

NAC Wing Ding Dash

Age Group Results

Race Date
July 29, 2014

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kaitlin Switzer		26	4096	6	20:14.6	6:30/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bryon Berg		15	3795	1	18:20.2	5:54/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Christine Byers		46	4009	15	21:48.9	7:01/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Wright		47	4074	5	19:33.9	6:18/M

NAC Wing Ding Dash

Age Group Results

Race Date
July 29, 2014

Female 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Addison Penziol		6	4082	112	37:05.1	11:58/M
2	Ara Penziol		8	4080	113	37:13.0	12:00/M
3	Emmeleigh kempf		5	3983	118	37:43.9	12:10/M
4	Addisyn Sewell		7	3982	119	37:49.0	12:12/M
5	Julia Gall		8	4105	132	47:01.4	15:10/M
6	Corinne Klosinski		6	3990	134	47:12.9	15:14/M

Male 1 to 8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jonathan Klosinski		8	3988	120	37:50.1	12:12/M
2	Aiden Penziol		6	4083	128	43:57.7	14:11/M

Female 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emily Silvas		10	3770	60	27:58.0	9:01/M
2	Sophia Reyna		10	4060	73	28:59.0	9:21/M

Male 9 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicholas Boyd		10	3997	33	25:17.3	8:09/M
2	Blake Westhaven		10	4104	133	47:09.5	15:13/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryin Ott		11	4078	110	36:02.1	11:37/M
2	Alissa Lisenko		11	3986	117	37:43.3	12:10/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hunter Heeg		12	4031	82	29:49.5	9:37/M

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Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Riley Ott		14	4000	14	21:38.2	6:59/M
2	Callie Metzger		13	3985	18	22:43.1	7:20/M
3	Sydney Moody		13	4093	52	27:11.9	8:46/M
4	Emma Kenne		13	4041	64	28:05.4	9:04/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Luke Caylor		13	3734	47	26:29.7	8:33/M

Female 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Riley Moody		15	4092	69	28:34.1	9:13/M
2	Angela Mofield		17	4050	105	34:05.5	11:00/M

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mick Thomas		15	3979	48	26:30.0	8:33/M
2	Billy Mofield		16	4091	83	29:52.6	9:38/M

Female 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lauren Sturgeon		19	4070	37	25:40.9	8:17/M
2	Lindsey Joczoh		24	3975	43	26:11.5	8:27/M
3	Molly McCoy		19	4046	51	26:55.1	8:41/M
4	Kristie Stanfield		22	4069	68	28:28.0	9:11/M
5	Athenia Herrera		21	4032	95	31:09.8	10:03/M
6	Sidney Gibson		24	4028	114	37:13.1	12:00/M

Male 19 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jaeger Valk-Feeney		19	4073	59	27:55.5	9:00/M
2	Nicholas Rigoni		24	4061	79	29:45.4	9:36/M
3	Colby Dierdorf		22	4113	126	39:40.0	12:48/M
4	Jesse Mills		21	4108	127	41:00.0	13:14/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessica Austin		29	3989	78	29:35.7	9:33/M
2	Elisse Knoll		28	4043	80	29:47.7	9:36/M
3	Ashley Elkins		27	4020	87	30:11.0	9:44/M
4	Carly Westhaven		29	4115	97	32:22.8	10:26/M
5	Rebecca Miller		29	4047	100	33:31.0	10:49/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jose Elizondo		28	3992	2	18:27.0	5:57/M
2	James McFaden		26	3974	8	20:52.3	6:44/M
3	Stephen Ruminski		26	4098	20	22:57.2	7:24/M
4	Cody Zook		25	4076	49	26:37.0	8:35/M
5	Steven Ruschak		27	4064	61	28:02.5	9:03/M
6	David Westhaven		28	4116	98	32:32.3	10:30/M
7	Eric Gibson		26	4027	116	37:17.1	12:02/M
8	Justin Marshall		28	3994	130	45:03.8	14:32/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Natalie Krause		33	3763	9	20:55.6	6:45/M
2	Nicole Hartford		30	4079	12	21:15.4	6:51/M
3	Shannon Hannon		32	4087	39	25:42.8	8:17/M
4	Kathryn Triemstra		31	4072	40	25:45.0	8:18/M
5	Suzanne Gesse		34	4026	54	27:37.8	8:55/M
6	Kristin Hadari		34	3984	84	29:53.1	9:38/M
7	Rachel Bailey		32	4111	94	31:07.5	10:02/M
8	Katie Eaton		34	4018	96	31:59.0	10:19/M
9	Jessie Amodei		33	4106	102	33:38.9	10:51/M
10	Megan Ciszewski		34	4012	108	34:51.8	11:15/M
11	Jaymi Fenton		31	4022	122	37:51.1	12:13/M
12	Lindsey Patty		33	4055	123	38:02.0	12:16/M
13	Tracy Kerr-Frederick		34	4042	136	47:43.1	15:24/M
14	Missy Miller		32	4048	137	47:45.9	15:24/M
15	Amy Richardson		30	4114	139	48:42.5	15:43/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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NAC Wing Ding Dash

