

2020 Race the Region Valentine's 5K

Age Group Results

Race Date
February 09, 20

5K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aubree Foreman	Valparaiso IN	15	1292	31	20:50.1	6:43/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aaron Crague	Valparaiso IN	40	181	1	15:52.2	5:07/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melissa West	Valparaiso IN	44	1149	49	22:14.8	7:11/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chad Lawless	Kouts IN	42	718	6	17:42.7	5:43/M

2020 Race the Region Valentine's 5K

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Age Group Results**5K Run**

Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sophia Provenzano	Valparaiso IN	10	1031	323	46:48.8	15:06/M
2 *	Lacy Weghorn	Valparaiso IN	9	1028	324	46:49.5	15:06/M
3 *	Alayna Branson	Michigan City IN	10	1169	338	50:20.4	16:14/M
4	Maggie Mooney	Valparaiso IN	4	365	342	50:49.5	16:24/M
5	Charley Hattabaugh	Valparaiso IN	8	722	355	58:28.7	18:52/M

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Samuel Geiger	Valparaiso IN	10	921	55	22:47.0	7:21/M
2 *	Wesley Moye	Valparaiso IN	10	1044	112	26:31.8	8:34/M
3 *	Porter Wilks	Valparaiso IN	7	1164	118	27:05.3	8:44/M
4	Abram Rausch	Chesterton IN	6	362	182	31:14.3	10:05/M
5	Lucas Cooper	Valparaiso IN	7	1271	184	31:32.1	10:10/M
6	Ethan Bowen	Valparaiso IN	9	1237	229	35:01.7	11:18/M
7	Isaac Provenzano	Valparaiso IN	10	1032	301	41:44.2	13:28/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sophia Chavez	Valparaiso IN	12	180	173	30:19.4	9:47/M
2 *	Indica Ward	Plymouth IN	11	1256	193	32:24.3	10:27/M
3 *	Samantha Walden	Crown Point IN	12	148	214	33:40.2	10:52/M
4	Chloe Miller	Valparaiso IN	12	1123	224	34:25.0	11:06/M
5	Lucy Moye	Valparaiso IN	12	1045	243	36:11.6	11:41/M
6	Audrey Bendicsen	Valparaiso IN	12	1208	244	36:12.0	11:41/M
7	Olivia Miller	Valparaiso IN	12	1121	295	40:53.1	13:11/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Douglas Thomas	Valparaiso IN	11	1291	39	21:39.6	6:59/M
2 *	Kyle Foreman	Valparaiso IN	12	1293	42	21:48.1	7:02/M
3 *	Ryan Sandberg	Cedar Lake IN	12	1102	75	23:59.0	7:44/M
4	Zane Biernat	Crown Point IN	12	372	85	24:37.1	7:56/M
5	Alex Broton	Valparaiso IN	12	1049	141	28:38.5	9:14/M
6	Madden Hartz	Valparaiso IN	11	1156	199	32:46.1	10:34/M
7	Gage Weghorn	Valparaiso IN	11	1029	328	47:17.8	15:15/M

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Age Group Results

5K Run

Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Rue Harter	Valparaiso IN	14	1224	37	21:25.5	6:55/M
2	* Elizabeth Ehrhardt	Hobart IN	14	199	43	21:50.2	7:03/M
3	* Anika Anderson	Valparaiso IN	13	728	54	22:38.8	7:18/M
4	Angela Coulopoulos	Valparaiso IN	14	364	82	24:32.2	7:55/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Nathan Nova	Valparaiso IN	14	1140	11	18:54.8	6:06/M
2	* Nathaniel Malchow	Valparaiso IN	14	1283	15	19:28.5	6:17/M
3	* Ty Wells	Valparaiso IN	14	1240	24	20:14.6	6:32/M
4	Nick Messinger	New Buffalo MI	13	1233	71	23:49.4	7:41/M
5	Kale Rausch	Valparaiso IN	13	1289	116	26:57.1	8:42/M
6	Hunter Urbano	Wheatfield IN	13	1258	326	46:52.0	15:07/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Lauren Spengler	Frankfort IL	19	176	59	23:14.2	7:30/M
2	* Annmarie Ahrens	Roselle IL	17	370	100	25:38.8	8:16/M
3	* Christine Harris	Valparaiso IN	18	1228	114	26:35.7	8:35/M
4	Brooklyn Figueroa	Portage IN	19	1275	134	27:58.8	9:02/M
5	Emily Walden	Crown Point IN	18	146	158	29:27.0	9:30/M
6	Grace Provenzano	Valparaiso IN	16	1033	171	30:07.6	9:43/M
7	Natalie Jovel	Crown Point IN	17	126	177	30:34.9	9:52/M
8	Nicole Brown	Valparaiso IN	17	912	231	35:07.0	11:20/M
9	Lily Alberts	La Porte IN	15	1298	275	39:09.8	12:38/M
10	Ella Klevickas	Valparaiso IN	16	1267	336	50:19.5	16:14/M
11	Charlie Miller	Valparaiso IN	15	1122	337	50:19.6	16:14/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Nathan O'Connor	Porter IN	19	1106	2	16:21.4	5:17/M
2	* Bobby Woodburn	Portage IN	18	193	3	16:48.0	5:25/M
3	* Joel Bryant	Valparaiso IN	16	374	4	17:16.9	5:35/M
4	Joshua Dennington	Chesterton IN	16	717	5	17:19.6	5:35/M
5	Jackson Tuck	Valparaiso IN	15	353	7	17:53.3	5:46/M
6	Charlie Moye	Valparaiso IN	16	1046	8	18:10.4	5:52/M

