 25 | 36 | 22:38.6 | 23:11.8 | 7:18/M |
| 3 | * Timothy Ramsey | Chesterton IN | 1008 | 27 | 55 | 24:04.0 | 24:30.8 | 7:46/M |
| 4 | Nickolas Ortiz | Portage IN | 6721 | 26 | 56 | 24:04.6 | 24:38.1 | 7:46/M |
| 5 | Pete Mamounas | Chesterton IN | 6725 | 26 | 84 | 26:27.8 | 27:01.6 | 8:32/M |
| 6 | Steve Camarillo | Hobart IN | 615 | 25 | 264 | 43:42.5 | 44:11.1 | 14:06/M |

Female 25 to 29

| -----Total----- | | | | | | | | |
|-----------------|-----------------|---------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Rachael Jenks | Chesterton IN | 6717 | 29 | 33 | 22:29.0 | 22:31.8 | 7:15/M |
| 2 | * Renee Martin | Valparaiso IN | 428 | 25 | 94 | 27:26.7 | 27:30.3 | 8:51/M |
| 3 | * Katie Hess | La Porte IN | 483 | 29 | 104 | 27:58.9 | 28:21.5 | 9:02/M |
| 4 | Kaylee Heimberg | Kouts IN | 6701 | 26 | 128 | 29:18.0 | 29:30.7 | 9:27/M |
| 5 | Harley Teer | Hobart IN | 398 | 27 | 136 | 30:17.8 | 30:26.7 | 9:46/M |
| 6 | Heather Mock | Hobart IN | 540 | 27 | 163 | 31:58.8 | 32:29.7 | 10:19/M |
| 7 | Katie Sullivan | Valparaiso IN | 6789 | 27 | 179 | 33:18.5 | 33:34.3 | 10:45/M |
| 8 | Sadie Wedding | Hebron IN | 459 | 29 | 195 | 34:06.8 | 34:10.9 | 11:00/M |
| 9 | Sophia Park | Chesterton IN | 399 | 27 | 208 | 36:04.1 | 36:32.3 | 11:38/M |

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Female 25 to 29

| -----Total----- | | | | | | | | |
|-----------------|-------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 10 | Haley Thoreson | Crown Point IN | 479 | 28 | 219 | 37:28.0 | 37:53.4 | 12:05/M |
| 11 | Jamie Major | Portage IN | 651 | 28 | 240 | 39:46.4 | 40:13.2 | 12:50/M |
| 12 | Alexis Rose | Hebron IN | 458 | 29 | 247 | 40:58.6 | 41:03.2 | 13:13/M |
| 13 | Destiny Olszewski | Twin Falls ID | 525 | 25 | 252 | 41:41.3 | 41:45.8 | 13:27/M |
| 14 | Gardenia Alvarez | Portage | 549 | 27 | 271 | 44:36.4 | 44:47.9 | 14:23/M |
| 15 | Emily Henning | Kouts IN | 531 | 27 | 286 | 46:52.1 | 47:09.4 | 15:07/M |
| 16 | Bailey Rucinski | Hobart IN | 566 | 26 | 302 | 51:06.6 | 51:47.1 | 16:29/M |
| 17 | Yanitza Jones | Merrillville IN | 6787 | 28 | 314 | 55:10.2 | 55:39.8 | 17:48/M |

Male 30 to 34

| -----Total----- | | | | | | | | |
|-----------------|-------------------|------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Ekagra Agarwal | Porter IN | 646 | 33 | 2 | 16:57.1 | 16:57.4 | 5:28/M |
| 2 | * Kyle Kerr | Valparaiso IN | 635 | 32 | 7 | 19:32.5 | 21:39.1 | 6:18/M |
| 3 | * Chad Passarelli | Valparaiso IN | 435 | 34 | 15 | 20:47.2 | 20:49.3 | 6:42/M |
| 4 | Evan Fox | Valparaiso IN | 6764 | 33 | 16 | 20:48.0 | 20:55.5 | 6:43/M |
| 5 | Robert Johnson | Michigan City IN | 529 | 34 | 25 | 21:58.9 | 22:17.6 | 7:05/M |
| 6 | Quinton Flora | Valparaiso IN | 556 | 31 | 65 | 24:34.6 | 24:41.3 | 7:56/M |
| 7 | Estefan Cordova | Valparaiso IN | 6718 | 30 | 85 | 26:33.9 | 27:09.5 | 8:34/M |
| 8 | Brandon Heimberg | Kouts IN | 6702 | 30 | 123 | 29:05.5 | 29:18.2 | 9:23/M |
| 9 | Max Zylstra | Valparaiso IN | 1002 | 30 | 168 | 32:15.3 | 32:21.9 | 10:24/M |
| 10 | Nathan Henning | Kouts IN | 533 | 30 | 287 | 47:04.8 | 47:23.1 | 15:11/M |
| 11 | Nicholas Parry | Valparaiso IN | 553 | 33 | 290 | 49:08.3 | 49:56.8 | 15:51/M |
| 12 | John Rotroff | Crown Point IN | 497 | 31 | 316 | 55:48.5 | 56:09.8 | 18:00/M |

