

Race Date
June 15, 2013

2013 Valparaiso Junior Triathlon
Age Group Results

Ages 6-10

Female Open Winners

| Place | | | | | Swim | | | Trans 1 | | | Bike | | | Trans 2 | | | Run | | Total | |
|--------------|----------------|---------------|------------|------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 | 5 | Autumn Turley | 243 | 9 | 1 | 1:58.0 | | 1 | 0:30.7 | | 1 | 11:59.3 | 15.5 | 1 | 0:12.6 | | 1 | 6:14.4 | 10:03 | 20:55.0 |

Male Open Winners

| Place | | | | | Swim | | | Trans 1 | | | Bike | | | Trans 2 | | | Run | | Total | |
|--------------|----------------|---------------|------------|------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 | 1 | Cody Johnston | 194 | 9 | 1 | 1:51.2 | | 1 | 0:22.2 | | 1 | 10:32.9 | 17.7 | 1 | 0:13.2 | | 1 | 4:50.5 | 7:48 | 17:50.0 |

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2013 Valparaiso Junior Triathlon

Age Group Results

Ages 6-10

Female 8 and under

| Place | | | Swim | | Trans 1 | | | Bike | | | Trans 2 | | | Run | | | Total | | | |
|-------|---------|----------------|------|-----|---------|--------|------|------|--------|------|---------|---------|------|-----|--------|------|-------|--------|-------|---------|
| Place | Overall | Name | Bib | Age | Rnk | Time | Pace | Rnk | Time | Pace | Rnk | Time | Rate | Rnk | Time | Pace | Rnk | Time | Pace | Time |
| 1 | 29 | Emily Glass | 180 | 8 | 5 | 2:29.7 | | 2 | 1:15.2 | | 2 | 14:05.6 | 13.2 | 1 | 0:18.9 | | 4 | 7:16.0 | 11:43 | 25:25.4 |
| 2 | 36 | Lillian Marion | 208 | 8 | 1 | 1:34.7 | | 3 | 1:38.3 | | 3 | 15:25.5 | 12.1 | 8 | 0:32.2 | | 3 | 7:02.4 | 11:21 | 26:13.1 |
| 3 | 57 | Grace Thomas | 240 | 8 | 6 | 3:05.0 | | 11 | 2:53.8 | | 7 | 18:00.1 | 10.3 | 4 | 0:21.5 | | 1 | 6:14.7 | 10:03 | 30:35.1 |
| 4 | 60 | Kallie Belcher | 156 | 8 | 2 | 2:08.8 | | 5 | 1:47.9 | | 6 | 17:37.1 | 10.6 | 2 | 0:20.2 | | 7 | 9:12.9 | 14:50 | 31:06.9 |

Male 8 and under

| Place | | | Swim | | Trans 1 | | | Bike | | | Trans 2 | | | Run | | | Total | | | |
|-------|---------|-----------------|------|-----|---------|--------|------|------|--------|------|---------|---------|------|-----|--------|------|-------|--------|-------|---------|
| Place | Overall | Name | Bib | Age | Rnk | Time | Pace | Rnk | Time | Pace | Rnk | Time | Rate | Rnk | Time | Pace | Rnk | Time | Pace | Time |
| 1 | 10 | Conner Juhl | 196 | 8 | 3 | 1:58.7 | | 3 | 1:14.9 | | 1 | 11:48.8 | 15.8 | 6 | 0:25.5 | | 7 | 6:47.4 | 10:56 | 22:15.3 |
| 2 | 12 | elijah arulandu | 154 | 8 | 4 | 2:12.0 | | 2 | 0:59.3 | | 2 | 12:08.4 | 15.3 | 4 | 0:20.4 | | 6 | 6:40.3 | 10:45 | 22:20.4 |
| 3 | 21 | Sam Conrad | 170 | 8 | 5 | 2:29.3 | | 5 | 1:34.1 | | 4 | 13:41.7 | 13.6 | 9 | 0:29.8 | | 1 | 5:41.7 | 9:10 | 23:56.6 |
| 4 | 27 | Connor Mccall | 211 | 8 | 1 | 1:26.4 | | 1 | 0:51.0 | | 6 | 15:11.8 | 12.3 | 3 | 0:20.3 | | 4 | 6:32.0 | 10:32 | 24:21.5 |

