

Race Date
April 09, 2016

2016 Kal-Haven Trail Run
Team Relay Results

3-6 Person Male Team

| <u>Place</u> | <u>Team No</u> | <u>Bib No</u> | <u>Team Name / Partic. Name</u> | <u>City</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|---------------|-----------------------------------|-------------------|-------------|-------------|
| 1 | 32 | | SoHa XC | | 3:44:25.9 | 6:42/M |
| | | 32 | Nicholas Giles | South Haven MI | | |
| | | 32 | Trayton Jordan | South Haven MI | | |
| | | 32 | Joel Medina | South Haven MI | | |
| | | 32 | Craig Thompson | South Haven MI | | |
| | | 32 | William Cadwell | South haven MI | | |
| | | 32 | Lindsay Haqq | Grand Junction MI | | |
| 2 | 34 | | Team Agility Plus | | 3:49:18.3 | 6:51/M |
| | | 34 | Tom Goodwin | Kalamazoo MI | | |
| | | 34 | Josh Hanenburg | Kalamazoo MI | | |
| | | 34 | Tom Heraghty | Kalamazoo MI | | |
| | | 34 | Scott Miller | Kalamazoo MI | | |
| | | 34 | Rachel Patterson | Kalamazoo MI | | |
| | | 34 | Jason Webb | Kalamazoo MI | | |
| 3 | 80 | | Will run 4 beer | | 4:14:17.6 | 7:35/M |
| | | 80 | Todd Gardner | Lake Leelanau MI | | |
| | | 80 | Dan Gavlas | Portage MI | | |
| | | 80 | Tim Sochor | Portage MI | | |
| 4 | 74 | | How far? | | 4:20:50.3 | 7:47/M |
| | | 74 | Mike Cannon | Battle Creek MI | | |
| | | 74 | Douglas Mulvaney | Lansing MI | | |
| | | 74 | James Hewitt | Delton MI | | |
| | | 74 | Tim Cronk | Schoolcraft MI | | |
| 5 | 77 | | Start Slow & Taper Off | | 4:44:47.3 | 8:30/M |
| | | 77 | Ethan Cummings | Kalamazoo MI | | |
| | | 77 | Brent Kostich | Kalamazoo MI | | |
| | | 77 | Michael Grittini | Kalamazoo MI | | |
| 6 | 75 | | ICE CREAM & JELLO | | 4:47:49.1 | 8:35/M |
| | | 75 | Joe Hillman | Kalamazoo MI | | |
| | | 75 | James Lewis | Kalamazoo MI | | |
| | | 75 | Eric Schiedel | Kalamazoo MI | | |
| 7 | 76 | | Pimp my stride | | 4:53:29.8 | 8:46/M |
| | | 76 | Chris Deau | Kalamazoo MI | | |
| | | 76 | Michael Stephens | Portage MI | | |
| | | 76 | Billy Campbell | Kalamazoo MI | | |
| | | 76 | Thomas Fuller | Portage MI | | |
| 8 | 78 | | Triple Threat | | 5:05:23.5 | 9:07/M |
| | | 78 | David Talsma | Plainwell MI | | |
| | | 78 | Dennis Perry Jr. | South Haven MI | | |
| | | 78 | Jeff Shelton | South Haven MI | | |
| 9 | 79 | | Two jerks and a squirt. | | 5:27:21.5 | 9:46/M |
| | | 79 | Michael Cell | Galesburg MI | | |
| | | 79 | Victor Agnone | galesburg MI | | |
| | | 79 | Richard Finedell | galesburg MI | | |
| | | 79 | Jason Sparks | galesburg MI | | |
| 10 | 72 | | 4 Guys Ready 2 Run | | 5:37:03.8 | 10:04/M |
| | | 72 | Jason Elwell | Galesburg MI | | |
| | | 72 | Joseph Magers | Lawton MI | | |

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|--------------|----------------|---------------|---------------------------------|-----------------|-------------|-------------|
| 10 | 72 | | 4 Guys Ready 2 Run | | 5:37:03.8 | 10:04/M |
| | | 72 | Charles Norton | Battle Creek MI | | |
| | | 72 | Fernando Rosa | Battle Creek MI | | |

