

5K Run/Walk Overall Male Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	223	Vincent Rinas	M	40	Hobart	18:30.23	18:29.27	5:57

5K Run/Walk Overall Female Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6355	Taylor Nurse	F	32	Portage	21:14.67	21:12.69	6:50

5K Run/Walk Masters Male Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	55	Lee McKinley	M	64	Dune Acres	20:08.76	20:06.02	6:28

5K Run/Walk Masters Female Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	109	Nicole Eggert	F	44	Valparaiso	23:37.77	23:35.58	7:36

5K Run/Walk Female 1 - 10 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	147	Emma Cox	F	9	Hobart	27:23.52	26:58.28	8:41
2	146	Ella Cox	F	5	Hobart	33:08.66	32:37.66	10:30
3	236	Anastasia Steinborn	F	10	La Porte	1:01:16.18	1:00:33.02	19:29

5K Run/Walk Male 1 - 10 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	77	Charlie Kominakis	M	10	Valparaiso	24:05.04	23:59.38	7:43
2	189	Nathan Clond	M	8	Valparaiso	27:26.77	27:12.37	8:45
3	196	Connor Volk	M	9	Munster	40:38.84	39:49.93	12:49

5K Run/Walk Female 11 - 12 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	45	Addy Howton	F	12	Chesterton	23:45.77	23:40.64	7:37
2	183	Melanie Clond	F	12	Valparaiso	43:00.13	42:45.85	13:46
3	143	Giana Bone	F	12	Portage	57:35.77	57:25.00	18:29

5K Run/Walk Male 11 - 12 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	2	Sawyer White	M	11	Valparaiso	21:01.07	21:00.31	6:46
2	110	Blake Eggert	M	12	Valparaiso	23:31.39	23:29.00	7:34
3	139	Caden Martinez	M	12	Valparaiso	23:44.54	23:43.98	7:38
4	242	Levi Marvel	M	11	Valparaiso	23:55.51	23:51.08	7:41
5	6379	Cody Trudeau	M	11	Valparaiso	37:27.89	37:18.61	12:01
6	6360	Cole Ponder	M	11	Michigan City	59:41.50	58:57.70	18:59
7	237	Elias Steinborn	M	11	La Porte	1:02:36.86	1:01:52.87	19:55

5K Run/Walk Female 13 - 14 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	248	Violet Furuness	F	14	Valparaiso	23:31.54	23:26.22	7:33
2	182	Hannah Clond	F	13	Valparaiso	29:55.24	29:42.29	9:34
3	6385	Alyssa Cummins	F	14	Schererville	38:50.64	38:09.52	12:17

5K Run/Walk Male 13 - 14 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	145	Phoenix Arkelin	M	14	Crown Point	20:29.32	20:28.57	6:35
2	197	Zachary Bosstel	M	14	Portage	27:26.92	27:25.93	8:50
3	243	Keegan Wirtes	M	13	Union Mills	28:27.25	28:26.07	9:09

5K Run/Walk Female 15 - 19 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	225	Abigail Rinas	F	16	Hobart	32:33.83	32:28.12	10:27
2	6366	SAMANTHA WALDEN	F	18	Crown Point	37:02.58	36:52.83	11:52
3	58	Ambrea Flick	F	16	Chesterton	37:30.53	37:10.06	11:58
4	6384	Victoria Cummins	F	19	Schererville	39:51.60	39:09.87	12:36

5K Run/Walk Male 15 - 19 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	16	Andersen Himan	M	16	Westville	18:50.83	18:48.97	6:03
2	84	Kole Ketchum	M	18	Hobart	22:39.92	22:39.26	7:18
3	22	Tristen Metts	M	17	Hanna	25:56.93	25:50.65	8:19
4	111	Mason Eggert	M	16	Valparaiso	26:58.26	26:56.81	8:40

5K Run/Walk Female 20 - 24 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	1	Hailey Creutzburg	F	23	La Porte	27:09.26	27:04.84	8:43
2	6367	Emily Conkright	F	24	Saint John	36:08.45	35:58.69	11:35
3	13	Emma Rhodes	F	23	Valparaiso	44:20.83	43:58.34	14:09

