

Race Date  
May 21, 2016

Catch Your Breath 5K Run  
Age Group Results

**5K**

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kimberly Burrington	South Bend IN	32	4802	5	25:28.3	8:14/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ruben Falcon	Goshen IN	56	4811	1	20:42.3	6:41/M

Catch Your Breath 5K Run  
Age Group Results

5K

Female 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Grace Hummer		11	4273	19	47:22.5	15:18/M
2	Anna Pearson	Granger IN	16	4836	20	48:09.3	15:45/M
3	Makenna Hodges	South Bend IN	5	4826	31	52:05.9	16:56/M
4	Channon Frentzel		7	4170	33	53:42.9	17:22/M

Male 19 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ayden Forkner	Osceola IN	12	4812	29	51:46.6	16:51/M
2	Brendin Hodges	South Bend IN	9	4824	30	52:03.1	16:56/M
3	Ethan Radde		5	4838	47	1:08:36.8	22:20/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Vanessa Giddens	Middlebury IN	23	4819	8	29:57.7	9:41/M
2	Laura Mullen	Goshen IN	22	4833	23	48:11.4	15:45/M
3	Amber Hodges	South Bend IN	27	4825	38	57:18.3	18:38/M
4	Samantha Dalton	Elkhart IN	23	4806	40	58:23.2	18:59/M
5	Stephanie Fairres	Mishawaka IN	27	4810	43	1:04:20.9	20:49/M
6	Renee Janiak	South Bend IN	23	4829	46	1:05:09.5	21:07/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Daniel Snyder	South Bend IN	22	4845	2	21:42.2	7:01/M
2	Simon Ricapa-Rodriguez		25	4842	4	25:15.7	8:09/M
3	Adam Huff	South Bend IN	28	4828	7	28:13.8	9:07/M
4	Patrick Wheeler		26	4850	12	37:53.4	12:22/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nicole Gray	South Bend IN	31	4820	6	28:13.6	9:07/M
2	Paivi Hiltunen-Miller	Bristol IN	38	4823	11	32:41.2	10:44/M
3	SUZANNE Renner	Nappanee IN	35	4841	24	48:36.4	15:46/M
4	Christine Daly	Elkhart IN	39	4807	27	49:53.2	16:10/M
5	Leslie Forkner	Osceola IN	37	4814	36	57:15.8	18:37/M

Race Date  
May 21, 2016

Catch Your Breath 5K Run  
Age Group Results

5K

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Lisa DeWilkins		35	4808	41	1:03:15.1	20:28/M
7	Meg Radde	Mishawaka IN	30	4839	48	1:08:38.3	22:21/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Wes Maier	Goshen IN	36	4831	25	49:20.8	16:01/M
2	Adam Hohman	North Manchester IN	36	4827	26	49:40.6	16:01/M
3	Robert Shane Renner	Nappanee IN	39	4840	32	52:23.1	16:59/M
4	Joe Frentzel	Osceola IN	39	4816	34	53:54.7	17:23/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	DIANA GARRETT	Mishawaka IN	46	4818	16	46:47.3	15:19/M
2	Natalia Chugunov	Constantine MI	43	4804	28	50:51.0	16:28/M
3	Tina Mott	Osceola IN	49	4832	42	1:04:20.6	20:50/M
4	Julie Gabaree	South Bend IN	49	4817	49	1:08:56.4	22:20/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cy Chow	South Bend IN	46	4803	3	23:05.2	8:00/M
2	Joseph Leslie	Valparaiso IN	41	4830	10	31:29.7	10:10/M
3	Ohm Um		42	4847	35	55:21.4	18:00/M
4	George Dalton	Elkhart IN	42	4805	39	58:20.1	18:59/M

Female 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Violet Hawkins		59	4228	9	31:07.9	10:07/M
2	Gale Vaughn	South Bend IN	50	4848	14	45:37.2	14:48/M
3	Kathryn Waltz-Freel	South Bend IN	57	4849	15	45:37.4	14:48/M
4	Lisa Shaffer	South Bend IN	52	4844	17	46:51.8	15:11/M
5	Amy Heller	South Bend IN	52	4821	18	46:51.9	15:11/M
6	Susan Pearson	Granger IN	55	4837	21	48:09.6	15:45/M
7	Deb Nicholson	South Bend IN	60	4834	22	48:09.9	15:45/M
8	Theresa Whelan	South Bend IN	61	4851	44	1:05:08.8	21:07/M

Race Date  
May 21, 2016

Catch Your Breath 5K Run  
Age Group Results

5K

Female 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Suzanne Alfrey	South Bend IN	60	4801	45	1:05:09.3	21:07/M

Male 50 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Samuel Obot	Elkhart IN	52	4835	13	38:21.4	12:28/M
2	Gary Forkner	Osceola IN	51	4813	37	57:17.5	18:38/M