

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Sprint Triathlon

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	11	Marjan Van herck	231	41	1	8:21.1	29:49	1:48.3	1	28:57.8	20.7	1:05.9	1	22:42.9	7:19	1:02:56.0

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Geoff Scott	206	44	1	8:05.3	28:52	0:54.8	1	25:16.8	23.7	0:25.6	1	21:21.4	6:53	56:03.9

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	12	sarah willey	244	41	1	8:43.5	31:08	0:56.8	1	28:30.3	21.1	0:36.8	1	24:11.6	7:48	1:02:59.0

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	2	Andrew Brazee	26	40	1	9:13.2	32:55	0:37.4	1	28:04.4	21.4	1:12.8	1	20:03.5	6:28	59:11.3

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Female 1 to 16

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	72	Marie Bridges	28	16	1	12:26.4	44:24	2:26.0	1	38:22.5	15.6	1:02.2	1	24:11.9	7:48	1:18:29.0

Male 1 to 16

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	19	Eric Payerle	182	15	1	6:58.8	24:53	1:47.7	1	32:07.1	18.7	0:45.0	1	25:51.5	8:20	1:07:30.1
2	32	Scott Bridges	29	14	2	10:17.2	36:44	2:06.2	2	32:07.2	18.7	1:16.3	2	26:11.3	8:27	1:11:58.2

Female 17 to 19

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	75	Stephanie Mellinger	164	19	2	11:39.2	41:36	2:36.3	1	38:20.7	15.7	1:01.9	1	25:13.4	8:08	1:18:51.5
2	99	Morgan Marsh	156	18	1	11:10.9	39:53	4:09.1	2	39:18.9	15.3	1:02.9	2	31:46.9	10:15	1:27:28.7

Male 20 to 24

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Jonathan Clore	46	20	2	10:15.8	36:36	1:09.7	1	27:42.2	21.7	0:27.6	1	21:10.1	6:50	1:00:45.4
2	13	Riley Lundquist	149	20	1	6:59.6	24:56	1:49.7	2	30:56.6	19.4	0:57.7	2	22:22.6	7:13	1:03:06.2
3	47	Taylor Klotz	135	20	3	12:24.4	44:17	1:34.8	3	34:05.3	17.6	1:14.7	3	25:07.8	8:06	1:14:27.0

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Sprint Triathlon

Female 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	27	Kari VanderMaas	233	28	5	10:28.7	37:23	2:00.0	1	33:45.4	17.8	0:58.5	1	24:00.2	7:45	1:11:12.8
2	55	Danielle Schirm	201	29	3	10:12.8	36:26	2:06.0	2	34:42.8	17.3	1:30.1	3	27:08.7	8:45	1:15:40.4
3	64	Jenna Slot	212	26	4	10:14.9	36:33	2:39.6	3	35:57.6	16.7	0:31.7	4	27:15.6	8:47	1:16:39.4
4	71	Josephine Spitzley	216	27	6	12:15.2	43:45	1:40.2	4	36:19.8	16.5	0:44.5	5	27:23.5	8:50	1:18:23.2
5	80	Laurel VandePutte	232	28	1	9:59.1	35:39	2:14.8	6	40:44.9	14.7	0:47.4	2	26:47.6	8:38	1:20:33.8
6	104	Janaye Keifer	126	26	7	12:25.0	44:21	1:30.8	5	37:37.9	16.0	1:12.2	6	36:27.2	11:45	1:29:13.1
7	109	Hilary Willavize	243	29	2	10:05.2	36:01	2:45.6	7	41:54.7	14.3	1:15.2	7	37:12.2	12:00	1:33:12.9

Male 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	25	Ted Bloomfield	20	28	1	9:05.7	32:26	1:52.2	1	31:59.1	18.8	1:07.4	4	26:10.7	8:26	1:10:15.1
2	26	ben barry	13	26	5	11:31.1	41:08	1:43.0	2	33:15.5	18.0	0:36.5	2	24:04.6	7:46	1:11:10.7
3	45	Tyler Loveless	147	27	4	11:06.5	39:39	1:50.0	4	35:40.1	16.8	1:37.5	3	24:09.6	7:47	1:14:23.7
4	51	David Connelly	50	28	3	10:46.2	38:27	2:30.9	5	37:15.5	16.1	0:51.8	1	23:47.2	7:40	1:15:11.6
5	65	J.J. Simmons	211	29	2	9:33.1	34:06	2:38.2	3	34:55.2	17.2	1:04.4	5	29:04.2	9:23	1:17:15.1

Female 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	16	Erin Rumery	196	34	2	10:02.2	35:50	0:51.2	1	31:03.4	19.3	0:25.3	1	22:13.3	7:10	1:04:35.4
2	20	Holly Gregory	88	34	1	9:20.8	33:20	0:44.3	3	31:49.5	18.9	0:47.4	4	25:22.8	8:11	1:08:04.8
3	31	chanel kerschbaum	131	31	5	10:22.0	37:01	1:15.9	5	33:03.5	18.2	1:00.2	5	26:12.0	8:27	1:11:53.6

