

2017 Grape Lake 5K

Age Group Results

Run

Race Date
September 09, 2017

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tracy Argo	Portage MI	39	3896	11	20:51.0	6:44/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Augustus Hinch	Watervliet MI	15	5800	1	18:56.8	6:06/M

2017 Grape Lake 5K

Age Group Results

Run

Female 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Taylor Mitchell	Paw Paw MI	10	5908	132	29:25.4	9:29/M
2 *	Evelyn Argo	Portage MI	8	3893	143	30:14.0	9:45/M
3 *	Ellie Kraegel	Kalamazoo MI	8	5840	145	30:15.3	9:45/M
4	Sophia Browe	Portage MI	9	3960	154	30:29.2	9:50/M
5	Lilly Wolf		9	6071	191	33:46.3	10:54/M
6	Daisy Herbert	Paw Paw MI	10	5787	192	33:49.5	10:55/M
7	Savannah Waterlander	Mattawan MI	9	6053	223	37:32.0	12:06/M
8	Audrey Vanderbeek	Paw Paw MI	8	6038	225	37:34.7	12:07/M

Male 1 to 10

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kyle Boff	Paw Paw MI	10	3950	23	22:16.2	7:11/M
2 *	Michael Lounsbury		10	5867	35	23:19.0	7:31/M
3 *	Zachary Schiming	Mattawan MI	10	5974	42	23:59.5	7:44/M
4	Chase Boff	Paw Paw MI	8	3951	52	25:16.6	8:09/M
5	Luke Isbrecht	Watervliet MI	9	5813	57	25:33.5	8:15/M
6	Jaxin French	Kalamazoo MI	8	5737	85	27:18.8	8:48/M
7	Ty Billings		9	6105	118	28:45.7	9:16/M
8	Alexander Argo	Portage MI	10	3894	138	30:07.2	9:43/M
9	Jackson Mitchell	Paw Paw MI	8	5907	267	50:42.8	16:21/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sarah Nondorf	Lawton MI	14	5927	64	25:57.8	8:22/M
2 *	Abby Schupbach	Paw Paw MI	14	5977	166	31:27.1	10:09/M
3 *	Emily Michael		12	6090	188	32:51.5	10:36/M
4	Mia Waldron	Lawton MI	14	6049	206	35:14.3	11:22/M
5	Megan Hiestand		12	5797	220	37:05.7	11:58/M
6	Madeline Ingold	Portage MI	14	5811	224	37:32.8	12:06/M
7	Madelyn Miller	Grand Junction MI	11	5902	232	38:25.9	12:24/M
8	Ellie Frye	Peru IL	11	5738	263	47:24.9	15:17/M
9	Autum Seceast	Paw Paw MI	13	5983	283	1:04:53.8	20:56/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tyler Wressel	Paw Paw MI	14	6073	3	19:47.0	6:23/M

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Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2 *	Carter Plangger		12	6087	20	22:02.9	7:06/M
3 *	Brody Amthor	Bangor MI	12	3891	24	22:26.1	7:14/M
4	Bryce Billings		11	6104	119	28:48.0	9:17/M
5	Noah Plangger		11	6088	131	29:23.0	9:29/M
6	Chase Marler	Paw Paw MI	11	5874	151	30:25.9	9:49/M
7	Eric Randall	Tinley Park IL	13	5953	184	32:36.4	10:31/M
8	Dayson Jalkanen		14	6094	212	35:43.3	11:31/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rachel Pease	Lawton MI	16	5937	149	30:19.9	9:47/M
2 *	Hannah Gibbs	Paw Paw MI	18	5744	178	32:08.4	10:22/M
3 *	Madison Hiestand		17	5796	233	38:36.3	12:27/M
4	Ana Luisa Decaro Pinto	Kalamazoo MI	15	3998	253	43:26.5	14:01/M
5	Aeriana Bowman	Portage CA	19	3956	255	43:32.1	14:03/M
6	Morgan Reeve		19	6083	265	48:35.1	15:40/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Colin Billings		15	6103	2	19:14.1	6:12/M
2 *	Steven Lockwood		16	6095	6	20:02.3	6:28/M
3 *	Alex Isbrecht	Watervliet MI	15	5812	7	20:29.8	6:36/M
4	Anthony Short		17	5988	13	21:02.3	6:47/M
5	Joseph Maring	Paw Paw MI	19	5872	26	22:34.1	7:17/M
6	Steven Mosher	Shelbyville MI	16	5914	36	23:19.3	7:31/M
7	Austin Callahan		19	3970	80	27:05.9	8:44/M
8	Stephen De Young	Paw Paw MI	15	3996	107	28:18.5	9:08/M
9	Vinnie Short		15	5989	111	28:28.9	9:11/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Andie Young	Grand Haven MI	21	6076	27	22:36.5	7:17/M
2 *	Jessie Charles	Lawrence MI	21	3979	46	24:29.0	7:54/M
3 *	Mackenzie Lounsbery	Paw Paw MI	21	5863	51	25:14.7	8:08/M
4	Abbie Goldberg	Paw Paw MI	22	5746	110	28:28.8	9:11/M
5	Ashley Griesshammer	Kalamazoo MI	24	5755	122	29:01.9	9:22/M