Female 30 to 34

| -----Total----- | | | | | | | | |
|-----------------|--------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Corinne Balbo | Valparaiso IN | 517 | 33 | 44 | 22:59.7 | 23:00.8 | 7:25/M |
| 2 | * Amy Maclejewski | Hammond IN | 460 | 33 | 49 | 23:09.8 | 23:10.3 | 7:28/M |
| 3 | * Janelle Goly | Valparaiso IN | 614 | 31 | 52 | 23:49.7 | 23:54.9 | 7:41/M |
| 4 | Brittany Fozkos | Valparaiso IN | 634 | 33 | 96 | 27:27.7 | 29:34.2 | 8:52/M |
| 5 | Michelle Bulington | Valparaiso IN | 6763 | 33 | 117 | 28:36.4 | 28:46.7 | 9:14/M |
| 6 | Lisa Villagomez | East Chicago IN | 476 | 34 | 140 | 30:37.7 | 30:53.7 | 9:53/M |
| 7 | Nicole King | Hobart IN | 505 | 34 | 142 | 30:43.1 | 30:43.1 | 9:55/M |
| 8 | Casandra Nawrocki | Highland IN | 539 | 33 | 164 | 31:59.5 | 32:30.4 | 10:19/M |
| 9 | Emily Antonietti | Hammond IN | 559 | 32 | 174 | 32:52.7 | 33:16.4 | 10:36/M |
| 10 | Molly Oros | Valparaiso IN | 611 | 34 | 183 | 33:27.8 | 33:55.5 | 10:48/M |
| 11 | Ashley MacHek | Crown Point IN | 495 | 30 | 317 | 55:49.3 | 56:10.1 | 18:00/M |

Male 35 to 39

| -----Total----- | | | | | | | | |
|-----------------|-------------------|----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Vincent Rinas | Hobart IN | 486 | 38 | 6 | 19:32.3 | 19:32.6 | 6:18/M |
| 2 | * Robert Fozkos | Valparaiso IN | 506 | 37 | 13 | 20:30.5 | 20:32.6 | 6:37/M |
| 3 | * David Tomes | Chicago IL | 6791 | 39 | 21 | 21:16.5 | 21:31.8 | 6:52/M |
| 4 | Eric Raef | Valparaiso IN | 456 | 36 | 22 | 21:28.3 | 21:29.3 | 6:56/M |
| 5 | Nicholas Abbott | Valparaiso IN | 561 | 38 | 24 | 21:50.4 | 21:52.7 | 7:03/M |
| 6 | Brandon Johnson | Valparaiso IN | 465 | 38 | 30 | 22:22.1 | 22:25.1 | 7:13/M |
| 7 | Nicholas Stillman | Crown Point IN | 1004 | 38 | 58 | 24:15.0 | 24:41.1 | 7:49/M |
| 8 | Ed Malecki | Valparaiso IN | 468 | 37 | 76 | 25:49.5 | 26:03.2 | 8:20/M |
| 9 | Matthew Nelson | Valparaiso IN | 6768 | 36 | 77 | 26:04.6 | 26:29.4 | 8:25/M |
| 10 | Fabian Rodriguez | Valparaiso IN | 652 | 35 | 80 | 26:09.9 | 26:14.2 | 8:26/M |
| 11 | Justin Martinson | Chesterton IN | 466 | 35 | 122 | 29:00.8 | 29:17.5 | 9:22/M |
| 12 | Eric Cox | Hobart IN | 504 | 35 | 133 | 29:49.5 | 31:11.4 | 9:37/M |
| 13 | Patrick Fuller | Valparaiso IN | 612 | 37 | 162 | 31:58.2 | 32:06.7 | 10:19/M |
| 14 | Robert Becker | Valparaiso IN | 647 | 37 | 166 | 32:00.2 | 32:01.8 | 10:19/M |
| 15 | Arthur Rosales | Valparaiso IN | 653 | 35 | 181 | 33:25.5 | 33:30.8 | 10:47/M |
| 16 | Adam Stout | Valparaiso IN | 629 | 36 | 215 | 36:39.2 | 37:17.6 | 11:49/M |
| 17 | Ronald Hatch | Union Mills IN | 545 | 39 | 223 | 37:46.7 | 37:57.5 | 12:11/M |
| 18 | Daniel Ormos | Valparaiso IN | 6751 | 38 | 249 | 41:18.5 | 41:53.3 | 13:20/M |

