

# 2016 Bass Lake Blastic Blast 5K

## Age Group Results

### 5K Run

Race Date  
July 23, 2016

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Nakamura	Fresno CA	23	3203	3	19:11.1	6:11/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Scott Hoffman		28	2004	1	18:03.7	5:49/M

## 2016 Bass Lake Blastic Blast 5K

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## 5K Run

## Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Halle Frieden	Demotte IN	14	3149	29	23:46.8	7:40/M
2	Lydia Traver	Knox IN	12	3233	42	24:45.6	7:59/M
3	Kaley Carpenter	Wilmette IL	13	3128	61	26:04.4	8:25/M
4	Corinne Mendez	Knox IN	13	3191	62	26:17.3	8:29/M
5	Alexis Culbreth		13	1690	66	27:19.9	8:49/M
6	Jane Nakamura	Fresno CA	14	3202	85	29:13.1	9:25/M
7	Abby Carpenter	Wilmette IL	14	3127	104	31:44.8	10:14/M
8	Gabbi Diener	Demotte IN	8	3139	107	31:49.9	10:16/M
9	Erin Mcgrath	Knox IN	12	3188	113	33:48.6	10:54/M
10	Jaelyn Mcgrath	Knox IN	8	3189	117	34:17.3	11:04/M

## Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Micah Adams	Demotte IN	14	3101	4	19:21.3	6:15/M
2	J. Eric Jahns	Hampshire IL	14	3168	14	20:55.8	6:45/M
3	Sasha Lisovsky		14	1524	31	24:00.9	7:45/M
4	Jake Conron		9	1705	44	24:49.8	8:00/M
5	TJ Collura		13	2911	55	25:25.9	8:12/M
6	Zack Frieden	Demotte IN	9	3150	71	27:39.8	8:55/M
7	Matt Champion	p:ymouth IN	14	3134	82	29:01.4	9:22/M

## Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mara Smith	Normal IL	15	3224	12	20:38.4	6:39/M
2	Olivia Umlauf	Lowell IN	18	3235	13	20:51.6	6:44/M
3	Allie Tokarz	Wheatfield IN	17	3230	24	23:06.6	7:27/M
4	Maddi Carey		15	1707	27	23:36.9	7:37/M
5	Rachel Hunter	Wheatfield IN	16	3166	59	25:49.8	8:20/M
6	Domani Dioguardi Aguilar		16	1812	63	26:25.4	8:31/M
7	Julia Nakamura	Fresno CA	18	3204	68	27:25.8	8:51/M
8	Hannah Tokarz	Wheatfield IN	15	3231	77	28:32.1	9:12/M
9	Shannon Herra	Elburn IL	19	3163	83	29:02.8	9:22/M
10	Kate Shroba	Orland Park IL	16	3222	102	31:33.9	10:11/M
11	Sadie Spratley	Valparaiso IN	16	3228	112	33:29.3	10:48/M

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## Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hunter Wakefield	Avon IN	16	3242	2	18:22.4	5:55/M

## Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kristin Fritts		23	1745	10	20:28.9	6:36/M
2	Kristen Furgason	Woodridge IL	22	3152	58	25:45.3	8:18/M
3	Kimberly Saniga		20	2827	78	28:33.1	9:13/M
4	Danielle Wheat	Yorktown IN	20	3246	103	31:41.6	10:13/M

## Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Danny Dorrance	Willowbrook IL	22	3142	15	21:20.6	6:53/M
2	Brent Jones	plymouth IN	21	3172	30	23:57.0	7:44/M
3	Nathan Upchurch	Knox IN	20	3236	34	24:31.6	7:55/M
4	Sean Dunphy	Sugar Grove IL	20	3144	38	24:38.6	7:57/M
5	Jake Villasenor	Tinley Park IL	20	3240	48	24:53.2	8:02/M
6	Tommy Dorrance	Willowbrook IL	24	3143	53	25:14.5	8:08/M
7	Josh Fairchild	knox IN	24	3148	81	28:51.3	9:18/M
8	Miguel Matos	Madison WI	24	3184	108	32:07.5	10:22/M
9	Kyle Decker	knox IN	24	3136	111	33:21.4	10:45/M

## Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jordan Herra	Elburn IL	25	3162	52	25:10.9	8:07/M
2	Jessica Dahm	Wyoming MI	26	3135	57	25:39.4	8:16/M
3	Randi Beem	Knox IN	27	3113	88	29:24.1	9:29/M
4	Emily Carroll	Chicago IL	27	3131	92	30:01.4	9:41/M
5	Cathy Gembara	Chicago IL	28	3154	95	30:06.2	9:43/M
6	Jenna Stevanovic	Chicago Heights IL	29	3229	122	35:31.6	11:27/M
7	Christine Nelms	Wheatfield IN	27	3205	126	37:23.4	12:04/M

## Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Maxwell Rehlander	Burns Harbor IN	25	3213	6	19:30.6	6:17/M

## 2016 Bass Lake Blastic Blast 5K

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Race Date  
July 23, 2016

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## Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	Brett Winters	Chicago IL	28	3247	16	21:28.1	6:55/M

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laura Herra	Elburn IL	34	3161	33	24:22.8	7:52/M
2	Meredith Voegtle	ChicagoChicago IL	34	3241	40	24:44.7	7:59/M
3	Tabitha Balzer		32	2866	43	24:49.2	8:00/M
4	Meghan Gembara	Chicago IL	30	3155	76	28:20.6	9:08/M
5	Alex McClanahan		30	1795	87	29:20.1	9:28/M
6	Denae Culbreth		33	1700	90	29:44.1	9:35/M
7	Victoria Bierman	Crown Point IN	33	3114	99	31:09.4	10:03/M
8	Lyndsey Rust	La Crosse IN	30	3219	118	34:43.9	11:12/M
9	Tia Evans	Chicago Heights IL	30	3146	119	34:48.3	11:14/M

## Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Culbreth		34	1704	21	22:30.7	7:15/M
2	Dan McClanahan		30	1794	35	24:35.8	7:56/M
3	Jonathan Aller	Chicago IL	33	3102	36	24:36.9	7:56/M
4	Mathew Canada	Chicago IL	31	3121	37	24:37.9	7:56/M
5	Jesse Raub	Chicago IL	31	3212	39	24:41.5	7:58/M
6	John Spero	Chicago Heights IL	30	3227	47	24:52.9	8:01/M
7	Nathin Peters	Wyoming MI	32	3208	49	24:57.2	8:03/M
8	Anthony Cella	Chicago Heights IL	32	3133	64	26:31.8	8:33/M
9	Peter Bailey	Valparaiso IN	34	3110	73	27:59.6	9:02/M
10	Joe Sendera		31	1731	98	30:40.5	9:54/M

## Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carrie Mason	Valparaiso IN	38	3183	22	22:33.9	7:16/M
2	Becky Traver	Knox IN	36	3232	41	24:45.1	7:59/M
3	Stacy Diener	Demotte IN	35	3140	106	31:49.7	10:16/M
4	Nichole Goodrich		35	1727	116	34:07.8	11:00/M
5	Kelly Schaffner	Highland Park IL	37	3220	120	35:03.4	11:18/M
6	Kolene McGrath	Knox IN	38	3187	128	38:51.4	12:32/M

## 2016 Bass Lake Blastic Blast 5K

Age Group Results

Race Date  
July 23, 2016

## 5K Run

## Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Barry Diener	Demotte IN	35	3138	9	20:08.5	6:30/M
2	Jaime Galvez	Walkerton IN	37	3153	50	25:01.3	8:04/M
3	Dean Dorman	North Judson IN	38	3141	109	32:40.9	10:32/M

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jody Brown	plymouth IN	41	3116	19	22:06.7	7:08/M
2	Elaina Miller	Valparaiso IN	42	3193	56	25:28.9	8:13/M
3	Sally Skipton		40	1732	70	27:38.5	8:55/M
4	Denise Weber	Michigan City IN	41	3245	84	29:10.2	9:25/M
5	Jackie Carpenter	Wilmette IL	40	3129	96	30:13.1	9:45/M
6	Laura Collura		40	1747	127	37:58.5	12:15/M

