

## 2016 Kal-Haven Trail Run

Race Date  
April 09, 2016

Overall Finish List**Solo Division**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Sam Skeels	Adrian MI	3622	37	M	1 Top Fin	3:45:42.9	6:44/M
2	Nicholas Hanson	Kalamazoo MI	3701	33	M	1 30-34	3:54:37.3	7:00/M
3	Christopher Gregory	Kalamazoo MI	3679	35	M	1 35-39	4:03:30.7	7:16/M
4	Derek Kanwischer	Kalamazoo MI	3627	40	M	1 Top Fin	4:11:55.7	7:31/M
5	Zachary Baker	Portage MI	3642	35	M	2 35-39	4:14:08.8	7:35/M
6	Brad Polnasek	Battle Creek MI	3647	29	M	1 25-29	4:23:44.9	7:52/M
7	Joey Nelson	Ligonier IN	3674	48	M	1 45-49	4:44:18.4	8:29/M
8	Ryan Heidenfeld	Grand Rapids MI	3660	43	M	1 40-44	4:45:51.4	8:32/M
9	Elliot Smith	Chicago IL	3671	33	M	2 30-34	4:47:45.4	8:35/M
10	Daniel DeWulf	Grand Rapids MI	3748	38	M	3 35-39	4:48:14.3	8:36/M
11	Mark Sikkila	Kalamazoo MI	3689	40	M	2 40-44	4:50:55.1	8:41/M
12	Lewis Hayden	Zeeland MI	3617	42	M	3 40-44	4:52:14.6	8:43/M
13	Ephraim Rosalez	Grand Rapids MI	3683	33	M	3 30-34	4:52:58.8	8:45/M
14	Justin Senkbeil	Livonia MI	3681	33	M	4 30-34	4:53:30.2	8:46/M
15	Peter Burrill	kalamazoo MI	3636	50	M	1 Top Fin	4:53:46.2	8:46/M
16	Nicholas Bulson	Saint Joseph MI	3663	31	M	5 30-34	4:56:42.5	8:51/M
17	Matthew Puett	Rockford MI	3695	45	M	2 45-49	5:00:01.5	8:57/M
18	Rosa Haag	Kalamazoo MI	3658	37	F	1 Top Fin	5:00:06.8	8:57/M
19	Erik Dahl	Grand Rapids MI	3684	40	M	4 40-44	5:03:21.0	9:03/M
20	Loretta Tobolske-Horn	Reading MI	3700	44	F	1 Top Fin	5:05:57.1	9:08/M
21	Jenny Norton	Lisle IL	3752	35	F	1 35-39	5:13:56.3	9:22/M
22	Daniel Slater	Farmington Hills MI	3712	43	M	5 40-44	5:14:38.8	9:24/M
23	Mark Sigfrids		3756	63	M	1 Top Fin	5:15:26.1	9:25/M
24	Damian Ruesink	Three Rivers MI	3753	41	M	6 40-44	5:16:31.1	9:27/M
25	Nicholas Gooch	Kalamazoo MI	3641	32	M	6 30-34	5:16:37.3	9:27/M
26	Michelle Peterson	Portage MI	3631	44	F	1 40-44	5:17:14.4	9:28/M
27	Rachel Ingle	Chicago IL	3664	36	F	2 35-39	5:18:15.4	9:30/M
28	Erik Vasilauskas	Kalamazoo MI	3626	26	M	2 25-29	5:18:56.7	9:31/M
29	Brian Hunt	Kalamazoo MI	3699	39	M	4 35-39	5:19:47.6	9:33/M
30	Anna Zang	East Lansing MI	3673	30	F	1 30-34	5:21:04.1	9:35/M
31	Kevin Theisen	Kalamazoo MI	3667	31	M	7 30-34	5:24:41.8	9:42/M
32	Patrick Baker	East Grand Rapids	3682	34	M	8 30-34	5:25:17.5	9:43/M
33	Angela Sikkila	Kalamazoo MI	3734	40	F	2 40-44	5:25:59.1	9:44/M
34	Jianhua Siegel	Kalamazoo MI	3621	43	F	3 40-44	5:27:13.6	9:46/M
35	Timothy Crocker	Hudsonville MI	3691	33	M	9 30-34	5:29:50.2	9:51/M
36	Amy Sanders	Elmhurst IL	3730	40	F	4 40-44	5:30:43.7	9:52/M
37	Bill Sanders	Elmhurst IL	3731	46	M	3 45-49	5:30:44.0	9:52/M
38	Tony Baker	Benton Harbor MI	3661	48	M	4 45-49	5:31:44.4	9:54/M
39	Dan Robinson	Kalamazoo MI	3640	49	M	5 45-49	5:34:27.7	9:59/M
40	Ryan Philip	Kalamazoo MI	3654	41	M	7 40-44	5:34:29.3	9:59/M
41	Matthew Shaver	Charlottee MI	3646	29	M	3 25-29	5:36:17.4	10:02/M
42	Renee Miller	Kalamazoo MI	3625	29	F	1 25-29	5:36:36.9	10:03/M
43	Eric Johnson	Coldwater MI	3655	41	M	8 40-44	5:36:51.2	10:03/M
44	Amy Pointon	Elmhurst IL	3726	38	F	3 35-39	5:41:23.5	10:11/M
45	Ronda Karluk	Aberdeen NC	3716	34	F	2 30-34	5:42:52.4	10:14/M
46	Sarah Yetter	Kalamazoo MI	3639	40	F	5 40-44	5:43:23.6	10:15/M
47	Warren Johnson	Viera FL	3620	44	M	9 40-44	5:45:15.1	10:18/M