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Age Group Results**5K Run**

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Jimmy Dillabaugh	Valparaiso IN	15	1294	9	18:27.6	5:57/M
8	Steven Jarvis	Valparaiso IN	16	1166	10	18:45.6	6:03/M
9	Riley Clark	Valparaiso IN	15	810	12	19:01.1	6:08/M
10	Javier Lopez	Valparaiso IN	15	1127	13	19:07.5	6:10/M
11	Zachary Jarvis	Valparaiso IN	16	1167	16	19:41.1	6:21/M
12	Patrick Brogan	Valparaiso IN	16	1234	18	19:43.5	6:22/M
13	Gavin Ellis	Valparaiso IN	16	1253	19	19:47.2	6:23/M
14	Nick Gring	Valparaiso IN	15	730	22	20:03.4	6:28/M
15	Noah Weaver	Hebron IN	17	725	23	20:09.2	6:30/M
16	Jacob Roytan	Valparaiso IN	15	1229	25	20:26.6	6:36/M
17	Quan Le	Valparaiso IN	16	817	29	20:48.6	6:43/M
18	Caleb Marconi	Valparaiso IN	16	809	32	20:55.4	6:45/M
19	Jack Acton	Valparaiso IN	18	920	33	20:58.4	6:46/M
20	Nicholas Clark	Valparaiso IN	18	813	34	20:59.2	6:46/M
21	Julian Chavez	Valparaiso IN	16	179	46	22:07.0	7:08/M
22	Xavier Collins	Valparaiso IN	15	197	64	23:28.3	7:34/M
23	Isaac Utesch	Valparaiso IN	15	1261	66	23:32.2	7:36/M
24	Benjamin Goffette	Portage IN	17	1264	105	25:57.3	8:22/M
25	Mason Scott	La Porte IN	18	808	111	26:30.3	8:33/M
26	Joey Roytan	Valparaiso IN	18	1230	115	26:35.8	8:35/M
27	Evan Messinger	New Buffalo MI	15	1232	161	29:37.2	9:33/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Kayla Killingbeck	La Porte IN	24	1279	200	32:49.1	10:35/M
2	* Renee Martin	Valparaiso IN	21	1027	218	34:02.9	10:59/M
3	* Kaitlin Wilkie	Valparaiso IN	23	914	245	36:12.8	11:41/M
4	Madison Binkowski	Knox IN	23	724	280	39:29.1	12:44/M
5	Jamie Major	Portage IN	24	1026	298	41:32.4	13:24/M
6	Madelyn Selvaggi	Valparaiso IN	24	818	307	43:34.6	14:03/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Troy White	Valparaiso IN	24	1182	126	27:30.3	8:52/M
2	* Andrew Mueller	Valparaiso IN	24	819	306	43:33.3	14:03/M