2024 Race the Region Valentine's 5K

Age Group Results

5K Run

Race Date
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Female 35 to 39

| | | -----Total----- | | | | | | |
|-------|-----------------------------|--------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Jessica Pritchard | Burns Harbor IN | 621 | 38 | 20 | 21:09.1 | 21:13.8 | 6:49/M |
| 2 | * Amanda Hoffer | Hamlet IN | 618 | 35 | 28 | 22:14.1 | 22:19.1 | 7:10/M |
| 3 | * Laura Seegers | Demotte IN | 563 | 38 | 78 | 26:06.3 | 26:09.3 | 8:25/M |
| 4 | Ashley Hall | Valparaiso IN | 434 | 38 | 110 | 28:13.6 | 28:36.8 | 9:06/M |
| 5 | Jessica Austin | La Porte IN | 500 | 39 | 124 | 29:09.3 | 29:33.5 | 9:24/M |
| 6 | Stacey Rogers | Rolling Prairie IN | 496 | 35 | 125 | 29:10.0 | 29:16.2 | 9:25/M |
| 7 | Samantha Oaf | Hobart IN | 6758 | 36 | 139 | 30:35.3 | 30:58.6 | 9:52/M |
| 8 | Alyse Kominakis | Valparaiso IN | 6774 | 36 | 152 | 31:12.6 | 31:24.9 | 10:04/M |
| 9 | Bianca Passo | Ogden Dunes IN | 658 | 35 | 153 | 31:14.7 | 31:25.5 | 10:05/M |
| 10 | Katie Trudeau | Valparaiso IN | 648 | 36 | 184 | 33:28.5 | 33:36.5 | 10:48/M |
| 11 | Julie Runion | Valparaiso IN | 628 | 37 | 190 | 33:50.4 | 34:03.3 | 10:55/M |
| 12 | Kaitlyn Deehr | Chesterton IN | 514 | 36 | 200 | 34:27.9 | 34:51.3 | 11:07/M |
| 13 | Kelly Ireland | Kouts IN | 619 | 37 | 202 | 35:11.4 | 35:32.9 | 11:21/M |
| 14 | Norma Arauz | Valparaiso IN | 560 | 38 | 207 | 35:47.3 | 36:12.8 | 11:33/M |
| 15 | Kerry Wahl | La Porte IN | 6726 | 38 | 211 | 36:22.8 | 36:35.5 | 11:44/M |
| 16 | Francis Pradas | Villa Park IL | 620 | 36 | 216 | 36:49.9 | 37:11.6 | 11:53/M |
| 17 | Jennifer Kimmel | Valparaiso IN | 6799 | 38 | 221 | 37:46.1 | 38:16.2 | 12:11/M |
| 18 | Misty Misty.hatch@gmail.com | Union Mills IN | 543 | 39 | 222 | 37:46.3 | 37:57.1 | 12:11/M |
| 19 | Greta Goins | La Porte IN | 6707 | 39 | 230 | 38:21.5 | 38:42.8 | 12:22/M |
| 20 | Blanca Palomo | Munster IN | 1006 | 39 | 234 | 38:42.9 | 39:10.7 | 12:29/M |
| 21 | Michelle Carns-Baciauskas | Chesterton IN | 6754 | 38 | 238 | 39:38.8 | 39:49.2 | 12:47/M |
| 22 | Jennifer Rausch | Chesterton IN | 493 | 39 | 254 | 42:02.6 | 42:25.2 | 13:34/M |
| 23 | Karen Bjonback | La Porte IN | 544 | 35 | 255 | 42:13.8 | 43:21.3 | 13:37/M |
| 24 | Amy Janik | Highland IN | 436 | 39 | 267 | 44:13.7 | 44:31.5 | 14:16/M |
| 25 | Jennifer Williamson | Hebron IN | 6684 | 36 | 292 | 50:01.5 | 50:43.8 | 16:08/M |
| 26 | Theresa Soto | Valparaiso IN | 6691 | 39 | 299 | 50:56.5 | 51:29.6 | 16:26/M |
| 27 | Jennifer James | Portage IN | 6690 | 39 | 300 | 50:58.1 | 51:30.8 | 16:27/M |

Male 40 to 44

| | | -----Total----- | | | | | | |
|-------|----------------|-----------------|--------|-----|---------|-----------|-----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Luke Starkey | Valparaiso IN | 390 | 42 | 10 | 20:00.2 | 20:13.4 | 6:27/M |
| 2 | * Tim Gross | Demotte IN | 431 | 40 | 14 | 20:33.3 | 20:33.6 | 6:38/M |
| 3 | * Michael Siwy | Hebron IN | 6694 | 43 | 48 | 23:07.2 | 23:42.2 | 7:28/M |
| 4 | Grayson Biehn | Valparaiso IN | 444 | 43 | 54 | 24:02.5 | 24:09.3 | 7:45/M |
| 5 | Aaron Rausch | Chesterton IN | 489 | 44 | 70 | 24:55.3 | 24:58.6 | 8:02/M |
| 6 | Ryan Dargewich | Hobart IN | 654 | 43 | 89 | 26:49.9 | 27:13.6 | 8:39/M |
| 7 | Marc Peremans | Saint Joseph MI | 457 | 44 | 126 | 29:12.0 | 29:36.5 | 9:25/M |
| 8 | Benjamin Crill | Valparaiso IN | 638 | 43 | 175 | 32:52.9 | 33:03.3 | 10:36/M |
| 9 | Nick Kimmel | Valparaiso IN | 6798 | 40 | 220 | 37:29.4 | 37:59.4 | 12:06/M |
| 10 | Ron Donahue | Valparaiso IN | 6708 | 42 | 322 | 1:00:22.0 | 1:00:30.8 | 19:28/M |