Age Group Results

Race Date
July 29, 2014

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	RYOSUKE KAWAKAMI		32	4039	10	21:02.7	6:47/M
2	Andrew Orlowski		32	3972	24	23:48.3	7:41/M
3	Jose Pecina		32	3976	28	24:21.2	7:51/M
4	Dan Richardson		30	4118	31	25:09.4	8:07/M
5	Andrew Yandt		32	3999	41	25:49.0	8:20/M
6	Brandon Bones		34	4094	46	26:25.0	8:31/M
7	Josh Ake		32	4001	86	30:09.7	9:44/M
8	EIKI KASHIMA		32	4038	90	30:59.0	10:00/M
9	Samuel Rogowski		34	4062	103	33:43.1	10:53/M
10	Michael Sewell		33	4066	121	37:51.0	12:13/M
11	Alan Layman		33	4090	125	39:19.9	12:41/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Koren Oldham		35	4053	27	24:04.1	7:46/M
2	Jacqueline Gall		36	4100	30	25:07.4	8:06/M
3	Lisa Burns		37	3978	35	25:27.1	8:13/M
4	Shelley Swistek		37	4071	38	25:42.3	8:17/M
5	Amanda Mitchell		36	4049	45	26:24.6	8:31/M
6	SHANNON JOHNSTON		38	4037	50	26:42.8	8:37/M
7	Nicole Hayes		37	4103	58	27:54.2	9:00/M
8	CAROLYN NEWMAN		36	4051	70	28:37.9	9:14/M
9	Kay Pliske		35	4117	72	28:49.3	9:18/M
10	Elizabeth Currin		38	4014	77	29:33.2	9:32/M
11	Jessica Dickinson		35	3993	91	31:00.4	10:00/M
12	Sarah Bascom		35	4003	104	33:43.4	10:53/M
13	Jennifer Gross		37	3970	107	34:36.5	11:10/M
14	Michelle Coberg		35	4013	109	35:47.0	11:33/M
15	Amanda Penziol		39	4084	115	37:16.6	12:01/M
16	April Johnson		35	4036	124	39:06.0	12:37/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Raymond Silvas		38	3777	3	19:17.1	6:13/M
2	Ryan Kwiecinski		39	4110	4	19:29.8	6:17/M
3	John Bohlany		36	4097	17	22:38.0	7:18/M
4	Dan Oldham		37	4052	32	25:14.7	8:08/M
5	Steve Lisley		39	3969	44	26:16.4	8:28/M
6	Charles Kenne		39	4040	62	28:03.9	9:03/M

NAC Wing Ding Dash

Age Group Results

Race Date
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Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Shane Osborne		38	4054	63	28:05.2	9:04/M
8	Greg Bascom		38	4002	66	28:18.6	9:08/M
9	Todd Klosinski		39	3987	67	28:27.4	9:11/M
10	Josh Anderson		36	4088	71	28:45.6	9:16/M
11	Jeff Eaton		35	4017	75	29:08.6	9:24/M
12	Matt Johnson		38	4035	76	29:28.3	9:30/M
13	Rob Gross		39	3971	85	30:07.4	9:43/M
14	Josh Gall		35	4101	89	30:36.9	9:52/M
15	John Penziol		39	4081	129	43:59.8	14:11/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Dolbeare		41	4016	36	25:27.5	8:13/M
2	Dana Root		42	3996	53	27:35.9	8:54/M
3	Jamie Ott		40	4077	111	36:04.5	11:38/M
4	Jeanne Piech		42	4056	135	47:42.8	15:23/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Johnny Stimley		43	4109	19	22:44.3	7:20/M
2	Eric Howdy		43	3981	26	24:03.1	7:45/M
3	Kevin Burns		43	3977	29	24:42.9	7:58/M
4	Al Ott		42	3998	65	28:10.7	9:05/M
5	Scott milligan		42	4095	81	29:48.9	9:37/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Annette Reyna		47	4059	74	29:07.5	9:24/M
2	Nancy Aaew		48	4086	88	30:11.9	9:44/M
3	Lisa Haferkamp		47	4029	106	34:29.8	11:07/M
4	Deanna Schroeder		49	4107	140	48:45.3	15:44/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cathy Pieroni		53	4057	56	27:49.5	8:58/M
2	Mary Ingram		54	3973	138	47:52.6	15:26/M

NAC Wing Ding Dash

Age Group Results

Race Date
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Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lars Aaew		50	4085	13	21:22.1	6:54/M
2	Michael Elkins		54	4021	22	23:01.2	7:25/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lydia Sandoval		56	4065	57	27:51.9	8:59/M
2	Linda Ruschak		56	4063	131	45:57.0	14:49/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob Switzer		58	4099	7	20:15.9	6:32/M
2	Ray Byers		55	4010	11	21:11.2	6:50/M
3	Tom Dougerty		56	3995	16	21:57.7	7:05/M
4	Brian Chorba		58	4011	21	22:59.1	7:25/M
5	Daniel Eaves		55	4019	23	23:15.6	7:30/M
6	Tom Vertovec		55	3991	25	23:54.3	7:43/M
7	Bill Hanson		57	4030	34	25:17.6	8:09/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Polly Theising		64	3745	101	33:38.6	10:51/M
2	Mary Lake		61	4045	141	48:46.4	15:44/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Diane Kellenburger		66	4089	99	32:59.1	10:38/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Norm Eikman		69	3762	42	26:10.9	8:26/M
2	Tom Hutmacher		66	3980	55	27:38.6	8:55/M
3	Paul Reitz		69	4058	92	31:00.9	10:00/M
4	Kenny Dillon		66	4015	93	31:01.3	10:00/M