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Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Katee Nordahl	Paw Paw MI	23	5928	126	29:13.9	9:25/M
7	Andrea De Young	Kalamazoo MI	23	3995	221	37:09.8	11:59/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dominic Flores	Grand Haven MI	22	5725	19	21:57.9	7:05/M
2 *	Howard Adams		22	3883	34	23:13.3	7:29/M
3 *	Sean Blake	Gobles MI	23	3947	83	27:17.3	8:48/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Samantha McPharlin	Caledonia MI	26	5886	14	21:17.6	6:52/M
2 *	Kirstin Simons	Kalamazoo MI	25	5992	17	21:34.0	6:57/M
3 *	Kelsey Adriance	Paw Paw MI	25	3885	18	21:34.7	6:57/M
4	Sarah Corum		28	6096	65	26:09.3	8:26/M
5	Amanda Clements	Mattawan MI	27	3980	112	28:29.8	9:11/M
6	Mara Fevig	Kalamazoo MI	28	5720	123	29:07.6	9:24/M
7	Amber Sirk	Saint Joseph MI	29	5994	137	30:05.1	9:42/M
8	Lindsay Walker	Gobles MI	26	6050	190	33:07.1	10:41/M
9	Nicole Kozi-Ayers	Kalamazoo MI	27	5838	200	34:40.8	11:11/M
10	Amanda Larson	Midland MI	25	5849	207	35:16.7	11:23/M
11	Amy Tapper	Lawton MI	27	6022	213	35:44.8	11:32/M
12	Kelsey Hatfield	Mattawan MI	27	5776	214	35:45.1	11:32/M
13	Ellen Napier	Sodus MI	26	5922	229	37:41.0	12:09/M
14	Christina Vliek	Hartford MI	29	6047	270	52:25.7	16:55/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Kersjes	Portage MI	27	5834	9	20:44.7	6:41/M
2 *	Michael Louden	Richland MI	29	5862	12	20:54.9	6:45/M
3 *	Chris McPharlin	Caledonia MI	25	5885	37	23:22.4	7:32/M
4	Justin Murphy	Paw Paw MI	28	5920	50	25:14.4	8:08/M
5	Ben Williams	Paw Paw MI	29	6065	61	25:44.8	8:18/M
6	Stephen Lewis	Allegan MI	29	5855	62	25:46.6	8:19/M
7	Zachary Jacobs	Battle Creek MI	27	5817	63	25:54.8	8:21/M
8	Keegan Adriance	Paw Paw MI	27	3886	163	30:55.5	9:58/M