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Female 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
4	35	Jen Heymoss	106	30	4	10:13.9	36:29	1:10.4	4	32:10.6	18.7	1:03.0	7	27:43.6	8:56	1:12:21.5
5	39	Lindsay Weatherhead	237	30	7	10:40.6	38:06	2:03.1	7	34:35.2	17.3	0:49.2	3	25:00.2	8:04	1:13:08.3
6	44	Leandra Reurink	192	30	6	10:22.5	37:01	0:53.0	2	31:46.9	18.9	0:53.5	10	30:20.4	9:47	1:14:16.3
7	58	Rebecca Osterwalder	179	33	8	11:21.8	40:32	1:23.6	6	34:02.0	17.6	0:33.8	9	28:40.8	9:15	1:16:02.0
8	61	Deanna Deschler	62	31	3	10:05.8	36:01	1:23.9	9	35:22.0	17.0	1:26.0	8	28:18.0	9:08	1:16:35.7
9	70	Gina Schiming	200	34	9	11:41.6	41:44	1:51.2	8	35:17.2	17.0	1:22.0	6	27:37.2	8:55	1:17:49.2
10	101	Trisha Eavy	67	34	10	11:44.8	41:54	4:54.6	12	47:03.5	12.8	1:20.0	2	23:28.4	7:34	1:28:31.3
11	113	Melissa Fisher	76	33	11	13:04.8	46:40	3:29.3	11	44:47.8	13.4	0:46.0	12	34:31.0	11:08	1:36:38.9
12	114	Jessica Miller	166	32	12	18:03.5	64:28	4:14.1	10	40:22.3	14.9	1:21.3	11	32:51.0	10:36	1:36:52.2

Male 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	5	Bryan Bacehowski	8	34	2	8:56.5	31:54	1:10.7	2	29:00.8	20.7	0:37.8	1	20:23.4	6:35	1:00:09.2
2	7	Skyler Tripp	226	32	1	8:30.9	30:21	0:41.8	1	27:55.3	21.5		2	23:50.2	7:41	1:00:58.2

Female 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	30	Kristy Gunderson	93	36	3	10:44.4	38:20	2:20.4	1	32:55.6	18.2	1:25.5	2	24:25.3	7:53	1:11:51.2
2	34	Toni Daniels	56	35	1	10:03.5	35:54	1:07.1	2	33:29.0	17.9	0:57.2	5	26:33.2	8:34	1:12:10.0
3	49	Mandy Damico	55	35	2	10:25.5	37:12	2:07.3	4	34:24.8	17.4	1:26.0	4	26:21.2	8:30	1:14:44.8
4	54	Cristi DeDoes	60	36	6	13:12.0	47:09	2:52.0	3	34:20.4	17.5	1:10.8	1	23:46.6	7:40	1:15:21.8

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Female 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
5	82	Kristyn White	240	37	5	12:28.4	44:31	1:40.2	6	36:17.3	16.5	2:31.2	7	27:56.7	9:01	1:20:53.8
6	87	Stacy Javor	120	36	9	17:47.0	63:31	2:11.8	5	35:33.0	16.9	1:14.7	3	24:55.9	8:02	1:21:42.4
7	93	Christina Monteith	170	36	4	10:50.8	38:41	3:10.5	7	37:31.3	16.0	1:38.1	8	30:07.4	9:43	1:23:18.1
8	110	Ursula Marchand	153	39	8	16:06.0	57:30	2:40.0	8	39:25.5	15.2	0:45.6	9	34:39.0	11:11	1:33:36.1
9	115	Janet Schneider	202	39									10	1:39:07.1	31:58	1:39:07.1
10	120	Lisa Allred	4	36	7	15:18.5	54:39	2:37.1	9	1:39:41.2	6.02	1:14.4	6	27:05.0	8:44	2:25:56.2

Male 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Salvador Aceves	2	39	2	8:57.4	31:58	1:12.5	1	26:51.8	22.3	0:33.4	1	22:28.3	7:15	1:00:03.4
2	15	Michael Daniels	57	35	1	8:40.5	30:57	1:04.3	2	29:43.6	20.2	0:47.2	3	24:00.7	7:45	1:04:16.3
3	23	Jason Liss	146	38	5	10:13.5	36:29	1:14.6	5	34:32.4	17.4	0:22.0	2	23:10.5	7:28	1:09:33.0
4	38	Christopher Reinstadtler	190	38	4	9:51.1	35:11	1:51.9	6	35:07.1	17.1	0:56.3	4	25:17.5	8:09	1:13:03.9
5	42	Robby Robertson	193	37	6	10:31.5	37:34	1:35.7	3	31:39.0	19.0	1:31.9	6	28:40.6	9:15	1:13:58.7
6	83	Jeffery A. Smith	213	37	7	13:14.1	47:16	4:35.2	7	35:38.9	16.8	1:53.8	5	25:40.8	8:17	1:21:02.8
7	97	Kelly Bushong	33	36	3	9:00.1	32:09	1:39.8	8	40:26.0	14.8	0:55.1	7	32:43.9	10:33	1:24:44.9
8	105	Chris Gillette	85	38	8	13:58.1	49:53	1:50.9	4	33:04.3	18.1	2:08.7	8	38:47.5	12:31	1:29:49.5

Female 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	Tina Tribu	224	41	1	8:55.6	31:51	1:24.3	1	31:14.8	19.2	1:02.2	2	26:18.1	8:29	1:08:55.0

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Female 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
2	46	Tina Keesman	125	43	2	10:27.1	37:19	1:42.9	3	33:04.0	18.1	0:45.2	4	28:24.7	9:10	1:14:23.9
3	57	Janine Chapman	39	41	5	10:52.4	38:49	1:07.4	4	33:11.3	18.1	0:25.1	8	30:08.1	9:43	1:15:44.3
4	60	Kimberly Johnson	122	43	8	12:04.3	43:06	1:53.0	7	35:28.3	16.9	1:42.1	1	25:11.1	8:07	1:16:18.8
5	63	Barbara Arnold	5	42	4	10:46.3	38:27	1:38.4	8	36:32.8	16.4	0:28.2	3	27:11.9	8:46	1:16:37.6
6	69	Christina Yavarow	248	42	9	12:43.5	45:25	1:40.7	5	33:12.8	18.1	1:34.1	5	28:36.7	9:14	1:17:47.8
7	81	Dawn Duncan	262	40	10	13:08.8	46:54	1:52.1	6	35:04.5	17.1	1:23.8	6	29:15.3	9:26	1:20:44.5
8	89	Carrie Crippen	52	42	6	10:55.2	38:59	1:14.7	2	32:52.3	18.3	0:36.2	11	37:03.9	11:57	1:22:42.3
9	91	Penny Ellis	71	43	3	10:34.1	37:44	2:56.4	9	37:01.7	16.2	2:46.6	7	29:30.4	9:31	1:22:49.2
10	98	Kappy Boudeman	21	44	7	11:34.0	41:19	1:57.7	11	41:33.1	14.4	0:49.6	9	31:09.4	10:03	1:27:03.8
11	107	Mindy Hubbard	113	40	11	14:57.3	53:24	3:00.7	10	37:40.0	15.9	3:14.8	10	32:05.0	10:21	1:30:57.8