Female 9 to 10

| Place | | | Swim | | Trans 1 | | | Bike | | | Trans 2 | | | Run | | | Total | | | |
|-------|---------|----------------|------|-----|---------|--------|------|------|--------|------|---------|---------|------|-----|--------|------|-------|--------|-------|---------|
| Place | Overall | Name | Bib | Age | Rnk | Time | Pace | Rnk | Time | Pace | Rnk | Time | Rate | Rnk | Time | Pace | Rnk | Time | Pace | Time |
| 1 | 6 | Alyssa Nahnsen | 214 | 10 | 5 | 1:24.6 | | 7 | 1:10.3 | | 6 | 13:05.7 | 14.2 | 10 | 0:20.9 | | 1 | 4:55.2 | 7:56 | 20:56.7 |
| 2 | 8 | Paige Haworth | 188 | 10 | 10 | 1:34.6 | | 2 | 0:42.9 | | 1 | 11:16.2 | 16.5 | 13 | 0:23.6 | | 13 | 7:06.6 | 11:27 | 21:03.9 |
| 3 | 13 | Ella Bolling | 157 | 10 | 7 | 1:31.9 | | 4 | 0:54.7 | | 10 | 14:04.2 | 13.2 | 8 | 0:20.9 | | 3 | 5:31.6 | 8:54 | 22:23.3 |
| 4 | 14 | Lucia Otten | 220 | 10 | 9 | 1:33.8 | | 9 | 1:15.0 | | 3 | 12:42.1 | 14.6 | 3 | 0:17.5 | | 10 | 6:49.6 | 11:00 | 22:38.0 |

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Ages 6-10

Male 9 to 10

| Place | | | | | ----- Swim ----- | | ----- Trans 1 ----- | | | ----- Bike ----- | | ----- Trans 2 ----- | | | ----- Run ----- | | | Total | | |
|--------------|----------------|-------------------|------------|------------|------------------|-------------|---------------------|------------|-------------|------------------|------------|---------------------|-------------|------------|-----------------|-------------|------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 | 2 | Gunnar Garriques | 178 | 9 | 5 | 1:40.5 | | 1 | 0:32.4 | | 2 | 10:16.1 | 18.1 | 4 | 0:16.2 | | 2 | 5:05.5 | 8:12 | 17:50.7 |
| 2 | 3 | Cameron Zimmerman | 255 | 9 | 4 | 1:35.3 | | 2 | 0:39.6 | | 3 | 11:20.9 | 16.4 | 5 | 0:17.4 | | 1 | 4:56.3 | 7:57 | 18:49.5 |
| 3 | 4 | Eli Sandberg | 228 | 10 | 2 | 1:30.1 | | 4 | 0:52.8 | | 4 | 11:43.8 | 15.9 | 17 | 0:25.4 | | 6 | 5:37.8 | 9:04 | 20:09.9 |
| 4 | 7 | Zachary Juhl | 197 | 10 | 1 | 1:28.1 | | 3 | 0:51.1 | | 5 | 12:32.0 | 14.8 | 9 | 0:21.9 | | 7 | 5:45.7 | 9:16 | 20:58.8 |

2013 Valparaiso Junior Triathlon

Age Group Results

Ages 11-14

Race Date
June 15, 2013

Female Open Winners

| Place | | | ----- Swim ----- | | ----- Trans 1 ----- | | | ----- Bike ----- | | | ----- Trans 2 ----- | | | ----- Run ----- | | | Total | | | |
|--------------|----------------|------------------|------------------|------------|---------------------|-------------|-------------|------------------|-------------|-------------|---------------------|-------------|-------------|-----------------|-------------|-------------|------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 | 1 | Lauren Garriques | 179 | 12 | 1 | 2:48.5 | | 1 | 0:27.7 | | 1 | 22:15.0 | 20.1 | 1 | 0:26.4 | | 1 | 10:52.8 | 5:51 | 36:50.4 |