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Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Jordan Wodnisky	Hudsonville MI	28	6070	180	32:10.0	10:23/M
10	Francisco Flores-Runsat	Sodus MI	29	5726	211	35:40.5	11:30/M
11	Daniel Napier	Sodus MI	29	5921	217	36:24.7	11:45/M
12	Sam Rice	Paw Paw MI	27	5961	279	1:01:13.7	19:45/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Brooke Wilcox	Kalamazoo MI	32	6061	66	26:18.5	8:29/M
2	* Stephanie Little	Kalamazoo MI	33	5861	71	26:28.5	8:32/M
3	* Tori Schroeder	Portage MI	34	5975	117	28:42.5	9:15/M
4	Julia Lynch	Paw Paw MI	32	5869	127	29:14.7	9:26/M
5	Alicia Schwehofer	Kalamazoo MI	32	5978	128	29:16.9	9:26/M
6	Erin Stiemsma	Portage MI	33	6010	134	29:37.7	9:33/M
7	Joan Mezewich	Tinley Park IL	31	5893	148	30:19.1	9:47/M
8	Melissa Dipert	Portage MI	34	5702	155	30:29.3	9:50/M
9	Laura Wodnisky	Hudsonville MI	30	6069	179	32:09.4	10:22/M
10	Melissa Still	Paw Paw MI	32	6011	230	37:48.2	12:12/M
11	Stacie Ramsey	Lawton MI	34	5949	244	41:02.6	13:14/M
12	Candice Miller	Marcellus MI	33	5899	245	41:03.0	13:15/M
13	Karen Roth		33	6118	254	43:26.8	14:01/M
14	Katie Hannan	Delton MI	34	5767	277	56:52.9	18:21/M
15	Amanda Secreast	Paw Paw MI	30	5982	282	1:04:53.2	20:56/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Paul Stein	Kalamazoo MI	31	6006	47	24:41.4	7:58/M
2	* Jared Gregor	Niles MI	31	5753	56	25:31.8	8:14/M
3	* Adam Goldberg	Paw Paw MI	31	5747	106	28:14.9	9:06/M
4	Brian Vanhusan	Dowagiac MI	34	6042	159	30:46.3	9:55/M
5	Mike Lounsbury		34	5866	169	31:49.2	10:16/M
6	Scott Testin	Paw Paw MI	34	6025	171	31:59.1	10:19/M
7	Phil Sirk	Saint Joseph MI	30	5995	175	32:06.4	10:21/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Jennifer Dobbins	Paw Paw MI	38	5704	40	23:50.5	7:41/M

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Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
2	* Amy Cordes		37	6115	41	23:52.3	7:42/M
3	* Jolene Mehigan	Saint Joseph MI	38	5888	49	25:09.3	8:07/M
4	Kenzi Pridgeon	Coldwater MI	36	5944	73	26:39.6	8:36/M
5	Michelle Hill	Portage MI	39	5798	92	27:44.7	8:57/M
6	Anne Holcomb-Smith	Kalamazoo MI	38	5803	102	28:03.2	9:03/M
7	Jessica Harper	Vicksburg MI	39	5770	108	28:22.5	9:09/M
8	Stephanie Doody	Grand Rapids MI	39	5708	109	28:25.6	9:10/M
9	Patricia Lisowski	Bridgman MI	39	5859	113	28:32.0	9:12/M
10	Tiffany Lee	Kalamazoo MI	37	5851	129	29:21.1	9:28/M
11	Sarah Timmer	Homewood IL	37	6028	133	29:34.8	9:32/M
12	Lisa Weurding	Lawton MI	35	6060	136	29:41.7	9:35/M
13	Michelle Hall	Chicago IL	37	5764	141	30:07.6	9:43/M
14	Carrie Kraegel	Kalamazoo MI	39	5839	144	30:14.5	9:45/M
15	Mirinda Amthor	Bangor MI	38	3890	152	30:26.7	9:49/M
16	Sandy Haselton	Traverse City MI	36	5774	157	30:38.7	9:53/M
17	Lisa Schilling	Saint Joseph MI	37	5972	158	30:43.0	9:55/M
18	Melissa French	Kalamazoo MI	39	5735	173	32:06.1	10:21/M
19	Jessica Michael		39	6092	174	32:06.3	10:21/M
20	Kimberly Deja	Saint Joseph MI	39	3999	183	32:33.8	10:30/M
21	Monica Marler	Paw Paw MI	39	5873	185	32:37.5	10:31/M
22	Nicki Armstrong	Paw Paw MI	38	3897	187	32:51.3	10:36/M
23	Laura Kronk	Paw Paw MI	38	5842	208	35:20.8	11:24/M
24	Angie Selle	Paw Paw MI	35	5986	210	35:38.4	11:30/M
25	Michelle Romig	Portage MI	35	5968	216	35:55.5	11:35/M
26	Heather Vanderbeek	Paw Paw MI	39	6037	227	37:37.0	12:08/M
27	Domini Melson	Lawrence MI	36	5891	228	37:38.7	12:08/M
28	Brandy Casteel	Mattawan MI	37	3975	258	45:25.1	14:39/M
29	Sarah Richmond	Coldwater MI	37	5962	262	47:09.9	15:13/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* John Dobbins	Paw Paw MI	38	5705	5	19:55.3	6:25/M
2	* Brian Clements	Mattawan MI	35	3981	10	20:48.9	6:43/M
3	* Kevin Chaplin	Arlington Heights IL	35	3977	38	23:27.1	7:34/M
4	Ryan Hawkins	Kalamazoo MI	37	5779	70	26:23.2	8:31/M
5	Brandon Mattson	Mattawan MI	35	5878	74	26:43.0	8:37/M
6	Brian Argo	Portage MI	38	3895	79	27:05.4	8:44/M
7	Alex Mickley	Chicago IL	38	5896	89	27:32.2	8:53/M
8	Al Herrera		38	6109	97	27:54.8	9:00/M
9	Kevin Bacigalupo	Hinsdale IL	35	3898	98	27:56.6	9:01/M