3-6 Person Female Team

| <u>Place</u> | <u>Team No</u> | <u>Bib No</u> | <u>Team Name / Partic. Name</u> | <u>City</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|---------------|---------------------------------|---------------------------|-------------|-------------|
| 1 | 52 | | April 'Fools' | | 4:14:24.4 | 7:36/M |
| | | 52 | Erin Young | Hickory Corners MI | | |
| | | 52 | Leslie Scheffers | Portage MI | | |
| | | 52 | Michelle Grevenstuk | Otsego MI | | |
| 2 | 66 | | Running Ragged | | 4:33:00.1 | 8:09/M |
| | | 66 | Julie Allen | Three Rivers MI | | |
| | | 66 | Bridget Griffioen | Three Rivers MI | | |
| | | 66 | Tamara Shuler | ConstantineConstantine MI | | |
| | | 66 | Kathy Griffin | Three Rivers MI | | |
| 3 | 58 | | It Sounded Like a Good | | 4:42:22.8 | 8:26/M |
| | | 58 | Lizzie Luchsinger | Richland MI | | |
| | | 58 | Laurel Clark | Kalamazoo MI | | |
| | | 58 | Carolyn Pugh | Kalamazoo MI | | |
| | | 58 | Danielle Kean | Portage MI | | |
| 4 | 65 | | Run Like a Girl | | 4:57:03.3 | 8:52/M |
| | | 65 | Izzy Cherrone | South Bend IN | | |
| | | 65 | Jennifer Scott | South Bend IN | | |
| | | 65 | Lisa McCreary | Granger IN | | |
| | | 65 | Shelby Faltynski | South Bend IN | | |
| | | 65 | Emily Ingle | | | |
| 5 | 68 | | Sole Sisters | | 5:08:56.7 | 9:13/M |
| | | 68 | Stephanie Allen | Jones MI | | |
| | | 68 | Alisa Ventrone | Three Rivers MI | | |
| | | 68 | LIZ JOHNSON | Quincy MI | | |
| 6 | 55 | | Chicks With Kicks | | 5:10:51.5 | 9:17/M |
| | | 55 | Sarah Rueppel | Sturgis MI | | |
| | | 55 | Molly Perez | sturgis MI | | |
| | | 55 | Monica Palmer | South Haven MI | | |
| | | 55 | Jade Klingler | Sturgis MI | | |
| | | 55 | Nikia Jacobs | Sturgis MI | | |
| | | 55 | Staci Yanke | Sturgis MI | | |
| 7 | 54 | | Chick & Hen | | 5:13:07.3 | 9:21/M |
| | | 54 | Kailey Shaffer | Kalamazoo MI | | |
| | | 54 | Kathleen VanVaerenbergh | Kalamazoo MI | | |
| | | 54 | Megan Poolman | Kalamazoo MI | | |
| 8 | 50 | | 33.5 Mile Beer Run | | 5:18:16.5 | 9:30/M |
| | | 50 | Marilyn McKenna | Battle Creek MI | | |
| | | 50 | Hollie Bratcher | Mattawan MI | | |
| | | 50 | Elizabeth Graham | Kalamazoo MI | | |
| | | 50 | Shannon Birkhold | Kalamazoo MI | | |
| | | 50 | Jessica Wise | kalamazoo MI | | |

