

Race Date
August 14, 2022

2022 Race the Region - PR 5K

Age Group Results

5K Run

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Keagan Morgan	Crete IL	20	180	1	15:29.3	5:00/M

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laura Krasa	Urbana IL	22	8167	6	17:33.5	5:40/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Wroblewski	Saint Joseph MI	43	40	5	17:26.4	5:38/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Darci Chidichimo	Crown Point IN	43	8179	26	22:22.8	7:13/M

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Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Colston Seydel	Valparaiso IN	10	6219	18	20:57.6	6:46/M
2	Porter Wilks	Valparaiso IN	9	8053	19	21:00.8	6:47/M
3	Lucas Torres	Valparaiso IN	8	6234	51	24:29.8	7:54/M
4	Davis Seydel	Valparaiso IN	7	6220	87	27:35.5	8:54/M
5	Cody Trudeau	Valparaiso IN	7	8087	125	31:38.3	10:12/M
6	Wes Turner	Valparaiso IN	10	6240	163	38:00.2	12:16/M
7	Ari Trudeau	Valparaiso IN	10	8086	188	47:47.7	15:25/M

Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Anna Muhleman	Valparaiso IN	10	6251	62	25:28.0	8:13/M
2	Amelia Andree	Crown Point IN	8	8187	75	26:21.3	8:30/M
3	Layla Muhleman	Valparaiso IN	8	6252	166	38:09.4	12:19/M

Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Willy Wilks	Valparaiso IN	11	8054	16	20:31.2	6:37/M
2	Tate Huwig	Chesterton IN	11	8091	70	25:52.5	8:21/M
3	Levi Kidder	Valparaiso IN	11	8184	79	26:59.0	8:42/M
4	Isaac Gertzen	Valparaiso IN	12	8159	154	36:33.0	11:47/M

Female 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aubrey Clouse	Portage IN	12	6277	42	23:22.1	7:32/M
2	Ella Micka	Valparaiso IN	11	6238	108	29:08.7	9:24/M

Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Postelnik	Chesterton IN	14	370	60	25:05.8	8:06/M
2	Jj Bowen	Chesterton IN	14	8102	71	25:55.5	8:22/M
3	Henry Andree	Crown Point IN	13	8166	142	34:11.6	11:02/M

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Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Madilynn Fehlman	Portage IN	13	6276	35	23:05.4	7:27/M
2	Madelyn Parry	Michigan City IN	14	8195	47	24:00.0	7:45/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matthew Borowski	Saint John IN	15	67	30	22:48.8	7:22/M
2	Matt Rumler	Valparaiso IN	18	8094	98	28:08.2	9:05/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	April Sepulveda	Hammond IN	15	8093	53	24:30.3	7:54/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan O'Connor	Chesterton IN	21	333	3	15:45.8	5:05/M
2	Nathan Shaffer	Portage IN	20	90	9	18:44.4	6:03/M
3	Connor O'Neill	Avon IN	20	220	10	18:48.7	6:04/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Renee Martin	Valparaiso IN	24	91	94	27:50.7	8:59/M
2	Bailee Laux	Michigan City IN	21	8072	132	32:48.5	10:35/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Eagan	Crown Point IN	29	8100	24	22:02.7	7:07/M
2	Julio César Rosas	Michigan City IN	25	378	25	22:04.0	7:07/M
3	Kyle Knabenhans	Saint John IN	29	8190	107	28:40.1	9:15/M
4	Devin Clark	Warsaws IN	26	8098	146	35:11.8	11:21/M

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Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Monique Brown	Westville IN	25	8065	40	23:19.7	7:32/M
2	Emily Small	Valparaiso IN	29	8152	115	30:08.7	9:43/M
3	Morgan Sebert	Michigan City IN	27	8071	119	31:07.9	10:03/M
4	Katie Hess	La Porte IN	27	8073	137	33:25.3	10:47/M
5	Tara Beere	Valparaiso IN	25	354	145	35:11.5	11:21/M
6	Sachen Emery	Hebron IN	25	8083	162	37:28.5	12:05/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ekagra Agarwal	Porter IN	31	8084	4	17:22.1	5:36/M
2	Andrew Gross	Dyer IN	34	8101	58	25:02.0	8:05/M
3	Kyle Kerr	Valparaiso IN	30	8163	63	25:31.2	8:14/M
4	Wojciech Kubas	La Porte IN	30	8092	67	25:35.8	8:15/M
5	Isaac Field	Cicero IN	32	8182	178	42:05.8	13:35/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bethany Martin	Valparaiso IN	33	8174	39	23:16.9	7:31/M
2	Samantha Bartucci	Merrillville IN	33	8185	46	23:33.9	7:36/M
3	Laura Fennell	Valparaiso IN	34	175	54	24:34.3	7:56/M
4	Brittany Fozkos	Valparaiso IN	31	8164	64	25:32.3	8:14/M
5	Laura Myers	Wheatfield IN	32	8155	90	27:40.8	8:56/M
6	Katie Trudeau	Valparaiso IN	34	8085	124	31:38.3	10:12/M
7	Bianca Passo	Ogden Dunes IN	33	6226	140	34:05.5	11:00/M
8	Sarah Brown	Portage IN	31	8105	181	43:40.2	14:05/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Justin Kowalski	South Bend IN	36	250	2	15:38.6	5:03/M
2	Adam White	Valparaiso IN	38	6258	15	20:06.0	6:29/M
3	Michael Case	Dyer IN	38	8178	17	20:34.1	6:38/M
4	Nick Underwood	Valparaiso IN	39	8176	49	24:10.0	7:48/M
5	Robert Fozkos	Valparaiso IN	35	79	65	25:33.0	8:15/M
6	Eric Wozniak	La Porte IN	36	8059	68	25:39.4	8:17/M
7	Edwin Sims	Gary IN	38	8168	78	26:40.6	8:36/M
8	Nathan Lappin	Valparaiso IN	39	8103	84	27:26.4	8:51/M