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48	Lisa Schreiner	Galesburg MI	3638	50	F	1 Top Fin	5:45:53.1	10:19/M
49	Scott VanLoo	Mattawan MI	3666	42	M	10 40-44	5:47:25.5	10:22/M
50	Robert Blaszak	Grand Rapids MI	3744	33	M	10 30-34	5:47:36.9	10:23/M
51	Rick Boyer	Marshall MI	3717	53	M	1 50-54	5:51:18.9	10:29/M
52	Laura Hufschmidt	Ann Arbor MI	3710	35	F	4 35-39	5:53:25.3	10:33/M
53	Samantha Lamorandier	Kalamazoo MI	3714	31	F	3 30-34	5:54:40.7	10:35/M
54	Rachel Palmer	La Salle MI	3657	38	F	5 35-39	5:54:46.1	10:35/M
55	Jeremy Germain	Vicksburg MI	3723	41	M	11 40-44	5:55:13.9	10:36/M
56	John Brady		3757	57	M	1 55-59	5:55:46.4	10:37/M
57	Joseph Trupp	Kalamazoo MI	3705	41	M	12 40-44	5:58:18.1	10:42/M
58	Norm Williams	Portage IN	3690	53	M	2 50-54	6:02:28.4	10:49/M
59	Elizabeth Shafer	Monroe MI	3662	39	F	6 35-39	6:03:09.7	10:50/M
60	Toni Reese	New Hudson MI	3697	33	F	4 30-34	6:08:11.8	10:59/M
61	Michele Cox	Howell MI	3707	48	F	1 45-49	6:08:14.1	11:00/M
62	Rachel Ortega	Wayland MI	3649	34	F	5 30-34	6:09:15.6	11:01/M
63	Anna Farrell	Kalamazoo MI	3754	21	F	1 18-24	6:09:30.2	11:02/M
64	Rachel Padalino	Fort Benning GA	3733	26	F	2 25-29	6:09:32.6	11:02/M
65	Hans Jager	Hastings MI	3652	52	M	3 50-54	6:09:46.6	11:02/M
66	Jeffrey Stull	Kalamazoo MI	3628	48	M	6 45-49	6:13:09.9	11:08/M
67	Rick Lehto	Auburn Hills MI	3651	58	M	2 55-59	6:13:17.4	11:09/M
68	James Long	Crown Point IN	3668	49	M	7 45-49	6:14:47.6	11:11/M
69	Abel Orue	Elkhart IN	3659	48	M	8 45-49	6:15:59.7	11:13/M
70	Christel Benjamin	Holt MI	3614	33	F	6 30-34	6:16:45.2	11:15/M
71	Mary Hannapel	Otsego MI	3727	35	F	7 35-39	6:16:52.2	11:15/M
72	Autumn Osborn	Kalamazoo MI	3670	32	F	7 30-34	6:17:26.1	11:16/M
73	Jason Wilhelmi	Portage MI	3630	33	M	11 30-34	6:17:26.1	11:16/M
74	Carla Thomas	Kalamazoo MI	3653	46	F	2 45-49	6:18:01.9	11:17/M
75	Karen Darby	Plainwell MI	3680	52	F	1 50-54	6:18:02.1	11:17/M
76	Tim Smith	Middletown OH	3619	54	M	4 50-54	6:18:03.7	11:17/M
77	Brandon Karl	Buchanan MI	3672	40	M	13 40-44	6:18:09.7	11:17/M
78	William Snell	Kalamazoo MI	3629	64	M	1 60-64	6:18:58.1	11:19/M
79	Karen Hook	Kalamazoo MI	3735	44	F	6 40-44	6:20:58.4	11:22/M
80	Jenna Youngs	Spring Arbor MI	3698	26	F	3 25-29	6:22:08.2	11:24/M
81	Bobby Klinesteker	Kalamazoo MI	3650	48	M	9 45-49	6:22:41.1	11:25/M
82	Laura Bonfil	Northlake IL	3677	51	F	2 50-54	6:25:44.8	11:31/M
83	Lucy Needham	Northlake IL	3678	47	F	3 45-49	6:25:44.8	11:31/M
84	Josh Wheeler	Portage MI	3656	33	M	12 30-34	6:26:54.5	11:33/M
85	Carlos Orellana	Kalamazoo MI	3644	27	M	4 25-29	6:26:54.9	11:33/M
86	Kurt Sherwood	Kalamazoo MI	3632	55	M	3 55-59	6:29:11.7	11:37/M
87	Karen Schwab	Lawton MI	3720	45	F	4 45-49	6:32:41.7	11:43/M
88	Maria Tooker	Allegan MI	3736	44	F	7 40-44	6:33:16.6	11:44/M
89	Angie Long	Novi MI	3704	36	F	8 35-39	6:35:32.3	11:48/M
90	Tim Adair	Battle Creek MI	3675	42	M	14 40-44	6:39:05.6	11:55/M
91	Brian Steinberg	Grand Rapids MI	3618	37	M	5 35-39	6:42:25.8	12:01/M
92	Erinn Hadley	Bath MI	3718	40	F	8 40-44	6:47:49.1	12:10/M
93	John Donnelly	Holland MI	3693	39	M	6 35-39	6:47:55.9	12:11/M
94	Christine Hassing	Bloomington MI	3746	48	F	5 45-49	6:49:06.4	12:13/M