2020 Race the Region Valentine's 5K

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Age Group Results**5K Run**

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Amy Maclejewski	Hammond IN	29	186	40	21:40.8	7:00/M
2	* Morgan Wichlinski	Valparaiso IN	29	1218	52	22:31.6	7:16/M
3	* Natalie Drach	Griffith IN	27	131	127	27:34.1	8:54/M
4	Jessica Wilson	Chicago IL	25	727	130	27:44.9	8:57/M
5	Emily Kenyon	Crown Point IN	26	138	132	27:47.1	8:58/M
6	Analisa Martinez	Chicago IL	29	332	139	28:16.1	9:07/M
7	Taylor Kovach	Portage IN	27	1260	146	28:53.5	9:19/M
8	Clare Springman	Westville IN	26	1131	152	29:01.1	9:22/M
9	Delia Ceja	Lake Station IN	29	731	156	29:17.3	9:27/M
10	Staci Sgouroudis	Valparaiso IN	27	1236	160	29:36.2	9:33/M
11	Elizabeth Nover	Valparaiso IN	27	327	196	32:35.2	10:31/M
12	Tori Breitenbach	Valparaiso IN	26	1295	211	33:21.1	10:46/M
13	Annette Frank	Valparaiso IN	27	1286	241	36:05.1	11:38/M
14	Kaitlin Sharp	Michigan City IN	29	149	260	37:45.1	12:11/M
15	Andrea Frank	Valparaiso IN	25	1285	317	45:26.8	14:40/M
16	Chael Raica	Valparaiso IN	26	1288	327	47:08.6	15:12/M
17	Megahh Sexon	Portage IN	27	1159	358	1:02:02.9	20:01/M
18	Ashley Zeabart	Highland IN	26	1116	363	1:05:00.4	20:58/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Aaron Cook	Crown Point IN	28	806	17	19:41.9	6:21/M
2	* Michael Wagner	Crown Point IN	29	775	41	21:43.1	7:00/M
3	* Matthew Ahrens	Lombard IL	29	1146	48	22:14.2	7:10/M
4	Erik Jensen	Valparaiso IN	29	1185	60	23:15.6	7:30/M
5	Matt Jones	West Lafayette IN	26	191	79	24:14.9	7:49/M
6	Timothy Beal	Portage IN	28	1254	86	24:37.7	7:57/M
7	Stephen Eastridge	Wheatfield IN	29	1206	87	24:38.3	7:57/M
8	Wojciech Kubas	La Porte IN	27	143	92	25:05.6	8:06/M
9	Andrew Molon	Chicago IL	27	128	99	25:37.3	8:16/M
10	Zach Cannon	Indianapolis IN	25	709	159	29:33.0	9:32/M
11	Jared Benson	Chesterton IN	28	1184	166	29:51.4	9:38/M
12	Christopher Castor	Portage IN	27	1160	360	1:02:12.7	20:04/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Jackie Hood	Valparaiso IN	32	352	58	23:07.6	7:28/M
2	* Samantha Bartucci	Merrillville IN	30	769	62	23:16.9	7:31/M

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Age Group Results**5K Run**

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3 *	Lindsey Sellers	Valparaiso IN	34	1041	73	23:54.9	7:43/M
4	Tessa Troutman	Valparaiso IN	34	1040	104	25:49.7	8:20/M
5	Lisa Martinez	Hammond IN	30	129	135	27:59.1	9:02/M
6	Kerri Patrick	Westville IN	30	1246	142	28:40.8	9:15/M
7	Kara Baltz	Valparaiso IN	30	137	150	28:59.0	9:21/M
8	Danielle Goley	Portage IN	34	1244	168	29:59.6	9:41/M
9	Cynthia Cabrera	Crown Point IN	33	1245	169	30:04.3	9:42/M
10	Kayla Breitenbach	Warsaw IN	30	1296	170	30:04.7	9:42/M
11	Laura Fennell	Valparaiso IN	31	1151	181	31:02.2	10:01/M
12	Magdalena Trubecki	Rolling Meadows IL	33	337	183	31:30.4	10:10/M
13	Laura Thomas	Valparaiso IN	33	1290	230	35:04.6	11:19/M
14	Jennifer Sandberg	Cedar Lake IN	31	1251	233	35:14.8	11:22/M
15	Melissa Barkow	Chesterton IN	32	802	254	37:04.4	11:58/M
16	Melissa Panozzo	Dyer IN	31	767	278	39:20.6	12:42/M
17	Jennifer Ransom	Valparaiso IN	34	1105	291	40:38.1	13:06/M
18	Cassidee Jacobsen	Valparaiso IN	30	1126	294	40:52.2	13:11/M
19	Samantha Weston	La Porte IN	34	1133	320	45:47.1	14:46/M
20	Alicia Cooper	Valparaiso IN	32	1270	348	51:32.5	16:38/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Adam Stout	Valparaiso IN	32	1183	47	22:07.3	7:08/M
2 *	Juan Ceja	Lake Station IN	30	685	108	26:19.8	8:30/M
3 *	Lucas Bormann	Valparaiso IN	31	1235	154	29:13.3	9:26/M
4	Jon Nannenga	Kouts IN	34	334	174	30:21.1	9:47/M
5	Charlie Cooper	Valparaiso IN	32	1272	347	51:31.9	16:37/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Audrey Luckey	Highland IN	37	1222	89	24:44.2	7:59/M
2 *	Pamela Moore	Chesterton IN	37	1278	102	25:45.2	8:18/M
3 *	Jessica Austin	La Porte IN	35	369	117	27:04.7	8:44/M
4	Suzanne Gesse	Rolling Prairie IN	39	1281	121	27:09.8	8:46/M
5	Dana Huwig	Chesterton IN	39	774	125	27:21.3	8:49/M
6	Doralee Nail	Crown Point IN	37	713	128	27:38.1	8:55/M
7	Emilie Hunt	Valparaiso IN	37	1042	176	30:24.5	9:49/M
8	Sarah Olivarez	Valparaiso IN	39	1220	189	31:56.6	10:18/M
9	Kasandra Mooney	Valparaiso IN	36	1249	192	32:21.8	10:26/M