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Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
9	Mike Kane	Valparaiso IN	37	6278	111	29:47.7	9:37/M
10	Dana Trudeau	Schererville IN	38	8089	184	46:32.1	15:01/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lindsay Moskalick	Valparaiso IN	38	8156	13	19:43.6	6:22/M
2	Mary Vollbrecht	Valparaiso IN	39	8188	21	21:44.9	7:01/M
3	Emily Deja	Bridgman MI	37	380	29	22:45.4	7:20/M
4	Jackie Hood	Valparaiso IN	35	6261	103	28:25.8	9:10/M
5	Stephanie Betts	Hobart IN	35	8057	118	30:58.3	9:59/M
6	Margaret Sullivan	Chicago IL	37	377	128	32:05.0	10:21/M
7	Suzanna Kidder	Valparaiso IN	39	8183	150	35:47.4	11:33/M
8	Meghan O'Brien	Valparaiso IN	39	8090	152	36:08.4	11:40/M
9	Kelly Ireland	Kouts IN	36	8063	157	36:54.5	11:54/M
10	Kelly Kietzman	Valparaiso IN	37	6287	182	44:53.5	14:29/M
11	Jennifer Ransom	Valparaiso IN	36	8104	199	53:56.6	17:24/M
12	Lindy Adams Brockman	Valparaiso IN	38	6272	202	55:53.3	18:02/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nick Lyman	Valparaiso IN	43	6208	28	22:33.6	7:17/M
2	Ezra Burke	Valparaiso IN	44	6284	32	22:59.6	7:25/M
3	Nick Konwerski	Crown Point IN	43	8189	33	23:00.4	7:25/M
4	Micah Bornstein	Portage IN	41	8170	36	23:09.5	7:28/M
5	Jared Goodall	Merrillville IN	40	8080	38	23:16.5	7:30/M
6	Tim Murphey	Michigan City IN	44	6266	52	24:29.9	7:54/M
7	Christopher Barkow	Valparaiso IN	40	8064	74	26:21.1	8:30/M
8	Shawn Andree	Crown Point IN	43	8165	81	27:05.5	8:44/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Suzanne Gesse	Rolling Prairie IN	42	8079	73	26:17.3	8:29/M
2	Keely Bell	Munster IN	43	8175	86	27:35.3	8:54/M
3	Megan Torres	Valparaiso IN	42	6233	92	27:47.0	8:58/M
4	Michelle Draschil	Crown Point IN	43	8181	93	27:49.3	8:58/M
5	Angie Rushing	Hobart IN	44	6212	95	27:52.6	9:00/M