Male Open Winners

| Place | | | ----- Swim ----- | | ----- Trans 1 ----- | | | ----- Bike ----- | | | ----- Trans 2 ----- | | | ----- Run ----- | | | Total | | | |
|--------------|----------------|----------------|------------------|------------|---------------------|-------------|-------------|------------------|-------------|-------------|---------------------|-------------|-------------|-----------------|-------------|-------------|------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib</u> | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 | 2 | Riley Johnston | 195 | 11 | 1 | 3:30.0 | | 1 | 0:21.6 | | 1 | 21:05.9 | 21.2 | 1 | 0:12.4 | | 1 | 12:15.8 | 6:35 | 37:25.7 |

Race Date
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2013 Valparaiso Junior Triathlon

Age Group Results

Ages 11-14

Female 10 and under

| Place | | Name | Bib | Age | Swim | | Trans 1 | | Bike | | Trans 2 | | Run | | Total | | | | | |
|---------|-----|-----------------|-----|-----|------|--------|---------|------|--------|-----|---------|---------|------|------|--------|-----|------|---------|------|---------|
| Overall | Rnk | | | | Time | Pace | Rnk | Time | Pace | Rnk | Time | Rate | Rnk | Time | Pace | Rnk | Time | Pace | Time | |
| 1 | 21 | Madisen Terrell | 238 | 10 | 1 | 2:51.5 | | 1 | 1:30.1 | | 1 | 32:59.2 | 13.6 | 1 | 0:22.2 | | 1 | 18:19.9 | 9:51 | 56:02.9 |

Female 11 to 12

| Place | | Name | Bib | Age | Swim | | Trans 1 | | Bike | | Trans 2 | | Run | | Total | | | | | |
|---------|-----|-----------------|-----|-----|------|--------|---------|------|--------|-----|---------|---------|------|------|--------|-----|------|---------|------|---------|
| Overall | Rnk | | | | Time | Pace | Rnk | Time | Pace | Rnk | Time | Rate | Rnk | Time | Pace | Rnk | Time | Pace | Time | |
| 1 | 6 | Ashley Pickford | 221 | 12 | 1 | 2:01.2 | | 1 | 0:48.5 | | 1 | 24:31.2 | 18.3 | 1 | 0:18.0 | | 1 | 12:59.7 | 6:59 | 40:38.6 |
| 2 | 14 | Kaitlin Browne | 161 | 12 | 2 | 2:29.1 | | 2 | 1:15.8 | | 2 | 25:22.9 | 17.6 | 2 | 0:19.3 | | 2 | 14:22.3 | 7:43 | 43:49.4 |
| 3 | 19 | Racquel Pribyl | 223 | 12 | 3 | 2:38.8 | | 4 | 2:26.3 | | 3 | 30:45.6 | 14.6 | 6 | 0:42.5 | | 3 | 16:57.0 | 9:07 | 53:30.2 |
| 4 | 23 | Savannah Viking | 249 | 12 | 5 | 3:55.4 | | 6 | 2:44.4 | | 4 | 31:16.8 | 14.3 | 4 | 0:24.8 | | 4 | 18:28.8 | 9:56 | 56:50.2 |

Male 11 to 12

| Place | | Name | Bib | Age | Swim | | Trans 1 | | Bike | | Trans 2 | | Run | | Total | | | | | |
|---------|-----|-----------------|-----|-----|------|--------|---------|------|--------|-----|---------|---------|------|------|--------|-----|------|---------|------|---------|
| Overall | Rnk | | | | Time | Pace | Rnk | Time | Pace | Rnk | Time | Rate | Rnk | Time | Pace | Rnk | Time | Pace | Time | |
| 1 | 5 | Tyler Turley | 244 | 11 | 5 | 3:28.8 | | 2 | 0:50.9 | | 1 | 22:04.9 | 20.3 | 1 | 0:13.9 | | 5 | 13:07.7 | 7:03 | 39:46.2 |
| 2 | 7 | Che Stephens | 235 | 11 | 6 | 3:48.2 | | 3 | 1:05.1 | | 5 | 24:22.7 | 18.4 | 4 | 0:18.2 | | 1 | 11:36.2 | 6:14 | 41:10.4 |
| 3 | 8 | Matthew Nahnsen | 215 | 12 | 3 | 2:58.6 | | 5 | 1:11.4 | | 3 | 24:16.3 | 18.4 | 7 | 0:20.4 | | 3 | 12:39.7 | 6:48 | 41:26.4 |
| 4 | 11 | Andrew Karr | 198 | 12 | 10 | 4:12.7 | | 1 | 0:31.1 | | 2 | 23:16.1 | 19.2 | 8 | 0:22.6 | | 6 | 14:10.5 | 7:37 | 42:33.0 |