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Race Date
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Age Group Results**5K Run**

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
10	Angelina McDonald	Crown Point IN	37	333	202	32:50.6	10:36/M
11	Amanda Sopko	Chesterton IN	38	339	207	33:11.6	10:42/M
12	Misty Hatch	Lowell IN	35	771	209	33:16.0	10:44/M
13	Meghan O'Brien	Valparaiso IN	36	917	220	34:07.1	11:00/M
14	Tara Hamilton	Valparaiso IN	35	1120	221	34:19.6	11:04/M
15	Erica Sponberg	Valparaiso IN	38	133	223	34:22.0	11:05/M
16	Tasheena	Valparaiso IN	35	1199	248	36:23.3	11:44/M
17	Illiana Iglesias	Crown Point IN	38	712	255	37:05.4	11:58/M
18	Maida Adamczyk	Portage IN	39	338	256	37:15.6	12:01/M
19	Kari Brinsfield	La Porte IN	38	1129	258	37:37.2	12:08/M
20	Jennifer Plys	Merrillville IN	37	1223	264	38:05.1	12:17/M
21	Tiffany Green	Portage IN	38	1191	270	39:02.9	12:36/M
22	Janelle Bowen	Valparaiso IN	38	1238	274	39:07.7	12:37/M
23	Marellen Hattabaugh	Valparaiso IN	37	711	288	40:20.2	13:01/M
24	Tabitha MacKey	Gary IN	36	1282	290	40:25.9	13:03/M
25	Melissa Goodall	Merrillville IN	38	812	309	43:56.8	14:11/M
26	Amy Janik	Highland IN	35	1142	321	45:49.4	14:47/M
27	Shana Provenzano	Valparaiso IN	35	1035	329	47:19.3	15:16/M
28	Molly Mooney	Valparaiso IN	39	358	343	50:49.8	16:24/M
29	Daisy King	La Porte IN	38	330	351	52:36.9	16:58/M
30	Amber Scott	La Porte IN	39	136	353	53:53.9	17:23/M
31	Abby McGuire	Valparaiso IN	36	1176	357	58:59.4	19:02/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Luke Starkey	Valparaiso IN	38	801	14	19:18.6	6:14/M
2	* Matthew Shepard	South Bend IN	36	139	28	20:40.2	6:40/M
3	* Nick Meyer	Long Beach IN	38	715	30	20:49.3	6:43/M
4	Brian Collins	Hebron IN	37	196	50	22:25.9	7:14/M
5	Adam White	Valparaiso IN	35	198	94	25:24.7	8:12/M
6	Steve Packovski	Crown Point IN	39	1205	123	27:19.4	8:49/M
7	Cameron Bowen	Valparaiso IN	39	1239	167	29:57.5	9:40/M
8	Gustavo Castillo	Chicago IL	35	723	195	32:30.6	10:29/M
9	Steven Schulz	Portage IN	36	336	203	32:51.8	10:36/M
10	Matthew Zikesch	Valparaiso IN	38	918	219	34:07.0	11:00/M
11	Ronald Hatch	Lowell IN	35	772	238	35:41.9	11:31/M
12	Jessica Dean	Highland IN	37	355	340	50:31.2	16:18/M
13	Paul Hattabaugh Jr	Valparaiso IN	39	721	356	58:32.8	18:53/M