5K Run/Walk Male 20 - 24 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	130	Ryan Mattel	M	20	Hobart	23:38.49	23:34.46	7:35
2	220	Samuel Kohanyi	M	22	Lowell	33:41.70	33:37.78	10:49
3	6365	Michael Conkright	M	24	Saint John	36:08.44	35:58.41	11:35

5K Run/Walk Female 25 - 29 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	123	Kendal Ziel	F	26	Munster	26:18.52	26:14.26	8:27
2	104	Maria Campos	F	29	Portage	28:41.71	28:28.67	9:10
3	249	Sachen Emery	F	29	Hebron	30:04.68	29:50.19	9:36
4	86	Kacie Heeter	F	29	Portage	30:06.97	29:57.96	9:39
5	229	Abigail Sisk	F	25	Portage	31:02.98	30:35.55	9:51
6	187	Kaitlin Doud	F	29	Portage	32:27.93	31:55.25	10:16
7	79	Hailey Skibski	F	27	Chesterton	37:57.17	37:41.98	12:08
8	106	CATHERINE PAYTON	F	28	Kenosha	42:46.64	42:15.06	13:36
9	151	Kristen Ritter	F	26	Crown Point	44:16.46	43:35.22	14:02
10	150	Megan Ritter	F	25	Crown Point	44:16.77	43:35.77	14:02
11	49	Penny Lawrence	F	25	La Porte	44:20.61	43:57.93	14:09
12	6362	Gabrielle Ponder	F	29	Michigan City	1:01:37.47	1:00:54.22	19:36
13	234	Meghan Miller	F	25	Michigan City	1:01:46.97	1:01:03.72	19:39

5K Run/Walk Male 25 - 29 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	67	Aaron Finley	M	28	Valparaiso	24:19.74	24:13.08	7:48
2	78	Andrew Skibski	M	28	Chesterton	24:39.33	24:23.65	7:51
3	247	Keegan Fulk	M	27	Valparaiso	30:15.15	29:53.47	9:37
4	11	Zachary Olin	M	25	Brush Prairie	40:57.64	40:31.72	13:03
5	230	Logan Lawson	M	26	Portage	43:33.59	43:06.15	13:52

5K Run/Walk Female 30 - 34 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6353	Allison Back	F	30	Chicago	24:23.95	24:18.69	7:50
2	227	Alaina Richards	F	30	Portage	27:29.97	26:49.40	8:38
3	26	Emily Dickt	F	34	Valparaiso	28:08.08	27:59.75	9:01
4	6376	Kristen Wozniak	F	34	LaPorte	30:39.92	30:33.26	9:50
5	155	Alexa Birky	F	30	Valparaiso	31:24.71	31:18.18	10:05
6	125	Andrea Ahlgrim	F	34	La Porte	32:43.22	31:58.66	10:18
7	6351	Abby Sheets	F	30	Michigan City	32:44.32	32:34.11	10:29
8	117	Hailey Bottila	F	32	Valparaiso	36:57.10	36:22.39	11:42
9	177	ALYSSA ORDONEZ	F	32	Portage	39:34.56	38:59.11	12:33
10	4	Antonia Hinds	F	30	Lafayette	39:47.35	39:25.66	12:41
11	194	Molly Volk	F	31	Munster	40:38.66	39:50.17	12:49
12	176	Alyssa Torres	F	30	Chesterton	41:08.60	40:34.36	13:04
13	6373	Julie Fletcher	F	34	Valparaiso	42:14.25	41:56.00	13:30
14	105	Brenda Campos	F	31	Portage	42:46.88	42:15.37	13:36
15	141	Alexis Garcia	F	32	Portage	45:04.49	44:53.70	14:27
16	224	Courtney Lockman	F	32	La Porte	54:48.93	54:28.18	17:32
17	6352	Jessica Shoffner	F	32	La Porte	57:24.69	56:50.61	18:18
18	178	Jessica Johnson	F	34	Valparaiso	1:00:38.22	59:44.86	19:14