Female 13 to 14

| Place | | Name | Bib | Age | Swim | | Trans 1 | | Bike | | Trans 2 | | Run | | Total | |
|---------|-----|------|-----|-----|------|------|---------|------|------|-----|---------|------|-----|------|-------|-----|
| Overall | Rnk | | | | Time | Pace | Rnk | Time | Pace | Rnk | Time | Rate | Rnk | Time | Pace | Rnk |

Race Date
June 15, 2013

2013 Valparaiso Junior Triathlon

Age Group Results

Ages 11-14

Female 13 to 14

| Place | | | ----- Swim ----- | | ----- Trans 1 ----- | | | ----- Bike ----- | | | ----- Trans 2 ----- | | | ----- Run ----- | | | Total | | | |
|-------|---------|----------------|------------------|-----|---------------------|--------|------|------------------|--------|------|---------------------|---------|------|-----------------|--------|------|-------|---------|------|---------|
| Place | Overall | Name | Bib | Age | Rnk | Time | Pace | Rnk | Time | Pace | Rnk | Time | Rate | Rnk | Time | Pace | Rnk | Time | Pace | Time |
| 1 | 4 | Hope Zimmerman | 256 | 14 | 2 | 2:24.5 | | 1 | 0:20.7 | | 1 | 23:06.5 | 19.4 | 2 | 0:21.2 | | 1 | 12:44.4 | 6:51 | 38:57.3 |
| 2 | 9 | Liz Simac | 232 | 13 | 1 | 2:15.0 | | 2 | 1:10.8 | | 2 | 23:27.4 | 19.1 | 1 | 0:16.8 | | 2 | 14:24.7 | 7:45 | 41:34.7 |

Male 13 to 14

| Place | | | ----- Swim ----- | | ----- Trans 1 ----- | | | ----- Bike ----- | | | ----- Trans 2 ----- | | | ----- Run ----- | | | Total | | | |
|-------|---------|------------------|------------------|-----|---------------------|--------|------|------------------|--------|------|---------------------|---------|------|-----------------|--------|------|-------|---------|-------|-----------|
| Place | Overall | Name | Bib | Age | Rnk | Time | Pace | Rnk | Time | Pace | Rnk | Time | Rate | Rnk | Time | Pace | Rnk | Time | Pace | Time |
| 1 | 3 | Chase Pickford | 222 | 14 | 1 | 2:01.5 | | 1 | 0:46.4 | | 2 | 23:51.2 | 18.8 | 1 | 0:16.1 | | 1 | 10:41.7 | 5:45 | 37:36.9 |
| 2 | 10 | Karl Akert | 151 | 14 | 4 | 3:06.3 | | 5 | 2:19.4 | | 1 | 21:53.2 | 20.5 | 3 | 0:23.6 | | 3 | 14:30.0 | 7:48 | 42:12.5 |
| 3 | 15 | Marshall Terrell | 239 | 13 | 2 | 2:18.2 | | 2 | 1:12.8 | | 3 | 28:08.0 | 15.9 | 2 | 0:20.9 | | 2 | 13:35.8 | 7:18 | 45:35.7 |
| 4 | 27 | Steven Mathew | 209 | 13 | 3 | 3:02.2 | | 3 | 1:35.1 | | 5 | 33:01.9 | 13.6 | 4 | 0:53.8 | | 4 | 21:39.7 | 11:38 | 1:00:12.7 |