Race Date
July 09, 22

2022 Miles that Matter 5K and 10K Runs <u>Age Group Results</u>

10K Run

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 Place
 Name
 City
 Age
 Bib No
 Overall
 Time
 Pace

 1
 Shanna Ewert
 Warsaw IN
 44
 3204
 6
 51:34.3
 8:19/M

Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	Bib No	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Connor Slavicek	Warsaw IN	28	3222	1	42:43.1	6:53/M

2022 Miles that Matter 5K and 10K Runs <u>Age Group Results</u>

10K Run

Ma	le 16 and Unde	r	
Place 1	Name Seth Helvey	<u>City</u> Akron IN	Age Bib No Overall Time Pace 15 3208 7 1:30:20.3 14:34/M
Ма	le 44 to 52		
Place	<u>Name</u>	City	Age Bib No Overall Time Pace
1	Travis Russell	Granger IN	47 3221 3 46:38.6 7:31/M
2	Galen Mast	Goshen IN	49 3214 4 47:33.8 7:40/M
3	Ryan Langeland	Warsaw IN	45 3213 5 50:31.9 8:09/M
Fer	male 53 and Ov	er	
Place	Name	City	Age Bib No Overall Time Pace
1	Rhonda Helvey	Akron IN	55 3207 9 1:31:01.7 14:41/M
 Ma	le 53 and Over		
Place	<u>Name</u>	City	Age Bib No Overall Time Pace
1	Todd Bailey	Argos IN	54 3201 2 45:39.7 7:22/M
2	Todd Helvey	Akron IN	57 3209 8 1:30:24.6 14:35/M