

Race Date
October 22, 2016

Grub Run 5K
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Courtney Kuznicki		35	5741	3	21:28.3	6:55/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Bowman		28	2316	1	17:27.5	5:38/M

Female Next age band Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lisa Polazzi		42	5750	15	27:18.7	8:48/M

Male Next age band Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joel Andrade		46	5703	5	21:53.5	7:04/M

Race Date
October 22, 2016

Grub Run 5K
Age Group Results

5K

Male No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Unknown Partic.	901		901	4	21:39.1	6:59/M

Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Hattie Hoham		13	5731	10	24:46.5	7:59/M
2	Nicole Cespedes		13	1919	16	27:20.3	8:49/M
3	Elise Byers		10	5711	17	27:20.5	8:49/M
4	Gwen Clifford		10	2305	43	37:48.5	12:12/M
5	McKenzie Brown		14	5710	59	47:23.5	15:17/M

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Reed Lawless		13	2267	6	23:03.3	7:26/M
2	Zane Biernat		9	5707	12	27:04.7	8:44/M
3	Aiden Clifford		12	2302	13	27:04.9	8:44/M
4	Drew Foster		11	5724	18	27:50.1	8:59/M
5	Jacob Corralez		13	5717	39	32:29.2	10:29/M

Male 15 to 18

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Corralez		16	5715	31	30:35.7	9:52/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ashley King		25	5738	35	32:04.8	10:21/M
2	Jessa Tilford		29	5756	41	35:07.1	11:20/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marie Borman		34	1914	25	28:27.5	9:11/M
2	Heather Ward		30	2317	34	31:43.6	10:14/M
3	Sierra Crane		30	5719	55	43:46.3	14:07/M
4	Kristine Briese		34	5709	64	51:45.8	16:42/M

Race Date
October 22, 2016

Grub Run 5K
Age Group Results

5K

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
5	Amy Marlow		34	5744	66	52:48.5	17:02/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bryan Tilford		30	5755	27	28:37.8	9:14/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laura Sternberg		37	5754	20	28:06.4	9:04/M
2	Mary Dawson		35	2333	23	28:20.2	9:08/M
3	Nieves Amado		38	5702	36	32:16.1	10:25/M
4	Lauren Cerullo		37	5712	40	32:46.3	10:34/M
5	Matt Snell		36	5753	42	36:03.4	11:38/M
6	Melanie Marshall		36	5746	60	48:21.7	15:36/M
7	Ruza Jevtic		36	5735	61	48:24.2	15:37/M
8	Jennifer Manzke		39	5743	69	1:00:07.8	19:24/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ralph Nurse		39	4999	2	17:32.5	5:39/M
2	Craig Robbins		39	2348	9	24:31.8	7:55/M
3	Kris Aleman		36	5701	19	27:56.5	9:01/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vickie Ladd		43	5742	47	38:28.8	12:25/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Peter Corralez		41	5718	49	39:54.6	12:52/M

Race Date
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Grub Run 5K
Age Group Results

5K

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie Foster		46	5725	30	30:22.3	9:48/M
2	Teresa Weiler		47	5760	45	38:00.2	12:15/M
3	Lara Heritage		47	5729	52	41:19.7	13:20/M
4	Toni Russell		48	2349	53	41:46.7	13:28/M
5	Natalie Hartwig		49	5727	57	46:26.5	14:59/M
6	Kim Hoover		46	5734	62	48:25.6	15:37/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dean Bricker		45	5708	24	28:23.9	9:09/M
2	Kevin Miles		49	5747	26	28:29.9	9:11/M
3	Jerome Weiler		47	5759	46	38:02.7	12:16/M
4	Michael Fisher		46	5722	68	59:55.2	19:20/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Monica Conrad		52	5714	22	28:16.3	9:07/M
2	Cheryl Jones		52	5737	28	28:42.7	9:15/M
3	Brenda Xidis		52	5762	38	32:20.3	10:26/M
4	Deanna Doty		50	5720	44	37:52.5	12:13/M
5	Tammy Homan		52	5732	51	41:17.2	13:19/M
6	Teresa Chester		54	5713	58	46:26.7	14:59/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle Johns		51	5736	8	23:51.6	7:42/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Deb Armstrong		55	5704	33	31:42.5	10:14/M
2	LaDonna Trapp		59	5758	54	42:31.8	13:43/M
3	Marsha Smith		56	5000	65	51:46.7	16:42/M

Race Date
October 22, 2016

Grub Run 5K
Age Group Results

5K

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Hilbrich		62	5730	29	30:15.8	9:45/M
2	Giselle Thsmalla		61	2324	48	38:40.5	12:28/M
3	Joyce Hayslett		60	5728	56	44:04.6	14:13/M
4	Alics Ooms		64	5749	63	50:00.7	16:08/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Harry Cannon		63	2325	7	23:25.1	7:33/M
2	Michael Grochowski		62	1915	11	26:38.6	8:35/M
3	Rick Trapp		61	5757	14	27:09.1	8:45/M
4	Dave Kovalow-St.John		63	5739	21	28:08.4	9:05/M
5	Michael Graves		62	5726	37	32:17.4	10:25/M
6	Bob Bentley		63	5706	67	52:50.8	17:03/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jack Kashak		69	2380	50	40:15.3	12:59/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Shuler		72	5751	32	30:36.9	9:52/M