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|--------------|----------------|---------------|---------------------------------|-----------------|-------------|-------------|
| 9 | 56 | | Cougars | | 5:18:35.5 | 9:31/M |
| | | 56 | Melissa Lewis | Kalamazoo MI | | |
| | | 56 | Becky Charon | Kalamazoo MI | | |
| | | 56 | Rachel Smith | Scotts MI | | |
| | | 56 | Vera Erickson | Shorewood IL | | |
| | | 56 | Lindsay Adomaitis | Portage MI | | |
| | | 56 | Tracy Harrison | Vicksburg MI | | |
| 10 | 71 | | Superstars | | 5:33:39.7 | 9:58/M |
| | | 71 | Gretta Munger | Kalamazoo MI | | |
| | | 71 | Jody Barkley | Kalamazoo MI | | |
| | | 71 | Shelly Chichy | Kalamazoo MI | | |
| | | 71 | Christie Cook | Kalamazoo MI | | |
| | | 71 | Missy Hodgson | Plainwell MI | | |
| | | 71 | Amanda Wehner | Otsego MI | | |
| 11 | 62 | | Pace Invaders | | 5:36:46.9 | 10:03/M |
| | | 62 | Mandi Esman | Middleville MI | | |
| | | 62 | Dawn Bork | Plainwell MI | | |
| | | 62 | Maria Klein | Paw Paw MI | | |
| | | 62 | Kate Murphy | Kalamazoo MI | | |
| | | 62 | Becky Schmitt | Otsego MI | | |
| 12 | 70 | | Sun rise sisters | | 5:41:19.8 | 10:11/M |
| | | 70 | Jennifer Molner | Portage MI | | |
| | | 70 | Nancy Jager | Plainwell MI | | |
| | | 70 | Jessica Ponzini | Kalamazoo MI | | |
| | | 70 | Becky Shehorn | Gobles MI | | |
| | | 70 | Brandy Cole | Allegan MI | | |
| 13 | 69 | | Sole Sisters X Six | | 5:55:29.1 | 10:37/M |
| | | 69 | Simone Heller | Portage MI | | |
| | | 69 | Adrienne Wiltzer | Portage MI | | |
| | | 69 | Christina Oberheim | Portage MI | | |
| | | 69 | Laura McDonald | Portage MI | | |
| | | 69 | Roberta (Bobbie VanZile | Schoolcraft MI | | |
| | | 69 | Debbie Gillaspie | Schoolcraft MI | | |
| 14 | 57 | | Gainey Pigs | | 5:56:26.7 | 10:38/M |
| | | 57 | Sierra Chaney | Spring Arbor MI | | |
| | | 57 | Sarah Young | Monroe MI | | |
| | | 57 | Sarah Dean | Grandville MI | | |
| | | 57 | Alyssa Bart | Spring Arbor MI | | |
| | | 57 | Haley Coggins | Spring Arbor MI | | |
| | | 57 | Hennessy Coons | Spring Arbor MI | | |
| 15 | 51 | | All about that PACE | | 5:57:21.8 | 10:40/M |
| | | 51 | Rachel Woodward | Harbor Beach MI | | |
| | | 51 | Melissa Siemen | Harbor Beach MI | | |
| | | 51 | Alison Schmidt | Ubyly MI | | |
| | | 51 | Stacy Ramsey | Port Hope MI | | |
| | | 51 | Nicole London | Bad Axe MI | | |
| 16 | 67 | | Sisters with Blisters | | 6:00:18.3 | 10:45/M |
| | | 67 | Nada Ingram | Battle Creek MI | | |
| | | 67 | Michelle Jarrard | Galesburg MI | | |

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|--------------|----------------|---------------|-----------------------------------|------------------------------|-------------|-------------|
| 16 | 67 | | Sisters with Blisters | | 6:00:18.3 | 10:45/M |
| | | 67 | Martha Boyer | Battle Creek MI | | |
| | | 67 | Nancy Yuill | Battle Creek MI | | |
| | | 67 | Renee Mercer | Battle Creek MI | | |
| 17 | 60 | | Legs for Days | | 6:00:33.7 | 10:46/M |
| | | 60 | Jessie Prociv | Kalamazoo MI | | |
| | | 60 | Jill Bays | Battle Creek MI | | |
| | | 60 | Jennifer Strunk | Battle Creek Battle Creek MI | | |
| | | 60 | Alisha Hoard | Battle Creek MI | | |
| | | 60 | Stacey Lewis | Battle Creek MI | | |
| 18 | 53 | | Blister Sisters | | 6:00:57.5 | 10:46/M |
| | | 53 | Amy Wayne | Berrien Springs MI | | |
| | | 53 | Michelle Corrigan | Valparaiso IN | | |
| | | 53 | Lillian Vega | Valparaiso IN | | |
| | | 53 | Bethany Thomas | Chesterton IN | | |
| | | 53 | Amy Bratcher | Chesterton IN | | |
| 19 | 64 | | RockPaperScissors | | 6:49:44.0 | 12:14/M |
| | | 64 | Edith Rodriguez | Chicago IL | | |
| | | 64 | Rachel Morrissett | Allegan MI | | |
| | | 64 | Jennifer Huffman | Battle Creek MI | | |
| | | 64 | Karen Conner-Beck | Kalamazoo MI | | |
| 20 | 59 | | Kim's pacers | | 6:57:30.8 | 12:28/M |
| | | 59 | Laura Vander Beek | Kalamazoo MI | | |
| | | 59 | Tracy Matthews | Portage MI | | |
| | | 59 | Fawn Callen | Vicksburg MI | | |
| 21 | 63 | | Partners in Wine | | 7:02:22.3 | 12:36/M |
| | | 63 | Laura Ferrara | Kalamazoo MI | | |
| | | 63 | Denise Downer | Kalamazoo MI | | |
| | | 63 | Heather Byrd | Portage MI | | |
| 22 | 81 | | Partners in Wine Part Deux | | 7:02:22.5 | 12:36/M |
| | | 81 | Rachel Konieczka | Schoolcraft MI | | |
| | | 81 | Alexandria Lueth | Kalamazoo MI | | |
| | | 81 | Corrine Sallaz | Portage MI | | |

