

2017 Lake Max Triathlon

Race Date
August 12, 2017

Overall Results

Duathlon

Female

Place	Name	Bib No	AG Place	Run			Tran 1 Time	Bike			Tran 2 Time	Run			Total Time
				Rnk	Time	Pace		Rnk	Time	Rate		Rnk	Time	Pace	
1	Kandis Schreiber	557	1 F Female	2	9:08.7	7:22	1:49.9	1	37:16.0	18.5	2:00.1	2	25:44.4	8:18	1:15:59.1
2	Bonnie Turman	598	2 F Female	8	10:02.0	8:05	1:40.4	4	39:10.2	17.6	1:47.2	5	27:08.2	8:45	1:19:48.0
3	Rachel Ricketts	540	3 F Female	1	8:25.9	6:47	1:24.0	6	43:28.8	15.9	1:29.4	1	25:12.9	8:08	1:20:01.0
4	Christy Capps	338	4 F Female	10	10:10.2	8:12	1:16.8	3	38:44.2	17.8	1:18.6	8	29:44.1	9:35	1:21:13.9
5	Jill Davids	360	5 F Female	11	10:45.6	8:40	1:31.3	2	38:26.9	18.0	1:34.4	9	30:24.0	9:48	1:22:42.2
6	Sarah Smith	571	6 F Female	6	10:00.1	8:04	2:10.0	8	43:30.3	15.9	1:29.7	3	26:11.0	8:27	1:23:21.1
7	Spardha Sharma	564	7 F Female	9	10:03.6	8:06	1:15.6	5	41:12.3	16.7	1:25.4	10	30:55.7	9:58	1:24:52.6
8	Jaime Golba	407	8 F Female	3	9:25.9	7:36	1:12.5	9	45:35.2	15.1	1:27.2	6	28:07.9	9:04	1:25:48.7
9	Rachel Rawson	534	9 F Female	5	9:58.7	8:02	1:54.0	7	43:29.2	15.9	2:09.3	7	29:12.4	9:25	1:26:43.6
10	Alyssa Miller	497	10 F Female	4	9:33.8	7:42	2:10.1	12	47:39.6	14.5	1:38.7	4	27:02.5	8:43	1:28:04.7
11	Mary Gumz	416	11 F Female	12	10:50.4	8:44	0:59.7	10	46:11.1	14.9	0:42.8	12	35:01.6	11:18	1:33:45.6
12	Stephanie Miller	498	12 F Female	7	10:01.1	8:05	1:39.8	13	54:22.3	12.7	0:53.2	11	31:40.2	10:13	1:38:36.6
13	Karen Fritts	396	13 F Female	14	15:17.7	12:20	0:49.1	11	46:47.3	14.7	0:57.8	14	43:49.5	14:08	1:47:41.4
14	Heide Sims	568	14 F Female	13	14:07.5	11:23	1:23.2	14	57:05.8	12.1	1:44.9	13	41:06.4	13:15	1:55:27.8

Place	Name	Bib No	AG Place	Run			Tran 1 Time	Bike			Tran 2 Time	Run			Total Time
				Rnk	Time	Pace		Rnk	Time	Rate		Rnk	Time	Pace	
1	David Trapp	593	1 M Male 99	5	7:59.1	6:26	0:47.8	3	30:52.7	22.4	0:47.2	1	22:10.4	7:09	1:02:37.2
2	Mike Morell	506	2 M Male 99	3	7:47.6	6:17	1:02.9	2	30:45.6	22.4	1:03.3	2	22:18.8	7:12	1:02:58.2
3	Derek Janik	442	3 M Male 99	6	8:27.4	6:49	0:54.2	1	30:12.6	22.8	0:42.1	5	23:46.2	7:40	1:04:02.5
4	Taylor Clements	349	4 M Male 99	2	7:38.7	6:09	0:37.0	6	35:32.5	19.4	0:28.5	4	23:05.2	7:27	1:07:21.9
5	Jordan Gasaway	399	5 M Male 99	8	8:34.8	6:55	0:52.9	4	33:01.9	20.9	0:54.5	7	24:53.3	8:02	1:08:17.4
6	Ryan Smiley	570	6 M Male 99	7	8:33.6	6:54	0:41.7	5	33:57.9	20.3	0:30.5	8	26:36.5	8:35	1:10:20.2
7	Glenn Bailey	635	7 M Male 99	4	7:48.4	6:17	0:44.5	12	38:38.1	17.9	1:01.2	6	24:24.5	7:52	1:12:36.7
8	Mike Reese	537	8 M Male 99	1	7:37.7	6:09	0:56.8	15	42:13.9	16.3	0:37.6	3	23:03.3	7:26	1:14:29.3
9	Steve King	454	9 M Male 99	10	9:11.6	7:24	1:48.3	7	35:43.0	19.3	1:06.6	9	27:03.0	8:44	1:14:52.5
10	David Lawrence	472	10 M Male 99	9	8:56.7	7:12	0:28.8	10	37:55.5	18.2	0:24.4	11	27:53.7	9:00	1:15:39.1
11	Brian Dawson	363	11 M Male 99	11	9:48.7	7:54	2:15.6	9	37:38.6	18.3	1:40.0	10	27:41.9	8:56	1:19:04.8
12	Rick Huff	436	12 M Male 99	13	10:42.2	8:38	1:14.9	8	36:09.2	19.1	1:13.4	12	32:33.5	10:30	1:21:53.2
13	Sivakumar Thirugnana	589	13 M Male 99	12	10:30.6	8:28	1:00.0	11	38:08.7	18.1	0:56.4	14	33:07.6	10:41	1:23:43.3
14	Joseph Trathen	637	14 M Male 99	14	10:42.9	8:38	1:25.0	13	40:10.1	17.2	1:03.4	13	33:06.6	10:41	1:26:28.0
15	Thomas Yugas	631	15 M Male 99	16	12:19.0	9:56	2:08.3	14	42:05.8	16.4	1:51.3	15	34:39.8	11:11	1:33:04.2
16	Daniel Gumz	417	16 M Male 99	15	10:45.1	8:40	1:30.0	16	43:04.1	16.0	1:09.9	16	36:56.3	11:55	1:33:25.4
17	Bruce Nelson	510	17 M Male 99	17	15:14.1	12:17	1:21.1	17	46:29.7	14.8	1:04.2	17	43:31.9	14:02	1:47:41.0