2020 Race the Region Valentine's 5K

Age Group Results

5K Run

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Jennette Rudzinski	Chesterton IN	42	1226	68	23:36.8	7:37/M
2	* Michelle Draschil	Crown Point IN	41	1135	81	24:25.7	7:53/M
3	* Tara Kleefisch	Kouts IN	43	1221	84	24:35.1	7:56/M
4	Jennifer Rios	Valparaiso IN	40	328	88	24:41.2	7:58/M
5	Erin Goffette	Portage IN	44	1263	113	26:32.6	8:34/M
6	Nancy Packovski	Crown Point IN	43	1248	129	27:43.1	8:56/M
7	Melissa Ofman	Valparaiso IN	40	150	149	28:55.2	9:20/M
8	Carrie Miller	Valparaiso IN	42	1124	157	29:20.4	9:28/M
9	Kellie Vaughan	Chesterton IN	43	1143	163	29:41.6	9:35/M
10	Christabel Thomas	Valparaiso IN	41	1225	165	29:50.7	9:38/M
11	Brenda Chavez	Valparaiso IN	43	178	175	30:21.4	9:48/M
12	Katie Siminski	Valparaiso IN	40	1262	186	31:33.6	10:11/M
13	Amanda Johnston	Hobart IN	42	1158	198	32:45.6	10:34/M
14	Amy Hartz	Valparaiso IN	40	1155	201	32:49.8	10:35/M
15	Jill Stepanek	Valparaiso IN	40	1171	205	32:59.3	10:39/M
16	Jessica Cramer	Michigan City IN	42	814	210	33:17.8	10:44/M
17	Lisa Broton	Valparaiso IN	42	1050	222	34:20.5	11:05/M
18	Misti Howell	Valparaiso IN	41	127	226	34:44.1	11:12/M
19	Kelly Prince	Chesterton IN	44	1144	235	35:21.7	11:24/M
20	Jenny Johnson	Valparaiso IN	40	1104	251	36:53.8	11:54/M
21	Cecilia Galvan	Michigan City IN	44	140	265	38:17.0	12:21/M
22	Kelley Rak	Valparaiso IN	42	335	287	40:10.4	12:58/M
23	Heather Sorensen	Saint Joseph MI	42	367	305	42:55.2	13:51/M
24	Kathy Wolff	Walkerton IN	43	1217	308	43:51.2	14:09/M
25	Christine Wadkins	Portage IN	42	375	311	44:20.0	14:18/M
26	Jeanette Urbano	Wheatfield IN	41	1259	325	46:51.7	15:07/M
27	Milinda Boedeker	Hobart IN	41	1165	330	47:45.9	15:24/M
28	Courtney Scholz	Michigan City IN	43	1168	339	50:23.6	16:15/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Ralph Nurse	Crown Point IN	42	1136	20	19:51.1	6:24/M
2	* Andrew Elderkin	Valparaiso IN	40	1179	27	20:34.4	6:38/M
3	* Aaron Rausch	Chesterton IN	40	363	38	21:30.7	6:56/M
4	Adam Stepanek	Valparaiso IN	40	1170	51	22:27.8	7:15/M
5	Mike Sopko	Chesterton IN	40	341	53	22:38.0	7:18/M
6	Tim Murphey	Michigan City IN	42	811	91	24:49.6	8:01/M
7	Joseph Trathen	Valparaiso IN	43	1163	97	25:34.4	8:15/M
8	Matthew Geiger	Valparaiso IN	43	1152	98	25:36.1	8:16/M
9	Kirk Smart	Morris IL	44	182	107	26:11.1	8:27/M