3-6 Person Co-ed Team

| <u>Place</u> | <u>Team No</u> | <u>Bib No</u> | <u>Team Name / Partic. Name</u> | <u>City</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|---------------|---------------------------------|-----------------|-------------|-------------|
| 1 | 29 | | Six Pack to Go | | 4:02:21.2 | 7:14/M |
| | | 29 | Heather Cotts | Battle Creek MI | | |
| | | 29 | Kevin Rabineau | Battle Creek MI | | |
| | | 29 | Nick Simonds | Battle Creek MI | | |
| | | 29 | Gale Fischer | Battle Creek MI | | |
| | | 29 | Eugene Breuring | Kalamazoo MI | | |
| | | 29 | Bonnie Sexton | Mattawan MI | | |
| 2 | 39 | | The Moderately Fast and | | 4:12:05.1 | 7:31/M |
| | | 39 | Matthew Cook | Caledonia MI | | |
| | | 39 | Michael Reygaert | Grand Rapids MI | | |
| | | 39 | Luciano Villegas | South Bend IN | | |

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|--------------|----------------|---------------|----------------------------------|------------------|-------------|-------------|
| 2 | 39 | | The Moderately Fast and | | 4:12:05.1 | 7:31/M |
| | | 39 | Elizabeth VandenHeede | Kalamazoo MI | | |
| 3 | 37 | | The clever team name goes | | 4:26:09.4 | 7:57/M |
| | | 37 | David Konold | Mattawan MI | | |
| | | 37 | Robert Konold | Mattawan MI | | |
| | | 37 | Doug Fry | Grosse Pointe MI | | |
| | | 37 | Kathy Fry | Grosse Pointe MI | | |
| | | 37 | Carolyn Naylor | Portage MI | | |
| | | 37 | Stuart Naylor | Portage MI | | |
| 4 | 7 | | Call Us a Cab | | 4:27:21.1 | 7:59/M |
| | | 7 | GRETCHEN DETTLOFF | Kalamazoo MI | | |
| | | 7 | Tom Mulhern | Portage MI | | |
| | | 7 | Gary Cudney | Portage MI | | |
| | | 7 | Mary Cudney | Portage MI | | |
| | | 7 | Kathy Farrow | Kalamazoo MI | | |
| | | 7 | Tim Farrow | Kalamazoo MI | | |
| 5 | 9 | | Cervezas | | 4:32:02.3 | 8:07/M |
| | | 9 | Desiree Link | Kalamazoo MI | | |
| | | 9 | Brendan Molony | Kalamazoo MI | | |
| | | 9 | Grant Fletcher | Kalamazoo MI | | |
| | | 9 | Marissa McCorry | Mattawan MI | | |
| | | 9 | David Zolp | Kalamazoo MI | | |
| | | 9 | Allisa Chamberlin | Kalamazoo MI | | |
| 6 | 10 | | Cirque de Sore Legs | | 4:35:37.4 | 8:14/M |
| | | 10 | Melissa Cramton | sturgis MI | | |
| | | 10 | Matt Kleine | Sturgis MI | | |
| | | 10 | Ryan Lovell | Mendon MI | | |
| | | 10 | Leanne Barnell | Sturgis MI | | |
| | | 10 | Kelsey Haan | Grand Rapids MI | | |
| | | 10 | Andy Barnell | Portage MI | | |
| 7 | 47 | | WolfChapp | | 4:37:03.6 | 8:16/M |
| | | 47 | Katie Brems | Kalamazoo MI | | |
| | | 47 | Alex Wolf | Kalamazoo MI | | |
| | | 47 | Katie Chappell | Portage MI | | |
| | | 47 | Marc Chappell | Portage MI | | |
| | | 47 | Matthew Chappell | Kalamazoo MI | | |
| 8 | 33 | | Squirrel Herders | | 4:39:49.1 | 8:21/M |
| | | 33 | Katherine Christesen | Newaygo MI | | |
| | | 33 | Ken Shay | Grand Ledge MI | | |
| | | 33 | Caitlin Carmody | Lansing MI | | |
| | | 33 | Ashley Rando | Jackson MI | | |
| | | 33 | Jeff Mossel | Big Rapids MI | | |
| | | 33 | Jenny Mossel | Big Rapids MI | | |
| 9 | 36 | | Team half step | | 4:45:50.2 | 8:32/M |
| | | 36 | Ryan Goins | Kalamazoo MI | | |
| | | 36 | Suzanne Grix | Kalamazoo MI | | |
| | | 36 | Stephen Kahl | Kalamazoo MI | | |
| | | 36 | Devon Crahan | Kalamazoo MI | | |
| | | 36 | Brian Connolly | Kalamazoo MI | | |