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Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Karen Turner	Valparaiso IN	44	6239	100	28:14.7	9:07/M
7	Melissa Cummins	Valparaiso IN	41	8199	121	31:19.9	10:06/M
8	Rachel Bornstein	Portage IN	40	8200	123	31:34.9	10:11/M
9	Valerie Lash	Valparaiso IN	43	6241	134	33:04.1	10:40/M
10	Jessica Willfond	Portage IN	42	8056	135	33:23.6	10:46/M
11	Mary Andree	Crown Point IN	43	8186	144	34:58.7	11:17/M
12	Tammy Symmes	Chesterton IN	43	8088	148	35:18.2	11:23/M
13	Lauren Erickson-Vega	Valparaiso IN	40	8066	153	36:08.8	11:40/M
14	Jenifer Colville	Chesterton IN	44	6300	156	36:36.4	11:49/M
15	Amanda Szentesy	Valparaiso IN	42	6218	159	37:03.4	11:57/M
16	Misti Howell	Valparaiso IN	43	8062	161	37:16.3	12:01/M
17	Jessica Muhleman	Valparaiso IN	43	6250	168	38:14.9	12:20/M
18	Kimberly Jackson	Valparaiso IN	43	8191	177	40:38.9	13:07/M
19	Molly Mooney	Valparaiso IN	42	6254	186	47:09.1	15:13/M
20	Melissa Goodall	Saint John IN	41	8078	190	49:33.3	15:59/M
21	Meredith Brockman	Valparaiso IN	42	6271	201	55:52.1	18:01/M
22	Jamalyn Bogan	Crown Point IN	42	6269	203	55:53.5	18:02/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ryan Kwiecinski	Chesterton IN	47	251	12	19:24.7	6:16/M
2	Bibiano Rosas	Michigan City IN	49	9800	14	20:04.7	6:29/M
3	Michael Rogers	Valparaiso IN	45	6260	43	23:25.0	7:33/M
4	Andy Chavez	Valparaiso IN	46	6267	91	27:45.1	8:57/M
5	Martin Buinicki	Valparaiso IN	49	6247	113	29:55.5	9:39/M
6	David Cummins	Valparaiso IN	48	8198	126	31:52.9	10:17/M
7	Daymon Johnston	Hobart IN	45	8061	160	37:15.1	12:01/M
8	Kelly Bogan	Crown Point IN	45	6270	171	38:55.7	12:33/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brenda Chavez	Valparaiso IN	45	6268	77	26:31.6	8:33/M
2	Sara Bruner	Valparaiso IN	45	6214	97	27:57.9	9:01/M
3	Maria Micka	Valparaiso IN	47	6237	110	29:46.8	9:36/M
4	Rachel Wilson	Crown Point IN	45	6230	114	29:57.8	9:40/M
5	Amanda Johnston	Hobart IN	45	8060	143	34:27.4	11:07/M
6	Shareen Rador	Valparaiso IN	49	6217	165	38:06.4	12:18/M
7	Andrea Maslanka	Valparaiso IN	49	6232	174	40:19.1	13:00/M

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Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Deena Pidrak	Valparaiso IN	48	6231	176	40:26.7	13:03/M
9	Lindy Garzella	Portage IN	47	6255	185	47:08.5	15:12/M
10	Becky Kreiger	Kouts IN	49	6235	187	47:10.1	15:13/M
11	Cassandra Pynakker	Melrose Park IL	45	8154	194	50:39.9	16:21/M
12	Andrea Proulx Buinicki	Valparaiso IN	49	6248	200	55:48.3	18:00/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Phillip Nafus	Portage IN	51	230	7	17:54.4	5:47/M
2	Todd Bailey	Argos IN	54	38	20	21:32.5	6:57/M
3	Mark Connors	Valparaiso IN	50	6246	23	21:56.2	7:05/M
4	Jeffrey Cunningham	Chesterton IN	50	366	31	22:58.3	7:25/M
5	Gregory McNair	Michiana MI	53	6211	37	23:12.3	7:29/M
6	Skip Woldt	Valparaiso IN	54	6225	44	23:33.7	7:36/M
7	Patrick Cosgrove	Valparaiso IN	54	6283	50	24:14.8	7:49/M
8	Johnny Stimley	Michigan City IN	52	8196	56	24:44.2	7:59/M
9	Scott Sears	Valparaiso IN	54	6264	69	25:43.3	8:18/M
10	Alan Jones	Valparaiso IN	52	6215	96	27:57.3	9:01/M
11	John Zurisk	Cedar Lake IN	54	6274	127	31:58.7	10:19/M
12	Jack Colville	Chesterton IN	52	6290	155	36:36.4	11:49/M
13	Jerome Weiler	Valparaiso IN	53	6221	170	38:19.7	12:22/M
14	Laura Gertzen	Valparaiso IN	53	8158	196	50:59.5	16:27/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Francie Bean	Valparaiso IN	50	6243	57	24:49.7	8:01/M
2	Sue Hill	Crown Point IN	54	6229	89	27:39.9	8:55/M
3	Michele Zurisk	Cedar Lake IN	51	6275	120	31:08.8	10:03/M
4	Amy Dolbeare	La Porte IN	50	8082	129	32:28.0	10:28/M
5	Teresa Weiler	Valparaiso IN	52	6222	167	38:10.9	12:19/M
6	Tamie Snodgrass	New Lenox IL	53	8160	197	51:01.7	16:28/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeff Mescal	Hebron IN	57	323	8	18:27.1	5:57/M
2	Tom Courtney	Portage IN	55	8194	27	22:33.4	7:17/M