5K Run/Walk Male 30 - 34 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6356	Kyle Nurse	M	32	Portage	19:37.32	19:35.74	6:18
2	216	Justin Peterson	M	32	Portage	21:50.06	21:48.68	7:01
3	207	Dillon Felty	M	33	Portage	24:08.30	24:01.03	7:44
4	6375	Zach Thorn	M	32	Portage	25:53.49	25:32.78	8:13
5	246	Nikolas Peterson	M	31	Crown Point	26:46.26	26:36.57	8:34
6	226	Casey Richards	M	33	Portage	27:27.72	26:45.73	8:37
7	72	Levi Benton	M	31	Middlebury	27:16.18	27:13.19	8:46
8	5	Joseph Traina	M	31	Hobart	31:07.08	30:45.36	9:54
9	188	Trent Doud	M	33	Portage	32:28.22	31:55.19	10:16
10	6348	David Zimmerman	M	32	Valparaiso	33:48.71	33:31.21	10:47
11	6350	Brody Shoffner	M	31	La Porte	57:24.89	56:50.37	18:18

5K Run/Walk Female 35 - 39 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	164	Amy Maciejewski	F	36	Hammond	25:20.03	25:17.84	8:09
2	91	Rachel Smith	F	36	Valparaiso	26:02.41	25:53.32	8:20
3	201	Katharine Hultquist	F	39	Portage	26:40.92	26:03.18	8:23
4	76	Alyse Kominakis	F	39	Valparaiso	28:48.27	28:38.99	9:13
5	172	Rachael Hewitt	F	38	Portage	29:07.66	28:51.26	9:17
6	6372	Amanda Faher	F	36	Valparaiso	29:39.06	29:15.97	9:25
7	149	Nicole King	F	36	Hobart	33:09.21	32:38.47	10:30
8	6382	Samantha Oaf	F	39	Hobart	35:01.15	34:40.16	11:10
9	57	Laura Flick	F	35	Chesterton	36:36.00	36:19.29	11:41
10	6374	Jess Stephens	F	39	Valparaiso	37:01.56	36:32.70	11:46
11	68	Melissa Kallio	F	38	Valparaiso	37:05.40	36:42.65	11:49
12	6378	Katie Trudeau	F	38	Valparaiso	37:28.50	37:19.49	12:01
13	6280	Ashley Stokes	F	39	Valparaiso	38:24.66	37:47.78	12:10
14	37	Angela Howell	F	38	Valparaiso	39:45.15	39:07.44	12:36
15	69	Kristine Stenulson	F	37	Hebron	44:09.37	43:47.64	14:06
16	6383	Karen Bjonback	F	37	La Porte	48:34.81	48:05.30	15:29

5K Run/Walk Male 35 - 39 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	203	Eric Bunch	M	37	Valparaiso	18:41.06	18:39.60	6:00
2	6361	Eric Raef	M	38	Valparaiso	22:35.05	22:15.17	7:10
3	179	Kyle Johnson	M	37	Valparaiso	22:54.50	22:50.75	7:21
4	215	Carl Kurek	M	38	Portage	24:06.51	24:03.77	7:45
5	61	Kenneth Knuppel	M	37	Valparaiso	25:02.39	24:59.61	8:03
6	148	Eric Cox	M	37	Hobart	27:22.24	26:57.06	8:40
7	212	Jeffrey Zielinski	M	37	Portage	27:20.21	27:05.53	8:43
8	89	Matthew Nelson	M	38	Valparaiso	28:00.16	27:47.71	8:57
9	126	Kyle Ahlgrim	M	38	La Porte	29:41.18	29:05.67	9:22
10	208	Mathew Bednarz	M	37	Griffith	31:09.68	30:45.96	9:54
11	28	Alexander Perez	M	35	Valparaiso	33:43.92	33:43.92	10:51
12	70	Patrick Fuller	M	39	Valparaiso	36:14.68	35:53.98	11:33

