

5K Run/Walk Overall Male Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7766	Michael Konkright	M	23	Downers Grove	17:21.23	17:15.89	5:33

5K Run/Walk Overall Female Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6990	Natalie Krause	F	43		19:53.12	19:50.84	6:23

5K Run/Walk Masters Male Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7693	Lee McKinley	M	63	Dune Acres	17:47.51	17:43.34	5:42

5K Run/Walk Masters Female Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6918	Yvette Lambersie	F	50	Chesterton	22:21.35	22:13.69	7:09

5K Run/Walk Female 1 - 10 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6928	Addy Howton	F	10	Chesterton	25:14.45	25:07.22	8:05
2	7720	Isabella Scott	F	8	Rolling Prairie	26:21.50	26:12.68	8:26
3	6441	Caroline Malecki	F	10	Valparaiso	32:56.65	32:44.51	10:32
4	7400	Tessa Stephens	F	10	Valparaiso	35:28.74	35:05.37	11:18
5	7713	Grace Stroud	F	7	Saint Joseph	49:09.76	48:24.09	15:35

5K Run/Walk Male 1 - 10 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6991	Caden Martinez	M	10	Valparaiso	21:36.59	21:30.92	6:56
2	7721	Owen Scott	M	10	Rolling Prairie	23:33.70	23:24.87	7:32
3	6994	Charlie Kominakis	M	9	Valparaiso	24:26.80	24:09.33	7:46
4	7762	Beau Miller	M	10	Valparaiso	30:36.84	29:49.16	9:36
5	7406	Elijah Chase	M	9	Chesterton	35:11.69	35:02.76	11:17
6	7682	Cole Ponder	M	9	Michigan City	36:02.87	35:07.07	11:18
7	6443	Thomas Malecki	M	7	Valparaiso	35:48.98	35:36.58	11:28
8	6963	Cody Trudeau	M	10	Valparaiso	36:24.44	35:59.88	11:35
9	7741	Gus Norris	M	8	Valparaiso	42:43.82	42:35.38	13:42
10	7686	Elias Steinborn	M	10	La Porte	49:39.26	48:42.79	15:41

5K Run/Walk Female 11 - 12 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7608	Mia Kajer	F	12	Michigan City	25:33.45	25:27.91	8:12
2	6968	Elinor Chmielarz	F	11	Chesterton	49:39.66	49:05.95	15:48
3	6974	Valerie Donahue	F	11	Valparaiso	50:08.44	49:27.81	15:55

5K Run/Walk Male 11 - 12 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6442	Ben Malecki	M	12	Valparaiso	22:30.86	22:25.96	7:13
2	7405	Ian Chase	M	12	Chesterton	24:43.45	24:37.28	7:55
3	6966	Dallas Sibert	M	11	Valparaiso	25:01.45	24:55.27	8:01
4	7717	Carter Kennedy	M	12	Chesterton	28:35.11	28:27.96	9:10

5K Run/Walk Female 13 - 14 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7651	Caroline Rinas	F	13	Hobart	25:05.12	24:49.45	7:59
2	7728	Myla Pintor	F	13	Buchanan	50:07.43	49:16.48	15:52
3	6973	Audrey Donahue	F	14	Valparaiso	50:07.82	49:26.21	15:55

5K Run/Walk Male 13 - 14 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7709	Talon Samford	M	14	La Porte	18:15.51	18:11.82	5:51
2	7718	Aedan McKee	M	14	Michigan City	22:33.92	22:28.36	7:14
3	7671	Mateo Gonzalez	M	14	Lake Station	25:21.54	25:15.64	8:08
4	6941	Mason Eggert	M	14	Valparaiso	25:54.76	25:19.62	8:09

5K Run/Walk Female 15 - 19 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6940	Katie Plath	F	15	Westville	23:30.22	23:25.71	7:32
2	7652	Abigail Rinas	F	15	Hobart	28:27.60	28:11.49	9:04
3	7673	McKenzie Pitchford	F	16	New Buffalo	34:19.22	34:04.31	10:58