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95	Steve Ott	Kalamazoo MI	3732	42	M	15 40-44	6:56:06.6	12:25/M
96	Kim Gjeltema	Kalamazoo MI	3706	53	F	3 50-54	6:57:32.2	12:28/M
97	Zachary Henderson	Kalamazoo MI	3643	25	M	5 25-29	7:01:48.3	12:35/M
98	Tom Francis	MISHAWAKA IN	3725	57	M	4 55-59	7:04:59.1	12:41/M
99	Jason Nicolai	Kalamazoo MI	3633	44	M	16 40-44	7:06:28.9	12:44/M
100	SCOTT BAKER	Grand Rapids MI	3669	48	M	10 45-49	7:10:42.6	12:51/M
101	Lisa Brady		3758	43	F	9 40-44	7:12:03.7	12:54/M
102	James Johnson	Portage MI	3692	44	M	17 40-44	7:12:38.6	12:55/M
103	Nicholas Allmond	White Lake MI	3686	31	M	13 30-34	7:21:42.3	13:11/M
104	Olivia Dungey	White Lake MI	3687	27	F	4 25-29	7:21:44.4	13:11/M
105	Amanda Kurth	Kalamazoo MI	3749	30	F	8 30-34	7:26:42.2	13:20/M
106	Julie Bradfield	Kalamazoo MI	3755	45	F	6 45-49	7:26:42.6	13:20/M
107	Molly Fisher	Galesburg MI	3742	37	F	9 35-39	7:26:51.8	13:20/M
108	Abbie Groff-Blaszak	Grand Rapids MI	3745	36	F	10 35-39	7:27:40.8	13:22/M
109	Jessica Molloy	Grand Rapids MI	3747	34	F	9 30-34	7:27:41.3	13:22/M
110	Shumit Vatsal	St.Joseph MI	3694	35	M	7 35-39	7:28:23.1	13:23/M
111	Ronald Reid	Kalamazoo MI	3724	61	M	2 60-64	7:43:58.9	13:51/M
112	Sarah Foster	Kalamazoo MI	3729	50	F	4 50-54	7:49:13.7	14:00/M
113	Stacie Bethel	Raleigh NC	3709	51	F	5 50-54	7:50:38.0	14:03/M
114	Jennifer Myers	East Leroy MI	3634	35	F	11 35-39	7:53:41.5	14:08/M
115	Danielle Cobble	Otsego MI	3750	37	F	12 35-39	7:53:41.5	14:08/M
116	Justin Latulippe	Kalamazoo MI	3637	41	M	18 40-44	7:58:03.4	14:16/M
117	Dale Monje	Grand Rapids MI	3719	54	M	5 50-54	7:59:38.5	14:19/M
118	Susan Herschel	Portage MI	3645	49	F	7 45-49	8:03:39.4	14:26/M
119	John Gialanella	Birmingham MI	3696	64	M	3 60-64	8:31:41.3	15:16/M
120	Christina Thomas	Augusta MI	3635	54	F	6 50-54	8:43:49.0	15:38/M
121	Kyle See	Plainwell MI	3711	62	F	1 Top Fin	8:43:50.0	15:38/M