5K Run/Walk Female 40 - 44 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	219	Jaclyn Barkow	F	42	Valparaiso	24:48.02	24:42.38	7:57
2	138	Colleen Newell	F	44	Hobart	30:42.16	30:12.72	9:43
3	6276	Blanca Palomo	F	41	Munster	34:06.61	33:16.16	10:43
4	6377	Sarah Whiteside	F	40	Chesterton	39:44.67	39:19.56	12:39
5	6354	Jessica Thompson	F	42	Burns Harbor	39:48.92	39:22.51	12:40
6	93	Suzanna Kidder	F	42	Chesterton	41:16.53	40:53.59	13:10
7	211	Melanie Cohen	F	41	Portage	41:29.51	41:05.41	13:14
8	33	Kelly Aiken	F	40	Kouts	42:26.28	41:49.62	13:28
9	181	Jessica Berg	F	42	Griffith	43:51.00	43:20.24	13:57
10	131	Greta Goins	F	41	La Porte	46:42.53	46:10.23	14:52
11	42	Kami Brown	F	42	Michigan City	50:17.78	49:30.77	15:56
12	6287	Norma Arauz	F	40	Valparaiso	53:52.78	53:03.35	17:05
13	63	Lindy Adams Brockman	F	42	Valparaiso	56:11.21	55:32.29	17:53
14	65	Alicia Gilmore	F	41	Valparaiso	56:32.39	55:53.44	17:59
15	41	Holly Shelton	F	44	Portage	1:03:49.20	1:02:59.48	20:16

5K Run/Walk Male 40 - 44 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	54	DAVID Tomes	M	42	Chicago	22:40.61	22:33.08	7:16
2	121	Dale Linderwell	M	40	Valparaiso	23:14.16	23:08.14	7:27
3	23	Phillip Martin	M	41	Portage	23:19.02	23:16.52	7:29
4	6349	Eric Wozniak	M	40	La Porte	24:58.29	24:53.23	8:01
5	218	Christopher Barkow	M	44	Valparaiso	25:01.38	24:55.54	8:01
6	6363	Jay Blackman	M	44	Lowell	25:23.03	25:18.53	8:09
7	180	David Clond	M	44	Valparaiso	25:32.41	25:24.21	8:11
8	200	Erik Hultquist	M	43	Portage	26:45.62	26:07.36	8:24
9	205	Brooks Hand	M	43	Berrien Springs	27:08.27	26:32.99	8:33
10	108	James Lear	M	42	La Porte	26:53.76	26:46.76	8:37
11	24	Aseem Bhardwaj	M	44	Valparaiso	28:25.92	27:55.18	8:59
12	186	Keith Aumend	M	41	Griffith	31:05.84	30:51.08	9:56
13	158	Michael Penk	M	43	Highland	31:46.47	31:20.69	10:05
14	6304	William Arwood	M	41	Portage	59:53.28	59:33.53	19:10

5K Run/Walk Female 45 - 49 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	66	Kathy Chandler	F	47	Portage	24:38.54	24:33.62	7:54
2	17	Karma Vondrak	F	45	Munster	27:06.66	26:50.26	8:38
3	14	Brenda Chavez	F	49	Valparaiso	28:33.50	28:23.76	9:08
4	27	Sarah Olivarez	F	45	Valparaiso	29:13.92	28:56.69	9:19
5	122	Melissa Cummins	F	45	Valparaiso	30:12.49	30:04.49	9:41
6	240	Suzanne Gesse	F	46	Rolling Prairie	31:12.71	30:55.91	9:57
7	20	Lesley Metts	F	49	Hanna	32:57.22	32:51.95	10:35
8	184	Abigail Proteau	F	49	Portage	34:19.40	34:08.63	10:59
9	206	Angela Hendrickson	F	49	Michigan City	36:17.57	35:40.83	11:29
10	135	Misty Hazelton	F	49	Portage	36:33.15	36:24.26	11:43
11	47	Augustina Nieves	F	47	Valparaiso	39:48.15	39:20.39	12:40
12	62	Meredith Brockman	F	45	Valparaiso	41:36.82	40:58.32	13:11
13	38	Rebecca Mihalik	F	46	Chesterton	41:59.31	41:40.48	13:25
14	198	Rebecca Bosstel	F	45	Portage	47:48.06	47:20.81	15:14
15	133	Angela MacKenzie	F	48	Valparaiso	49:53.82	49:22.24	15:53
16	124	Tisha Martin	F	49	Portage	50:03.01	49:42.75	16:00
17	74	Devon Stokes	F	47	Hobart	53:03.75	52:33.78	16:55
18	80	Michele Simpson	F	47	Portage	57:18.60	56:57.70	18:20
19	59	Cheryl Hoard	F	47	Valparaiso	59:00.96	58:30.77	18:50
20	245	Jamie Wolfe	F	46	Hobart	59:08.24	58:35.02	18:51
21	244	April Johnson	F	47	Chesterton	59:08.86	58:35.86	18:52
22	51	Kelly Schroeder	F	48	Lowell	1:01:18.72	1:01:05.44	19:40