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Arredondo	portage IN	40	3109	5	19:25.6	6:16/M
2	Paul Mitoraj	Frankfort IL	44	3194	8	19:50.6	6:24/M
3	Doug Mccarty	knox IN	43	3186	46	24:51.7	8:01/M
4	Eric Groff		42	2804	123	36:11.4	11:40/M

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lynn Leneave	Highland IN	45	3181	60	25:51.5	8:20/M
2	Dannielle Moticka	Knox IN	45	3198	74	28:09.5	9:05/M
3	Krystal Mcgrath	Knox IN	46	3190	80	28:46.4	9:17/M
4	Cathy McCarthy	Romeoville IL	47	3185	89	29:43.1	9:35/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Terry Lavery		48	2860	11	20:37.6	6:39/M
2	Todd Bailey	Argos IN	48	3111	54	25:24.8	8:12/M
3	James Duorak		49	2815	72	27:50.2	8:59/M
4	Mike Blastic		49	1728	86	29:13.3	9:25/M
5	Jim O'Neill	New Lenox IL	49	3207	115	33:58.9	10:57/M

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Age Group Results

Race Date  
July 23, 2016

## 5K Run

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Beth Nakamura	Fresno CA	53	3201	67	27:24.4	8:50/M
2	Terri Umlauf	Lowell IN	54	3234	75	28:12.1	9:06/M

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve Smith	Normal IL	50	3225	7	19:34.3	6:19/M
2	John Garman		53	1802	17	21:36.0	6:58/M
3	Michael Austry		50	1744	28	23:38.9	7:37/M
4	Tom Heineman		53	1743	79	28:45.6	9:16/M
5	Ken Villasenor	Tinley Park IL	50	3238	91	29:45.9	9:36/M
6	John Villasenor	Frankfort IL	53	3239	114	33:58.9	10:57/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michele Carey	South Bend IN	58	3126	18	21:43.8	7:00/M
2	Jackie Lawson		55	2032	32	24:04.1	7:46/M
3	Jeanene Calabrese	Winamac IN	55	3119	69	27:34.8	8:54/M
4	Karin Keiser		59	1810	100	31:10.7	10:03/M
5	Kathy Roorda	Demotte IN	55	3216	125	37:23.4	12:04/M

## Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ken Hays	carmel IN	59	3156	23	22:54.6	7:23/M
2	Tom Van Dellen	Frankfort IL	56	3237	26	23:28.9	7:34/M
3	John Warren		57	2819	94	30:02.8	9:41/M
4	Rick Bennett		59	1724	97	30:13.5	9:45/M
5	Mike Shroba	Orland Park IL	56	3221	105	31:46.4	10:15/M

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	MorningSun Kelly	Burr Oak IN	63	3174	131	44:52.1	14:28/M

## 2016 Bass Lake Blastic Blast 5K

Age Group Results

## 5K Run

## Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Carey	South Bend IN	60	3125	20	22:27.2	7:15/M
2	Forest Fartlek		64	1813	45	24:50.1	8:01/M
3	Harry Cannon	San Pierre IN	62	3124	51	25:10.8	8:07/M
4	Bruce Moticka	Knox IN	60	3197	65	27:15.9	8:47/M
5	White Wolf Kelly	burr oak IN	64	3173	93	30:02.2	9:41/M

## Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Beverly Bonnema-Ream	Schererville IN	69	3115	121	35:03.6	11:18/M
2	Maureen LaFaive	Grovertown IN	67	3175	124	36:55.9	11:55/M

## Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Roger Steffen		65	1649	25	23:11.3	7:29/M
2	Patrick LaFaive	Grovertown IN	67	3176	101	31:18.4	10:06/M
3	Larry Keiser		66	1807	110	33:13.9	10:43/M

## Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sandy Smith	knox IN	71	3223	129	41:51.8	13:30/M
2	Betty Larsen	knox IN	86	3177	132	45:52.6	14:48/M

## Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Walter Frischkorn	Knox IN	72	3151	130	42:02.9	13:34/M