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|--------------|----------------|---------------|----------------------------------|-----------------|-------------|-------------|
| 9 | 36 | | Team half step | | 4:45:50.2 | 8:32/M |
| | | 36 | Laurel Connolly | Kalamazoo MI | | |
| 10 | 16 | | Killin It | | 4:49:44.9 | 8:39/M |
| | | 16 | Lynsey Britten | Portage MI | | |
| | | 16 | Kayla Burns | Kalamazoo MI | | |
| | | 16 | Nicholas Mox | Galesburg MI | | |
| | | 16 | Joshua Losota | Kalamazoo MI | | |
| | | 16 | NATHANAEL MILITZER | Kalamazoo MI | | |
| 11 | 18 | | Los Tres Corredores | | 4:50:13.3 | 8:40/M |
| | | 18 | Dawn Couch | Kalamazoo MI | | |
| | | 18 | Thomas Maihofer | Kalamazoo MI | | |
| | | 18 | Chris DHulster | Kalamazoo MI | | |
| 12 | 27 | | RWB | | 4:51:41.6 | 8:42/M |
| | | 27 | Keith Wallace | Lansing MI | | |
| | | 27 | Holly Lynema | Martin MI | | |
| | | 27 | Jason Wood | Vicksburg MI | | |
| | | 27 | Caleb Lohman | Portage MI | | |
| | | 27 | David Steves | Kalamazoo MI | | |
| 13 | 11 | | Cooper Crewsers | | 4:51:42.8 | 8:42/M |
| | | 11 | Tim Lutz | Kalamazoo MI | | |
| | | 11 | Kris Lutz | Kalamazoo MI | | |
| | | 11 | Patrick McVerry | Kalamazoo MI | | |
| | | 11 | Jim Crowell | Kalamazoo MI | | |
| | | 11 | Ben Zimont | Kalamazoo MI | | |
| | | 11 | Kathy Zimont | Kalamazoo MI | | |
| 14 | 23 | | Quads of Fury | | 4:52:33.4 | 8:44/M |
| | | 23 | Thomas Lundquist | Portage MI | | |
| | | 23 | Steve Randolph | Kalamazoo MI | | |
| | | 23 | Barney Naylor | Kalamazoo MI | | |
| | | 23 | Judy Naylor | Kalamazoo MI | | |
| | | 23 | Karen Newland | Kalamazoo MI | | |
| | | 23 | Jeffrey Smith | Oshtemo MI | | |
| 15 | 3 | | Appleton Run Rummors | | 4:57:56.3 | 8:54/M |
| | | 3 | Carla Perez-Turner | Canton MI | | |
| | | 3 | Bryan Ingle | Chicago IL | | |
| | | 3 | Jason Turner | Canton MI | | |
| | | 3 | Lisa Essien | Plymouth MI | | |
| | | 3 | Stuart Ferguson | Plymouth MI | | |
| 16 | 41 | | The tortoise and the hare | | 4:58:31.1 | 8:55/M |
| | | 41 | Paul Guernsey | kalamazoo MI | | |
| | | 41 | Cari Guernsey | kalamazoo MI | | |
| | | 41 | Ferdi Hintze | Kalamazoo MI | | |
| 17 | 42 | | Three's Company | | 5:00:05.6 | 8:57/M |
| | | 42 | Chris Hale | Battle Creek MI | | |
| | | 42 | Brenda Stoddard | Schoolcraft MI | | |
| | | 42 | Mandy Vidor | Portage MI | | |