5K Run/Walk Male 15 - 19 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7661	Liam Coates	M	18	Portage	19:06.42	19:01.99	6:08
2	7763	Davion Williams	M	18	Michigan City	21:59.89	21:54.72	7:03
3	6939	Eric Plath	M	17	Westville	22:36.73	22:31.56	7:15
4	7735	Brennan Recktenwall	M	18	Chesterton	22:59.86	22:55.18	7:23
5	7609	Ethan Fogus	M	18	Michigan City	30:52.66	30:49.78	9:55
6	7674	Nathan Singleton	M	17	New Buffalo	34:18.88	34:03.56	10:58
7	6972	Conner Donahue	M	15	Valparaiso	50:07.42	49:26.01	15:55
8	6900	Jake Hoard	M	15	Valparaiso	54:56.47	54:36.55	17:35

5K Run/Walk Female 20 - 24 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7739	Natalie Jovel	F	22	Crown Point	33:31.15	32:53.59	10:35
2	7680	Meghan Miller	F	24	Westville	35:31.37	34:35.46	11:08
3	6965	Penny Lawrence	F	23	Valparaiso	36:17.77	35:52.40	11:33
4	6992	Madison Waggoner	F	22	Indianapolis	37:16.95	36:23.77	11:43
5	7724	Kiya Sams	F	22	Pinellas Park	37:42.29	37:11.02	11:58
6	7768	Emily Walden	F	23	Lisle	46:58.98	46:12.50	14:52
7	7751	Chloe Pace	F	23	Lowell	51:34.57	51:09.40	16:28
8	6899	Katie Hoard	F	20	Valparaiso	54:54.97	54:35.05	17:34
9	7670	Emmery Joseph	F	23	Valparaiso	55:37.33	55:04.39	17:44

5K Run/Walk Male 20 - 24 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7705	Beast Demon	M	22	South Haven	22:44.68	22:41.79	7:18
2	7740	Brennen Bailey	M	23	Valparaiso	25:59.70	25:50.28	8:19
3	7752	Navin Pace	M	23	Lowell	51:34.57	51:09.88	16:28

5K Run/Walk Female 25 - 29 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6987	Kaylee Heimberg	F	27	Kouts	24:08.37	23:43.41	7:38
2	6986	Jewel Patrick	F	27	Hebron	26:55.94	26:18.78	8:28
3	7622	Renee Martin	F	27	Valparaiso	27:15.44	26:56.94	8:40
4	6893	Kayla Phelps	F	25	Griffith	29:25.92	29:13.24	9:24
5	7770	Cami Bratton	F	26	New Carlisle	32:35.17	31:38.72	10:11
6	7730	Breona Rivera	F	26	Portage	33:33.39	33:13.25	10:42
7	6908	Caitlyn Miller	F	28	La Porte	33:26.30	33:20.35	10:44
8	7744	Abby Sheets	F	29	Michigan City	35:02.35	34:18.09	11:02
9	7699	Haley Martens	F	29	Crown Point	35:08.63	34:29.72	11:06
10	7395	Jessica Record	F	27	Portage	36:09.83	35:58.42	11:35
11	6948	Rylee Hart	F	25	Valparaiso	36:19.12	36:10.25	11:39
12	6945	Vikki Bloede	F	29	Hobart	40:59.67	40:00.84	12:53
13	6996	Miranda Yester	F	28	Valparaiso	44:23.73	43:35.42	14:02

5K Run/Walk Male 25 - 29 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7621	Erich Middlestadt	M	26	Mishawaka	18:47.37	18:45.10	6:02
2	6902	Drew Saulsgiver	M	25	Kouts	20:27.49	20:14.15	6:31
3	6985	Aaron Finley	M	27	Valparaiso	23:02.47	22:35.67	7:16
4	7731	Jorge Rivera	M	27	Dyer	24:10.40	23:55.72	7:42
5	7396	Cody Record	M	29	Portage	24:43.96	24:32.67	7:54
6	7701	George Romero	M	28	Chesterton	28:23.75	28:14.51	9:05
7	7691	Anthony Holt	M	28	Michigan City	55:37.22	55:03.51	17:43

