

Race Date
September 20, 2025

2025 Brain Up 5K Run

Age Group Results

5K - Adult

Female Top 3 Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Erin Davies		82	1	21:03.7	6:48/M
2	Lauren Spengler		340	2	21:39.1	6:59/M
3	Mahalia Dalmage		9729	3	21:51.7	7:03/M

Male Top 3 Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Luke Gaston		121	1	18:45.4	6:03/M
2	Dominic Ross		9727	2	19:02.5	6:09/M
3	Patrick Gerkin		124	3	20:04.7	6:29/M

*Overall place within gender