

The FSC FRENZY 5K Run/Walk & Fun Run application

Name

Age (on race day) Date of Birth Gender

Address

City State Zip

Phone

e-mail

Event 5K Run/Walk Fun Run
(please circle)

Shirt Size Youth (S/M/L) or Adult (S/M/L/XL/XXL)
(please circle)

Kiddie Korral Age of child/ren _____

I know that running is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risk associated with participating in the event including, but not limited to: falls, contact with other participants, the effects of weather, traffic and trail conditions, all such risks being known and appreciated by me. By signing this race registration, I assume sole responsibility and waive all liability for the Field Station Cooperative and its members, the Coffee Creek Watershed Conservancy, Calumet Region Striders, and all other sponsors for any injury or loss incurred during the Field Station Cooperative 5K run or walk, and all related events pre and post race. I grant permission to the race director and/or sponsors to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that the Field Station Cooperative reserves the right to reject any entry application and/or issue special entry invitations at its discretion.

Participant Signature
(Parent/Guardian if entrant is under 18 years-old)

Phone

Please make checks payable to:
Field Station Cooperative

The Field Station Cooperative is a not-for-profit, 501(c)3 organization.

Registration Fee is non-refundable
Strollers are not permitted at this event.

PLEASE JOIN US FOR



FRENZY
5K Run/Walk
&
Fun Run

TO BENEFIT THE
FIELD STATION COOPERATIVE

SATURDAY MAY 31, 2008

COFFEE CREEK WATERSHED PRESERVE
CHESTERTON, INDIANA

FIELD STATION
FRENZY
5K Run/Walk
&
Fun Run
Field Station Cooperative
399 Howe Road
Porter, IN 46304



The Field Station Cooperative is a not-for-profit, 501(c)3 organization.



FIELD STATION COOPERATIVE MISSION:

To create sustainable educational programs based
on nature study which develop in our students:

A love of learning

Critical and independent thinking

Creativity and imagination

Social skills

Self confidence and self esteem

Environmental responsibility

Respect for our natural surroundings

*The Field Station offers preschool programs for 3-6 year olds
and after school programs for school-aged children.
For more information visit us at fieldstationkids.org*

COURSE LOCATION

Coffee Creek Watershed Preserve,
Chesterton, Indiana

Corner of 1050 N. and Dickinson Rd.

just off State Rd. 49

The course, located in the Coffee Creek Watershed Preserve,
Chesterton, Indiana, includes some of northwest Indiana's
most treasured natural environments.

Its beautiful, but somewhat challenging 3-mile loop consists
of brick pavers, boardwalks and granite fine.

TIME

7:30–8:30am Race Day Registration

8:30am Fun Run Start

9:00am 5K Run

9:05am Non-competitive Walk Start

COST

postmarked by Friday May 16, 2008:

Fun Run (ideal for ages 3-10)

\$5 or \$10 with T-shirt

5K Run & non-competitive walk

\$5 child (14 & under) or \$12 with T-shirt

\$10 adult or \$17 with T-shirt

Race Day registration will be available

\$10 / child & \$20 / adult

Additional t-shirts may be purchased
for \$10 if available.

(\$1 discount to CRS members)

ENTRIES

Deadline Monday, May 19, 2008

Please mail completed forms & entry fees to:
c/o Deana Lecy

201 Parc Aux Vaches, Porter, IN 46304

QUESTIONS

Deana Lecy 219-921-0462, deanalecy@comcast.net

Melissa Pacilio 219-926-4554

AGE GROUPS

0-8; 9-10; 11-12; 13-14; 15-18; 19-24; 25-29;

30-34; 35-39; 40-44; 45-49; 50-54; 55-59;

60-64; 65-69; 70-79; 80 & up

POST RACE

Participants can enjoy complimentary home-baked
goods and beverages at the pavilion after the event.

AWARDS

The FSC 5K Race will be electronically timed for fast
accurate results. Awards will be given to top overall
female and male participants, masters, and top three
RUNNERS in each age division.

PACKETS

Early Packet Pickup at Val's Famous Pizza & Grinders –
112 S. 11th Street, Chesterton
on Friday, May 30th from 5:00–7:00 p.m.

We will also provide a KIDDIE KORRAL
(childcare & supervised activities throughout the event)



a Calumet Striders Gold Cup Series