5K Run/Walk Female 30 - 34 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6914	Rachael Jenks	F	30	Chesterton	20:39.62	20:34.50	6:37
2	7639	Amy Maciejewski	F	34	Hammond	21:55.99	21:52.15	7:02
3	7706	Kristen Wozniak	F	33	LaPorte	27:25.99	27:12.52	8:45
4	7745	Bailey Patillo	F	34	South Bend	28:13.61	27:19.63	8:48
5	6975	Aimee Christian	F	34	Valparaiso	29:10.56	28:28.39	9:10
6	6915	Kirby Rosales	F	31	Michigan City	30:40.66	30:11.23	9:43
7	7742	Taylor Cupp	F	32	Portage	32:05.84	31:41.66	10:12
8	7702	Liz Graupner	F	31	Chesterton	33:48.89	33:23.44	10:45
9	7646	Brittney Heise	F	33	Knox	41:24.19	40:33.27	13:03
10	6937	Laura Flick	F	34	Chesterton	42:38.74	42:21.02	13:38
11	7714	Kaitlyn Bobby	F	30	Portage	49:46.17	49:06.52	15:48
12	7727	Cristal Trajkovski	F	30	Buchanan	50:07.24	49:17.58	15:52
13	6716	Kaley Piercy	F	34	Valparaiso	53:42.43	52:39.74	16:57

5K Run/Walk Male 30 - 34 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7711	Brett Bobby	M	30	Portage	20:05.39	20:01.46	6:27
2	7700	James Farley	M	31	Chesterton	20:56.47	20:43.57	6:40
3	6988	Brandon Heimberg	M	31	Kouts	22:53.97	22:28.06	7:14
4	7613	Levi Benton	M	30	Middlebury	22:50.72	22:44.17	7:19
5	7748	Jake Straka	M	33	Hebron	23:47.47	23:37.82	7:36
6	6916	Abraham Yeransian	M	32	Michigan City	25:54.38	25:25.55	8:11
7	7655	Christopher Kritzer	M	31	Valparaiso	30:24.12	29:37.44	9:32
8	7722	JORDAN MACK	M	31	Wanatah	37:42.48	37:11.21	11:58

5K Run/Walk Female 35 - 39 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7665	Katie Collignon	F	38	Michigan City	19:55.00	19:52.33	6:24
2	7765	Katie Dilling	F	35	La Porte	25:23.16	25:14.33	8:07
3	7404	Jazmine Chase	F	35	Chesterton	27:19.90	27:10.04	8:45
4	6993	Alyse Kominakis	F	37	Valparaiso	27:35.18	27:17.50	8:47
5	7411	Sarah Whiteside	F	38	Chesterton	28:12.93	27:49.37	8:57
6	7632	Rachael Hewitt	F	37	Hobart	28:53.35	28:29.40	9:10
7	7723	Candice Scott	F	35	Rolling Prairie	28:55.57	28:34.82	9:12
8	7000	Samantha Oaf	F	37	Hobart	30:36.68	30:08.46	9:42
9	6718	Kelly Ireland	F	39	Kouts	31:53.10	31:30.14	10:08
10	7654	Alexia Mullen	F	35	Watervliet	32:06.85	31:33.92	10:10
11	7759	Suzanne Miley	F	36	La Porte	35:21.38	34:23.72	11:04
12	7754	Meagan Kun	F	39	Chesterton	35:58.69	35:06.52	11:18
13	7399	Jess Stephens	F	38	Valparaiso	35:43.10	35:20.52	11:23
14	6445	Allison Malecki	F	38	Valparaiso	36:05.12	35:53.44	11:33
15	6962	Katie Trudeau	F	37	Valparaiso	36:24.24	35:59.86	11:35
16	7677	April Stattler	F	35	Niles	45:06.94	44:23.72	14:17
17	7772	Charlette Hawkins	F	38	South Bend	46:59.57	46:12.20	14:52
18	6717	Mandee Polisson	F	38	Valparaiso	53:42.24	52:40.58	16:57