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Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
3	Ken Borowski	Saint John IN	55	64	34	23:05.3	7:27/M
4	Nicholas Perkins	Crown Point IN	57	275	55	24:38.5	7:57/M
5	Kyle Johns	Chesterton IN	57	8052	59	25:04.8	8:05/M
6	Lenny Randazzo	Park Ridge IL	58	8192	99	28:12.0	9:06/M
7	Steve Lawson	Valparaiso IN	57	338	106	28:32.2	9:12/M
8	Steve Waltz	Chesterton IN	56	8074	112	29:51.1	9:38/M
9	Wade Boise	Chesterton IN	58	6253	116	30:41.2	9:54/M
10	Darnell Drake	Crown Point IN	56	8157	147	35:15.3	11:22/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kerri McKay	Valparaiso IN	55	6228	72	26:03.1	8:24/M
2	Monica Conrad	Westville IN	58	8075	82	27:07.7	8:45/M
3	Colleen Minch	Valparaiso IN	55	6216	85	27:34.6	8:54/M
4	Mary Manfredo	Valparaiso IN	56	6224	88	27:38.4	8:55/M
5	Julie Young	Valparaiso IN	58	6244	109	29:12.0	9:25/M
6	Marianne Groth	St. Joseph MI	59	6256	136	33:24.5	10:47/M
7	Bridget Barnhill	Highland IN	55	8076	151	35:53.8	11:35/M
8	Tracey Cocking	Crown Point IN	58	6285	204	56:41.7	18:17/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lee McKinley	Dune Acres IN	61	8193	11	18:52.3	6:05/M
2	Ruben Sanchez	Lake Station IN	64	8068	45	23:33.7	7:36/M
3	Dave Young	Valparaiso IN	62	6245	48	24:04.2	7:46/M
4	Mark Sandrick	Dyer IN	61	95	61	25:07.5	8:06/M
5	James Cocking	Crown Point IN	64	6286	183	45:37.3	14:43/M
6	Eric Diamond	South Bend IN	63	9799	191	50:02.6	16:09/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sue Brown Nickerson	Valparaiso IN	62	8055	117	30:42.8	9:54/M
2	April Hardesty	Valparaiso IN	64	6265	122	31:23.9	10:08/M
3	Laura Darrow	Lowell IN	61	8095	130	32:28.8	10:29/M
4	Margaret Sikora-Black	Valparaiso IN	62	8172	149	35:27.2	11:26/M
5	Karen Gay	Valparaiso IN	62	6273	164	38:00.4	12:16/M

Race Date
August 14, 2022

2022 Race the Region - PR 5K

Age Group Results

5K Run

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
6	Kayla Gelsomino		63	8099	173	40:15.6	12:59/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brian Chorba	Valparaiso IN	66	8051	22	21:56.2	7:05/M
2	Michael Irwin	Valparaiso IN	66	8173	80	27:00.9	8:43/M
3	Mark Small	Valparaiso IN	65	8151	101	28:16.7	9:07/M
4	James Kintzele	Chesterton IN	69	6209	158	37:02.6	11:57/M
5	Doug Wiese	Westville IN	68	6263	189	48:16.8	15:34/M
6	Peter Klaeser	Chesterton IN	65	375	192	50:11.8	16:12/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elaine Hendricks	Valparaiso IN	65	8153	41	23:21.1	7:32/M
2	Joanne Baitup	Valparaiso IN	65	6288	105	28:31.5	9:12/M
3	Janet Rotz	Dyer IN	68	302	131	32:41.2	10:33/M
4	Leslie Buff	Chesterton IN	69	8077	139	33:51.0	10:55/M
5	Joyce Einikis	Valparaiso IN	66	6259	172	39:14.9	12:40/M
6	Linda Levenson	Valparaiso IN	68	8171	179	42:11.7	13:37/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Arvil Howe	South Bend IN	71	8161	66	25:33.4	8:15/M
2	Tom Moeller	Chesterton IN	70	8169	76	26:25.4	8:31/M
3	Dave Brown	Kouts IN	73	8058	104	28:27.6	9:11/M
4	Dennis Rotz	Dyer IN	74	281	141	34:05.6	11:00/M

Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Patty Rose	Valparaiso IN	71	6242	102	28:22.4	9:09/M
2	Polly Theising	Valparaiso IN	72	6210	169	38:15.2	12:20/M
3	Ulrike Zambori		73	8070	193	50:32.9	16:18/M

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2022 Race the Region - PR 5K

Age Group Results

5K Run

Male 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steven Gelsomino		78	8097	133	32:49.2	10:35/M
2	John Stimley	Michigan City IN	77	8197	138	33:36.6	10:51/M
3	J Ezell		76	8069	180	42:19.0	13:39/M
4	Jack Kashak		75	8096	195	50:39.9	16:21/M
5	David Ralston	Hammond IN	77	8177	198	51:21.9	16:34/M

Female 75 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jean Jannasch	Valparaiso IN	75	8067	83	27:17.4	8:48/M
2	Linda Perry	Demotte IN	75	8081	175	40:26.0	13:03/M