Female 40 to 44

| | | -----Total----- | | | | | | |
|-------|----------------------|-------------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Nicole Eggert | Valparaiso IN | 607 | 42 | 66 | 24:37.2 | 24:39.9 | 7:57/M |
| 2 | * Sarah Olivarez | Valparaiso IN | 645 | 43 | 92 | 27:07.8 | 27:23.7 | 8:45/M |
| 3 | * Sarah Darrell | Portage IN | 6750 | 42 | 112 | 28:19.1 | 28:24.6 | 9:08/M |
| 4 | Suzanne Gesse | Rolling Prairie IN | 467 | 43 | 116 | 28:31.7 | 28:36.8 | 9:12/M |
| 5 | Melissa Cummins | Valparaiso IN | 487 | 42 | 129 | 29:24.1 | 29:39.5 | 9:29/M |
| 6 | Marie Borman | Valparaiso IN | 6797 | 41 | 137 | 30:24.7 | 30:36.3 | 9:49/M |
| 7 | Christa Essany | Valparaiso IN | 650 | 40 | 141 | 30:39.2 | 31:03.4 | 9:53/M |
| 8 | Bridgette Martinez | Valparaiso IN | 639 | 44 | 194 | 34:02.2 | 35:31.7 | 10:59/M |
| 9 | Lisa Stelter | Griffith IN | 473 | 42 | 204 | 35:14.1 | 35:38.9 | 11:22/M |
| 10 | Nicole Nelson | Valparaisovalparaiso IN | 6784 | 43 | 217 | 36:50.3 | 36:56.5 | 11:53/M |
| 11 | Suzanna Kidder | Valparaiso IN | 6760 | 40 | 227 | 38:14.7 | 38:26.5 | 12:20/M |
| 12 | Amie Carns | Valparaiso IN | 6753 | 42 | 239 | 39:39.0 | 39:48.9 | 12:47/M |
| 13 | Maida Adamczyk | Porter IN | 438 | 43 | 246 | 40:43.7 | 41:11.2 | 13:08/M |
| 14 | Amanda Sauer | Plymouth IN | 449 | 42 | 248 | 41:08.4 | 41:18.2 | 13:16/M |
| 15 | Molly Mooney | Valparaiso IN | 400 | 43 | 260 | 43:11.7 | 43:29.9 | 13:56/M |
| 16 | Marellen Hattabaugh | Valparaiso IN | 6687 | 41 | 261 | 43:12.2 | 43:30.8 | 13:56/M |
| 17 | Jill Creviston | Crown Point IN | 633 | 43 | 266 | 44:08.1 | 44:16.4 | 14:14/M |
| 18 | Jamie Wolfe | Hobart IN | 461 | 44 | 269 | 44:32.1 | 44:36.9 | 14:22/M |
| 19 | Angela McMullan | Valparaiso IN | 6766 | 44 | 276 | 45:28.5 | 45:43.4 | 14:40/M |
| 20 | Meredith Brockman | Valparaiso IN | 6793 | 43 | 281 | 46:04.4 | 46:40.8 | 14:52/M |
| 21 | Lindy Adams Brockman | Valparaiso IN | 6792 | 40 | 284 | 46:37.8 | 47:13.4 | 15:03/M |
| 22 | Jamalyn Bogan | Crown Point IN | 6796 | 44 | 285 | 46:42.5 | 47:17.9 | 15:04/M |
| 23 | Chrystal Donahue | Valparaiso IN | 6709 | 41 | 296 | 50:37.4 | 50:51.1 | 16:20/M |

2024 Race the Region Valentine's 5K

Age Group Results

5K Run

Race Date
February 11, 2024

Male 45 to 49

| | | -----Total----- | | | | | | |
|-------|------------------|------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Thomas Walden | Crown Point IN | 1001 | 49 | 12 | 20:18.9 | 20:20.5 | 6:33/M |
| 2 | * John Arredondo | Valparaiso IN | 1007 | 48 | 27 | 22:12.7 | 22:26.2 | 7:10/M |
| 3 | * Michael Hyde | Valparaiso IN | 391 | 46 | 37 | 22:40.7 | 22:43.4 | 7:19/M |
| 4 | Dan Dillabaugh | Valparaiso IN | 6736 | 46 | 42 | 22:50.6 | 22:56.9 | 7:22/M |
| 5 | Tim Murphey | Michigan City IN | 659 | 46 | 73 | 25:07.6 | 25:38.3 | 8:06/M |
| 6 | Andy Chavez | Valparaiso IN | 6741 | 48 | 79 | 26:09.8 | 26:29.4 | 8:26/M |
| 7 | John Runion | Valparaiso IN | 627 | 47 | 81 | 26:10.2 | 26:11.5 | 8:27/M |
| 8 | Michael Rogers | Valparaiso IN | 490 | 46 | 99 | 27:40.5 | 27:53.3 | 8:56/M |
| 9 | Michael Crowley | Valparaiso IN | 613 | 45 | 127 | 29:17.0 | 29:52.3 | 9:27/M |
| 10 | Jose Fierro | Chesterton IN | 6755 | 46 | 177 | 33:07.2 | 33:27.4 | 10:41/M |
| 11 | Kelly Bogan | Crown Point IN | 6795 | 46 | 199 | 34:25.2 | 35:01.6 | 11:06/M |