5K Run/Walk Male 35 - 39 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7653	Vincent Rinas	M	39	Hobart	17:39.27	17:36.13	5:40
2	6444	Edward Malecki	M	38	Valparaiso	19:14.11	19:09.80	6:10
3	7650	Eric Raef	M	37	Valparaiso	21:05.38	20:55.06	6:44
4	7412	Correy Williams	M	36	Chesterton	23:31.67	23:22.51	7:31
5	7687	Eric Wozniak	M	38	La Porte	24:06.95	23:54.85	7:42
6	7626	Andrew Hernandez	M	38	Westville	24:51.46	24:47.78	7:59
7	7667	Brad Collignon	M	38	Long Beach	25:55.78	25:49.59	8:19
8	6951	Patrick Fuller	M	38	Valparaiso	33:18.39	32:49.21	10:34
9	7407	John Chase	M	39	Chesterton	35:05.50	34:55.62	11:15
10	7746	Christopher Daniels	M	37	South Bend	42:53.32	41:58.54	13:31

5K Run/Walk Female 40 - 44 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6942	Nicole Eggert	F	43	Valparaiso	22:56.83	22:21.91	7:12
2	7733	Jessica Speakman	F	40	La Porte	26:07.93	25:54.82	8:20
3	6959	Tessa Troutman	F	40	Valparaiso	26:41.38	26:23.96	8:30
4	7679	Kimberly Wiseman	F	44	Michigan City	27:48.84	27:37.73	8:54
5	7725	Ana Gapas	F	43	Chesterton	28:52.68	28:30.06	9:10
6	6892	Susie Grubbe	F	42	Crown Point	29:25.57	29:12.24	9:24
7	7707	Courtney Anderson	F	42	Lowell	31:51.28	31:11.37	10:02
8	7697	Jamie Miller	F	44	La Porte	35:13.11	34:42.45	11:10
9	7645	Katie Garab	F	40	Knox	36:37.22	35:46.68	11:31
10	7750	Jessica Thompson	F	40	Burns Harbor	38:32.60	37:54.00	12:12
11	6447	Meredith Brockman	F	44	Valparaiso	39:02.85	38:02.20	12:15
12	6995	Cassandra Mangel	F	44	Valparaiso	44:23.93	43:35.25	14:02
13	6894	Kami Brown	F	41	Michigan City	46:02.31	45:41.68	14:42
14	7660	Jessica Greyerbiehl	F	43	Saint Joseph	47:48.59	46:45.90	15:03
15	7659	Jenny Greyerbiehl	F	43	Saint Joseph	48:02.59	46:58.81	15:07
16	7417	Greta Goins	F	40	La Porte	48:25.76	47:27.65	15:17
17	6971	Chrystal Donahue	F	42	Valparaiso	50:08.23	49:26.61	15:55
18	7663	Crystal Spaeth	F	42	Munster	51:56.75	51:14.09	16:29
19	6448	Lindy Adams Brockman	F	41	Valparaiso	53:42.45	52:40.80	16:57
20	6449	Alicia Gilmore	F	40	Valparaiso	53:42.45	52:41.00	16:57
21	7737	Emelia Gomez	F	41	Plainfield	55:02.97	54:17.71	17:29

5K Run/Walk Male 40 - 44 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6989	Phil Guerre	M	41		18:25.27	18:22.60	5:55
2	7773	Justin Mangus	M	44	Union Mills	20:12.46	19:15.60	6:12
3	7398	David Clond	M	42	Valparaiso	25:51.92	25:22.51	8:10
4	6950	James Lear	M	41	La Porte	27:46.43	27:32.09	8:52
5	7611	Brooks Hand	M	42	Berrien Springs	29:16.17	28:10.66	9:04
6	7666	John Seifert	M	42	Munster	30:34.66	29:54.66	9:38
7	6980	Paul Kroenke	M	43	Chesterton	31:16.16	31:00.21	9:59
8	7771	Nathan Lappin	M	41	Valparaiso	33:05.42	32:15.76	10:23
9	7756	Adam Day	M	40	Chesterton	39:57.34	39:04.76	12:35
10	6970	Ron Donahue	M	43	Valparaiso	50:08.63	49:27.71	15:55