2020 Race the Region Valentine's 5K

Race Date
February 09, 20

Age Group Results**5K Run**

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
10	Andy Chavez	Valparaiso IN	44	177	109	26:22.4	8:30/M
11	Chris Broton	Valparaiso IN	42	1048	191	32:15.9	10:24/M
12	Scott Hartz	Valparaiso IN	43	1154	204	32:52.9	10:36/M
13	Bryan Schulte	Hobart IN	44	1178	236	35:21.9	11:25/M
14	Brad Schulte	Hebron IN	42	1177	237	35:22.8	11:25/M
15	Edwin King	La Porte IN	41	331	263	37:52.5	12:13/M
16	Daymon Johnston	Hobart IN	43	1157	266	38:23.9	12:23/M
17	Zachary Davis	Plymouth IN	44	1257	293	40:52.1	13:11/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Lisa Rebey	Griffith IN	49	130	93	25:09.6	8:07/M
2	* Cindy Steinbeck	Chesterton IN	45	919	95	25:25.8	8:12/M
3	* Michelle Corrigan	Valparaiso IN	47	916	106	26:01.2	8:24/M
4	Kimberly Gilbert	Medaryville IN	45	192	131	27:46.5	8:58/M
5	Dawn Vamos	Valparaiso IN	48	183	133	27:54.5	9:00/M
6	Christine Przewoznik	Chicago IL	46	1204	137	28:01.9	9:03/M
7	Michele Zurisk	Cedar Lake IN	48	1174	151	28:59.4	9:21/M
8	Becky Kreiger	Kouts IN	46	1213	178	30:35.1	9:52/M
9	Heather Birk	Plymouth IN	48	1216	190	32:04.0	10:21/M
10	Christine Moye	Valparaiso IN	47	1043	197	32:43.6	10:33/M
11	Lisa Blakley	Valparaiso IN	49	910	206	33:09.0	10:42/M
12	Sandy Thomas	Kouts IN	49	1148	208	33:16.0	10:44/M
13	Amy Dolbeare	La Porte IN	47	1280	213	33:37.0	10:51/M
14	Donna Forney	La Crosse IN	48	1153	227	34:45.0	11:13/M
15	Margaret Hall	Portage IN	47	142	250	36:26.1	11:45/M
16	Amy Thacker	Valparaiso IN	45	1203	253	37:00.3	11:56/M
17	Angela Boland	Chesterton IN	47	1181	261	37:48.1	12:12/M
18	Libbi Conway	Chesterton IN	46	1180	262	37:48.9	12:12/M
19	Bethany Elston	La Crosse IN	45	1188	267	38:24.3	12:23/M
20	Amy Henningfield	Hobart IN	46	1119	273	39:07.0	12:37/M
21	Traci Lang	Crown Point IN	45	1107	282	39:44.1	12:49/M
22	Angel Ward	Plymouth IN	45	1255	289	40:21.9	13:01/M
23	Jennifer Freeman	Lowell IN	49	1215	299	41:38.2	13:26/M
24	Jennifer Payne	New Carlisle IN	45	1134	352	52:54.8	17:04/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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2020 Race the Region Valentine's 5K

Age Group Results

5K Run

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Thomas Walden	Crown Point IN	45	147	35	21:24.7	6:54/M
2 *	John Bryant	Valparaiso IN	46	373	36	21:24.9	6:55/M
3 *	Chuck Vamos	Valparaiso IN	48	184	44	22:02.6	7:07/M
4	Doug McCarty	Knox IN	47	188	45	22:06.3	7:08/M
5	Mark Connors	Valparaiso IN	47	1200	67	23:34.3	7:36/M
6	Buddy Long	Griffith IN	46	804	83	24:34.7	7:56/M
7	Doyll Andrews	Valparaiso IN	47	1250	120	27:06.9	8:45/M
8	Ryan Steinbeck	Chesterton IN	46	371	148	28:54.8	9:20/M
9	Joseph Arias	Hobart IN	49	145	242	36:09.4	11:40/M
10	Paul Kobos	Streamwood IL	49	726	249	36:23.6	11:44/M
11	Aaron Mikell	Chicago IL	48	1192	271	39:03.6	12:36/M
12	Mark Camarena	Dyer IN	47	354	281	39:32.0	12:45/M
13	Martin Freeman	Lowell IN	49	1214	300	41:38.7	13:26/M
14	Jeff Freeze	Burns Harbor IN	49	1242	319	45:38.9	14:44/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kerri McKay	Valparaiso IN	52	1112	110	26:26.0	8:32/M
2 *	Sue Hill	Crown Point AK	51	1111	138	28:06.3	9:04/M
3 *	Deana Lecy	Porter IN	52	1210	143	28:45.2	9:17/M
4	Paula Pramuk	Kouts IN	52	1269	145	28:48.7	9:18/M
5	Linda Schwinkendorf	Kouts IN	53	1113	215	33:41.6	10:52/M
6	Jill Miller	Ogden Dunes IN	50	1118	225	34:32.3	11:09/M
7	Sydney Dawson	Crown Point IN	53	1241	259	37:44.6	12:11/M
8	Jen Boardman	La Porte IN	50	1299	276	39:10.3	12:38/M
9	Mary Weber	Schererville IN	50	1108	284	39:46.4	12:50/M
10	Angelica Ahrens	Roselle IL	54	366	285	39:59.6	12:54/M
11	Teresa Weiler	Valparaiso IN	50	1138	292	40:39.2	13:07/M
12	Beth Brown	Valparaiso IN	54	911	313	44:49.9	14:28/M
13	Tracy Freeze	Burns Harbor IN	51	1243	315	45:08.4	14:34/M
14	Kim Szelinski	Portage IN	53	1198	331	47:47.3	15:25/M
15	Tomi Valdez	Highland IN	54	1128	345	51:26.5	16:36/M
16	Bridget Barnhill	Highland IN	53	1132	346	51:28.4	16:36/M
17	Kristi Martin	Valparaiso IN	52	1197	361	1:03:37.5	20:31/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Skip Woldt	Valparaiso IN	51	357	56	23:00.1	7:25/M