Female 45 to 49

| | | -----Total----- | | | | | | |
|-------|-------------------|-------------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Kathy Chandler | Portage IN | 6757 | 45 | 74 | 25:13.8 | 25:15.5 | 8:08/M |
| 2 | * Kim Davis | Dyer IN | 512 | 46 | 87 | 26:46.6 | 27:11.9 | 8:38/M |
| 3 | * Donna Klimczyk | Valparaisovalparaiso IN | 6699 | 45 | 93 | 27:10.4 | 27:42.4 | 8:46/M |
| 4 | Sheri Brackeen | New Carlisle IN | 488 | 48 | 97 | 27:34.2 | 27:44.5 | 8:54/M |
| 5 | Sara Bruner | Valparaiso IN | 625 | 47 | 100 | 27:44.6 | 27:56.1 | 8:57/M |
| 6 | Cindy Steinbeck | Chesterton IN | 558 | 49 | 105 | 27:59.0 | 28:17.5 | 9:02/M |
| 7 | Brenda Chavez | Valparaiso IN | 6742 | 47 | 106 | 28:00.0 | 28:18.6 | 9:02/M |
| 8 | Trish Taylor | Michigan City IN | 480 | 46 | 109 | 28:12.2 | 28:36.4 | 9:06/M |
| 9 | Nancy Packovski | Crown Point IN | 6781 | 47 | 130 | 29:34.5 | 29:42.3 | 9:32/M |
| 10 | Kimberly Anderson | Valparaiso IN | 6700 | 49 | 132 | 29:47.0 | 30:00.8 | 9:36/M |
| 11 | Stephanie Pierce | Valparaiso IN | 604 | 48 | 135 | 30:02.9 | 30:16.7 | 9:42/M |
| 12 | Josette Hobbs | Flossmoor IL | 498 | 48 | 159 | 31:46.8 | 32:14.3 | 10:15/M |
| 13 | Heidi Duran | Valparaiso IN | 568 | 48 | 167 | 32:11.4 | 32:26.1 | 10:23/M |
| 14 | Nicole Page Ormos | Valparaiso IN | 6752 | 45 | 178 | 33:09.3 | 33:43.9 | 10:42/M |
| 15 | Jessica Manthey | La Porte IN | 542 | 46 | 213 | 36:34.9 | 36:59.2 | 11:48/M |
| 16 | Laura Schnick | Valparaiso IN | 6689 | 47 | 229 | 38:19.0 | 38:49.9 | 12:22/M |
| 17 | Lindy Garzella | Portage IN | 397 | 49 | 259 | 43:11.3 | 43:28.9 | 13:56/M |
| 18 | Andrea Rucinski | Hobart IN | 565 | 47 | 265 | 44:05.5 | 44:45.8 | 14:13/M |
| 19 | Stacey Sak | Valparaiso IN | 469 | 45 | 272 | 44:41.5 | 44:58.8 | 14:25/M |
| 20 | Maggie Verduzco | Lake Station IN | 6692 | 46 | 279 | 45:46.7 | 46:17.4 | 14:46/M |
| 21 | Linda Fierro | Chesterton IN | 6756 | 49 | 297 | 50:44.1 | 51:04.3 | 16:22/M |

Male 50 to 54

| | | -----Total----- | | | | | | |
|-------|----------------|------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Hank Cook | Highland IN | 447 | 53 | 23 | 21:34.8 | 21:37.1 | 6:58/M |
| 2 | * John Bryant | Valparaiso IN | 562 | 50 | 29 | 22:18.9 | 22:21.1 | 7:12/M |
| 3 | * Tom Glikis | Tinley Park IL | 546 | 50 | 32 | 22:27.4 | 22:32.2 | 7:15/M |
| 4 | Mark Connors | Valparaiso IN | 551 | 51 | 39 | 22:46.7 | 22:48.8 | 7:21/M |
| 5 | Gregory McNair | New Buffalo MI | 453 | 54 | 45 | 23:01.1 | 23:03.8 | 7:26/M |
| 6 | Johnny Stimley | Michigan City IN | 537 | 53 | 90 | 26:58.2 | 27:06.7 | 8:42/M |
| 7 | Alan Jones | Valparaiso IN | 626 | 53 | 101 | 27:45.2 | 27:56.7 | 8:57/M |
| 8 | Karl Madayag | Hobart IN | 609 | 53 | 120 | 28:51.3 | 29:18.6 | 9:19/M |
| 9 | Chris Szala | Crown Point IN | 515 | 50 | 169 | 32:18.6 | 32:45.2 | 10:25/M |
| 10 | Chris Pierce | Valparaiso IN | 605 | 52 | 170 | 32:23.1 | 32:36.9 | 10:27/M |
| 11 | John Claussen | Wanatah IN | 6745 | 53 | 289 | 48:38.8 | 48:58.1 | 15:42/M |

Female 50 to 54

| | | -----Total----- | | | | | | |
|-------|-----------------|-------------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Debbie Dixon | Portage IN | 6698 | 50 | 72 | 25:00.4 | 25:17.1 | 8:04/M |
| 2 | * Allison Kroft | Chesterton IN | 6706 | 50 | 113 | 28:21.1 | 28:26.5 | 9:09/M |
| 3 | * Terri Davis | Valparaisovalparaiso IN | 521 | 53 | 134 | 29:52.0 | 30:18.4 | 9:38/M |
| 4 | Michele Zurisk | Cedar Lake IN | 603 | 52 | 138 | 30:25.3 | 30:46.7 | 9:49/M |
| 5 | Becky Kreiger | Kouts IN | 623 | 50 | 147 | 31:03.8 | 31:19.6 | 10:01/M |
| 6 | Victoria Vinet | Valparaiso IN | 608 | 52 | 151 | 31:12.2 | 31:34.2 | 10:04/M |
| 7 | Amy Dolbeare | La Porte IN | 6695 | 51 | 156 | 31:36.6 | 31:43.2 | 10:12/M |
| 8 | Kathy Burns | Lake Station IN | 555 | 53 | 176 | 33:00.3 | 33:12.7 | 10:39/M |
| 9 | Melissa Martin | Valparaiso IN | 6716 | 52 | 196 | 34:12.2 | 34:44.4 | 11:02/M |