5K Run/Walk Female 45 - 49 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6981	Katie Tice	F	49	Springfield	24:20.71	24:13.07	7:48
2	6938	Kathy Chandler	F	46	Portage	25:09.45	24:57.77	8:02
3	7734	Trish Taylor	F	47	Michigan City	26:17.23	26:09.64	8:25
4	7698	Kay Pliske	F	46	La Porte	27:27.19	26:57.00	8:40
5	7409	Sara Bruner	F	48	Valparaiso	27:42.19	27:19.05	8:48
6	7628	Sheri Brackeen	F	49	New Carlisle	27:30.94	27:23.33	8:49
7	7610	Angela Hendrickson	F	47	Michigan City	29:39.92	28:33.80	9:12
8	7648	Kathleen Turney	F	49	Chicago	32:51.52	31:43.61	10:13
9	7760	Jessica Manthey	F	47	La Porte	33:51.64	33:21.23	10:44
10	7616	Kari Crane	F	47	Highland	36:58.50	36:20.33	11:42
11	7747	Anna Rafalski	F	45	Union Pier	38:35.13	37:59.21	12:14
12	6952	Sara Post	F	46	Chesterton	39:52.18	39:04.83	12:35
13	7418	Tracie Naillieux	F	45	Valparaiso	45:17.65	44:22.24	14:17
14	7757	Michelle Fuller	F	49	Portagee	46:22.68	46:01.33	14:49
15	6910	Jenny Orsburn	F	47	Chesterton	48:52.70	48:18.28	15:33
16	6897	Cheryl Hoard	F	46	Valparaiso	48:42.13	48:23.18	15:34
17	6925	Bethany Svitko	F	47	Portage	49:48.19	49:35.77	15:58
18	6982	Jane Cornelius	F	49	Gary	52:20.50	51:44.35	16:39

5K Run/Walk Male 45 - 49 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6999	Nick Lyman	M	45		23:35.12	22:47.76	7:20
2	6924	Andrew Svitko	M	47	Portage	26:22.92	26:19.76	8:28
3	7736	Michael Rogers	M	47	Valparaiso	26:45.85	26:33.30	8:33
4	7617	Tony Craig	M	47	South Bend	27:32.46	27:04.05	8:43
5	7726	Bob Sautter	M	48	Saint John	29:08.43	28:20.12	9:07
6	7656	Robert Giglio	M	48	Elkhart	29:14.62	28:41.51	9:14
7	6953	Tim Post	M	45	Chesterton	29:28.60	29:02.69	9:21
8	6931	Robert Bosstel	M	46	Portage	29:44.60	29:04.96	9:22
9	6450	Kelly Bogan	M	47	Crown Point	29:48.46	29:24.90	9:28
10	6898	Chad Hoard	M	49	Valparaiso	48:32.77	48:15.23	15:32
11	7712	David Stroud	M	49	Saint Joseph	49:09.49	48:24.03	15:35

