

Race Date
November 05, 2016

2016 Jail Break 5K
Age Group Results

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alexia Bibakis		14	8592	6	20:12.5	6:31/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cole Easterday		19	7937	1	17:00.5	5:29/M
2	Rick Fenno		59	7948	2	17:38.3	5:41/M

2016 Jail Break 5K
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5K Run

Female 9 and Under

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Ricca Hwang		8	8641	106	42:07.4	13:36/M
2	* Katherine Nordyke		9	7954	117	50:18.3	16:16/M

Male 9 and Under

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Tyler Eich		9	8616	30	24:16.8	7:55/M
2	* Zane Biernat		9	8593	32	24:35.7	7:57/M
3	Noah Olavarria		8	8665	71	31:14.7	10:09/M
4	Logan Hadt		9	8637	74	31:35.6	10:12/M
5	Ben Evans		8	7941	105	42:04.9	13:40/M

Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Maggie Grudzien		13	8635	26	23:37.6	7:38/M
2	Elise Byers		10	8601	47	26:45.9	8:40/M
3	Kloe Wentz		11	8694	63	29:30.1	9:35/M
4	Caitlyn Osika		10	8671	67	30:55.3	10:02/M
5	Allison Osika		10	8668	98	39:40.5	12:51/M
6	Jazmin Garcia		10	8625	124	51:03.9	16:29/M

Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jaden Wentz		14	8692	8	20:28.8	6:37/M
2	Christian Dahn		12	8611	10	20:46.6	6:44/M
3	Quinton Bock		13	8594	11	20:50.3	6:43/M
4	Joshua Holbrook		14	8639	13	21:16.0	6:52/M
5	Gabriel Hartman		14	8638	21	22:28.2	7:17/M
6	Joseph Smith		14	8683	24	23:08.1	7:32/M
7	Gabriel Gavet		13	8627	31	24:25.5	7:54/M
8	Brandon Osika		10	8670	34	24:57.3	8:06/M
9	Jacob Dahn		12	8612	36	25:20.5	8:12/M
10	Matthew Gerona		14	7952	39	25:41.0	8:18/M
11	Thomas Gilbert		14	8630	40	25:47.1	8:20/M
12	Logan Cotton		10	8608	73	31:31.1	10:11/M
13	Andy Dahn		10	8610	83	33:27.0	10:49/M
14	Evan Morrison		12	8657	92	37:04.9	12:05/M

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5K Run

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Joe Brown		15	8598	28	24:04.2	7:47/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Corinne Janavich		26	8642	37	25:32.2	8:15/M
2	* Brooke Fankhauser		25	8618	43	26:13.1	8:28/M
3	Calla Holmes-Robbins		25	8640	55	28:03.7	9:07/M
4	Elisa Acamovic		26	8588	58	28:31.1	9:16/M
5	Katie Krupa		27	8647	85	34:40.0	11:14/M
6	Melissa Panozzo		27	8673	87	34:45.7	11:16/M
7	Brittney Slaughter		27	8682	112	45:26.2	14:43/M
8	Nicole Garcia		29	8626	122	50:43.1	16:23/M
9	Teddie Johnson		28	8644	125	51:05.0	16:29/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Liam Flaherty		22	8619	5	19:50.4	6:24/M
2	* James Garber	Law	27	7945	22	22:54.5	7:28/M
3	Nick Russ		28	8679	42	25:51.6	8:20/M
4	Jeffery Beese		27	8591	59	28:35.2	9:17/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Christina Jefferson		37	7958	38	25:36.9	8:17/M
2	* Stacey Urbaniak		33	8690	45	26:19.0	8:31/M
3	Elise Michelin		30	8653	51	27:07.4	8:47/M
4	Mary Dawson		35	7940	54	27:42.2	8:57/M
5	Laura Grace Brill		30	8596	56	28:03.9	9:07/M
6	Yvonne Pumnea		31	8677	60	28:36.7	9:16/M
7	Courtney Olavarria		33	8664	72	31:23.2	10:12/M
8	Nancy Grimaldo		38	8633	84	34:06.7	11:02/M
9	Jessica Sterk		33	8685	86	34:41.0	11:16/M
10	Toni Moen		35	8654	96	39:18.9	12:44/M
11	Ashleigh Gunningham		31	8636	102	40:04.7	12:59/M
12	Lauren Johnson		34	8643	103	40:34.8	13:09/M