Male 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	9	Brian Green	87	44	4	9:38.2	34:24	1:17.0	1	27:21.4	21.9	0:49.0	2	22:34.2	7:17	1:01:39.8
2	14	Troy Fuller	77	43	2	8:49.8	31:29	1:12.7	2	30:16.0	19.8	0:50.2	1	22:20.1	7:12	1:03:28.8
3	24	Keith Williams	245	42	1	8:42.1	31:04	1:44.2	10	35:41.3	16.8	0:24.5	4	23:33.4	7:36	1:10:05.5
4	36	Chuck Christensen	40	42	15	13:55.1	49:42	1:50.1	5	32:17.5	18.6	1:19.0	3	23:26.9	7:34	1:12:48.6
5	48	John Lowder	148	40	11	12:16.4	43:49	3:03.0	8	33:44.0	17.8	0:29.9	5	25:00.9	8:04	1:14:34.2
6	59	Kevin Hains	97	44	8	11:53.8	42:26	2:40.4	3	31:04.7	19.3	1:28.7	9	29:01.9	9:22	1:16:09.5
7	62	Paul Hare	101	43	10	12:07.5	43:16	1:24.1	4	31:44.5	18.9	1:20.7	10	30:00.0	9:41	1:16:36.8
8	67	Jeff Khaled	132	42	6	10:18.1	36:47	3:24.6	9	34:13.1	17.5	1:00.0	8	28:24.6	9:10	1:17:20.4
9	73	John Marchand	154	43	12	12:30.5	44:39	2:17.9	6	33:05.4	18.1	0:34.5	11	30:10.3	9:44	1:18:38.6
10	78	Michael Brown	32	44	9	12:01.1	42:55	2:52.2	11	36:01.7	16.7	1:22.7	6	27:13.5	8:47	1:19:31.2
11	79	Larry Mann	152	44	7	11:21.8	40:32	1:14.1	7	33:11.0	18.1	0:48.9	13	33:08.6	10:41	1:19:44.4

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Age Group Results

Sprint Triathlon

Male 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
12	90	Mark Zabaldo	252	42	5	10:10.9	36:19	3:36.6	12	36:57.2	16.2	1:36.1	12	30:25.4	9:49	1:22:46.2
13	103	Will Moore	171	44	13	13:07.9	46:51	3:05.0	13	37:42.7	15.9	1:30.9	14	33:42.3	10:52	1:29:08.8
14	112	Matt Mitchell	169	40	3	9:33.9	34:06	2:48.7	15	55:48.2	10.8	0:42.3	7	27:29.5	8:52	1:36:22.6
15	116	Tim Hubbard	114	41	14	13:42.0	48:56	1:53.2	14	42:33.0	14.1	3:09.7	15	42:25.1	13:41	1:43:43.0

Female 45 to 49

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Kim Houtkooper	112	45	2	10:29.1	37:26	1:06.9	1	29:36.7	20.3	0:47.6	1	23:14.6	7:30	1:05:14.9
2	74	Ann Whitmer	242	49	5	12:00.3	42:51	1:53.8	2	33:28.4	17.9	1:15.9	3	30:02.6	9:41	1:18:41.0
3	86	Dawn Clark	44	46	3	11:02.1	39:24	1:51.6	3	34:13.0	17.5	1:04.9	4	33:27.7	10:47	1:21:39.3
4	88	Kathryn Iversen	117	46	1	9:01.9	32:12	4:06.0	5	37:49.5	15.9	1:42.5	2	29:29.1	9:31	1:22:09.0
5	102	Tania Brammer	23	45	4	11:46.9	42:01	2:22.4	4	35:58.4	16.7	2:03.2	5	36:33.6	11:47	1:28:44.5

Male 45 to 49

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Sean O'Brien	175	47	2	7:55.3	28:16	1:34.8	2	28:30.4	21.1	0:55.0	1	20:43.9	6:41	59:39.4
2	8	Gary Hammock	98	47	1	7:31.4	26:51	1:44.6	1	27:57.2	21.5	1:15.2	2	22:34.2	7:17	1:01:02.6
3	29	David Danko	261	49	3	10:06.6	36:04	2:00.8	3	33:43.0	17.8	1:27.1	4	23:59.2	7:44	1:11:16.7
4	41	Dennis Clark	43	49	4	13:03.4	46:36	1:38.5	4	34:04.2	17.6	1:36.1	3	23:35.2	7:36	1:13:57.4

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Sprint Triathlon

Female 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	76	Lynne Reinstadtler	189	51	2	11:28.8	40:57	2:14.2	3	36:13.3	16.6	0:46.7	2	28:20.6	9:08	1:19:03.6
2	77	Rita Syfert	222	54	3	12:51.5	45:54	1:23.4	1	34:06.7	17.6	1:36.2	3	29:24.1	9:29	1:19:21.9
3	84	Gina Belknap	16	50	1	9:52.2	35:14	1:09.4	4	38:00.2	15.8	1:02.6	4	31:00.6	10:00	1:21:05.0
4	85	Sarah King	133	51	4	16:36.6	59:17	1:35.8	2	35:17.1	17.0	0:49.8	1	27:05.0	8:44	1:21:24.3