5K Run/Walk Female 50 - 54 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7649	Michele Parnell	F	51	Portage	25:05.71	24:50.79	8:00
2	7612	Liz Liberto	F	51	Portage	26:03.68	25:36.47	8:15
3	7606	Jamie Ricci	F	53	Crown Point	27:22.44	27:07.02	8:44
4	6964	Terri Davis	F	54	Valparaiso	27:30.44	27:07.66	8:44
5	6949	Kimberly Anderson	F	50	Valparaiso	29:39.13	29:06.83	9:22
6	7601	Victoria Vinet	F	54	Valparaiso	30:26.36	29:51.40	9:37
7	7413	Michele Zurisk	F	53	Cedar Lake	30:56.33	30:29.71	9:49
8	7681	Cynthia Freese	F	52	La Porte	32:00.40	31:49.11	10:14
9	6927	Becky Krieger	F	51		34:16.99	33:56.44	10:55
10	7605	Lindy Garzella	F	50		35:49.60	35:28.96	11:25
11	7690	Shawwna Ford	F	52	Buchanan	36:21.21	36:11.03	11:39
12	6946	Margaret Hall	F	53	Portage	37:32.75	36:55.17	11:53
13	6912	Natalie Connors	F	53	Valparaiso	38:41.26	37:54.59	12:12
14	7641	Melissa McNamara-Glatz	F	53	Chicago	39:31.83	39:13.38	12:37
15	7604	Donna Forney	F	53	Hobart	40:44.47	39:39.35	12:46
16	7769	Laura Halt	F	54	Saint John	46:58.97	46:12.08	14:52
17	7415	Deidra Begley	F	51	Valparaiso	49:16.77	48:18.96	15:33
18	7755	Jennifer Freeman	F	54	Lowell	51:35.18	51:10.81	16:28
19	6983	Michelle Goldschmidt	F	50	Hobart	52:20.96	51:44.81	16:39
20	7704	Kim Mayers	F	54	Lafayette	55:04.69	54:19.29	17:29
21	7703	Jennifer Quinlan	F	53	Michigan City	55:36.72	55:04.83	17:44

5K Run/Walk Male 50 - 54 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7767	Thomas Walden	M	50	Crown Point	19:40.10	19:33.91	6:18
2	7764	Tom Glikis	M	51	Tinley Park	22:05.73	21:58.79	7:04
3	6911	Mark Connors	M	52	Valparaiso	22:22.97	22:11.06	7:08
4	7397	Brian Pilarski	M	50	Francesville	26:06.70	25:34.29	8:14
5	7410	Alan Jones	M	54	Valparaiso	25:56.58	25:34.80	8:14
6	7694	Johnny Stimley	M	54	Michigan City	25:46.45	25:35.80	8:14
7	6984	Dean Bricker	M	53	Hobart	30:54.11	30:00.13	9:39
8	6969	Mitch Chmielarz	M	50	Chesterton	31:54.11	31:20.58	10:05
9	7678	Walter Collins	M	54	Niles	36:08.22	35:30.54	11:26
10	7623	Jonathon Bailey	M	50	Rochester	38:56.35	38:47.50	12:29
11	6896	Michael Geissler	M	54	Michigan City	46:03.79	45:47.35	14:44
12	6929	John Claussen	M	54	Wanatah	51:44.25	50:49.87	16:22
13	7753	Martin Freeman	M	54	Lowell	51:34.99	51:11.61	16:29

5K Run/Walk Female 55 - 59 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6903	Glenda OMeara	F	59	Portage	26:06.94	25:41.56	8:16
2	6920	Sue Hill	F	56	Crown Point	26:26.95	26:01.16	8:22
3	6979	Colleen Minch	F	57	Valparaiso	27:41.60	27:36.74	8:53
4	7615	Lorie Arnold	F	58	Chesterton	29:34.89	29:08.27	9:23
5	7638	Jennifer Wittorp	F	55	Valparaiso	29:37.18	29:18.04	9:26
6	7672	Debbie Pitchford	F	57	New Buffalo	29:36.12	29:21.70	9:27
7	7637	Christine Gaines	F	58	Hobart	30:11.67	29:37.24	9:32
8	7647	Amy Cooley	F	57	Chicago	30:26.91	30:08.59	9:42
9	6901	Mary Manfredo	F	59	Valparaiso	34:16.88	33:55.11	10:55
10	7715	Barbara Ramirez	F	59	Valparaiso	38:15.31	37:23.55	12:02
11	7619	LORI KATOWICH	F	56	Eau Claire	39:25.80	38:57.17	12:32
12	6446	Valerie Raffaelli	F	57	Hobart	41:37.95	41:23.84	13:19
13	7675	Sue Harper	F	58	Mishawaka	45:06.67	44:23.24	14:17
14	7408	Jenny Gump	F	57	Valparaiso	47:05.23	46:17.32	14:54
15	7620	Paula Katowich	F	58	Benton Harbor	47:50.62	47:22.79	15:15
16	7416	Clara Vinzant	F	59	Valparaiso, in	48:25.28	47:27.66	15:17
17	7761	Michelle Krieger	F	55	Three Oaks	48:22.31	47:38.48	15:20
18	7684	Susan Miller	F	57	La Porte	49:17.78	48:20.91	15:34
19	7719	Brenda Charron	F	56	Valparaiso	53:16.89	52:34.09	16:55