5K Run/Walk Male 45 - 49 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	136	Joel Hazelton	M	47	Portage	21:29.89	21:26.28	6:54
2	81	Christopher Kauzlaric	M	46	Valparaiso	24:07.52	22:34.62	7:16
3	3	Michael Hyde	M	49	Valparaiso	23:06.27	23:02.67	7:25
4	6357	Tim Murphey	M	48	Michigan City	26:07.27	25:27.03	8:12
5	6364	Ryan Dargewich	M	46	Hobart	26:11.96	26:07.54	8:25
6	191	Tony Craig	M	48	South Bend	27:37.02	27:31.71	8:52
7	36	Tommie Voaklander	M	45	Kouts	29:27.18	29:00.44	9:20
8	250	Brett Furuness	M	48	Valparaiso	30:09.48	29:48.17	9:36
9	199	Robert Bosstel	M	47	Portage	31:39.23	31:13.31	10:03
10	238	Michael Rogers	M	48	Valparaiso	34:27.92	34:15.45	11:02
11	39	Marc Mihalik	M	46	Chesterton	35:55.95	35:36.08	11:28
12	195	Robert Giglio	M	49	Elkhart	39:04.92	38:31.50	12:24
13	46	James Bosstel	M	45	Valparaiso	39:47.76	39:20.25	12:40
14	134	James MacKenzie	M	49	Valparaiso	40:18.15	39:42.44	12:47
15	6380	Matthew Vereb	M	45	Chesterton	47:01.02	46:24.77	14:56
16	185	Nicholas Ruhs	M	45	Highland	59:51.08	59:31.83	19:10

5K Run/Walk Female 50 - 54 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	6	Allison Kroft	F	52	Chesterton	26:16.28	26:05.86	8:24
2	94	Patricia Bonaguro	F	53	Chesterton	31:10.69	30:55.69	9:57
3	171	Kimberly Anderson	F	52	Valparaiso	33:16.59	32:58.48	10:37
4	213	Tammy Hugar	F	53	Demotte	36:15.35	36:01.87	11:36
5	174	Liz Liberto	F	52	Portage	36:56.43	36:24.68	11:43
6	15	Amanda Himan	F	52	Westville	38:22.63	38:04.20	12:15
7	10	Sara Olin	F	54	Brush Prairie	41:06.62	40:40.47	13:06
8	44	Becky Kreiger	F	52	Kouts	41:54.39	41:19.49	13:18
9	241	Margaret Hall	F	54	Portage	42:01.94	41:43.53	13:26
10	40	Michelle Fuller	F	50	Portage	43:39.62	42:54.88	13:49
11	115	Natalie Connors	F	54	Valparaiso	48:34.40	48:04.84	15:29
12	35	Lindy Garzella	F	51		53:54.27	53:04.84	17:05
13	132	Deidra Begley	F	52	Valparaiso	57:44.27	57:11.26	18:24
14	169	Kim Willoughby	F	52	Michigan City	59:20.03	58:50.59	18:56
15	120	Stephanie Saitta	F	53	Hebron	1:03:50.95	1:03:01.21	20:17

5K Run/Walk Male 50 - 54 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	162	Ryan Kwiecinski	M	51	Chesterton	20:17.00	20:14.21	6:31
2	6368	Thomas Walden	M	52	Crown Point	20:42.24	20:39.47	6:39
3	85	Steve Hovis	M	53	Hanna	22:19.27	22:14.75	7:10
4	154	John Bryant	M	53	Valparaiso	22:29.46	22:25.43	7:13
5	114	Mark Connors	M	54	Valparaiso	23:26.93	23:19.19	7:30
6	88	Gregg Kobe	M	53	Chesterton	24:40.95	24:31.04	7:53
7	6370	Chris Szala	M	52	Crown Point	24:47.41	24:42.79	7:57
8	6369	Tom Glikis	M	52	Tinley Park	24:54.89	24:48.23	7:59
9	165	Tim Senovic	M	50	Portage	26:55.49	26:47.81	8:38
10	103	William Calder	M	51	VALPARAISO	28:27.94	28:13.66	9:05
11	21	Ryan Metts	M	50	Hanna	28:42.71	28:37.22	9:13
12	60	Dean Bricker	M	54	Hobart	30:30.48	30:14.60	9:44
13	90	Andrew Himan	M	50	Westville	31:11.73	30:53.62	9:57