Male 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	21	Dave Levett	144	52	4	12:36.7	45:00	1:58.8	1	29:31.8	20.3	0:26.5	1	23:44.7	7:39	1:08:18.5
2	33	Matthew Galer	78	50	2	10:23.6	37:05	1:39.9	2	32:27.7	18.5	0:51.7	2	26:38.7	8:35	1:12:01.6
3	40	Frank Silva	210	52									6	1:13:22.8	23:40	1:13:22.8
4	53	Tom Lundquist	150	50	1	8:49.0	31:29	3:07.0	3	33:27.7	17.9	1:12.8	4	28:44.3	9:16	1:15:20.8
5	66	Robert Carlton	36	53	3	11:13.2	40:04	1:53.9	5	33:59.0	17.7	1:59.8	3	28:12.7	9:06	1:17:18.6
6	96	Doug Smith	214	52	5	14:15.7	50:54	3:47.0	4	33:35.2	17.9	1:32.0	5	31:02.7	10:01	1:24:12.6

Female 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	28	Kathy Farrow	72	56	1	9:01.5	32:12	1:25.1	1	34:17.3	17.5	1:12.2	1	25:16.8	8:09	1:11:12.9
2	92	Jane McDonagh	163	55	4	11:35.5	41:22	2:11.3	3	38:21.7	15.6	1:25.3	2	29:23.6	9:29	1:22:57.4
3	106	Carey Schoolmaster	203	55	3	10:27.5	37:19	2:02.8	2	38:17.0	15.7	2:13.1	4	37:44.7	12:10	1:30:45.1
4	108	Jackie McClelland	162	56	2	10:05.7	36:01	3:46.6	4	41:48.8	14.4	1:31.3	3	34:19.5	11:04	1:31:31.9

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Sprint Triathlon

Male 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	10	Timothy Farrow	73	56	1	8:43.0	31:08	29:50.5				0:48.7	1	23:33.6	7:36	1:02:55.8
2	37	Steve Darrell	58	55	3	11:23.6	40:39	2:26.6	2	32:42.8	18.3	1:14.2	2	25:13.5	8:08	1:13:00.7
3	52	rick ciccone	41	57	2	10:01.0	35:46	2:50.7	1	32:01.9	18.7	1:22.5	4	29:04.6	9:23	1:15:20.7
4	68	Terry Klotz	136	57	4	11:47.5	42:05	2:31.1	3	32:57.9	18.2	1:53.7	3	28:20.9	9:08	1:17:31.1

Female 60 to 64

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	94	Denise Egeland	69	60	1	10:27.2	37:19	1:56.8	1	35:38.4	16.8	1:11.2	1	34:17.4	11:04	1:23:31.0
2	118	Candace Holsted	109	63	2	17:13.7	61:29	4:03.4	2	52:08.5	11.5	0:47.7	2	40:58.5	13:13	1:55:11.8

Male 60 to 64

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	56	Garry May	161	64	1	10:37.9	37:55	2:24.0	1	31:53.4	18.8	1:56.5	1	28:51.8	9:18	1:15:43.6
2	100	David Purol	188	64	3	11:43.0	41:51	2:27.2	3	36:48.5	16.3	1:02.3	2	35:31.2	11:27	1:27:32.2
3	111	James Rojeski	195	63	2	11:05.1	39:35	3:07.3	2	35:14.4	17.0	2:43.6	3	42:02.9	13:34	1:34:13.3

Female 65 to 69

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time

Race Date
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Age Group Results
Sprint Triathlon

Female 65 to 69

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	43	Jean Walker	235	65	1	10:31.7	37:34						1	1:03:37.3	20:31	1:14:09.0

Male 65 to 69

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	18	Terry Hutchins	116	65	1	10:31.7	37:34	1:43.7	2	30:26.5	19.7	0:25.6	1	22:43.2	7:20	1:05:50.7
2	50	Ross Biggs	19	66	2	13:27.0	48:02	2:01.3	1	29:46.4	20.2	1:46.1	2	27:58.8	9:01	1:14:59.6
3	95	Bill Dornbos	64	69	3	14:40.2	52:23	3:18.0	3	34:38.2	17.3	1:34.7	3	29:45.3	9:36	1:23:56.4

Male 70 and over

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	117	Woody Boudeman	22	73	1	13:20.1	47:37	3:34.7	1	45:20.2	13.2	1:39.0	2	42:40.8	13:46	1:46:34.8
2	119	Ronald Holsted	110	75	2	20:13.1	72:12	7:49.2	2	51:49.3	11.6	1:38.5	1	41:22.0	13:21	2:02:52.1

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Relay Team

Female Open Winners

Place		Name	Bib No	Age	Swim		Tran 1 Time	Bike		Tran 2 Time	Run		Total Time			
Place	Overall				Rnk	Time		Pace	Rnk		Time	Rate		Rnk	Time	Pace
1	2	Amy VanHuysen	255	0	1	37:15.9	24:50	0:41.5	1	1:19:36.1	18.7	0:27.5	1	48:33.9	7:50	2:46:34.9

Male Open Winners

Place		Name	Bib No	Age	Swim		Tran 1 Time	Bike		Tran 2 Time	Run		Total Time			
Place	Overall				Rnk	Time		Pace	Rnk		Time	Rate		Rnk	Time	Pace
1	1	Paul Raynes	260	0	1	26:52.5	17:55	0:33.6	1	1:11:44.6	20.7	0:23.1	1	36:22.2	5:52	2:15:56.0

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results

Relay Team

Female 0-99

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Laura Purol	256	0	1	32:18.2	21:32	0:36.8	1	1:26:54.2	17.1	0:30.4	1	1:04:02.9	10:20	3:04:22.5