2024 Race the Region Valentine's 5K

Age Group Results

5K Run

Race Date
February 11, 2024

Female 50 to 54

| | | -----Total----- | | | | | | |
|-------|------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 10 | Amy Burke | Portage IN | 509 | 53 | 198 | 34:12.9 | 34:46.2 | 11:02/M |
| 11 | Natalie Connors | Valparaiso IN | 552 | 52 | 228 | 38:17.9 | 38:30.3 | 12:21/M |
| 12 | Denise Feece | Plymouth IN | 448 | 50 | 232 | 38:39.9 | 38:49.7 | 12:28/M |
| 13 | Margaret Hall | Portage IN | 439 | 51 | 245 | 40:43.2 | 41:10.8 | 13:08/M |
| 14 | Laura Halt | Saint John IN | 550 | 53 | 278 | 45:41.7 | 46:05.3 | 14:44/M |
| 15 | Kathleen Gallina | Valparaiso IN | 548 | 52 | 305 | 51:47.8 | 52:45.6 | 16:43/M |
| 16 | Tammy Podunovich | Valparaiso IN | 6740 | 54 | 308 | 53:02.8 | 53:31.1 | 17:07/M |
| 17 | Riley Krsak | Hometown IL | 516 | 51 | 311 | 54:39.9 | 55:06.6 | 17:38/M |
| 18 | Beverly Vild | Valparaiso IN | 6786 | 54 | 315 | 55:31.4 | 55:40.8 | 17:55/M |

Male 55 to 59

| | | -----Total----- | | | | | | |
|-------|-------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Ken Borowski | Saint John IN | 463 | 56 | 41 | 22:50.5 | 22:54.7 | 7:22/M |
| 2 | * Scott Sears | Valparaiso IN | 6790 | 55 | 51 | 23:49.3 | 23:51.6 | 7:41/M |
| 3 | * Bob Zalud | Valparaiso IN | 610 | 55 | 53 | 23:55.1 | 23:59.4 | 7:43/M |
| 4 | Skip Woldt | Valparaiso IN | 6744 | 55 | 63 | 24:30.9 | 24:32.6 | 7:54/M |
| 5 | Patrick Cosgrove | Valparaiso IN | 631 | 56 | 67 | 24:38.0 | 24:40.8 | 7:57/M |
| 6 | Tom Courtney | Portage IN | 6771 | 57 | 75 | 25:18.8 | 25:25.5 | 8:10/M |
| 7 | Kyle Johns | Chesterton IN | 6770 | 59 | 86 | 26:39.9 | 27:05.7 | 8:36/M |
| 8 | Nicholas Perkins | Crown Point IN | 426 | 58 | 91 | 27:02.3 | 27:10.7 | 8:43/M |
| 9 | Michael D. Cairns | Valparaiso IN | 6704 | 56 | 111 | 28:15.5 | 28:29.8 | 9:07/M |
| 10 | John Zurisk | Cedar Lake IN | 602 | 56 | 150 | 31:08.3 | 31:30.5 | 10:03/M |
| 11 | Martin Max | Hanna IN | 6779 | 58 | 160 | 31:53.6 | 32:17.4 | 10:17/M |
| 12 | Steve Sanchez | Portage IN | 644 | 59 | 180 | 33:18.7 | 33:34.5 | 10:45/M |
| 13 | Cary Dickey | Chesterton IN | 443 | 55 | 224 | 37:58.0 | 38:03.6 | 12:15/M |
| 14 | Michael Willis | Schererville IN | 482 | 59 | 304 | 51:38.0 | 52:07.8 | 16:39/M |

Female 55 to 59

| | | -----Total----- | | | | | | |
|-------|----------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Glenda Omeara | Portage IN | 6800 | 58 | 102 | 27:45.7 | 27:53.5 | 8:57/M |
| 2 | * Monica Conrad | Westville IN | 519 | 59 | 103 | 27:48.9 | 27:52.5 | 8:58/M |
| 3 | * Amy Moore | Crown Point IN | 472 | 56 | 108 | 28:11.2 | 28:36.8 | 9:06/M |
| 4 | Debbie Thiesse | Crown Point IN | 440 | 57 | 114 | 28:23.6 | 28:36.7 | 9:10/M |
| 5 | Amy Cooley | Chicago IL | 522 | 56 | 131 | 29:46.0 | 30:05.1 | 9:36/M |
| 6 | Lisa Baljak | Rensselaer IN | 532 | 56 | 146 | 30:57.9 | 31:08.7 | 9:59/M |
| 7 | Cariann Turner | Valparaiso IN | 6778 | 59 | 155 | 31:24.4 | 31:39.7 | 10:08/M |
| 8 | Maria Middleton Nied | Schererville IN | 536 | 55 | 189 | 33:43.3 | 34:16.6 | 10:53/M |
| 9 | Christine Gaines | Hobart IN | 454 | 57 | 205 | 35:20.5 | 35:37.1 | 11:24/M |
| 10 | Bridget Barnhill | Highland IN | 471 | 57 | 235 | 38:49.7 | 39:17.4 | 12:32/M |
| 11 | Valerie Raffaelli | Hobart IN | 392 | 56 | 256 | 42:19.4 | 42:25.6 | 13:39/M |
| 12 | Tammy Homan | Union Mills IN | 6765 | 59 | 257 | 42:29.4 | 42:45.2 | 13:42/M |
| 13 | Angelina Mendoza | Hobart IN | 6777 | 56 | 280 | 46:04.3 | 46:22.5 | 14:52/M |
| 14 | Michelle Jennings | Chesterton IN | 484 | 56 | 283 | 46:15.2 | 46:27.6 | 14:55/M |
| 15 | Brenda Charron | Valparaiso IN | 6785 | 55 | 318 | 55:51.5 | 56:02.1 | 18:01/M |