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|--------------|----------------|---------------|---------------------------------|-----------------|-------------|-------------|
| 18 | 24 | | Ready Set Let's Roll | | 5:01:02.5 | 8:59/M |
| | | 24 | Mike Walker | Kalamazoo MI | | |
| | | 24 | Jason Bentley | Mt. Pleasant MI | | |
| | | 24 | Kayla Slezak | Mt. Pleasant MI | | |
| | | 24 | Jeremy Vermeer | Kalamazoo MI | | |
| | | 24 | RaeAnn Vermeer | Kalamazoo MI | | |
| 19 | 35 | | Team Awesome Part Deux | | 5:01:06.1 | 8:59/M |
| | | 35 | Robert Sheppard | Portage MI | | |
| | | 35 | Karl Klemm | Portage MI | | |
| | | 35 | Tim Brady | Kalamazoo MI | | |
| | | 35 | Michael Vandever | Kalamazoo MI | | |
| | | 35 | Anne Engh | kalamazoo MI | | |
| | | 35 | Melinda Kiplinger | Kalamazoo MI | | |
| 20 | 17 | | Lansing Lopers | | 5:02:03.6 | 9:01/M |
| | | 17 | Susan Rook | Holt MI | | |
| | | 17 | Dick Hayhoe | East Lansing MI | | |
| | | 17 | Darwyn Heme | Grand Ledge MI | | |
| | | 17 | Susanne Kleff | Okemos MI | | |
| | | 17 | Curt Munson | Okemos MI | | |
| | | 17 | JANICE TRUDGEON | Lansing MI | | |
| 21 | 8 | | Cereal Runners | | 5:06:42.1 | 9:09/M |
| | | 8 | Cole Muenzer | Allegan MI | | |
| | | 8 | Doug Muenzer | Allegan MI | | |
| | | 8 | Penelope Muenzer | Allegan MI | | |
| | | 8 | Vance Muenzer | Allegan MI | | |
| 22 | 15 | | IBB | | 5:10:55.6 | 9:17/M |
| | | 15 | Bobbi Coleman | Kalamazoo MI | | |
| | | 15 | Jessica Jarrell | Mattawan MI | | |
| | | 15 | Matthew Jarrell | Mattawan MI | | |
| | | 15 | Stephanie Mattox | Paw Paw MI | | |
| | | 15 | Casey Piazza | Kalamazoo MI | | |
| | | 15 | Kristy White | Lawton MI | | |
| 23 | 21 | | OCD Monster Milers | | 5:11:58.2 | 9:19/M |
| | | 21 | Tony Everidge | Hudson IN | | |
| | | 21 | Mike Sackett | Bronson MI | | |
| | | 21 | Dyna Fisher | Colon MI | | |
| | | 21 | Laurie Brubaker | Three Rivers MI | | |
| | | 21 | Janel Meese | Sturgis MI | | |
| | | 21 | Jeremy Meese | Sturgis MI | | |
| 24 | 13 | | Here's to No Chafing | | 5:15:26.2 | 9:25/M |
| | | 13 | Tim Bourgeois | Kalamazoo MI | | |
| | | 13 | Nicole Finn | Richland MI | | |
| | | 13 | Lynn Hauptli | Kalamazoo MI | | |
| | | 13 | Larry Haynor | Paw Paw MI | | |
| | | 13 | Heather Stanley-Sutton | Richland MI | | |
| | | 13 | Tenneil Zielaskowski | Richland MI | | |
| 25 | 5 | | B-FAST | | 5:19:12.1 | 9:32/M |
| | | 5 | Forrest Austell | South Haven MI | | |
| | | 5 | Tracy Baker | South Haven MI | | |