Male 0-99

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Jack Walker	257	0	2	40:33.3	27:02	0:43.1	1	1:16:10.3	19.5	0:30.9	2	49:51.9	8:02	2:47:49.5
2	4	Travis Bugh	259	0	3	45:38.3	30:25	1:08.3	2	1:17:44.0	19.1	0:26.2	1	49:27.0	7:59	2:54:23.8
3	6	Dan Bengele	258	0	1	39:04.4	26:03	0:40.9	3	1:43:05.9	14.4	0:31.6	3	54:59.5	8:52	3:18:22.3

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Duathlon

Female Open Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Tran 1</u>	<u>Rnk</u>	<u>Bike</u>	<u>Rate</u>	<u>Tran 2</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	3	Kathy Griffin	90	50	1	22:01.9	7:06	1:13.8	1	1:18:48.5	18.9	1:16.7	1	47:22.0	7:38	2:30:42.9

Male Open Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Tran 1</u>	<u>Rnk</u>	<u>Bike</u>	<u>Rate</u>	<u>Tran 2</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	1	Guy Petruzzelli	185	40	1	18:42.5	6:02					1:09:28.7	1	40:01.7	6:27	2:07:55.8

Female Masters Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Tran 1</u>	<u>Rnk</u>	<u>Bike</u>	<u>Rate</u>	<u>Tran 2</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	11	Lisa Schreiner	204	48	1	25:02.6	8:05	3:01.4	1	1:30:05.0	16.5	2:36.3	1	54:44.5	8:50	2:55:29.8

Male Masters Winners

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Tran 1</u>	<u>Rnk</u>	<u>Bike</u>	<u>Rate</u>	<u>Tran 2</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Total</u>
	<u>Overall</u>					<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	2	Chuck Brenner	27	42	1	22:12.4	7:10	0:48.6	1	1:14:53.3	19.9	0:27.9	1	48:37.5	7:50	2:26:59.7

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Duathlon

Female 0-99

Place					----- Run -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Elaine Sheikh	209	19	2	21:51.2	7:03	0:49.6	2	1:26:44.8	17.2	0:50.6	1	45:59.8	7:25	2:36:16.0
2	8	Sarah Yetter	250	38	3	23:36.6	7:37	1:34.1	1	1:24:02.8	17.7	0:56.2	3	50:09.4	8:05	2:40:19.1
3	9	Bridget Griffioen	91	33	1	21:50.2	7:03	1:26.5	3	1:27:16.0	17.1	1:22.5	2	49:53.8	8:03	2:41:49.0
4	13	Catherine Salome	197	44	4	24:35.7	7:56	1:45.4	6	1:37:11.5	15.3	1:31.4	5	59:12.6	9:33	3:04:16.6
5	14	Michelle Braymer	24	33	6	28:50.5	9:18	1:00.6	4	1:32:50.1	16.0	2:00.4	7	1:01:08.0	9:52	3:05:49.6
6	15	Caren Braymer	25	62	7	28:51.0	9:18	1:02.7	5	1:32:56.3	16.0	1:53.6	6	1:01:06.1	9:51	3:05:49.7
7	16	Christine Hassing	102	45	5	28:10.7	9:05	1:00.0	7	1:38:53.9	15.0	0:39.2	4	59:09.0	9:32	3:07:52.8

Male 0-99

Place					----- Run -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	Trayton Jordan	124	46									7	2:31:09.0	24:23	2:31:09.0
2	5	Jim Praeger	187	46	1	21:29.8	6:56	1:36.5	3	1:22:57.3	17.9	1:45.1	1	45:30.4	7:20	2:33:19.1
3	7	Bill Gephart	82	57	3	23:38.4	7:37	1:33.4	2	1:20:42.4	18.4	1:52.2	2	48:47.5	7:52	2:36:33.9
4	10	Matt Gunderson	94	36	4	24:37.3	7:56	0:56.2	1	1:16:29.8	19.5	1:51.6	3	58:07.6	9:22	2:42:02.5
5	12	Arya Jayatilaka	121	54	2	22:35.5	7:17	1:23.4	5	1:36:22.6	15.4	1:16.0	4	1:00:18.6	9:44	3:01:56.1
6	17	Nhoel Cruz	53	33	5	28:01.8	9:02	1:27.3	4	1:24:32.1	17.6	1:57.9	5	1:12:24.1	11:41	3:08:23.2
7	18	Ivan Tanap	223	29	6	34:02.9	10:59	2:20.5	6	1:47:01.8	13.9	2:37.6	6	1:27:06.2	14:03	3:53:09.0

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Aqua Bike

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Total Time</u>
1	1	Kathy Kirk	134	58	1	26:49.1	17:53	1:27.5					1	1:07:07.6	22.2	1:35:24.2

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Total Time</u>
1	2	Chris Baker	9	18	1	24:06.6	16:04	2:09.4					1	1:14:00.3	20.1	1:40:16.3

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Total Time</u>
1	11	Leslie Scheffers	199	49	1	39:07.8	26:05	1:35.9					1	1:17:34.9	19.2	1:58:18.6

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Total Time</u>
1	3	Thomas Keizer	127	55	1	30:40.0	20:27	1:46.6					1	1:11:29.3	20.8	1:43:55.9