5K Run/Walk Female 55 - 59 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	129	Cathy Sparks	F	55	Chesterton	26:41.28	26:32.60	8:33
2	6381	Colleen Minch	F	59	Valparaiso	30:00.43	29:44.44	9:34
3	52	Terri Davis	F	55	La Porte	30:41.13	30:25.04	9:47
4	173	Amy Cooley	F	58	Chicago	32:11.47	31:47.21	10:14
5	128	Dina Gasaway	F	59	La Porte	32:47.23	32:01.36	10:18
6	221	Bridget Barnhill	F	59	Highland	37:38.65	37:22.88	12:02
7	202	Lisa Baljak	F	58	Rensselaer	37:58.10	37:34.59	12:06
8	96	Tes NEJA	F	57	Portage	37:50.61	37:47.33	12:10
9	118	Valerie Raffaelli	F	58	Hobart	44:42.31	44:35.25	14:21
10	32	Teresa Weiler	F	56	Valparaiso	50:53.43	50:10.56	16:09
11	116	SYDNEY DAWSON	F	59	VALPARAISO	53:26.79	52:54.93	17:02
12	119	Kelly Semancik	F	58	Valparaiso	1:00:41.91	59:51.07	19:16

5K Run/Walk Male 55 - 59 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	82	Scott Sears	M	57	Valparaiso	24:27.28	24:20.29	7:50
2	8	Tom Courtney	M	59	Portage	24:45.53	24:30.03	7:53
3	156	Ken Borowski	M	59	Saint John	25:01.24	24:51.53	8:00
4	144	Patrick Cosgrove	M	58	Valparaiso	25:25.73	25:17.99	8:09
5	233	Johnny Stimley	M	56	Michigan City	27:54.01	27:46.49	8:56
6	25	Allan Brownlie	M	55	Crown Point	28:42.12	28:28.45	9:10
7	34	Michael D. Cairns	M	58	Valparaiso	29:46.16	29:08.66	9:23
8	127	Damon Gasaway	M	58	La Porte	31:53.89	31:06.69	10:01
9	97	Jerry Neja	M	57	Portage	39:10.49	39:06.48	12:35
10	31	Jerome Weiler	M	56	Valparaiso	42:33.59	41:50.38	13:28
11	43	Michael Geissler	M	55	Michigan City	50:29.81	49:45.32	16:01
12	137	John Claussen	M	55	Wanatah	52:27.30	51:45.16	16:39
13	112	Eric Deal	M	55	Valparaiso	52:49.80	52:05.97	16:46

5K Run/Walk Female 60 - 64 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	7	Glenda OMeara	F	60	Portage	29:06.71	28:48.90	9:16
2	166	Christine Gaines	F	60	Hobart	34:12.30	33:54.80	10:55
3	167	Marianne Groth	F	62	St. Joseph	38:11.88	37:54.18	12:12
4	6371	Barbara Ramirez	F	60	Valparaiso	39:31.90	38:46.14	12:29
5	232	Linda Greenwell	F	64	Franklin	39:21.62	39:02.36	12:34
6	75	Tammy Homan	F	61	Union Mills	41:46.89	41:29.67	13:21
7	9	Tina Strimbu	F	64	Valparaiso	52:37.04	52:13.95	16:49
8	29	Angela Milstead	F	61	Valparaiso	56:24.39	55:45.42	17:57
9	18	Lynn Roe	F	60	Valparaiso	59:59.80	59:46.54	19:14