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Male 35 to 39

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10	Gregory Schilling	Saint Joseph MI	37	5973	140	30:07.4	9:43/M
11	Joshua Smith	Kalamazoo MI	38	5998	201	34:43.1	11:12/M
12	Christopher Siegel	Round Lake Beach IL	38	5991	266	48:36.8	15:41/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kendra Bondie	Portage MI	41	3953	55	25:21.0	8:11/M
2 *	Kim Wetherill		41	6059	124	29:08.5	9:24/M
3 *	Emily Francis	Mattawan MI	43	5730	164	30:58.5	9:59/M
4	Danyelle Cross	Bloomington MI	44	3986	193	34:16.6	11:03/M
5	Tonya Colvin		44	6107	209	35:38.0	11:30/M
6	Jennifer Kedziora	Bloomington MI	41	5831	218	36:50.3	11:53/M
7	Shelby Waterlander	Mattawan MI	40	6052	226	37:36.8	12:08/M
8	Kerrie Hinch	Watervliet MI	43	5799	231	38:06.5	12:17/M
9	Jamie Martin	Waterford MI	41	5876	240	40:36.4	13:06/M
10	Jennifer Hines	Kalamazoo MI	40	5801	259	45:54.8	14:48/M
11	Sarah Steiner	Mattawan MI	41	6007	261	46:21.4	14:57/M
12	Sarah Jarmin	Delton MI	41	5818	272	56:01.9	18:04/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John K Donnelly	Holland MI	41	5706	45	24:25.3	7:53/M
2 *	Jason French	Kalamazoo MI	43	5736	84	27:18.2	8:48/M
3 *	Douglas Michau	Round Lake Beach IL	42	5895	88	27:31.5	8:53/M
4	Steve Rowley	Mattawan MI	42	5970	94	27:48.0	8:58/M
5	Eric Sample		42	6106	103	28:07.4	9:04/M
6	Jeffrey Michael		43	6091	153	30:28.3	9:50/M
7	Jon Waldron	Lawton MI	42	6048	156	30:35.3	9:52/M
8	Terry Akerley	Paw Paw MI	41	3888	203	35:00.8	11:17/M
9	Brian Ellis		43	6089	275	56:33.7	18:15/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Trisha Downard	Paw Paw MI	47	5709	39	23:46.6	7:40/M
2 *	Carrie Muessig	Paw Paw MI	46	5917	67	26:20.0	8:30/M
3 *	Julie Lenzinger	Richland MI	47	5852	121	29:00.5	9:21/M