Race Date
June 29, 2013

2013 Gull Lake Triathlon

Age Group Results

Aqua Bike

Female 0-99

Place					----- Swim -----			Tran 1	-----			----- Bike -----			Total	
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Rate	Time
1	8	Jenna Eckart	68	36	3	31:06.5	20:44	1:14.8					2	1:21:00.2	18.4	1:53:21.5
2	13	Loretta Holmes	108	47	7	41:19.2	27:33	1:08.3					1	1:16:42.0	19.4	1:59:09.5
3	14	Michele Kolin	138	22	2	26:45.6	17:50	2:05.2					6	1:30:58.3	16.4	1:59:49.1
4	16	Dawn Banner	12	44	4	33:26.9	22:17	3:01.7					3	1:27:15.0	17.1	2:03:43.6
5	19	Kristina Cobeen	48	38	8	41:20.1	27:33	2:38.8					4	1:29:04.0	16.7	2:13:02.9
6	20	Amy Colby	49	38	5	39:43.9	26:29	3:10.1					5	1:30:15.7	16.5	2:13:09.7
7	21	Kathy Benoit	18	54	6	39:49.2	26:33	2:47.2					7	1:40:50.1	14.8	2:23:26.5
8	22	Jenny Gill	84	41	1	9:58.3	6:39	22:47.7					10	1:55:32.7	12.9	2:28:18.7
9	23	Lauren Tripp	227	31	10	48:37.4	32:25	2:54.1					8	1:42:23.5	14.5	2:33:55.0
10	24	Amanda Platzer	186	34	9	44:56.5	29:57	4:44.4					9	1:45:04.2	14.2	2:34:45.1

Male 0-99

Place					----- Swim -----			Tran 1	-----			----- Bike -----			Total	
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Rate	Time
1	4	Ed Maring	155	54	4	30:37.1	20:25	1:55.0					2	1:14:44.1	19.9	1:47:16.2
2	5	Brett Hanson	99	18	5	31:24.3	20:56	2:37.3					3	1:16:05.5	19.6	1:50:07.1
3	6	Ken Salome	198	50	7	36:00.7	24:00	2:10.9					1	1:12:11.4	20.6	1:50:23.0
4	7	c.j. basler	14	59	2	30:11.1	20:07	2:45.0					6	1:20:17.8	18.5	1:53:13.9
5	9	Thomas Mellinger	165	40	6	34:56.8	23:17	2:04.7					5	1:18:52.4	18.9	1:55:53.9
6	10	Andy Baker	10	48	10	39:11.6	26:07	1:09.4					4	1:16:21.9	19.5	1:56:42.9
7	12	Garry Mattox	159	63	8	36:11.3	24:07	1:20.0					7	1:20:55.1	18.4	1:58:26.4
8	15	Brendan Max	160	45	3	30:21.4	20:14	2:09.6					9	1:28:11.5	16.9	2:00:42.5
9	17	Dennis Tuckowski	228	33	9	36:30.7	24:20	3:22.0					8	1:24:25.9	17.6	2:04:18.6
10	18	Mike Parry	181	40	1	28:28.8	18:59	2:02.2					10	1:36:29.7	15.4	2:07:00.7

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	6	Megan James	118	42	1	23:41.4	15:47	0:46.9	1	1:14:11.3	20.1	0:36.3	1	41:25.4	6:41	2:20:41.3

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Jody Williford	246	42	1	26:29.6	17:39	0:46.2	1	1:05:26.2	22.7	0:36.4	1	37:42.5	6:05	2:11:00.9

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	10	Carol Gephart	83	57	1	26:37.9	17:45	0:53.5	1	1:10:41.8	21.1	0:36.3	1	45:35.1	7:21	2:24:24.6

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>Tran 1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>Tran 2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	2	Todd Briggs	30	50	1	23:06.6	15:24	0:43.2	1	1:06:23.3	22.4	0:30.1	1	43:33.6	7:01	2:14:16.8

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 17 to 19

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	8	Zak Arrington	7	19	1	34:25.3	22:57	1:02.7	1	1:07:13.3	22.1		1	40:39.0	6:33	2:23:20.3

Male 20 to 24

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	23	Bryan Den Hollander	61	23	2	32:45.8	21:50	1:57.2	1	1:16:59.0	19.3	1:11.2	1	42:28.1	6:51	2:35:21.3
2	35	Kevin Steen	217	24	1	29:38.2	19:45	2:22.2	2	1:22:03.3	18.1	1:15.8	2	48:34.9	7:50	2:43:54.4

Female 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	Kristina Navas	172	25	1	26:31.4	17:41	1:27.5	1	1:17:42.7	19.2	0:47.0	1	48:10.8	7:46	2:34:39.4
2	46	Kelly Janowski	119	29	3	31:41.1	21:07	1:37.5	3	1:25:04.9	17.5	1:34.4	2	52:40.2	8:30	2:52:38.1
3	59	Melissa Navas	173	29	2	27:36.0	18:24	1:46.4	2	1:24:10.0	17.7	1:24.1	4	1:03:32.1	10:15	2:58:28.6
4	70	Laura Briley	31	26	5	45:32.6	30:21	1:27.0	4	1:33:17.1	16.0	1:24.1	3	54:07.1	8:44	3:15:47.9
5	74	Rebecca Lillie	145	28	4	37:59.0	25:19	4:10.0	5	1:34:48.3	15.7	0:52.8	5	1:09:04.3	11:08	3:26:54.4

Male 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	38	Robert Easterday	66	29	1	36:55.8	24:37	1:19.0	1	1:15:23.2	19.7	1:12.8	1	51:02.4	8:14	2:45:53.2

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 25 to 29

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
2	75	Brent Zahn	253	25	2	38:21.4	25:34	3:22.1	2	1:32:31.2	16.1	1:10.0	2	1:13:13.3	11:49	3:28:38.0

Female 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	54	Megan Grunert	92	31	1	26:35.0	17:43	1:07.0	1	1:30:08.7	16.5	0:55.7	2	57:25.8	9:16	2:56:12.2
2	67	Heather Rose Otto	180	34	2	41:12.8	27:28	1:53.8	2	1:35:17.8	15.6	1:12.1	1	51:34.7	8:19	3:11:11.2