2020 Race the Region Valentine's 5K

Age Group Results

5K Run

Male 50 to 54

Place	Name	City	Age	Bib No	Overall	Time	Pace
2	* Kirk Martin	Valparaiso IN	54	1196	57	23:07.2	7:27/M
3	* Ken Borowski	Saint John IN	52	195	63	23:20.6	7:32/M
4	Jason Freitag	Valparaiso IN	50	1209	72	23:53.5	7:42/M
5	Scott Sears	Valparaiso IN	51	1227	74	23:56.2	7:43/M
6	David Moye	Valparaiso IN	50	1047	77	24:05.1	7:46/M
7	Patrick Cosgrove	Valparaiso IN	52	1190	78	24:10.8	7:48/M
8	Todd Bailey	Argos IN	51	185	90	24:45.6	7:59/M
9	John Zurisk	Cedar Lake IN	52	1175	140	28:31.6	9:12/M
10	Ken Harter	Valparaiso IN	53	1145	187	31:41.5	10:13/M
11	Bob Scheub	Valparaiso IN	53	1194	246	36:18.5	11:43/M
12	Jerome Weiler	Valparaiso IN	50	1139	247	36:22.4	11:44/M
13	Bryan Schwinkendorf	Kouts IN	51	1114	252	36:54.5	11:54/M
14	Felix Baeza	Chesterton IN	52	803	283	39:44.7	12:49/M

Female 55 to 59

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Sue Brown Nickerson	Valparaiso IN	59	1202	147	28:53.7	9:19/M
2	* Amy Benda	Valparaiso IN	59	1161	153	29:12.3	9:25/M
3	* Monica Conrad	Westville IN	55	807	162	29:38.3	9:34/M
4	Cariann Turner	Valparaiso IN	55	770	180	31:01.9	10:01/M
5	Julie Young	Valparaiso IN	56	1110	194	32:27.6	10:28/M
6	Laura Darrow	Lowell IN	58	1038	212	33:24.8	10:47/M
7	Tina Strimbu	Valparaiso IN	58	1247	217	33:48.8	10:54/M
8	Karen Gay	Valparaiso IN	59	329	234	35:18.7	11:23/M
9	Sharon Polite	Valparaiso IN	55	1187	277	39:10.4	12:38/M
10	Loretta Frank	Valparaiso IN	55	1284	316	45:20.6	14:38/M
11	Marcie Sobiski	Hobart IN	57	708	322	46:43.1	15:04/M
12	Tracey Cocking	Crown Point IN	55	1265	344	51:16.4	16:32/M
13	Erin Shinabarger	Hobart IN	55	132	359	1:02:04.7	20:02/M

Male 55 to 59

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Harry Baginski	Crown Point IN	57	361	21	19:57.3	6:26/M
2	* Samuel Arzumianian	Munster IN	55	1130	26	20:34.2	6:38/M
3	* David Young	Valparaiso IN	59	1109	76	24:01.1	7:45/M
4	Phil Newberry	Kankakee IL	57	1137	103	25:47.4	8:19/M
5	Richard Ahrens	Roselle IL	55	368	124	27:21.1	8:49/M
6	Jeff Peterson	Grant Park IL	55	359	136	27:59.5	9:02/M