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Female 45 to 49

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4	Wendy Charles	Lawrence MI	49	3978	130	29:22.1	9:28/M
5	Rhonda Rockhill	Benton Harbor MI	48	5967	162	30:50.3	9:57/M
6	Kelly Hall	Galesburg MI	46	5763	168	31:29.1	10:09/M
7	Kristina Vanderveen		46	6039	177	32:08.0	10:22/M
8	Susan Baldwin	Decatur MI	47	3900	182	32:21.8	10:26/M
9	Tina Jasinski	Portage MI	46	5820	196	34:27.9	11:07/M
10	Piper Spaedt	Mattawan MI	46	6002	205	35:04.3	11:19/M
11	Kim Campise	Mattawan MI	47	3972	215	35:49.3	11:33/M
12	Mindy Hare	Mattawan MI	49	5768	236	40:17.1	13:00/M
13	Valeri Bohannon	Battle Creek MI	47	3952	237	40:18.0	13:00/M
14	Anne Ingold	Portage MI	47	5810	248	42:23.5	13:40/M
15	Stephanie Bayma	Portage MI	47	3939	251	42:47.6	13:48/M
16	Traci Houghton	Ankeny IA	46	5807	271	52:34.6	16:57/M
17	Annie Minshall	Delton MI	46	5903	273	56:02.3	18:05/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Anthony Lisowski	Gobles MI	49	5858	8	20:42.6	6:41/M
2	* Mike Mannino		49	6098	16	21:26.7	6:55/M
3	* Ryan Miller	Warren MI	45	5900	29	22:41.1	7:19/M
4	Paul Plannger		46	6086	32	22:46.3	7:21/M
5	Brian Reitz	Grand Junction MI	48	5957	33	23:07.3	7:27/M
6	Matt Longjohn		46	6114	43	24:10.4	7:48/M
7	Joe Doody	Grand Rapids MI	49	5707	60	25:44.3	8:18/M
8	Paul Hare	Mattawan MI	47	5769	105	28:12.2	9:06/M
9	Scott Seeley	Portage MI	46	5984	116	28:41.4	9:15/M
10	Kenton McAndrew	Lawrence MI	45	5880	161	30:48.6	9:56/M
11	Brian Schupbach	Paw Paw MI	45	5976	167	31:27.4	10:09/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Tracy Ralicki	Lawrence MI	51	5948	78	27:02.9	8:43/M
2	* Donna Strouse	Saint Joseph MI	50	6017	81	27:08.6	8:45/M
3	* Jodie Freeman-Kurburski	Grand Haven MI	52	5734	82	27:08.8	8:45/M
4	Margaret Flannery	Paw Paw MI	53	5722	87	27:27.9	8:51/M
5	Suzette Jacobs	Battle Creek MI	53	5816	147	30:17.4	9:46/M
6	Rosanne Abbott		54	6112	150	30:22.5	9:48/M
7	Lorraine Valk	Paw Paw MI	52	6033	199	34:38.5	11:10/M

2017 Grape Lake 5K

Age Group Results

Run

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Laurie Gronau		52	5756	242	40:58.8	13:13/M
9	Anita De Young	Paw Paw MI	52	3994	252	42:55.4	13:51/M
10	Marina Womak		52	6080	280	1:01:36.9	19:52/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Steve Bourne		51	6099	28	22:37.1	7:18/M
2 *	Joe Kronke	Otsego MI	54	5844	54	25:20.8	8:10/M
3 *	Bob Zdzinicki	Holland MI	51	6078	58	25:36.1	8:15/M
4	Jim Valk	Paw Paw MI	52	6032	93	27:47.2	8:58/M
5	Jim Palluconi		50	5935	120	28:54.4	9:19/M
6	Tim DeLaRouch		51	6093	139	30:07.4	9:43/M
7	John Jacobs	Battle Creek MI	54	5815	146	30:17.3	9:46/M
8	David Presley	Mattawan MI	51	5943	165	30:59.8	10:00/M
9	Joe Priola	Saint Charles IL	54	5945	241	40:54.9	13:12/M
10	Tony Campise	Mattawan MI	50	3973	278	57:01.7	18:24/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michele Carey	South Bend IN	59	3974	21	22:11.1	7:09/M
2 *	Kimberly Kronke	Otsego MI	56	5843	69	26:22.6	8:30/M
3 *	Cecilia Vives	South Haven MI	57	6046	142	30:12.8	9:45/M
4	Janine Sobin		55	6111	172	32:00.0	10:19/M
5	Teresa Distefano	Gobles MI	59	5703	176	32:07.7	10:22/M
6	Roxann Brouwer	Lawrence MI	55	3959	181	32:12.1	10:23/M
7	Gloria Jurado-Long	Marcellus MI	56	5829	186	32:46.9	10:34/M
8	Kim Cronk	Paw Paw MI	59	3985	194	34:25.6	11:06/M
9	Dede Lewis	Bloomington MI	56	5856	239	40:29.5	13:04/M
10	Carol Patridge	Mattawan MI	55	5936	247	42:15.6	13:38/M
11	Shirley Stont		55	6116	274	56:33.2	18:15/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Brady	Mattawan MI	58	3957	15	21:25.0	6:55/M
2 *	Dave Levett	Allegan MI	55	5853	25	22:31.1	7:16/M
3 *	John Heimbuch	Baroda MI	55	5781	30	22:45.2	7:20/M