5K Run/Walk Male 55 - 59 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7664	JB Glossinger	M	55	La Porte	19:44.72	19:40.56	6:20
2	6904	Tom Courtney	M	58	Portage	22:49.33	22:30.99	7:15
3	6919	Bryan Hill	M	56	Crown Point	22:57.43	22:42.76	7:19
4	6997	Patrick Cosgrove	M	57	Valparaiso	23:26.62	23:14.94	7:29
5	6917	Gregory McNair	M	55	New Buffalo	23:43.43	23:32.12	7:35
6	7633	Todd Bailey	M	56	Argos	24:32.21	24:25.26	7:52
7	7625	Ken Borowski	M	57	Saint John	26:13.39	25:36.73	8:15
8	6913	Michael D. Cairns	M	57	Valparaiso	27:05.19	26:43.98	8:36
9	7758	James Kelly	M	58	South Bend	31:01.92	30:25.75	9:48
10	7414	John Zurisk	M	57	Cedar Lake	30:56.33	30:28.91	9:49

5K Run/Walk Female 60 - 64 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6998	Sylvia Whitt	F	63	New Carlisle	30:30.20	29:23.86	9:28
2	6977	Cariann Turner	F	60	Valparaiso	29:55.37	29:28.77	9:29
3	6961	Sue Brown Nickerson	F	64	Valparaiso	29:59.17	29:45.24	9:35
4	7668	Marianne Groth	F	61	St. Joseph	33:58.55	33:22.98	10:45
5	7657	Laura Derrow	F	63	Lowell	34:48.99	34:31.54	11:07
6	6943	Karen Gay	F	64	Valparaiso	40:45.50	39:40.17	12:46
7	6921	Marilyn Gotsch	F	60	Chesterton	44:21.91	43:36.05	14:02
8	6922	Karen Kenney	F	60	Chesterton	44:22.62	43:38.36	14:03
9	7676	Birgit Bulling Sommer	F	62	Mishawaka	45:05.49	44:21.86	14:17
10	7658	Mari Ann Sopcich	F	64	Demotte	46:08.90	45:52.17	14:46
11	7695	Lynda Ericson	F	60	Michigan City	47:59.96	47:18.14	15:14
12	7631	Lori Staack	F	62	Valparaiso	50:08.44	49:26.82	15:55
13	7627	Lee Alvarez	F	63	Michigan City	50:14.93	49:54.80	16:04
14	6905	Tina Strimbu	F	63	Valparaiso	54:31.23	53:52.82	17:21

5K Run/Walk Male 60 - 64 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7629	David Dodd	M	62	Mishawaka	19:01.75	18:57.60	6:06
2	7708	Philip Pope	M	60	La Porte	24:54.36	24:42.16	7:57
3	6958	Steve Sanchez	M	60	portage	31:55.72	31:25.22	10:07
4	7749	Tom Fela	M	62	Chesterton	37:32.75	36:55.19	11:53
5	7738	James Ritchey	M	61	Valparaiso	42:47.28	42:39.37	13:44