2020 Race the Region Valentine's 5K

Age Group Results

5K Run

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
7	Mike Messinger	New Buffalo MI	56	1231	172	30:19.3	9:47/M
8	George K. Azar	Valparaiso IN	55	1147	179	30:42.8	9:54/M
9	Adam Hill	Portage IN	55	1287	232	35:07.9	11:20/M
10	Michael Molon	Wheatfield IN	57	141	272	39:03.6	12:36/M
11	Tom Fela	Chesterton IN	57	719	312	44:21.7	14:19/M
12	Jeff Zeabart	Highland IN	56	1115	362	1:04:57.6	20:57/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Elaine Hendricks	Valparaiso IN	62	1268	70	23:48.6	7:41/M
2 *	Lydia Sandoval	Chesterton IN	62	351	144	28:45.4	9:17/M
3 *	Debbie Librandi	Valparaiso IN	60	1193	239	35:48.9	11:33/M
4	April Hardesty	Valparaiso IN	61	1189	257	37:24.1	12:04/M
5	Debbie Lueken	Schererville IN	60	714	303	42:14.2	13:38/M
6	Laura Ryan	Valparaiso IN	62	815	332	47:52.4	15:27/M
7	Mary Cooper	Valparaiso IN	60	1273	333	47:56.1	15:28/M
8	Nancy Ross	Highland IN	64	356	341	50:35.6	16:19/M
9	Cindy Johnson	Valparaiso IN	64	1103	349	51:36.5	16:39/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brian Chorba	Valparaiso IN	63	1117	65	23:30.3	7:35/M
2 *	Rick Turner	Valparaiso IN	62	773	101	25:44.6	8:18/M
3 *	Thomas Kornelik	Crown Point IN	63	1150	119	27:06.7	8:45/M
4	Eric Diamond	South Bend IN	61	729	164	29:48.9	9:37/M
5	Ronald White	Chesterton IN	63	1252	268	38:56.5	12:34/M
6	Jim Cocking	Crown Point IN	62	1266	286	40:04.6	12:56/M
7	William Sobiski	Hobart IN	62	720	318	45:27.7	14:40/M
8	Jac Cooper	Valparaiso IN	63	1274	334	47:56.4	15:28/M
9	Pete Klaeser	Chesterton IN	63	1141	335	49:26.4	15:57/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kathy Hilbrich	Chesterton IN	66	1212	155	29:15.8	9:26/M
2 *	Janet Rotz	Dyer IN	66	189	188	31:47.6	10:15/M
3 *	Polly Theising	Valparaiso IN	69	1201	228	34:50.5	11:14/M

2020 Race the Region Valentine's 5K

Age Group Results

5K Run

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
4	Carmen Piunti	Portage IN	66	716	304	42:52.7	13:50/M
5	Mary Jane Portaz	Valparaiso IN	68	1195	354	54:56.2	17:43/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Trevor Price	Chesterton IN	66	135	61	23:15.6	7:30/M
2 *	Joe Betz		69	360	69	23:38.1	7:37/M
3 *	Bruce Metz	Cedar Lake IN	65	144	80	24:17.7	7:50/M
4	Arvil Howe	South Bend IN	68	134	96	25:26.2	8:12/M
5	Doug Wiese	Westville IN	66	1297	314	44:51.6	14:28/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jean Jannasch	Valparaiso IN	73	915	122	27:15.6	8:48/M
2 *	Diane Dumonte-Slater	Valparaiso IN	71	200	240	35:51.5	11:34/M
3 *	Jane Fuller	Hobart IN	73	805	279	39:26.6	12:43/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Patrick Davis	Valparaiso IN	73	913	185	31:33.4	10:11/M
2 *	Dennis Rotz	Dyer IN	72	190	216	33:45.8	10:53/M
3 *	Jack Kashak	Chesterton IN	72	194	296	41:04.6	13:15/M
4	J Ezell	Valparaiso IN	73	816	297	41:15.0	13:18/M

Male 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Clarence Melion	Portage IN	75	1300	269	38:59.7	12:35/M
2 *	David J Ralston	Hammond IN	75	732	302	42:01.0	13:33/M
3 *	Tom Magill	Chesterton IN	91	1162	310	44:12.5	14:16/M
4	David Hinshaw	Hammond IN	75	1219	350	52:17.5	16:52/M