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|--------------|----------------|---------------|---------------------------------|-----------------|-------------|-------------|
| 25 | 5 | | B-FAST | | 5:19:12.1 | 9:32/M |
| | | 5 | Bob Hughes | South Haven MI | | |
| | | 5 | Sandy Rozeboom | Douglas MI | | |
| | | 5 | Amanda Pensinger | Wyoming MI | | |
| 26 | 22 | | PR or ER! | | 5:19:44.1 | 9:33/M |
| | | 22 | Jonathan Kraker | Hudsonville MI | | |
| | | 22 | Laura Wilson | Kalamazoo MI | | |
| | | 22 | Andrew Grayson | Kalamazoo MI | | |
| | | 22 | Jacob Lemon | Kalamazoo MI | | |
| 27 | 28 | | Shake and Bake | | 5:20:05.4 | 9:33/M |
| | | 28 | Becca Ward | Portage MI | | |
| | | 28 | Brad Benjamin | Holt MI | | |
| | | 28 | Cathie Schorer | Kalamazoo MI | | |
| | | 28 | Scott Schorer | Kalamazoo MI | | |
| | | 28 | Joe Shepherd | Galesburg MI | | |
| | | 28 | Missy Shepherd | Galesburg MI | | |
| 28 | 45 | | We Thought They Said | | 5:23:28.2 | 9:39/M |
| | | 45 | Matthew Moulds | Kalamazoo MI | | |
| | | 45 | Jeremy Wyatt | Kalamazoo MI | | |
| | | 45 | Adrian Vazquez | Portage MI | | |
| | | 45 | Otoniel Ricardo | Kalamazoo MI | | |
| | | 45 | Tristan Ricardo | Kalamazoo MI | | |
| | | 45 | Danielle Rodriguez | Kalamazoo MI | | |
| 29 | 40 | | The Others | | 5:25:07.3 | 9:42/M |
| | | 40 | Al Smith | Kalamazoo MI | | |
| | | 40 | Anne Barringer | Kalamazoo MI | | |
| | | 40 | David Barringer | Kalamazoo MI | | |
| | | 40 | Jason Koscinski | Schoolcraft MI | | |
| | | 40 | Sandy Koscinski | Schoolcraft MI | | |
| 30 | 12 | | Do you smell something? | | 5:28:51.2 | 9:49/M |
| | | 12 | Grace Beverage | Portage MI | | |
| | | 12 | Benjamin Beach | Kalamazoo MI | | |
| | | 12 | Tara O'Neill | Kalamazoo MI | | |
| | | 12 | Lisa Brink-Hansen | Kalamazoo MI | | |
| | | 12 | Alicia Hock | Battle Creek MI | | |
| | | 12 | Melissa Beach | Kalamazoo MI | | |
| 31 | 48 | | Woodsmiths | | 5:35:04.8 | 10:00/M |
| | | 48 | Amy Gilmore | Kalamazoo MI | | |
| | | 48 | Kristin Bellino | Portage MI | | |
| | | 48 | Kelli Nelson | Saint Joseph MI | | |
| | | 48 | Brandi Smith | Lawton MI | | |
| | | 48 | Pam Smith | Lawton MI | | |
| 32 | 6 | | Blood, Sweat, Beers | | 5:36:00.1 | 10:02/M |
| | | 6 | Michael Shirey | Portage MI | | |
| | | 6 | Josh Bringedahl | Wyoming MI | | |
| | | 6 | Melissa Dipert | Portage MI | | |
| | | 6 | Kim Chhen | Grand Rapids MI | | |
| | | 6 | Tyler DeCaire | Grand Rapids MI | | |
| | | 6 | Justin Phan | Battle Creek MI | | |

