

2014 Breathe Deep 5K & 10K Runs

Age Group Results

Race Date
November 08, 2014

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Linda Khalil		41	208	9	24:52.0	8:01/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eric Hosenboam		23	214	1	18:51.0	6:05/M

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No age provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Henning		0	215	16	28:19.8	9:08/M

Female 1 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hannah Papenbrok		13	193	23	31:31.9	10:10/M

Male 1 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kurt Hillebrand		13	170	6	23:14.2	7:30/M

Female 19 to 30

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Meredith Nordbrock		28	186	15	28:04.4	9:03/M
2	Alyssa Czerniak		24	160	22	31:20.3	10:06/M
3	Rachel Cloud		20	159	28	33:38.2	10:51/M
4	Autumn Olin		27	188	29	33:46.6	10:54/M
5	Maria Zannis		29	207	35	37:34.8	12:07/M
6	LINDSEY KAHAN		30	174	37	40:23.5	13:02/M
7	Kala VonDrasek		20	205	42	47:07.3	15:12/M

Male 19 to 30

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Rainbolt		26	197	5	22:57.2	7:24/M
2	Noel Hermosillo		28	169	7	23:52.3	7:42/M
3	Jack Olin		30	218	8	24:39.5	7:57/M
4	Ryan Koper		29	181	34	37:34.3	12:07/M
5	Jack Olin		30	189	38	41:59.0	13:33/M
6	Alexander King		22	178	43	47:07.4	15:12/M

Female 31 to 40

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deandra Carbone		31	156	14	27:36.3	8:54/M
2	Kana Wibbenmeyer		34	206	17	28:19.8	9:08/M

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Female 31 to 40

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Anna Trocki		35	201	25	32:03.2	10:20/M
4	Julie Papenbrok		35	191	31	35:36.3	11:29/M
5	Melanie Bomersback		36	154	32	36:06.2	11:39/M
6	Valerie Cleaver		32	157	36	39:04.0	12:36/M
7	Alicia Dodson		35	162	45	50:32.6	16:18/M

Male 31 to 40

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nick Jung		35	173	2	19:48.2	6:23/M
2	Eric Hritsuk		35	171	3	20:04.4	6:28/M
3	Jesus Morales		36	211	10	25:23.7	8:11/M
4	Matthew Papenbrok		32	192	11	25:27.8	8:13/M
5	Wojciech Trocki		31	202	12	25:57.2	8:22/M
6	Christopher Baum		32	152	13	26:53.6	8:40/M
7	AL PAPIZ		33	194	19	29:34.7	9:32/M
8	Lawrence Steponik		40	200	21	31:12.1	10:04/M
9	Frank D'ambrosio		38	161	30	34:26.1	11:06/M

Female 41 to 50

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kim Dolan		42	163	24	31:35.2	10:11/M
2	Lily Meyers		42	185	27	33:08.4	10:41/M

Male 41 to 50

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Kingman		46	180	4	20:23.6	6:35/M
2	Chris Koliatsis		44	219	39	42:31.8	13:43/M
3	Matt Rafferty		47	196	41	44:46.1	14:26/M

Female 51 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joanne Kalchbrenner		51	175	18	29:06.2	9:23/M
2	Mary Bridger Burke		61	213	26	32:32.5	10:30/M
3	Valorie Green		70	167	44	47:22.0	15:17/M

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Female 51 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	donna gdowski		58	165	46	1:01:43.3	19:55/M

Male 51 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Gary Nordbrock		62	217	20	31:11.7	10:04/M
2	Mark King		55	179	33	36:44.5	11:51/M
3	Bill Keane		69	176	40	44:41.0	14:25/M

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10K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jen Leskis		39	212	4	46:01.9	7:25/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Thomas Smith		51	209	1	40:33.2	6:32/M

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10K Run

Female 19 to 30

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Candice Bingen		27	153	12	1:01:24.1	9:54/M

Male 19 to 30

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Adam Haftl		25	210	3	45:01.4	7:16/M
2	mike umans		25	203	5	49:39.0	8:00/M
3	Robert Krolczyk		29	182	9	56:33.0	9:07/M

Female 31 to 40

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Megan Sgaramella		39	199	13	1:04:26.8	10:24/M
2	Torri Bucci		36	155	15	1:07:22.9	10:52/M

Female 41 to 50

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marion Rudnick		48	198	6	49:51.5	8:02/M
2	Kelly O'Brien		47	187	7	51:16.6	8:16/M

Male 41 to 50

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Cloud		49	158	8	54:06.6	8:44/M
2	Todd Gardner		45	164	10	56:55.4	9:11/M
3	Bret Popper		48	195	11	57:57.1	9:21/M

Male 51 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marc Swerdlow		51	216	2	44:16.5	7:08/M
2	Robert Umans		63	204	14	1:05:41.2	10:36/M
3	Ken Levine		69	183	16	1:07:32.6	10:54/M