5K Run/Walk Male 60 - 64 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	95	Kyle Johns	M	61	Chesterton	26:09.73	25:54.24	8:20
2	107	David Moore	M	64	Ogden Dunes	29:22.43	28:52.39	9:18
3	87	Gregory Crisman	M	62	Valparaiso	37:30.92	36:57.70	11:54
4	6292	Steve Sanchez	M	61	portage	38:24.65	37:49.55	12:10
5	193	Darnell Drake	M	60	Crown Point	39:45.91	39:32.56	12:44
6	214	Lane Lewallen	M	64	Wheatfield	43:03.50	42:48.11	13:47
7	157	Douglas Walter	M	63	Goshen	48:42.31	48:30.48	15:37
8	73	Charles Faenza	M	61	Hobart	1:01:21.04	1:00:50.29	19:35
9	19	Daniel Roe	M	64	Valparaiso	1:01:20.85	1:01:07.48	19:40

5K Run/Walk Female 65 - 69 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	152	Elaine Hendricks	F	69	Valparaiso	24:20.87	24:18.87	7:50
2	231	Mary C Miller	F	66	Michigan City	34:21.62	33:45.39	10:52
3	6358	Laura Derrow	F	65	Lowell	40:36.44	40:11.19	12:56
4	64	Karen Gay	F	66	Valparaiso	45:42.31	45:04.06	14:30
5	190	Cindy Hall	F	68	Hammond	47:49.81	47:41.31	15:21
6	239	Sue Brown Nickerson	F	65	Valparaiso	48:42.51	48:30.75	15:37
7	6359	Mari Ann Sopcich	F	65	Demotte	49:30.32	49:04.74	15:48
8	30	Kathy Cross	F	65	Valparaiso	56:24.71	55:45.61	17:57
9	56	Pat Flick	F	68	Chesterton	59:01.74	58:31.49	18:50
10	50	Debbie Lueken	F	66	Schererville	59:58.52	59:45.38	19:14

5K Run/Walk Male 65 - 69 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	217	Robert Earl	M	66	Carmel	23:04.55	23:00.11	7:24
2	209	David McGovern	M	69	Homewood	31:50.97	31:40.46	10:12
3	140	Jim Cocking	M	68	Crown Point	52:39.80	52:00.08	16:44
4	228	Peter Klaeser	M	69	Chesterton	1:02:15.73	1:01:31.49	19:48

5K Run/Walk Female 70 - 74 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	160	Janet Rotz	F	72	Dyer	35:22.19	35:00.19	11:16
2	175	Leslie Buff	F	73	Chesterton	42:30.17	41:56.15	13:30
3	71	Kathy Hilbrich	F	72	Chesterton	42:47.91	42:01.16	13:31
4	101	Daisy Aburto Martinez	F	70	Valparaiso	45:47.97	45:39.22	14:42

5K Run/Walk Male 70 - 74 Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	153	Mike Daly	M	70	Valparaiso	25:45.17	25:40.35	8:16
2	210	Bruce Metz	M	71	Cedar Lake	30:41.33	30:04.08	9:41
3	170	Larry Spaeth	M	71	Michigan City	32:50.62	32:31.62	10:28
4	12	John VEGA	M	73	Michigan City	33:00.47	32:47.19	10:33
5	168	Mickey Senase	M	70	Michigan City	41:08.85	40:40.09	13:05
6	142	Manuel Garcia	M	70	Portage	47:50.59	47:39.24	15:20

5K Run/Walk Female 75+ Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	222	Jean Jannasch	F	79	Valparaiso	29:50.74	29:44.66	9:34
2	53	Carol Magill	F	75	Chesterton	43:21.83	42:57.08	13:49
3	204	Linda Perry	F	79	Demotte	44:48.63	44:22.02	14:17
4	100	Phyllis Fernandez	F	77	Hobart	47:19.20	46:54.83	15:06

5K Run/Walk Male 75+ Results

Place	Bib	Name	Gender	Age	City	Clock Time	Chip Time	Pace
1	159	Joe Betz	M	75	valparaiso	25:33.02	25:26.89	8:11
2	192	Richard Hug	M	79	Valparaiso	34:20.81	33:53.05	10:54
3	235	John Stimley	M	81	Michigan City	37:27.18	36:58.43	11:54
4	161	Dennis Rotz	M	78	Dyer	39:16.14	38:52.42	12:31
5	163	Jim Gross	M	87	La Crosse	46:28.51	46:21.05	14:55