Male 60 to 64

| | | -----Total----- | | | | | | |
|-------|------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Brian Sheridan | Chicago IL | 524 | 61 | 38 | 22:44.9 | 22:51.3 | 7:20/M |
| 2 | * Tom Fela | Chesterton IN | 6749 | 61 | 95 | 27:27.0 | 27:32.5 | 8:51/M |
| 3 | * Mike Benton | Middlebury IN | 432 | 64 | 191 | 33:51.7 | 34:08.5 | 10:55/M |
| 4 | Tony Flora | Valparaiso IN | 557 | 60 | 201 | 35:08.5 | 35:28.7 | 11:20/M |

Female 60 to 64

| | | -----Total----- | | | | | | |
|-------|---------------------|-----------------|--------|-----|---------|-----------|----------|--------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Julie Young | Valparaiso IN | 6772 | 60 | 121 | 29:00.0 | 29:14.6 | 9:21/M |
| 2 | * Elizabeth Frances | Valparaiso IN | 6773 | 63 | 145 | 30:56.0 | 31:11.3 | 9:59/M |

2024 Race the Region Valentine's 5K

Race Date
February 11, 2024

Age Group Results

5K Run

Female 60 to 64

| | | | | | | | | | -----Total----- | |
|-------|---------------------|-----------------|--------|-----|---------|-----------|-----------|---------|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace | | |
| 3 | * Diane Nietert | Valparaiso IN | 6729 | 63 | 149 | 31:07.9 | 31:14.5 | 10:03/M | | |
| 4 | Sue Brown Nickerson | Valparaiso IN | 507 | 63 | 154 | 31:21.3 | 31:28.8 | 10:07/M | | |
| 5 | Sara McKinley | Chesterton IN | 508 | 64 | 157 | 31:38.2 | 32:23.1 | 10:12/M | | |
| 6 | Tina Strimbu | Valparaiso IN | 6780 | 62 | 186 | 33:36.3 | 33:43.9 | 10:50/M | | |
| 7 | Laura Derrow | Lowell IN | 503 | 62 | 193 | 33:59.5 | 34:18.6 | 10:58/M | | |
| 8 | Jill Hunt | Valparaiso IN | 6759 | 64 | 206 | 35:29.1 | 35:38.1 | 11:27/M | | |
| 9 | Sylvia Whitt | New Carlisle IN | 523 | 62 | 233 | 38:42.0 | 39:13.2 | 12:29/M | | |
| 10 | Karen Augustyn | Griffith IN | 450 | 64 | 236 | 39:15.8 | 39:38.1 | 12:40/M | | |
| 11 | Marianne Groth | St. Joseph MI | 499 | 60 | 243 | 40:22.3 | 40:46.5 | 13:01/M | | |
| 12 | Rhonda Rebhorn | Chesterton IN | 437 | 64 | 250 | 41:28.9 | 42:14.8 | 13:23/M | | |
| 13 | Laurie Burgman | Twin Falls ID | 526 | 63 | 251 | 41:37.9 | 41:42.5 | 13:26/M | | |
| 14 | Valerie Matovina | Merrillville IN | 393 | 63 | 273 | 44:51.6 | 45:14.8 | 14:28/M | | |
| 15 | Mari Ann Sopcich | Demotte IN | 502 | 63 | 282 | 46:06.6 | 46:27.8 | 14:52/M | | |
| 16 | Cynthia Finelli | Valparaiso IN | 6683 | 60 | 293 | 50:04.5 | 50:44.9 | 16:09/M | | |
| 17 | Kathy Gleason | Cedar Lake IN | 501 | 60 | 309 | 53:35.3 | 53:56.6 | 17:17/M | | |
| 18 | Lori Staack | Valparaiso IN | 6713 | 61 | 321 | 1:00:21.1 | 1:00:32.4 | 19:28/M | | |

