

2019 Light the Darkness 5K Run

Race Date
September 28, 2019

Overall Finish List**5K Run**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Aaron Cook		3949	27	M	1: Overall	19:52.8	6:25/M
2	Hunter Vogel		3940	17	M	1: 15-19	23:10.4	7:29/M
3	Timothy Plonczynski		3928	57	M	1: Masters	23:46.6	7:40/M
4	Ian Vogel		3941	13	M	1: 1-14	25:49.8	8:20/M
5	Paul Vogel		3942	47	M	1: 40-49	27:15.4	8:48/M
6	Dan Senesac		9736	30	M	1: 30-39	28:10.2	9:05/M
7	Nora Filler		9740	13	F	1: Overall	28:52.4	9:19/M
8	Catherine Rusin		3931	54	F	1: Masters	29:06.8	9:23/M
9	Kelly McDermott		3923	33	F	1: 30-39	29:15.2	9:26/M
10	Christina McDermott		3922	35	F	2: 30-39	29:15.4	9:26/M
11	Matt Courtney		3950	40	M	2: 40-49	32:46.1	10:34/M
12	Brant Vogel		3948	42	M	3: 40-49	36:00.8	11:37/M
13	Kia Vogel		3947	42	F	1: 40-49	36:00.8	11:37/M
14	Allison Lindstrom		8120	30	F	3: 30-39	37:01.1	11:57/M
15	Lisa Gold		3912	52	F	1: 50-59	37:37.6	12:08/M
16	Katy Sherman		3932	43	F	2: 40-49	37:38.1	12:08/M
17	Paul Shane		9563	27	M	1: 20-29	38:01.3	12:16/M
18	Heather Orlick		9516	23	F	1: 20-29	38:01.5	12:16/M
19	Carri Ables		3901	42	F	3: 40-49	39:09.3	12:38/M
20	Rob Vogel		3943	45	M	4: 40-49	41:13.5	13:18/M
21	Mileva Savich		9743	54	F	2: 50-59	43:32.5	14:03/M
22	Helen Stefanovic		3938	54	F	3: 50-59	43:32.5	14:03/M
23	Darrel McNeil		9617	43	M	5: 40-49	48:45.5	15:44/M
24	Tammy Vogel		3944	43	F	4: 40-49	50:56.3	16:26/M
25	Kim Jones		3914	46	F	5: 40-49	50:57.3	16:26/M
26	Lynn Ruhbeck		9565	57	F	4: 50-59	53:14.4	17:10/M
27	John Cece		3903	64	M	1: 60-69	54:36.8	17:37/M
28	Mark Spejewski		3934	48	M	6: 40-49	55:45.6	17:59/M
29	Stacy Spejewski		3935	48	F	6: 40-49	55:45.9	17:59/M
30	Benjamin Evans		3906	11	M	2: 1-14	56:47.9	18:19/M
31	Claire Fabrizius		3910	54	F	5: 50-59	57:01.4	18:24/M
32	Katie Holderby		3913	50	F	6: 50-59	57:01.4	18:24/M
33	Daniel Moran		3924	70	M	1: 70-99	57:27.6	18:32/M
34	Rhonda Kostelnik		3916	62	F	1: 60-69	57:38.7	18:36/M
35	Diana Moreno		3925	61	F	2: 60-69	57:39.2	18:36/M
36	Ashley Krygsheld		3919	29	F	2: 20-29	57:43.9	18:37/M
37	Mary Stryck		3939	55	F	7: 50-59	57:44.2	18:37/M
38	Judy Cruse		3904	58	F	8: 50-59	59:29.6	19:12/M
39	Sonja Bader		3902	55	F	9: 50-59	1:00:35.2	19:33/M
40	Dawn Maksimovich		3921	53	F	10: 50-59	1:00:35.2	19:33/M
41	Branka Radoja		3929	52	F	11: 50-59	1:00:40.4	19:34/M
42	Billie Vrbica		3945	52	F	12: 50-59	1:00:40.5	19:34/M
43	Carrie Evans		3907	39	F	4: 30-39	1:01:08.1	19:43/M
44	Marcia Ochoa		3927	59	F	13: 50-59	1:01:08.3	19:43/M
45	Bob Benson		9632	59	M	1: 50-59	1:05:40.4	21:11/M