5K Run/Walk Female 65 - 69 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6957	Elaine Hendricks	F	68	Valparaiso	23:15.47	23:05.01	7:26
2	6719	Lydia Sandoval	F	67	Chesterton	28:19.49	28:05.96	9:03
3	6923	Jill Hunt	F	66	Valparaiso	35:00.88	34:44.38	11:11
4	7683	Mary Carr	F	65	Michigan City	36:20.38	35:49.52	11:32
5	6906	Carol Parry	F	67	Wheeler	43:31.81	42:40.64	13:44
6	7689	Cindy Hall	F	67	Hammond	46:11.31	45:46.63	14:44
7	6936	Pat Flick	F	66	Chesterton	54:56.19	54:36.99	17:35
8	7732	Jan Wagner	F	68	La Porte	56:19.12	55:46.37	17:57

5K Run/Walk Male 65 - 69 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7624	Thomas Kornelik	M	68	Crown Point	22:18.11	22:14.84	7:10
2	7642	Marc Laudeman	M	68	Bremen	23:36.73	23:29.56	7:34
3	7634	Ruben Sanchez	M	66	Lake Station	23:56.19	23:49.53	7:40
4	6978	Rick Turner	M	67	Valparaiso	24:48.21	24:37.77	7:56
5	7716	James Rounsaville	M	66	Lowell	26:07.70	26:01.51	8:23
6	7685	Thomas Carr	M	65	Michigan City	36:20.38	35:48.08	11:31
7	7614	Mike Benton	M	65	Middlebury	38:30.85	37:55.28	12:12
8	7602	Armen Gallucci	M	65	Saint John	44:10.17	43:18.00	13:56
9	6907	David Parry	M	69	Wheeler	52:14.91	51:24.58	16:33

5K Run/Walk Female 70 - 74 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7635	Janet Rotz	F	71	Dyer	32:30.35	32:11.41	10:22
2	6956	Carol Magill	F	74	Chesterton	40:26.61	39:49.44	12:49
3	7401	Pam Schiller	F	72	Valparaiso	44:27.30	44:10.86	14:13
4	7607	Cecilia Kajer	F	71	Michigan City	51:53.62	51:32.47	16:35

5K Run/Walk Male 70 - 74 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6926	Steve Sharp	M	70	Valparaiso	25:42.95	25:30.54	8:13
2	7643	Tim Overmyer	M	71	Plymouth	26:05.91	25:38.09	8:15
3	7692	Bruce Metz	M	70	Cedar Lake	27:39.37	27:29.07	8:51
4	7662	Larry Spaeth	M	70	Michigan City	31:03.41	30:53.55	9:57
5	6947	John VEGA	M	72	Michigan City	33:05.63	32:51.51	10:35
6	6895	Johnny Brown	M	70	Portage	46:23.29	46:01.37	14:49
7	6909	Jim Kintzele	M	71	Chesterton	48:52.90	48:18.77	15:33

5K Run/Walk Female 75+ Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6935	Jean Jannasch	F	78	Valparaiso	27:20.45	27:06.92	8:44
2	7729	Eileen McDermott	F	76	Chicago	32:51.24	31:43.34	10:13
3	6955	Polly Theising	F	75	Valparaiso	37:05.36	36:26.21	11:44
4	7640	Jill Howard	F	77	Plymouth	37:30.61	36:46.20	11:50

5K Run/Walk Male 75+ Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7644	Rick Huff	M	80	Plymouth	31:59.90	31:25.59	10:07
2	6954	Patrick Davis	M	78	Valparaiso	32:28.13	31:58.69	10:18
3	7696	John Stimley	M	79	michigan city	35:48.37	35:12.82	11:20
4	6934	Richard Hug	M	78	Valparaiso	36:21.61	35:40.18	11:29
5	7636	Dennis Rotz	M	77	Dyer	36:55.87	36:36.92	11:47
6	7630	Jim Gross	M	85		42:58.23	42:44.11	13:45
7	7774	J Ezell	M	78	Valparaiso	46:58.54	45:13.91	14:34
8	7669	Robert Husek	M	80	Saint Joseph	51:58.76	51:19.79	16:31
9	7618	David Ralston	M	80	Hammond	54:51.95	1:28:51.95	28:36