Male 30 to 34

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Christopher Gregory	89	33	1	24:55.4	16:37	1:14.5	4	1:14:26.3	20.0	0:49.1	1	36:22.3	5:52	2:17:47.6
2	14	Eric Shaffer	207	31	3	30:33.4	20:22	1:22.9	3	1:13:52.6	20.1	1:01.1	2	40:55.1	6:36	2:27:45.1
3	15	Gavin Ferlic	74	32	4	31:11.7	20:47	1:55.4	1	1:10:39.1	21.1	1:12.7	3	43:44.0	7:03	2:28:42.9
4	25	Jay Wardell	236	34	2	27:32.0	18:21	1:40.1	2	1:13:11.3	20.3	1:19.3	6	53:01.5	8:33	2:36:44.2
5	36	Jesse Yeager	249	33	7	37:12.6	24:48	1:51.2	7	1:17:38.6	19.2	0:48.5	4	46:54.5	7:34	2:44:25.4
6	41	Christopher Sharrock	208	31	5	32:30.7	21:40	1:37.6	6	1:17:35.9	19.2	1:07.7	8	55:10.8	8:54	2:48:02.7
7	44	TIM HARDIN	100	34	6	36:13.3	24:09	2:30.4	5	1:15:20.8	19.8	1:37.3	9	56:31.0	9:07	2:52:12.8
8	50	Gareth Beaty	15	33	8	37:54.9	25:16	2:31.9	8	1:20:34.4	18.5	1:22.3	5	51:49.0	8:21	2:54:12.5
9	63	Zach Novak	174	31	9	39:44.5	26:29	1:39.1	9	1:21:53.9	18.2	1:28.9	10	1:00:30.3	9:45	3:05:16.7
10	71	Matt Webster	239	31	10	45:59.8	30:39	3:41.0	10	1:33:42.0	15.9	2:00.8	7	53:14.4	8:35	3:18:38.0

2013 Gull Lake Triathlon

Age Group Results

Olympic Triathlon

Race Date
June 29, 2013

Female 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	49	Nikki Gates	81	38	2	36:48.9	24:32	1:20.0	2	1:20:48.3	18.4	0:36.4	1	54:25.4	8:47	2:53:59.0
2	55	Kelly Conway	51	39	1	33:12.0	22:08	1:13.9	1	1:17:04.5	19.3	1:23.0	3	1:04:07.5	10:20	2:57:00.9
3	73	Jennifer Weber	238	35	3	47:32.8	31:41	3:37.5	3	1:33:08.9	16.0	1:57.6	2	59:53.2	9:40	3:26:10.0

Male 35 to 39

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	9	James Dalton	54	39	1	29:43.5	19:49	1:11.5	1	1:08:34.7	21.7	0:56.0	1	43:38.3	7:02	2:24:04.0
2	16	Ian Kurth	139	39	3	33:35.3	22:23	1:09.7	2	1:10:09.4	21.2	0:59.8	2	44:06.3	7:07	2:30:00.5
3	28	Eugene Haas	96	37	5	35:08.4	23:25	1:48.1	3	1:14:00.7	20.1	0:56.3	3	45:47.2	7:23	2:37:40.7
4	40	mickey trimner	225	38	4	34:16.4	22:51	1:55.8	4	1:17:56.9	19.1	1:15.3	4	50:54.0	8:13	2:46:18.4
5	56	Josh White	241	39	2	33:29.0	22:19	1:24.3	6	1:20:28.1	18.5	1:25.1	5	1:00:51.4	9:49	2:57:37.9
6	66	Jeffrey Rogers	194	39	6	39:01.5	26:01	1:36.7	5	1:20:16.2	18.5	1:39.0	6	1:07:02.5	10:49	3:09:35.9

Female 40 to 44

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	Angie O'Brien	176	42	1	29:05.2	19:23	1:08.7	1	1:08:40.5	21.7	0:52.4	1	45:32.8	7:21	2:25:19.6
2	27	Kristina Caterino	38	44	2	29:25.6	19:37	1:47.8	2	1:18:49.3	18.9	0:38.0	2	46:54.7	7:34	2:37:35.4
3	72	Cara Smith	215	44	4	51:39.0	34:26	2:20.1	3	1:22:03.6	18.1	1:31.3	3	1:05:22.7	10:33	3:22:56.7
4	78	Nicole Balderas	11	40	5	53:06.8	35:24	2:14.1	5	1:48:59.7	13.7	1:48.4	4	1:08:00.0	10:58	3:54:09.0

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 40 to 44

Place					----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Ron Pelak	184	44	5	33:59.9	22:39	0:51.7	1	1:05:07.6	22.9	0:39.7	2	40:52.9	6:35	2:21:31.8
2	12	Joe Cantwell	35	44	3	30:09.1	20:06	1:18.4	2	1:11:36.8	20.8	1:21.9	3	42:21.2	6:50	2:26:47.4
3	17	Sean Sullivan	221	42	2	30:02.5	20:01	2:07.0	3	1:11:49.3	20.7	1:25.2	4	45:20.5	7:19	2:30:44.5
4	29	John Hubbard	115	40	7	34:58.4	23:19	2:00.4	7	1:20:11.8	18.6	1:07.4	1	39:27.7	6:22	2:37:45.7
5	30	Keith Cater	37	44	1	28:17.3	18:51	1:33.8	4	1:14:33.5	20.0	1:14.6	11	53:10.8	8:35	2:38:50.0
6	34	Glen Dickinson	63	43	8	35:10.8	23:27	1:26.9	5	1:17:09.9	19.3	0:59.7	6	49:06.6	7:55	2:43:53.9
7	39	Jay Garside	79	43	4	30:28.7	20:19	2:18.3	8	1:20:17.8	18.5	1:53.0	8	51:03.0	8:14	2:46:00.8
8	42	Chris Holzer	111	44	6	34:44.2	23:09	1:55.1	6	1:18:49.3	18.9	1:12.4	10	51:45.0	8:21	2:48:26.0
9	48	Jon Hess	105	40	10	37:35.7	25:03	2:20.7	10	1:21:20.5	18.3	1:43.9	7	50:26.3	8:08	2:53:27.1
10	52	Daniel Launt	142	42	9	36:56.9	24:37	3:57.4	9	1:20:45.9	18.4	2:24.5	9	51:22.6	8:17	2:55:27.3
11	57	Gil Fernandez	75	42	11	40:11.5	26:47	1:00.2	11	1:27:16.5	17.1	1:14.6	5	48:31.1	7:50	2:58:13.9