Male 65 to 69

| | | | | | | | | | -----Total----- | |
|-------|-------------------|------------------|--------|-----|---------|-----------|----------|---------|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace | | |
| 1 | * Thomas Kornelik | Crown Point IN | 425 | 67 | 40 | 22:50.2 | 22:50.8 | 7:22/M | | |
| 2 | * Mike Daly | Valparaiso IN | 564 | 68 | 62 | 24:25.9 | 24:29.4 | 7:53/M | | |
| 3 | * Ruben Sanchez | Lake Station IN | 494 | 65 | 68 | 24:50.3 | 25:00.5 | 8:01/M | | |
| 4 | Gary Westefer | Chicago IL | 442 | 68 | 218 | 36:52.1 | 37:19.9 | 11:54/M | | |
| 5 | Jim Cocking | Crown Point IN | 477 | 66 | 268 | 44:25.2 | 44:51.6 | 14:20/M | | |
| 6 | Mike Schnell | Michigan City IN | 643 | 68 | 307 | 51:54.7 | 52:06.5 | 16:45/M | | |
| 7 | Peter Klaeser | Chesterton IN | 527 | 67 | 310 | 54:09.8 | 54:40.3 | 17:28/M | | |

Female 65 to 69

| | | | | | | | | | -----Total----- | |
|-------|------------------|------------------|--------|-----|---------|-----------|----------|---------|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace | | |
| 1 | * Alicia McClean | Valparaiso IN | 6746 | 67 | 165 | 32:00.1 | 32:25.3 | 10:19/M | | |
| 2 | * April Hardesty | Valparaiso IN | 6734 | 65 | 172 | 32:36.1 | 32:52.1 | 10:31/M | | |
| 3 | * Cecilia Bernal | Portage IN | 530 | 67 | 173 | 32:45.8 | 33:02.4 | 10:34/M | | |
| 4 | Joyce Einikis | Valparaiso IN | 6776 | 68 | 237 | 39:38.5 | 39:53.4 | 12:47/M | | |
| 5 | Carol Parry | Wheeler IN | 6730 | 66 | 241 | 39:51.0 | 40:28.6 | 12:51/M | | |
| 6 | Susan Sendejas | Portage IN | 1013 | 66 | 253 | 41:47.1 | 42:40.4 | 13:29/M | | |
| 7 | Linda Levenson | Valparaiso IN | 637 | 69 | 274 | 45:15.2 | 45:29.9 | 14:36/M | | |
| 8 | Susan Peterson | Albion IN | 520 | 69 | 275 | 45:19.7 | 45:40.1 | 14:37/M | | |
| 9 | Lyn Miller | Michigan City IN | 642 | 67 | 306 | 51:52.9 | 52:04.1 | 16:44/M | | |

Male 70 to 74

| | | | | | | | | | -----Total----- | |
|-------|------------------|---------------|--------|-----|---------|-----------|----------|---------|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace | | |
| 1 | * James Kintzele | Chesterton IN | 6685 | 70 | 231 | 38:27.5 | 38:49.4 | 12:24/M | | |
| 2 | * Jim Cahillane | Valparaiso IN | 6697 | 71 | 291 | 49:43.8 | 50:00.6 | 16:03/M | | |
| 3 | * Doug Wiese | Westville IN | 6703 | 70 | 298 | 50:44.4 | 50:59.2 | 16:22/M | | |

Female 70 to 74

| | | | | | | | | | -----Total----- | |
|-------|------------------|--------------------|--------|-----|---------|-----------|----------|---------|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace | | |
| 1 | * Patty Rose | Valparaiso IN | 6728 | 72 | 148 | 31:06.3 | 31:12.9 | 10:02/M | | |
| 2 | * Rebecca Gaff | Rolling Prairie IN | 518 | 70 | 209 | 36:19.9 | 36:41.1 | 11:43/M | | |
| 3 | * Polly Theising | Valparaiso IN | 6688 | 73 | 225 | 38:09.7 | 38:29.9 | 12:19/M | | |
| 4 | Carol Magill | Chesterton IN | 622 | 73 | 244 | 40:28.7 | 40:48.4 | 13:03/M | | |
| 5 | Dawn Largus | Highland IN | 481 | 73 | 303 | 51:36.5 | 52:05.8 | 16:39/M | | |

2024 Race the Region Valentine's 5K

Age Group Results

5K Run

Race Date
February 11, 2024

Male 75 and Over

| -----Total----- | | | | | | | | |
|-----------------|----------------|------------------|---------------|------------|----------------|------------------|-----------------|-------------|
| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
| 1 | * John Stimley | Michigan City IN | 535 | 78 | 203 | 35:11.6 | 35:40.3 | 11:21/M |
| 2 | * Jim Gross | La Crosse IN | 433 | 84 | 258 | 43:01.0 | 43:07.4 | 13:53/M |
| 3 | * J. Ezell | Valparaiso IN | 1009 | 77 | 270 | 44:33.2 | 45:03.1 | 14:22/M |
| 4 | Daniel Sekerak | Granville OH | 547 | 77 | 312 | 54:46.5 | 54:46.5 | 17:40/M |
| 5 | David Ralston | Hammond IN | 475 | 79 | 323 | 1:16:25.6 | 1:17:13.4 | 24:39/M |

Female 75 and Over

| -----Total----- | | | | | | | | |
|-----------------|-------------------|---------------|---------------|------------|----------------|------------------|-----------------|-------------|
| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
| 1 | * Jean Jannasch | Valparaiso IN | 541 | 77 | 115 | 28:26.2 | 28:30.2 | 9:10/M |
| 2 | * Jean Tolchinsky | Crete IL | 478 | 78 | 187 | 33:37.4 | 33:58.8 | 10:51/M |
| 3 | * Linda Perry | Demotte IN | 534 | 77 | 242 | 40:02.1 | 40:18.4 | 12:55/M |