Race Date
April 09, 2016

2016 Kal-Haven Trail Run
Team Relay Results

3-6 Person Co-ed Team

| <u>Place</u> | <u>Team No</u> | <u>Bib No</u> | <u>Team Name / Partic. Name</u> | <u>City</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|---------------|---------------------------------|-----------------|-------------|-------------|
| 33 | 49 | | zoo 2 lou | | 5:40:39.2 | 10:10/M |
| | | 49 | William Bernhard | Kalamazoo MI | | |
| | | 49 | Peter Brakeman | Kalamazoo MI | | |
| | | 49 | Jimmy Coyle | Kalamazoo MI | | |
| | | 49 | A Elizabeth Lyons | Kalamazoo MI | | |
| | | 49 | Travis Osteen | Kalamazoo MI | | |
| | | 49 | Michele Richards | Kalamazoo MI | | |
| 34 | 31 | | SoHa Road Runners | | 5:42:10.9 | 10:13/M |
| | | 31 | David Keller | Chicago IL | | |
| | | 31 | Jennifer Keller | Chicago IL | | |
| | | 31 | Samantha Morales | Chicago IL | | |
| | | 31 | Kimberly Yee | Chicago IL | | |
| | | 31 | Wes Yee | Chicago IL | | |
| 35 | 46 | | Why are we doing this? | | 5:49:01.2 | 10:25/M |
| | | 46 | Michelle Draschil | Crown Point IN | | |
| | | 46 | Sara Bruner | Valparaiso IN | | |
| | | 46 | Tom Little | Chesterton IN | | |
| 36 | 2 | | All downhill from here! | | 5:49:55.9 | 10:27/M |
| | | 2 | James Loiselle | Kalamazoo MI | | |
| | | 2 | Lena Austin | Paw Paw MI | | |
| | | 2 | Michael Cross | Portage MI | | |
| | | 2 | Sandi Karman | Newaygo MI | | |
| | | 2 | Sterling Keiser | Kalamazoo MI | | |
| | | 2 | Madysen Root | Paw Paw MI | | |
| 37 | 44 | | We couldn't get an Uber | | 5:50:12.5 | 10:27/M |
| | | 44 | Leah Barnes | Kalamazoo MI | | |
| | | 44 | Jesse Blankenship | Kalamazoo MI | | |
| | | 44 | Chelsea Hatter | Kalamazoo MI | | |
| | | 44 | Carrie Hoch-Mortlock | Kalamazoo MI | | |
| | | 44 | Randy James | Portage MI | | |
| | | 44 | Jenna Rensch | Augusta MI | | |
| 38 | 26 | | Running out of time! | | 5:53:20.7 | 10:33/M |
| | | 26 | Jill Bish | Portage MI | | |
| | | 26 | Demi Overley | Kalamazoo MI | | |
| | | 26 | Derrick Ricca | Kalamazoo MI | | |
| | | 26 | Travis Swift | Battle Creek MI | | |
| | | 26 | Natasha Tamminga | Kalamazoo MI | | |
| | | 26 | Rhiannon Zielinski | Kalamazoo MI | | |
| 39 | 14 | | Hit It or Quit It | | 5:54:36.4 | 10:35/M |
| | | 14 | Karen Feczko | Valparaiso IN | | |
| | | 14 | Carol Barton | Chesterton IN | | |
| | | 14 | Mike Steinhubel | Porter IN | | |
| 40 | 30 | | Slow Runners | | 6:01:08.4 | 10:47/M |
| | | 30 | Karen Cleveland | Plainwell MI | | |
| | | 30 | Krista Cramer | Mattawan MI | | |
| | | 30 | Rachel Bryant | Portage MI | | |
| | | 30 | Michele Nemedi | Portage MI | | |
| | | 30 | Brian Odell | Scotts MI | | |
| | | 30 | Tatum N. Odell | Scotts MI | | |

Race Date
April 09, 2016

2016 Kal-Haven Trail Run
Team Relay Results

3-6 Person Co-ed Team

| <u>Place</u> | <u>Team No</u> | <u>Bib No</u> | <u>Team Name / Partic. Name</u> | <u>City</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|---------------|---------------------------------|-----------------|-------------|-------------|
| 41 | 38 | | The K-Krew | | 6:01:14.0 | 10:47/M |
| | | 38 | Linda Grossheim | Richland MI | | |
| | | 38 | Emily Blewitt | Kalamazoo MI | | |
| | | 38 | Lori Burrell | Kalamazoo MI | | |
| | | 38 | Karen Eavey | Kalamazoo MI | | |
| 42 | 4 | | Are we there yet? | | 6:09:56.1 | 11:03/M |
| | | 4 | Shawn Austin | Paw Paw MI | | |
| | | 4 | Matt Crowley | Portage MI | | |
| | | 4 | Dawn Diggs | Kalamazoo MI | | |
| | | 4 | Ken Diggs | Kalamazoo MI | | |
| | | 4 | Stephanie Farrell | Marshall MI | | |
| | | 4 | Bill McKenna | Kalamazoo MI | | |
| 43 | 19 | | Muffin Town G.C. | | 6:14:07.1 | 11:10/M |
| | | 19 | Becky Amstutz Clark | Kalamazoo MI | | |
| | | 19 | Nate Hartmann | Kalamazoo MI | | |
| | | 19 | Christine Kiel | Kalamazoo MI | | |
| | | 19 | Jeremy Smith | Kalamazoo MI | | |
| | | 19 | Lindy Thompson | Kalamazoo MI | | |
| | | 19 | Chelsea Dilla | Kalamazoo MI | | |
| 44 | 43 | | Two Hearted All Day | | 6:33:40.5 | 11:45/M |
| | | 43 | Gretchen Mohney | Mattawan MI | | |
| | | 43 | Ken Mohney | Mattawan MI | | |
| | | 43 | Matt Stephens | Mattawan MI | | |
| 45 | 25 | | ReadySteadyGo | | 6:44:15.0 | 12:04/M |
| | | 25 | Ally DeMaagd | Grand Rapids MI | | |
| | | 25 | Sally Lopez | Chicago IL | | |
| | | 25 | Sara J Owen | Portage MI | | |
| | | 25 | John Beck | Kalamazoo MI | | |