2017 Grape Lake 5K

Age Group Results

Run

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Paul Bushnell	Kalamazoo MI	56	3968	44	24:25.0	7:53/M
5	Stephen McCloskey	Paw Paw MI	58	5882	53	25:18.5	8:10/M
6	Steve Darrell	Kalamazoo MI	58	3992	59	25:41.4	8:17/M
7	Ronald Kurburski	Grand Haven MI	58	5845	91	27:38.8	8:55/M
8	Kris Stakley	Benton Harbor MI	56	6003	114	28:32.7	9:12/M
9	Ralph Griesshammer	Kalamazoo MI	55	5754	160	30:47.7	9:56/M
10	John Kocsis		55	5836	202	34:50.5	11:14/M
11	Ray Lewis	Bloomington MI	57	5857	235	40:03.8	12:55/M
12	William D'Hondt	Farmington MI	58	5701	276	56:43.4	18:18/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Anita Ollila	Kalamazoo MI	63	5932	104	28:08.7	9:05/M
2 *	Joan Hanna Darrell	Kalamazoo MI	64	5766	189	32:52.7	10:36/M
3 *	Whitney Hagen	Paw Paw MI	62	5760	195	34:27.0	11:07/M
4	Barb Smith	Mattawan MI	62	5999	204	35:04.1	11:19/M
5	Janice Studer	Peru IL	62	6019	219	37:04.2	11:57/M
6	Christine Vanhusan	Dowagiac MI	61	6041	246	41:46.5	13:28/M
7	Debbie Foune	Bloomington MI	60	5729	256	43:44.6	14:06/M
8	Ann Bermudez	South Haven MI	63	3942	257	43:45.3	14:07/M
9	Susan Rice	Paw Paw MI	62	5960	281	1:02:18.2	20:06/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Gary Haga		60	6101	4	19:53.9	6:25/M
2 *	Maurice Hicks		64	6079	22	22:11.3	7:09/M
3 *	Doug Getman		60	6102	31	22:45.7	7:20/M
4	Skip Johnson	Delray Beach FL	63	5824	68	26:20.9	8:30/M
5	Terry Hagen	Paw Paw MI	62	5761	72	26:39.5	8:36/M
6	Robert Jorth	Kalamazoo MI	63	5828	75	26:44.7	8:37/M
7	Curtis Ray		60	6108	77	26:57.8	8:42/M
8	Jim Kutill	Oak Park IL	61	5847	95	27:48.2	8:58/M
9	Timothy Rockhill	Benton Harbor MI	60	5966	115	28:37.8	9:14/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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2017 Grape Lake 5K

Age Group Results

Run

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Debbie May	Paw Paw MI	65	5879	197	34:29.7	11:07/M
2	* Shirley Deboer	Paw Paw MI	67	3997	198	34:29.7	11:07/M
3	* Linda Vaughan	Kalamazoo MI	68	6045	234	38:36.3	12:27/M
4	Jan Stensland	Three Rivers MI	65	6009	238	40:27.4	13:03/M
5	Evelyn Wyman	Bloomington MI	65	6075	250	42:41.5	13:46/M
6	Maryann Siegel	Minooka IL	67	5990	260	46:12.6	14:54/M
7	Kathy VanBracklin		67	6117	268	51:24.6	16:35/M
8	Nancy Hathaway	Hartford MI	66	5777	269	52:20.4	16:53/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Bill Garrity	Glenn MI	69	5740	48	25:00.7	8:04/M
2	* Mike Betzner		67	6097	76	26:48.4	8:39/M
3	* Tom Tollefson	South Haven MI	69	6029	86	27:25.0	8:51/M
4	Don Creager		67	6082	90	27:33.4	8:53/M
5	Gary Tenbrink	Mattawan MI	66	6024	96	27:51.5	8:59/M
6	Randy Fielder	Kalamazoo MI	66	5721	99	27:58.6	9:01/M
7	Lance Covey	South Haven MI	69	3984	100	28:00.2	9:02/M
8	Doug Krueger		69	6100	125	29:12.6	9:25/M
9	Roger Bentley	Coloma MI	67	3941	135	29:38.4	9:34/M
10	William Cox		65	6081	249	42:31.0	13:43/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	* No Finishers						

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Ray Hendriksma	Schoolcraft MI	70	5782	101	28:01.3	9:02/M
2	* Thomas Bennett	Paw Paw MI	74	3940	170	31:57.8	10:18/M

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
	* No Finishers						

2017 Grape Lake 5K

Age Group Results

Run

Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	David Rozelle	Kalamazoo MI	79	5971	222	37:15.5	12:01/M

Female 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rose Stanek	Lawrence MI	81	6004	264	47:27.3	15:18/M

Male 80 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ed Stanek		82	6005	243	41:02.5	13:14/M