Female 45 to 49

Place					----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	32	Carol Reiss	191	45	1	30:35.9	20:23	1:57.0	1	1:17:07.7	19.3	0:53.6	2	50:08.0	8:05	2:40:42.2
2	43	Erica Ehrlichman	70	47	2	35:42.8	23:48	1:37.3	5	1:25:02.4	17.5	1:11.5	1	47:10.0	7:36	2:50:44.0
3	47	Colleen Valkema	229	47	5	39:51.9	26:34	1:20.7	2	1:19:17.7	18.8	0:57.2	3	51:45.5	8:21	2:53:13.0
4	60	JoAnn Kennedy	129	47	3	39:21.3	26:14	2:00.5	3	1:22:41.8	18.0	1:15.2	4	54:02.3	8:43	2:59:21.1
5	65	Marianne Leduc-Baker	143	46	4	39:46.7	26:31	2:06.1	4	1:23:10.4	17.9	1:46.6	5	1:00:35.4	9:46	3:07:25.2
6	68	Gayle Majeske	151	45	6	40:51.2	27:14	0:52.6	6	1:28:12.6	16.9	1:42.5	6	1:01:42.8	9:57	3:13:21.7

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Male 45 to 49

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	21	Mark Herrell	104	45	1	28:03.0	18:42	1:22.9	3	1:15:24.0	19.7	1:15.0	1	48:10.7	7:46	2:34:15.6
2	24	Don Payerle	183	49	3	30:56.7	20:37	1:44.7	2	1:12:19.5	20.6	0:50.6	2	49:51.8	8:02	2:35:43.3
3	45	Jeff Arnold	6	47	5	34:49.5	23:13	1:03.6				1:22:35.7	4	54:06.7	8:44	2:52:35.5
4	51	William Gust	95	49	4	34:32.7	23:01	2:51.3	5	1:22:58.5	17.9	2:22.0	3	52:07.9	8:24	2:54:52.4
5	58	John Marshall	158	45	6	35:34.9	23:43	2:59.2	4	1:19:14.2	18.8	2:10.7	5	58:21.1	9:25	2:58:20.1
6	62	Craig Marsh	157	47	2	29:59.4	19:59	2:05.7	6	1:27:58.2	16.9	0:40.5	6	1:01:51.2	9:59	3:02:35.0

Female 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	31	Kathy Garvin	80	53	2	32:01.2	21:21	1:20.1	1	1:18:21.8	19.0	0:47.5	1	47:21.7	7:38	2:39:52.3
2	53	Julie Allen	3	51	1	30:59.2	20:39	2:30.7	2	1:29:31.0	16.6	1:24.8	2	51:34.8	8:19	2:56:00.5

Male 50 to 54

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	4	Glen Kellam	128	53	1	26:04.2	17:23	1:23.4	1	1:05:18.4	22.8	1:02.9	2	44:00.2	7:06	2:17:49.1
2	5	Jim Stubbs	219	51	5	29:43.6	19:49	1:18.1	2	1:06:21.2	22.4	0:52.2	1	42:03.9	6:47	2:20:19.0
3	13	Rob Grainger	86	50	4	27:28.5	18:19	2:02.2	3	1:09:33.0	21.4	0:42.4	3	47:31.6	7:40	2:27:17.7
4	19	Timothy Clore	47	53	3	26:19.4	17:33	1:48.5	6	1:14:30.2	20.0	0:44.1	4	49:07.9	7:55	2:32:30.1
5	20	Kevin Cleary	45	53	2	26:08.4	17:25	1:17.3	4	1:12:42.1	20.5	1:59.4	7	51:35.9	8:19	2:33:43.1
6	33	John Schuler	205	51	6	32:42.5	21:48	1:21.8	5	1:13:12.4	20.3	2:00.6	6	51:33.0	8:19	2:40:50.3
7	37	Don Wilson	247	51	7	35:57.5	23:58	2:25.6	7	1:17:36.6	19.2		5	49:37.7	8:00	2:45:37.4

Race Date
June 29, 2013

2013 Gull Lake Triathlon
Age Group Results
Olympic Triathlon

Female 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	76	Debi Steward	218	57	1	51:05.9	34:03	3:34.3	1	1:31:05.3	16.3	0:53.7	1	1:07:52.7	10:57	3:34:31.9

Male 55 to 59

Place			----- Swim -----			Tran 1	----- Bike -----			Tran 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	18	james henderson	103	59	3	30:41.0	20:27	1:00.0	1	1:12:28.8	20.5	0:50.3	1	46:17.9	7:28	2:31:18.0
2	26	John R Wagner	234	57	2	28:47.7	19:11	1:20.5	2	1:13:58.7	20.1	0:35.9	2	52:07.3	8:24	2:36:50.1
3	61	Jeff Jones	123	57	4	32:23.1	21:35	2:25.4	3	1:25:10.4	17.5	1:34.5	4	58:39.0	9:28	3:00:12.4
4	64	Doug Kennedy	130	56	5	34:19.6	22:53	1:52.4	4	1:30:43.7	16.4	1:37.1	3	58:37.0	9:27	3:07:09.8
5	69	Chris O'Leary	177	58	6	35:43.9	23:49	4:06.8	5	1:33:52.9	15.9	2:01.4	5	59:36.9	9:37	3:15:21.9
6	77	Ken Davis	59	56	7	49:18.5	32:52	4:34.4	6	1:42:22.2	14.5	3:55.0	6	1:10:58.9	11:27	3:51:09.0