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Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Chad Lawless		39	7938	3	18:50.9	6:05/M
2 *	Andres Verduzco	Law	31	8691	4	19:05.2	6:11/M
3	Timothy Promnitz		30	8676	23	22:59.9	7:27/M
4	Igor Stefanoski		37	8684	29	24:08.1	7:49/M
5	Peter Bailey		34	8590	49	26:54.6	8:45/M
6	Tom Evans		35	7942	104	42:01.3	13:39/M
7	Charlie Brill		30	8595	108	44:13.2	14:19/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Darla Erman		49	8617	12	21:01.7	6:48/M
2 *	Christine Byers		48	8600	19	22:06.6	7:08/M
3	Julie Kalvaitis		45	8645	46	26:25.3	8:34/M
4	Roza Marinceski		48	8652	57	28:19.7	9:10/M
5	Cindy Anderson		49	8589	61	29:19.5	9:31/M
6	Jennifer Wentz		42	8693	68	30:56.7	10:03/M
7	Lisa Moreno		44	8655	69	30:58.0	10:04/M
8	Amy Zimmerman		44	7953	70	31:09.8	10:07/M
9	Alicia Noonan		44	8660	76	31:36.2	10:16/M
10	Michelle Kaim		40	7957	88	34:50.2	11:21/M
11	Anna Morin		47	8656	90	36:01.7	11:38/M
12	Janet Corn		47	8606	94	37:15.2	12:08/M
13	Toni Dieckmann		41	8614	97	39:21.6	12:45/M
14	Christina Osika		44	8672	99	39:40.7	12:51/M
15	Toni Russell		48	8680	100	39:47.2	12:54/M
16	Tiffanty Sintkauski		48	7960	115	49:42.4	16:07/M
17	Patty Nordyke		44	7955	123	50:44.4	16:24/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Clint Swan		43	8688	9	20:40.8	6:41/M
2 *	Rich Orelk		46	8667	14	21:25.3	6:56/M
3	Kevin Grudzien		42	8634	15	21:32.9	6:57/M
4	Matt Hanlon		47	7956	17	21:48.7	7:07/M
5	Kyle Fraser		46	8622	25	23:29.0	7:37/M
6	Edward Caccavale		46	8603	33	24:36.4	8:00/M
7	Patrick MacCartney		41	8651	50	27:04.9	8:46/M
8	Charles Noonan	Law	44	8661	66	30:47.4	10:02/M

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Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Ramon Gerona		45	7951	77	31:40.2	10:14/M
10	Jason Cotton		43	8607	78	31:47.9	10:16/M
11	Lee R Nedreau Jr		42	8659	121	50:40.2	16:27/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Dona Gilbert		53	8629	41	25:49.9	8:21/M
2	* Kristin Ludwig		50	8650	65	30:30.0	9:58/M
3	Gail Candreva-Szwet		59	8604	81	33:00.1	10:43/M
4	Patty Sullivan		58	8687	82	33:04.1	10:41/M
5	Deb Gronkiewicz		52	7961	89	35:36.5	11:34/M
6	Linna Erwin		52	7962	107	42:07.8	13:40/M
7	Donna Whitten		58	8695	109	44:58.3	14:36/M
8	Vivian Ochoa		57	8663	111	45:23.7	14:38/M
9	Sandy Milne		52	7959	114	49:42.3	16:07/M
10	Marcella McClaughry		55	7963	116	49:43.7	16:07/M
11	Mary Frey		55	7946	119	50:38.0	16:25/M
12	Amparo Berrini		51	7944	120	50:38.1	16:25/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Brian Norrick		59	8662	16	21:41.6	7:00/M
2	* Timothy Plowczynski		54	7943	18	21:50.3	7:04/M
3	Patrick Gavet		50	8628	20	22:22.3	7:14/M
4	Dave Brown		52	8597	27	23:54.4	7:44/M
5	Michael Curtis		52	8609	35	25:16.4	8:09/M
6	Ray Byers		57	8602	48	26:46.6	8:40/M
7	Dave Delor		59	8613	52	27:15.1	8:53/M
8	Kevin Conn		59	8605	53	27:21.8	8:52/M
9	Anthony Osika		52	8669	62	29:25.6	9:33/M
10	Sean Flaherty		53	8620	91	36:02.3	11:43/M
11	Jay Butterfield		55	8599	95	37:33.0	12:13/M

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Marcia Goetz		62	8631	101	40:03.9	12:59/M

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Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	* Linda Olsen		67	8666	113	46:30.7	15:04/M
3	Diane Mrkacek		63	8658	118	50:32.2	16:22/M

Male 60 and over

<u>Place</u>	<u>Name</u>	<u>Law</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Joe Betz		66	7939	7	20:17.2	6:33/M
2	* Thomas Kornelik		60	8646	44	26:18.3	8:30/M
3	Alan Krupa		62	8648	64	29:47.1	9:39/M
4	Ted Pedraza		72	8675	75	31:35.7	10:14/M
5	Alan Dubowski		68	8615	79	32:00.8	10:23/M
6	Bob Sullivan		62	8686	80	32:53.6	10:38/M
7	Luis David Montaluo		61	7947	93	37:13.0	12:03/M
8	John Shepp		63	8681	110	45:04.3	14:38/M